Volume 24, Number 7

August-September 1991

202 S. STATE STREET, #1212 CHICAGO, IL 60604-1905

Associate Membership Approved by DA--Your Ballot is on Page 4

The NASAP Delegate Assembly voted to institute a new type of membership at its meeting in Tucson, May 30, 1991. This is in line with the DA's priority goal of networking and affiliation set at its November, 1990, meeting in Chicago.

The last step to put the membership into place is the approval by the General Membership of several constitutional changes. These changes are presented to the membership on page 4 of this Newsletter.

* * * NOTE * * *

The BALLOT for these changes is on page 4 of this issue. Clip and send your vote before September 13th.

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NASAP members have expressed an interest in enabling members of local societies to join NASAP in a modified membership. The new Associate Member class was designed to serve this population.

Associate Members will be those who are members in good standing of a local Adlerian organization which is an Affiliated Member of NASAP (such as the Puget Sound Adlerian Society) and who make application for Associate Membership through their local group. Dues for Associate Member were set by the D.A. at \$25 per year.

Benefits of Associate Membership include: subscription to the NASAP Newsletter; networking opportunities provided by the Newsletter, such as learning about workshops and courses, member activities, and NASAP developments; the advantage of being able to purchase books and tapes offered through the Newsletter at the membership discount; and the ability to attend the NASAP convention at the membership discount.

Associate Members will be represented in the governance of the Society and in the activities of the Interest Sections through the Affiliated Member organization to which they belong locally.

By means of the new membership class, NASAP gains direct access to fellow Adlerians; sells books and tapes to a wider audience; gains new attendees at its conventions due to increased interest in NASAP; expands the number of Affiliate Members as local organizations become aware of the new service they can

provide their members by offering the Associate Member category; and in the long term, gains new General Members as Associates learn more about NASAP and are attracted to the advantages of full membership, such as taking part in the life of the Interest Sections; enhancing professionalism by being listed in the NASAP Directory; and having the opportunity to serve on the Delegate Assembly.

In Tucson, the D.A. took the necessary action to include the new class of membership in its operating By-laws. Now, the D.A. asks the General Membership to support the new Associate Member class by approving the necessary changes in the NASAP Constitution.

The changes required are few; namely, that the word "General" be inserted before the word "member" or "membership" in three Sections of the Constitution; that the word "All" be deleted from a Section; and that the Section defining membership be changed.

If the amendments are approved by the membership, the Associate Membership category will take effect January 1, 1992. Local organizations will receive further information about processing applications.

These changes were coordinated by Jane Griffith, ACT delegate and Chair of the Constitution Committee.

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1991 MEMBERSHIP DIRECTORY

The new Membership Directory containing information on the 1,126 current members of NASAP is at the printer and was mailed to all members in July.

The 63-page directory contains the names, address and phone numbers of all 1991 members as of June 21, 1991. There is a geographical section that contains additional items supplied by members for information use only; i.e., certification, occupation, areas of specialization.

A Region report is included, showing the number of members in each state/province in each region. Finally, members of each Interest Section are listed.

If you wish additional copies of the directory for your office or home, they are available from the central office at a cost of \$6.00 each.

NASAP publishes a Directory every two years.

Chicago 1992 Convention To Feature Longer Sessions

By Jerianne Garber Central Office Staff

NASAP's 1992 Convention, scheduled for Chicago June 11-14, includes for the first time twelve convention presentations which will be 2-1/2 hours long.

"These longer sessions are important because they allow us to meet what has been requested by past convention attendees -- more in-depth presentations," said Bob Armstrong, Convention Program Selection Chairman. "With the longer time period, presentations also can have different combinations of presenters, such as several at once, or a theory demonstration without any rush."

More students are expected to attend because the convention host is the Alfred Adler Institute of Chicago. "These in-depth presentations permit us to better meet their needs," Armstrong commented.

In addition to the longer sessions, there will be two days of pre and post workshops, twelve 60 minute sessions, twelve 90 minute sessions, and several 30 minute poster/dialogue sessions, depending on the response to these shorter sessions.

