

NASAP

NEWSLETTER

The North American Society of Adlerian Psychology

Volume 24, Number 3

March, 1991

202 S. STATE STREET, #1212
CHICAGO, IL 60604-1905

NASAP 1991, Tucson

May 30 - June 2, 1991
Sheraton El Conquistador Resort

The Convention brochure, listing all programs and workshops, has been mailed to you. If you do not yet have a copy of the brochure, please contact the central office or Centennial Conferences (see below).

The Sheraton El Conquistador is a golf and tennis resort. It has 2 swimming pools, 16 tennis courts, a fitness center, four restaurants, 3 snack bars, and many other facilities. The property is undoubtedly the most elegant setting for a NASAP convention in some time.

A single or double room is at the rate of \$80, and this rate is good for the entire week prior to the convention. It is our hope that you and your family will consider coming to the property a few days before the convention to enjoy the hotel and scenic surroundings.

You can make these reservations by contacting the hotel directly at 602-742-7000 or by calling the national toll-free number 800-325-3782. These rates are exceptional and reservations must be made before April 28th.

Consider Phoenix as your Airport

Although the convention is being held in Tucson, we wish to point out considerable airfare savings may be possible by flying to Phoenix. It is then two hours or less to the Sheraton resort.

A shuttle service ride will take you directly from the Phoenix airport to Tucson. You must make reservations before you arrive, by calling 800-888-2749. This shuttle runs hourly. At press time, NASAP was seeking to work out a direct stop at the hotel. Please look at future Newsletters for additional information.

We also point out that car rentals, made in advance, may be an economical alternative for families coming to visit the area.

Questions About Site and Logistics? Contact our convention coordinating firm, Centennial Conferences, 5353 Manhattan Circle, Suite 103, Boulder, CO 80303 (303) 499-2299.

Questions About the Program? Contact the NASAP Central office at 312-939-0834, 202 S. State #1212, Chicago 60604.

Convention Firsts

The 1991 Convention, celebrating the 39th anniversary of the organization, will include the following firsts:

* A welcome for first-time attendees will be held on Friday, May 31.

* Poster Sessions will be held, allowing more presenters to share their findings and ideas.

* The ACT hospitality room will feature a continental breakfast on Friday morning for ACT members.

* The Social Equality Task Force, formed at the last meeting, will present its findings and solicit ideas from the membership.

Convention Highlights

The convention will include the following proven and appreciated ingredients:

* CEU credits

* The Adlerian bookstore, featuring books, booklets, audio and videotapes. The bookstore will also be structured as an informal get-together area.

* Interest Section meetings

* One day pre-convention and post-convention workshops, and 60 and 90 minute programs during the two-day convention.

* The banquet and dance will be held on Friday night, and a fun night at Old Tucson will be on Saturday night.

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Journal Editor Call for Applications

A call for applications is being issued for Editor of the Theory and Research issues of Individual Psychology. The Editor's term is six years, and is renewable upon reapplication and approval of the Delegate Assembly. A modest annual stipend for expenses is available to the Editor.

Interested applicants are asked to submit three copies of a vita with the statement of interest. Send letter and 3 copies of vita to NASAP, 202 S. State St., Suite 1212, Chicago, IL 60604.

Membership

The following figures compare membership numbers as of February 22, 1991.

Increases in memberships are to that point in time during the renewal process, and may not yet reflect an increase in the total membership of the organization.

However, these numbers are encouraging and indicate substantial gains over the same period the previous year.

Category	1990	1991	Change
New	47	72	+ 53 %
Renewal	729	745	+ 2 %
Total	803	844	+ 5%

It is interesting to note a strong base of long-time members within our current 1991 renewals -- 46% joined over 10 years ago and 9% of those joined over 20 years ago. With 17% joining between 5 and 9 years ago, over half of our membership has been a part of NASAP more than five years. The newest members of one year or less represent 9% of the membership and 1% of our members are charter members of 39 years.

---Neva Hefner,
Executive Director

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Teen Suicide Video

Frank Walton's videotape, "The Family Fundamentals: Teen Suicide Prevention", has been released by LexCom Productions for \$39.95, plus \$4.50 postage and handling. This 55 minute videotape has received many excellent reviews and may be obtained by writing LexCom, 101 Corporate Blvd #105, West Columbia, SC 29169, (803) 739-4710.

