

North American Society of Adlerian Psychology
The NASAP Newsletter

May, 1992

Volume 25, Number 4

Chicago '92 Convention

Final preparations are underway for our 40th annual convention, to be held June 11 - 14 at the O'Hare Marriott Hotel. If you have questions concerning your registration, contact our Convention Coordinators, Centennial Conferences, at 303-499-2299 or fax 499-2599. Other concerns can be addressed to the NASAP Central Office at 312-629-8801.

Delegate Elections

The following members have been elected to the Delegate Assembly, beginning with the Thursday, June 11 meeting at the Chicago Convention:

Marcia Mullins
Region I

Judy Sutherland
Region II

James W. Croake
Region III

Dayton W. Salisbury
Region IV

Barbara Berger
Region V

William L. Edwards
Region VI

Terry Kottman
Education Section

Nancy Hawkins-Randall
Family Education Section

Clarification

Last month's lead article, "Anatomy of an Illness: Bernie Siegel and Me" by Jane Griffith, first appeared in the *Individual Psychology Reporter*, Volume 9, No. 1, Winter, 1992. We thank Jane for her adapted contribution to the NASAP Newsletter. We had not properly attributed the source of the article.

Report from Riga

*by George W. Linden, Ph.D.
Delegate, Theory and Research Section*

I flew into Riga on Hamburg Air, a Boeing 300 prop jet. Only Russian planes at the airport. Had to go through two security checks and get a temporary visa. I was met by Victor Ozolinsh and Janis Gulbis, M.P. (These men had attended ICASSI Ireland on scholarships.) Janis had a car and government driver. We went to the Hotel Riga. Started a sumptuous supper at 7 p.m. and ended at 9 p.m. One thing the Latvians can do well: cook and enjoy eating. The menu was in German, Russian, Latvian and English.

This hotel is packed with foreign business men. There is a woman in charge of each floor and you have to turn in your key when you leave the room. This is good security, but not good enough. Two days after I arrived, police lined the lobby and would not let any locals in unless I verified they were my friends. People with hard currency are fine targets for thieves, e.g., the American Ambassador was robbed while presenting his credentials. Latvians are still using the ruble but will soon print their own money. There is a currency store in the hotel where one can buy goods with dollars that the Latvians cannot buy with rubles.

Yeltsin has said he will take over the Baltic Army but has not done so. The 300,000 Russian soldiers here are a big problem and potential threat. No one wants them at home and no one wants them here. Latvians had promised to feed them in return for oil and gas. The Russians broke the agreement and have cut off the oil and gas supplies. Latvians have little hard currency to buy elsewhere. There will be hard times in Spring when they cannot run the tractors.

All streets to Parliament are blocked by huge boulders to stop Russian tanks. Every day when I walked to the lecture hall I passed fresh flowers marking the place where they had killed seven young Latvians. When the Black Berets attacked the police station, farmers drove tractors into the streets, trucks, wagons, anything to block the Russians. They cannot do that now,

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40th annual Convention: June 11 - 14, Chicago

Certificate of Study Announced

NASAP has developed a process to identify and acknowledge those individuals who have completed a course of study in Individual Psychology. Those meeting the criteria for a Certificate of Study may receive a designation of their study received at NASAP conventions, workshops and regional meetings.

The Certificate of Study does not replace or supplant requirements for certification or licensure as may be regulated by state or provincial authorities, nor can it serve as an endorsement of individual skills or abilities. It does acknowledge systematic study of Adlerian Psychology and identifies those individuals who have such interests and education.

Requirements for a Certificate of Study:

- A. 90 documented hours of convention attendance
- B. Completion of workshops in 3 of 5 core areas of study: 1. General Principles of Adlerian Psychology 2. Family Counseling 3. Parent Education 4. School Applications 5. Psychotherapy
- C. Completion of a workshop, or the equivalent, in general principles of Adlerian Psychology. This requirement may be met through a formal academic course of study at a regionally accredited college or university or through a workshop offered by individuals or organizations other than NASAP. *Sufficiency of study will be evaluated on an individual basis.*
- D. Current NASAP membership
- E. Continuous NASAP membership during certification period
- F. Submitted study must be completed within five (5) years of the application
- G. Special consideration will be given to those who have completed study prior to the establishment of standards for certification, and requirements may be waived on an individual basis for such prior study upon application to NASAP.

There is a fee of \$100 for the application, review and certificate. This fee is non-refundable, but a \$50 credit will be made towards resubmission within three (3) years if the certificate is not awarded.