This year prospective convention presenters should note that they are being asked to submit <u>four</u> copies of their completed proposal form along with the original in order to facilitate quicker proposal review. Deadline for one-day workshops is September 7 and for convention programs September 30.

Proposal forms have been mailed and should be in your hands by now. If you haven't received yours or you need additional copies, you should contact the Central Office.

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The 39th Annual Convention and Workshops is now history but the good feelings and memories are still strong--ask any of the 345+ people who attended!

THANKS AND ACCOLADES

NASAP wishes to thank the Adlerian Society of Arizona for all the time, talent and energy their members put in to make the 39th Convention such a tremendous success. particular, we express our appreciation to the 1991 Convention Committees:

Convention Chair: Bud Seng Bookstore: Eileen King, Mimi Tims Hospitality: Mari Martin, Shirley Pinkerton Program: Carol Kivel, Kevin Mathieu, Joyce

McKay, Bud Seng Publicity: Adele Bromiel, Kirsten Cook Registration: Larry and Lee Schnebly Sponsorship: Lois Maracek

There were many others who contributed and we regret that we cannot list them all. Three cheers and congratulations to all!

Distinguished Service Awards

Two NASAP members were honored at the banquet at the 39th Annual Convention and Workshops in Tucson for their many years of service to NASAP and Individual Psychology:

> Gary D. McKay Tucson, Arizona

Floy Pepper, M.S. Portland, Oregon

Clarification on AAI-Minnesota article

(The following information was provided by AAI-M to supplement information which appeared in the previous issue of the Newsletter)

The information provided to NASAP regarding the accreditation of the Alfred Adler Institute of Minnesota failed to include mention of the significant contribution of Bill and Mim Pew in the development of the Alfred Adler Institute of Minnesota. initially invited Rudolf Dreikurs to Minnesota, and they were instrumental in the development of the Institute. The Institute acknowledges with gratitude their significant contribution.

> ---Larry Hedberg President, AAI-M

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Newsletter Sequence

The next Newsletter is the October issue. Deadline for materials is September 1st. The Newsletter is published ten times each year. The last two issues will be November and December, with deadlines the first of the month prior to publication.

Newsletter Fax Number

Items for the Newsletter can be faxed directly to the Editor at 1-502-781-1550, 24 hours a day. Please note this number is for the Newsletter and not other NASAP business.

NASAP NEWSLETTER The North American Society of Adlerian Psychology

August-September, 1991

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor ISSN 0889-9428

President's Message

NASAP's 39th annual convention in Tucson, Arizona received favorable comments from participants. Some of the things they liked:

- * The resort setting
- * Spectacular scenery and weather
- * More time to network with colleagues
- * Variety of presentation topics offered
- * Meeting and event rooms in a centralized location
- * Special functions and events
- * Friendly, flexible hotel employees

Highlights of the 1991 Tucson convention include:

- * Keynote speech and pre-convention workshop by Peter Neidig
- * 345 people attended. The breakdown of attenders included 213 members, 14 student members, 90 non-members, and 28 student non-members. Thirty-four percent of the participants were non-members. The four pre-convention workshops drew 112 participants with 71 attending the four post-convention workshops.
- * Eleven graduate and eight minority scholarships were awarded
- * John Platt chaired a surprise roast of Oscar Christensen by former graduate students at the Saturday luncheon
- * Books were donated to the Amphitheater School District library for their support of the Adlerian Family Education Center run by Oscar Christensen. Shirley Pinkerton received the award for the district.
- * Two extra meetings were added on Religion and IP and on the Gulf War

Discussion within the EC and DA focused upon the new format for the Chicago convention. Next year's program will provide a balance between traditional format of 60 and 90 minute presentations and the introduction of two and one half hour time blocks.

There is a proposed amendment to the constitution to provide an Associate Member category.

The category of Student Members will be expanded to include Formal Interns. A Formal Intern membership will be available at the student rate for 2 years.