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Membership

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

___ Please send me ___ membership brochures

___ Please send me ___ extra Newsletters

___ Please send me ___ Interest Section information panels.

Your name, address, city/zip-postal code:

___ Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest.

Donations

Donations have been received from the following members:

- Heinz Ansbacher, for the Research Scholarship Fund
- Harold McAbee, in memory of David Braswell
- Cal Bolinder
- Del Eberhardt
- Eva Dreikurs Ferguson, for the Research Scholarship Fund
- Rosalind Frey, in memory of Danica Deutsch
- Leo Gold
- Jane Griffith
- Barbara Nash
- Edna Nash
- Anthony J. Palo
- Elizabeth Platz
- Marion Rosen, in memory of Mary Caldwell's son
- Elizabeth Thompson
- Randall Thompson

Donations may be made for a specific project or for general use. We remind members of the tax benefits of your donation. NASAP is a not-for-profit organization.

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Newsletter Deadlines

The next issue of the Newsletter is the April, 1991 issue.

Copy for the Newsletter should be submitted with a lead time of 2 months. As you read this, items for the May issue are being prepared.

Items for the "News and Events from the Regions" can be called into the central office. Please check page 5 for the format and information needed on this section. You may place your call on our answering machine after regular business hours, 312-939-0834.

Information for the newsletter can now be faxed directly to the Editor at 502-781-1550. Please note this fax number is for Newsletter items only, not other NASAP business.

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The North American Society of Adlerian Psychology

Vol. 24, No. 3 March, 1991

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
ISSN 0889-9428

NASAP Is and Should Be
a Multifaceted Organization:
A Reply to Sperry

(Editor's Note: Len Sperry's column last month was sent to all past NASAP Presidents, soliciting comments. The comments of Guy J. Manaster, President of NASAP from 1984-86, are printed below. Additional comments have been received and will be printed in future issues. Your comments are welcomed as part of this dialog.)

In order to be brief in responding to Sperry's suggestion that NASAP should be a professional organization (NASAP Newsletter, Feb.'91) I will here accept his general understanding of professional "groups", and overlook the strange use of the term "pathos" as a characterization of NASAP members.

The occupation/profession of the many Adlerian doctors, psychologists, teachers, etc. is doctor, psychologist, teacher, etc. - not Adlerian. NASAP cannot be a professional organization, as Sperry uses the term, because being Adlerian is not a profession. Moreover those who identify themselves as Adlerian are members of many professions.

NASAP therefore serves, to a degree, as a learned society around a common theory for people of many professions, and, to the degree that NASAP offers associations, aid and protection, it also serves as a guild. Referring to Sperry's examples, it seems abundantly obvious that if, somehow, NASAP could be construed and organized as a professional organization it would not be comparable to the AMA or either APA for any and all of the purposes Sperry proposes. Also, it should be pointed out, the shift in the American Psychological Association in recent years has not been to a professional organization, but, rather, toward a multifaceted balanced organization serving the learned society function through the Science Directorate and the professional function through the Practice Directorate.

The multifaceted nature of NASAP seems appropriate. Interest Sections can serve either or both scientific and practice demands as appropriate and demanded by members. Individually, and through the Society, professional and social issues effecting, and effected or informed by, Adlerians may be more vigorously pursued. There is no question that NASAP in its present form and strength could do more and that a larger, wealthier NASAP could do that much more, but not under a rubric that is incorrect.

Almost twenty years ago, the constitution of NASAP was changed to make the organization more open, democratic and responsive. By following the logic of Adler's theory the new NASAP moved beyond established organizational and institutional practices, ahead of its time but, as must always be the case, the path is unclear when you are first. To regress to our prior organizational form is not progress.

However, to continue to work to make NASAP more effective makes sense.