Applications and further information will be available at the convention in Chicago.

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**Volume 25, Number 4
May, 1992**

Published ten times each year by
The North American Society of Adlerian Psychology,
a not-for-profit Corporation.
65 East Wacker Place, # 400, Chicago, IL 60601-7203.
Telephone 312-629-8801
fax 312-201-5917

*Members of NASAP automatically receive the Newsletter.
Subscription rates for non-members \$10 per year.*

Don Dinkmeyer, Jr., Ph.D., Editor
502-781-9481; fax 502-781-1550

ISSN 0889-9428

Donations

*We are grateful for donations
from the following members:*

Eva Dreikurs Ferguson
Deborah McKinnon
Amy Lew
Jane Nelsen
Lilli Janzen

In memory of Roland Hawes and
Frank Bensinger:

Renee Dobkin Dushman
In honor of Bernard Shulman and
Genevieve Painter:
Jean Burkholder

A Will, A Way

By Ed Abelson, NASAP Treasurer

In the past several years I have been able to contribute in many ways to the organization professionally. Now I have found a way to continue to contribute after I am gone--not just from the DA, but from this earth. I was reviewing my Will recently and decided to include NASAP as a beneficiary.

This is exceedingly easy to do: I merely designated that a percentage of my estate should go to NASAP. I could have just as easily designated a specific dollar amount, or that the remainder of my estate after other bequests are satisfied should go to NASAP.

This is not a new idea; the Clonick Estate was very generous to NASAP; it helped us establish an endowment which has been crucial to our financial stability. Carol Arnold's bequest, for example, has been used to help spread Adlerian ideas.

It is not always easy to make a gift to an organization (although it is always appreciated) but remembering it in your Will is as simple as pie. Please join me: when you revise or review your Will just ask your attorney to include a sentence designating NASAP as a beneficiary. Together, we can assure the ability of NASAP to serve future generations of Adlerians!

--Report from Riga, from page 1

hence the boulders. Tension is high and there is much fear of the future. But the Latts are a very persistent and courageous people.

One half the population, one and a half million people live in Riga. Electric streetcars are jammed like sardine cans. There are only 27 private stores in the city. The government stores are jammed with wall-to-wall people when they have any goods. People stand in line all day just to buy something. Retirees hire themselves out as queue standers. The waiters in the hotel are old line communists that bribed their way into their jobs. It is O.K. to bribe people but not to tip them. Tipping is capitalistic.

They dislike me because I am being provided for by the government and from their point of view, a Nationalist is a Capitalist. This does not prevent them from hustling, however. They kept trying to sell me caviar for \$10 a can that I could buy in the currency store for \$3. Anyone who does anything for himself is considered to be a bourgeois reactionary. The waiters believe the government is run by crooks. The maids did my laundry and I practically had to fight them to give them money for doing so. They finally realized that I was a stupid American and so took the money in order not to hurt my feelings. Many things are upside down. The entire economy is Japan on its head, and the government is America upside down. Even the door handles turn in the opposite direction.

The Lectures

It turns out my lectures will be in the City Hall, a former Communist headquarters. I let the audience vote on how long I should talk and they chose the maximum: three hours. So I will lecture three hours a day every day. Translators are provided for me. Large crowds fill the room...250-300 people and some standing in the halls. After the first speech people just sat silent. I thought maybe I had not done well. Several days later, I was told that Latvians do not applaud after lectures. If they get up and leave at once, you have not done so well. If they sit and meditate on what you have said, that is the highest compliment. So, I was being complimented and did not know it.

Friday night a couple of Latvian psychologists came to visit me. I got the guards to let them in. They drank all of my American bourbon and were direct and blunt with me. I realized that they had totally missed the point of some of my examples. They interpret everything in an economic sense, no matter what the point of the story is.

I realize that some of my examples simply do not make sense to them, e.g. they don't know what a parking lit is since they have never seen one. Nor have they much idea of the outside world. All newspapers were published in one building so the government could keep strict control over the content.

They did not know of Chernoble until the Swedes detected radiation two weeks later. Then the Russians came in and forced Latvians to go there and work on the clean up. The newspapers ran stories about the heroic Latvian "volunteers" who had come to help Mother Russia! They have no idea how much radiation is present in their country. I had offered to start a scholarship fund with the money the University will pay me for the lectures. My friends told me I was a fool. That whatever they paid me (it turned out to be 895 rubles) would only buy about two beers in Berlin. That one professor makes about \$14 a month. They cannot buy train, plane tickets except with hard currency.