The Editorial Board Members appointed for the <u>Practice and Application</u> section of the Journal are: James Robert Bitter, Arthur Freeman, Terry Kottman, Christopher Higgins,

Mary F. Schneider, Steven Slavik, and C. Edward Watkins, Jr.

They were selected to replace the following who have served for the past 3 years: David Lemire, Jean K. Lundholm, Joyce McKay, Gary F. Meunier, Robert O. Morrow, Randall Thompson and Stanton Visser.

Toronto was approved as the site of the 1993 NASAP convention.

The Education Committee will continue to work on implementing the certificate of studies. Tentative plans include introduction of this certificate at the Chicago convention.

Action was taken to extend the Journal Editor's terms for three years. Publications Committee was charged with the responsibility of developing guidelines and job descriptions for the Journal Editors.

One final convention note. Have you looked at the unusual artwork in the convention program? What is different in each picture?

Respectfully Submitted,

Joyce L. McKay, Ph.D. President

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Individual Psychology in Australia

by Maurice Balson, Clayton, Victoria

Individual Psychology in Australia is alive and well and is making rapid progress with parents, teachers, and helping professions. The center for Individual Psychology in Australia is at Monash University where, at present, 35 students are engaged in a Master's program and 3 in a Doctoral program under the supervision of Associate Professor Maurice Balson.

The Parent Education Centre is the administrative centre which currently offers more than 30 courses to over 5000 people on an annual basis. The courses are conducted for teachers, parents, psychologists, counsellors, nurses, school principals, pre-school teachers, child care personnel, social workers and industrial staff.

Courses range from a 1 day seminar to a 6 week course which includes demonstrations of open-centre education. Courses are conducted in all parts of Australia, with particular emphasis on parenting and school discipline. The Centre now has some 50 staff, all with Bachelor's or Master's degrees, available to assist with the programs. The research output is increasing rapidly in the Master's program and the effectiveness of Individual Psychology to families, schools and industry is being substantiated by solid research data.

Our isolation is a problem. To overcome this the recent ICASSI conference in Switzerland was attended by 12 of our group leaders. The tapes, films and videos produced by Dreikurs

---Continued on page 5

News and Events from the Regions
Constitutional Amendment Ballot4 Special Journal Issue: Marriage Therapy4
The Australia3
Chicago '92 program details
DA Approves Wew Membership Class

What's Inside

SHOPLE

RETURN TO:

NASAP NEWSLETTER

DON DINKMEYER, JR., Ph.D., EDITOR

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Newsletter Policies Restated

Letters to the Editor

Letters are welcomed and all are acknowledged. Letters are subject to edit for clarity, length, appropriateness, and fit within each issue.

Book Reviews

Book Reviews are assigned by the Editor. If you wish to volunteer for this opportunity, send your name and interest areas to the editor.

Books may be reviewed in the same issue they are presented as the "Book of the Month", or at a separate time. Reviews are not dependent upon any participation in the "Book of the Month".

Unsolicited reviews, regardless of quality or intent, cannot be accepted.

The above restated policies fall well within generally accepted guidelines for professional society journals. Comments on these policies are welcomed.

Membership

Membership is UP this year, and it comes through YOUR appreciated efforts!

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

help:
Please send memembership brochures
Please send meextra Newsletters
Please send meInterest Section information panels.
Your name, address, city/zip-postal code:
Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest.

Edith Dewey Named Distinguished ACT Member

The ACT Section made its third annual Distinguished ACT Member Award at the ACT Annual Meeting in Tucson, May 31, 1991. Recipient of the award was Edith A. Dewey of Fort Myers, Florida and Toronto, Ontario.

The citation read: "The ACT Interest Section of the North American Society of Adlerian Psychology presents this award to Edith Adams Dewey in recognition of her contributions to Individual Psychology with forty years of service as a counselor, teacher, group leader, presenter, writer, and organizer; as a founder of the Family Education Center of Delaware and the Alfred Adler Institute of Ontario; and as an inspiration to the many people she has influenced, guide, and encouraged."

Edith Dewey is the author of <u>Basic</u>
<u>Applications of Adlerian Psychology</u>, a manual widely used by students beginning coursework at Institutes across the continent. More than 5,000 copies of the manual have been sold.