One point I made in "Adlerian Theory and Movement" (IP, 1987, 43(3), 280-287) was that "the societies ... of Adlerian psychology must rethink their purposes and restructure themselves so that a primary aim is to develop successful Adlerians... The societies should be the meeting grounds and arenas for Adlerians of various practices - counseling, clinical, therapy, teaching, professing, and researching - to strengthen their practices in all ways, including being more successful." With this aim NASAP can promote Adlerians effectiveness in their various professional organizations, and, for the professional and nonprofessional alike, their various walks of life and society.

Guy J. Manaster
Austin, Texas

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Founder's Day Celebrates Dreikurs:
Scholarship Funds Honor Thompson

Dr. Rudolf Dreikurs was able to predict almost all political movements -- the racial conflict, the women's movement, the war protest -- because he saw them as "the greater part of the democratization of society" that is inherent in Adlerian theory, said Bernard H. Shulman, M.D. Dreikurs' major contribution was how he "elaborated on the social aspects of Adler's theories, making more useful, easier to study and apply."

Shulman spoke about Dreikurs' contributions with two other prominent Adlerians, Eva Dreikurs Ferguson, Ph.D., and Harold H. Mosak, Ph.D., at the Alfred Adler Institute of Chicago's fifth annual Founder's Day February 8th. Over 175 students, alumni and faculty attending the event also heard a keynote speech by Heinz L. Ansbacher, Ph.D., which will be featured in the April issue of this Newsletter.

Describing Dreikurs as a man who emphasized practice over theory, Shulman pointed out how Dreikurs used his own practice to expand two important Adlerian Theories: (1) The family constellation theory was systemized through development of a lengthy questionnaire; (2) Adler's private logic theory was expanded to include several additional concepts: the goal of a person's lifestyle, the hidden reason or idea in a person's mind that leads to depression, and the immediate goals of a person's behavior. For the latter, he developed the four goals of misbehavior which Dr. Shulman called "one of his greatest contributions."

In determining a client's lifestyle goal, Dr. Dreikurs would metaphorically interpret the client's early recollections and family constellation in order to formulate the basic mistakes. "Dreikurs was one of the best guessers I ever saw", said Shulman, noting that he was able to judge a patient's mood even before their first therapy session began.

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RETURN TO:
 NASAP NEWSLETTER
 DON DINKMEYER, JR., Ph.D., EDITOR
 202 S. State Street, #1212
 Chicago, IL 60604

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Research Funds Available:
 Donations Sought

Funds for research projects are now available through a program administered by the Theory and Research Interest Section.

This research support program is funded by donations from the membership. Region III has announced a \$750 donation, contingent upon matching donations from other organizations and the membership. Donations are now being accepted.

The research fund is intended to support graduate research projects whose emphasis is the advancement of Adlerian Psychology. A grant might cover research expenses such as computer time, postage, printing and other basic expenses.

____ Please send a request form for the Research Project Fund

Please use my enclosed donation of \$ _____ to be used for the Research Project Fund.

____ Name
 _____ Address
 _____ C/S/Z

Videotapes (New Listing!)

Please send ____ copies of the C4R (Individual Education) Introductory videotape at \$15 each (approximately 30 minutes).

Please send ____ copies of the complete C4R videotape set (three tapes, approximately 6 hours), at \$50 for the set.

[Videotapes are available only in VHS]

For any videotape order, p/h is \$3, \$4 Canada.

Note: Maximum p/h for an order is \$5, Method of Payment

____ Check enclosed (US Funds)
 ____ Bill my Visa or MasterCard:

Account # _____ Exp Date _____

Total materials + p/h = \$ _____

Ship To:

Send your order to: NASAP Books, 202 S. State, Chicago, IL 60604. Allow 2-4 weeks for delivery.

Encouragement was recognized by Dr. Dreikurs as "one of the most important concepts of Adlerian Psychology", said Dr. Shulman. He recognized the need for a specifically written document on the method of encouragement.

"When Dreikurs first came to the United States, people were rather loath to identify themselves as Adlerians", Dr. Harold Mosak told the Founder's Day audience. Dreikurs' "two most important characteristics were his ability to innovate and his courage." These assets led to the general acceptance of Adlerian psychology. The Freudian monopoly was so great at that time it was difficult to share Adlerian ideas, Mosak said.