The People

Hence, a people who had been slaves for over fifty years are now prisoners of their economic system. I realized that the bourbon they had drunk was more than one man's month's salary. I was deeply shaken. I cried. We parted friends. I felt like a spoiled child who had been talking to abused adults. I finally found a place to exchange money and stood in the long line. I got over 3,300 rubles for my twenty dollar bill. I bought some dolls for 28 rubles apiece. I bought twenty postcards and stamps to mail them for three rubles...about a penny and a half. It is like monopoly money. I feel as if I am stealing, things are so cheap. The best meal in the hotel is less than a dollar in U.S. money.

It would take years for a person to save enough money to go to Holland and once there, they could not pay ICASSI tuition nor room and board. My plane ticket here from Berlin is about the equivalent of four year's salary for my friend, Viesturs. At first, I felt as if I were in an Ingmar Bergman movie...everything was grey and a bit mysterious. Now I see the reality of the situation. I see the results of rigid ideology: destroy, destroy, destroy.

In Part II of Dr. Linden's story, he speaks with the Mayor of Riga, the Minister of Culture, and begins the effort to start an Adlerian group. As mentioned in last month's Newsletter, donations to bring Latvians to ICASSI can be directed to Dr. George W. Linden, 1116 St. Louis Street, Edwardsville, IL 62025 USA.

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What's Inside

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Chicago, IL
Permit No. 822

NASAP Newsletter
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65 East Wacker Place, Suite 400
Chicago, IL 60601-7203

Call for Journal Articles

A special issue of *Individual Psychology* is scheduled for 1994 which focuses on Adlerian techniques for education and counseling to assist the gay, lesbian, and bisexual populations and their families to better cope with major life concerns. Relevant topics might include, but are not limited to, counseling and education applications related to:

- “Coming Out” Issues Bisexuals/Gay Men/Lesbian Women
- Parents Who are Gay/Bisexual Children with Gay/Bisexual Parents
- Persons Living with AIDS
- Adolescents who are Gay/Bisexual Gay/Lesbian Couples Counseling
- Gays/Bisexuals and Spirituality Confronting Gay/Bisexual Stereotypes

It is very likely that many Adlerians utilize techniques to provide encouragement and interventions which assist homosexuals/bisexuals to accept themselves and live well-adjusted lives as gay/bisexual persons.

Such Adlerian applications might include; for example, information on using the lifestyle interview technique with homosexuals/bisexuals or interpreting early recollections within the context of the special issues and concerns of the bisexual/homosexual as they relate to the presenting problem(s).

Send contributions by November 2, 1992 to: Dr. Cynthia K. Chandler, Guest Editor, Special Issue, P.O. Box 13857, Department of Counselor Education, University of North Texas, Denton, TX, 76203. Phone 817/565-2914.

For information on guidelines to authors, refer to the *Journal of Individual Psychology*.

Associate Membership

Eight Affiliate organizations have sent in 25 Associate Membership applications. Of these, 15 are new to NASAP and 10 were members of NASAP in a previous year.

Organizations who have participated to date: Idaho Society of Individual Psychology (10), Puget Sound Adlerian Society (5), Midwest Society of Individual Psychology (4), Maryland Adlerian Psychology Society (2).

One each has been received from the Oregon Society of Individual Psychology, Rocky Mountain Society of Adlerian Psychology, Adlerian Western Institute for Research and Training in Humanics, and the Adlerian Psychology Association of British Columbia.

Information on Associate Membership and applications are available through the central office in Chicago. The Associate Membership is \$25 for a full year; you must belong to a local, affiliated organization to become a NASAP Associate Member.

Membership Update

The good news is that 73% of our 1991 members have renewed for 1992 and our new membership is up by 5%. Bad news is that total membership is down 5% from last year at this time. Figures as of May 1 for past three years:

	1992	1991	1990
New	110	105	97
Renewals	906	965	877
Life	26	27	27
TOTAL	1,042	1,097	1,001

6% of the 1992 renewals were "delinquent" members who last paid between years of 1981 and 1990.

--Neva Hefner, Executive Director

Book of the Month

We are pleased to continue the Book of the Month with *Couples Therapy: An Adlerian Perspective*, by Roy M. Kern, E. Clair Hawes, and Oscar C. Christensen.

Through a special arrangement with the publisher, you can receive a copy of this book for \$8.75. This price is 20% below the cover price of \$10.95. At the same time, NASAP will benefit by receiving a portion of your purchase price.