Dewey follows ACT members Renee Dushman and Tom Edgar as recipients of the ACT award.

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Adlerian Marriage Therapy: Call for Article Proposals

Proposals for a special issue of <u>Individual</u>
<u>Psychology: Practice and Application</u> are requested. The issue will focus on Adlerian Marriage Therapy.

Proposals for articles are now welcomed. A proposal should briefly describe the focus of the article and authorship. Proposals that address Adlerian ideas, procedures, and how Adlerian marriage therapy fits in the context of all marriage therapy is welcomed.

Deadline for submission of all proposals is September 20, 1991. The deadline for articles will be established in subsequent correspondence with the authors.

Submit your proposals to: Timothy D. Evans, Department of Psychology and Social Foundations, FAO 100U, Room FAO 173, University of South Florida, Tampa, FL 33620-7750. Telephone: 813-974-3515.

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Next Issue

The next issue will be mailed to you in early September and have the October masthead date.

Letters to the Editor and Book of the Month will continue in the next issue. Also look for results of the membership survey.

Part II of Len Sperry's column on Neuroses will also appear in the October issue. We apologize for the delay due to space considerations.

Proposed Amendments to NASAP Constitution:

Editor's Note --- Please read the article on page 1 which outlines the wording changes made in the following proposed amendments:

ARTICLE III - MEMBERSHIP

Section 1. There shall be two types of member - General (including Affiliate) and Associate.

Section 2. (Delete "All" and add the word
"General" before the word "members":)

General Members of the Society in good standing shall have the right to vote for Delegates to the Delegate Assembly from the region in which they reside.

ARTICLE IV - SECTIONS

Section 1. (Add "General" before "members":)

Any 50 general members in good standing may petition the Delegate Assembly to form a special interest section. (same second sentence)

ARTICLE X - AMENDMENTS

(Add word "General" before word "member" or "membership":)

The Delegate Assembly shall act upon amendments to this Constitution proposed by the <u>General</u> Membership or by the Delegate Assembly itself. An amendment proposed by the Delegate Assembly by petition of 25 <u>General</u> Members in good standing of the Society must be acted upon by the Delegate Assembly. Proposed amendments which are accepted by a two-thirds vote of the Delegate Assembly shall be recommended to the total <u>General</u> Membership for ratification by mail ballots. A two-thirds vote of the Members voting is required for ratification.

PLEASE SIGNIFY YOUR APPROVAL/DISAPPROVAL OF THESE CHANGES BY FILLING OUT THE FORM BELOW AND SENDING IT TO THE CENTRAL OFFICE IN THE ENVELOPE PROVIDED TO BE POSTMARKED NO LATER THAN SEPTEMBER 13, 1991.

Ballot
I approve the changes to the Constitution as recommended by the D.A.
I disapprove the recommended changes.
Name (please print)
Signature
Date
Send to NASAP, 202 S. State St., Suite 1212, Chicago, IL 60605. 312-939-0834.

* News and Events from the Regions *

[The ** symbol indicates a new listing]

REGION II -- MIDWEST

**Chicago -- The Americas Institute of Adlerian Studies (AIAS) offers a three course program for Professionals in Individual Psychology for clinicians, managers, and educators. Participants may take any one, or all three courses. Those electing to take all three and writing a paper to demonstrate mastery earn the AIAS Certificate of Professional Studies in IP. Courses may be taken in any sequence at any location; 30 APA or NBCC credit hours per course, BRN credit available, Category 2 credit for physicians. Current Schedule: October 10-13--Theory; February 27-March 1, 1992--Assessment; June 25-28, Applications. Contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

**Evergreen Park, IL--Interaction Institute presents a 2 day seminar September 20 - 21, "ACOA and Co/Dependency Recovery: An Adlerian treatment model for healing the inner child. Presenters are Helen Cooley and Pat McGill. Seminar approved by IACCB for 13 CEU's, CAT I. Contact: 708-422-1848.