The first thing he did was start a journal. "This was a big task because most of the Adlerians of the time were German speaking." Secondly, he founded the Community Child Guidance Centers, bringing Adlerian ideas to the public, and lastly he founded the Alfred Adler Institute of Chicago and the American Society of Adlerian Psychology, forerunner of NASAP.

Dr. Ferguson noted her father used two approaches in all areas of his work as a therapist, teacher and community change agent -- confrontation and his belief in the freedom to make mistakes. He used confrontation with children as well as adults "because he considered everyone his equal and assumed they were strong and capable", she said. Her father was often criticized for this because "equality with clients was not in the psychology environment of the time." She stressed that while he was confrontational, he was also kind and gentle.

"He also believed mistakes are here for us to learn from and he didn't mind making mistakes himself", Ferguson said. He practiced this principle whether he was functioning as a teacher or therapist. His aim was to teach his client, "therapist as educator", and felt only when the client understood his own mistakes in thinking would he be able to change.

Dreikurs' main message to his students was to find the hidden reason behind a client's private logic. "Getting inside the skin...he was uncanny in doing that", she said. Commenting on his role as a community change agent, Dr. Ferguson said: "He was a missionary in every sense but with a human relations message. His aim was to bring Adlerian psychology into every home. If he could have lived a thousand years, I know he would have done it."

Randall L. Thompson, Ed.D., was recognized at the event for his outstanding service as president of Alfred Adler Institute of Chicago for the last five years. He was awarded a plaque and given a check for \$2,575 to be used for minority student scholarships. The funds were collected by students, alumni and faculty.

---Jerianne Garber
NASAP Central Office

Book of the Month

We are pleased to continue the Book of the Month service to NASAP members with:

How to Survive Your Aging Parents

Bernard Shulman, M.D.
Raeann Berman
Surrey Books, 1988
Paperback, 190 pages.

Topics include:

- * How to overcome guilt and anxiety
- * How can I take charge?
- * How can I get other family members to cooperate?
- * What organizations can help?

NASAP Member Special Price: \$ 8.80

Regular Publication Price: \$ 10.95

----- Order Form -----

Please send ___ copies of How to Survive Your Aging Parents at \$8.80 each. (Add \$2 p/h, \$3 to Canada. Recent US postal increases make these fees necessary)

Method of Payment

___ Check enclosed (US Funds)

___ Bill my Visa or MasterCard:

Account # _____ Exp Date _____

Please add appropriate postage and handling for your order. See above for correct prices.

Total materials + p/h = \$ _____

Ship To:

- Please Note -

* This offer is good until May 1, 1991.

* NASAP members receive a 20% discount (reflected in the above price); NASAP also benefits financially from your purchase through this book offer through special arrangements with the publishers.

Send your order to:

NASAP Book Sales
202 S. State Street, #1212
Chicago, IL 60604

Orders may also be called into the office during regular office hours at 312-939-0834.

If you are interested in having a book reviewed or serving as a reviewer, contact the central office.

* News and Events from the Regions *

[The ** symbol indicates a new listing]

REGION I--NORTHWEST

****Portland, OR--**Richard Kopp is the keynote speaker at the OSIP annual conference, Friday, April 12th. He will present a one day workshop on brief metaphoric interventions tailored to working with children, adolescents, adults and families. Contact Miller Garrison at 503-228-7270 for additional information.

Vancouver--APABC will conduct "Tuning In 91" on April 26-27, at the University of British Columbia. Speakers include Frank Main and Jim Bitter, and a number of local speakers. Contact APABC at 210-2525 Manitoba Street, Vancouver, BC V5Y 3A7, or 605-874-4614.

REGION II--MIDWEST

Chicago--The Alfred Adler Institute announces the 5th annual symposium on Friday, April 12. It will feature Dr. Theodore Millon on Personality Disorders. This workshop continues on April 13th and can be taken as a course from the Institute. Contact AAI at 312-294-7100.

****Chicago--**AAI-Chicago announces workshops including Stress Management with Daniel Rybicki, Ph.D. on March 16, Applied Clinical Hypnosis with Marc Oster, Psy.D., Thursdays, April 4-June 20; The Psychology of Women, Jane Griffith, MAT, M.A., Thursdays, April 4-June 20. Contact Karen Sulikowski, Registrar, at 312-294-7100 or fax 294-0059.

****Omaha--**Renee Dobkin Dushman will be leading an all day workshop on Adlerian psychodrama for the Nebraska Society of Adlerian Psychology on April 27. Contact: Stephanie Koraleski, 6818 Groves St., #301, Omaha, NE 68106; 402/393-1647.

Oak Lawn, IL--Community Wellness Seminars are held on Sunday evenings at 7:30pm at the Salem Church, 97th and Kostner, Oak Lawn. Contact 708-422-1848 after 10am, Monday through Saturday, for additional information.

REGION III--SOUTH

Myrtle Beach, SC-- The South Carolina Society of Adlerian Psychology (SCSAP) 9th annual fall conference at Myrtle Beach will be held on September 27-29, 1991. More than 150 from seven states attended last year's conference. Calls for programs will be listed in future Newsletters. Contact SCSAP, c/o Frank Walton, 1313 St. Andrews Rd., Columbia, SC 29210

REGION IV - MIDDLE ATLANTIC

****Lanham, MD--**The Region will be holding a conference on November 1-3, hosted by the new Bowie State University Adlerian Society. A call for papers has been sent to Region IV members. Contact Ernest Gooding, 3532 Cherry Hill Court, Beltsville, MD 20705; 301/595-4856.

REGION V - NORTHEAST

New York City--Alexandra Adler informs us of the current schedule of the Alfred Adler Institute. The Fundamentals of Psychopathology course will be offered on March 28, April 11, 18, and 25, and May 2. For additional information, contact AAI-NYC, 1841 Broadway, Suite 410, NY, NY 10023, phone 212-974-0431 and 923-5600.

****New York City--**A workshop on drug and alcohol abuse for general psychotherapists, sponsored by the alumni of the Alfred Adler Institute, will be held on Sunday, March 24, 2pm, at the Ethical Culture Society, Two West 64th St. Speakers include Dr. Kurt Adler, Joyce Richardson and Jonathan Morganstern. Admission is \$10, \$12 at the door. Contact Ben Strudler, 212-260-3115.

Montreal--AAI-Quebec offers: A one weekend intensive course, "Dream Interpretation" (C316), with Leo Gold, Ph.D., will be offered on Friday through Sunday, April 19-21, 1991. C313, Interviewing Techniques, with Robert Sherman will be held March 22-24, 1991. All events are held at the Institute of Community and Family Psychiatry. Contact: AAI-Q, 4947 Grosvenor Ave., Montreal, Qc., H3W 2M2, (514-731-5675).

REGION VI - FAR WEST

****San Francisco--**July 12-16, Seventh annual Adlerian Summer Intensive workshops, featuring Henry T. Stein, Ph.D. The program will include: Adlerian developmental scheme, family diagnostic, home visit, school consultation, and other topics. Tuition for the five day program is \$595 (\$495 for full-time students), accommodations at the site, SFSU Seven Hills Conference Center, are \$119 double or \$168 single for seven nights. Contact Henry J. Stein, Ph.D., AAI Institute of San Francisco, 7 Cameo Way, SF, CA 94131, (415) 567-4729.

****Sacramento--**Empowering Teenagers and Yourself in the Process, by Jane Nelsen and Lynn Lott will be presented on April 12 and 13, 6-9pm and 9am-6pm, \$110 per person, \$190 married couple, limited to 30 people. Contact Sunrise Associates, PO Box 788, Fair Oaks, CA 95628, 916/961-5551.

****San Jose--**Linda Albert will teach a 3-credit graduate course in Cooperative Discipline July 29-August 2; contact Charlotte Powers at 408-453-6624 x 237. This course will also be offered in Houston, Texas, June 24-28, contact Dr. Rick Krustchinsky, 713-522-7911.

INTERNATIONAL

Limerick, Ireland--ICASSI '91 will be held July 21 through August 2 at the University of Limerick, Ireland. This site is just 12 miles from the Shannon International airport and is in a modern, university setting. More details in future newsletters. Contact Roland Hawes, ICASSI Administrator, 2419 Bellevue #113, West Vancouver, BC V74 4T4, Canada.