REGION III - SOUTH

Myrtle Beach, SC-- The South Carolina Society of Adlerian Psychology (SCSAP) 9th annual fall conference at on Springmaid Beach at Myrtle Beach will be held on September 27-29, 1991. A call for programs and workshops has been issued. More more information, contact SCSAP, c/o Frank Walton, 1313 St. Andrews Rd., Columbia, SC 29210.

**Orlando--The 15th annual Region III Orlando Conference will be held Thursday through Sunday, February 27-28-29 and March 1, 1992. Program and workshop proposals are now being solicited. Contact Don Dinkmeyer, 236 Crestlake, Bowling Green, KY 42104; 502-781-9529, fax 781-1550.

REGION IV - MIDDLE ATLANTIC

Lanham, MD--Region IV will be holding a conference on November 1-3, 1991, hosted by the Bowie State University Adlerian Society, Parent Education Program, Maryland Adlerian Psychology Society and the Family Education Center. The luncheon speakers will be: Friday--Jackie Brown, Ph.D. and Saturday--Betty Lou Bettner, Ph.D. Conference programs have been sent out. Contact Ernest Gooding, 3532 Cherry Hill Court, Beltsville, MD 20705; 301/595-4856.

Bowie, MD--The Bowie State University Adlerian Society encourages Adlerians to share their experiences and expertise with the students at Bowie University. Anyone interested in providing training through the Bowie State University Adlerian Society should send the dates they would be available to: Bowie State University Adlerian Society, P.O. Box 388, Beltsville, MD 20704-0388.

REGION V - NORTHEAST

**Montreal
--AAI-Quebec offers C101,
Introduction to Individual Psychology" with
Heinz L. Ansbacher, Ph.D., Part I
--September 28 & 29; Part II -- October 26 &
27. A workshop on Early Recollections with
Kurt Adler, M.D., will be held on September
21st. A one weekend intensive course,
"Psychpathology IIII" (C303), with Ron
Pancner, M.D., will be offered on December
6-7-8, 1991. C102, "Introduction to Individual
Psychology II", by Dr. Michael hartings, will
be offered on November 15, 16 and 17. All
events are held at the Institute of Community
and Family Psychiatry. AAI-Q is associated
with the Alfred Adler Institute of Chicago.
Contact: AAI-Q, 4947 Grosvenor Ave., Montreal,
Qc., H3W 2M2, (514-731-5675).

REGION VI - FAR WEST

**Denver -- Rocky Mountain Adlerian Society presents the first annual Region Conference, September 27 - 28, McCort Mansion, Denver. Registration fees: \$50 pre-registration, \$35 students, \$60 at the door. Events include workshops on Adlerian approach to male sexual abuse survivors, by Steve Cunningham and Michael Collom; Exit Counseling, by Cathleen Mann; Adlerian Parenting in the 90's by Barbara Obringer, Individual Education: Corsini's 4 R School Systems, by Dr. William Edwards. Keynote speaker on September 27th is Steven Cunnigham, "Adler: His Time is here in the 90's". Lunch speaker on September 28th is Lt. Col. John Obringer, Ph.D., "Genetics, Behavior, and Adler". For additional information, Contact Crossroads Counseling, 8000 West 14th Avenue #1, Lakewood, CO 80215, 303/232-7111.

**San Diego--AIAS San Diego offers the three course program for Professionals (see Chicago AIAS listing). Current Schedule: October 10-13--Theory; February 6-9, 1992--Assessment; June 25-28--Practice. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 846 Hillway Drive, Vista, CA 92084 (619) 758-4658.

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_--IP in Australia
(Continued from page 3)

are very helpful, and we look forward to visits by Adlerians to help spread our ideas and to work with our leaders.

The Australian Adlerian Society was formed in 1989 and began 1990 with a membership of over 40 under its President, Maurice Balson. Topics presented to the Society included Conflict Resolution in Industry, Burnout, and Life Style Analysis.

The Society is located at Monash University and correspondence is c/o Monash Parent-Teacher Education Centre, Monash University, Clayton, Victoria, 3168, Australia.