Couples Therapy: An Adlerian Perspective addresses such issues as:

Initial Intake

Basic Relationship Issues

Sexual dysfunctions

Divorce

Termination

The paperback edition is 240 pages and a welcome addition to any professional library. We have a limited number of books available at this price, so we ask that you limit your order to no more than three (3) copies.

Order Form

Please send ___ copies of Couples Therapy at \$8.75 each.

(Add \$3 postage and handling for your order; \$4 to Canada)

___ Check or Money Order enclosed (US Funds, please)

___ Visa or MasterCard TOTAL due \$ _____

Card # _____ Expires _____

Name on the Card: _____

Ship to:

Send your order to:

NASAP Books, 65 E. Wacker Place #400, Chicago, IL 60601

This offer is good until June 22, 1992.

News and Events from the Regions

Region I - Northwest

****Vancouver** -- The Adlerian Psychology Association of British Columbia (APABC) will conduct Introduction to Professional Issues, C501, with Dr. Clair Hawes, on June 5-7, and Research Seminar, C498, on June 26-27-28. Contact APABC, 210-2525 Manitoba Street, Vancouver, BC V5Y 3A7, telephone 604-874-4614

Region II - Midwest

Pratt, Kansas--Summer camps at Pratt Community College will include "The Therapeutic and Healing Uses of Humor" on July 24-25 and "Developing Encouragement Strategies for the non-college bound Student", August 7-8. Contact David Lemire, Ed.S., NCSP, Coordinator for Residential Life, Pratt Community College, Highway 61, Pratt, KS 67124. Telephone (316) 672-5641.

****Hopkins, Minnesota**--AAI-Minnesota sponsors Betty Lou Bettner and Amy Lew on June 4 and 5th, on "Raising Kids Who Can"; Sam Keen, author of "Fire in the Belly" on September 26th. Call 612-933-9363 for additional information on these and other AAI-M events.

Chicago--The Americas Institute of Adlerian Studies (AIAS) offers a three course Program for Professionals in Individual Psychology. Courses may be taken in any sequence at any location; 30 APA or NBCC credit hours per course, BRN credit available, Category 2 credit for physicians. Current schedule: June 25-28, Applications. Contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

Chicago--The Adler School of Professional Psychology is the Host for the 40th annual NASAP Convention. Contact Bryna Gamson, Adler School, 65 East Wacker Place, # 2100, Chicago, IL 60601-7201; (312) 201-5900; fax: 201-5917.

Region III - Southeast

Myrtle Beach, SC--The South Carolina Society of Adlerian Psychology will conduct its 10th annual fall Conference on September 25 - 27 at Springmaid Beach in Myrtle Beach, South Carolina. Contact: Frank Walton, 1313 St. Andrews Road, Columbia, SC 29210.

Orlando--The 16th annual Region III Conference will be held on February 25-28, 1993. Contact: Don Dinkmeyer, Jr., Coordinator, (502)781-9481 or fax 781-1550.

Region IV - Middle Atlantic

****Lanham, Maryland**--The Region IV Conference will be held on November 13 - 15, 1992. Theme is "Confronting Adversity with Courage: A Proven Approach for the '90's". Contact Terri Crovato at 301-384-2764 for additional information.

Region V - Northeast

****Toronto**--Alfred Adler Institute of Toronto offers Family Life Skills Workshops, including "Managing Co-Parenting" with Stuart Gilboord on June 18 at 7:30pm for \$12. AAI-Ontario is now at a new location, 1425 Bayview Avenue, Suite 101, Toronto, Ontario M4G 3A9. Contact 416-482-1704 or fax 482-2615 for more information.

Montreal--AAI-Quebec offerings include C341, Family Counselling with Oscar Christensen on May 22-24. Classes are now held at the Institute of Community and Family Psychiatry, 4333 Cote Ste-Catherine Road. Contact AAI-Quebec, 4947 Grosvenor Avenue, Montreal, Que., H3W 2M2, Canada. Telephone is 514-731-5675.

Region VI - Far West

****Denver**--The Second Annual Rocky Mountain Regional Conference will be held on September 25-26 at the Landmark Best Western Inn. Plans for featured speakers are still being developed. Contact the Rocky Mountain Society at Crossroads Counseling, 8000 W. 14th Avenue, Lakewood, CO 80215.

San Francisco--The 7th annual Adlerian summer master seminar "Love, Sex, Work, and Money: Helping Couples Cooperate" will be held at San Francisco State University, Seven Hills Conference Center, July 10-14, 1992. Topics include: Dynamics and Ideals of Love, Techniques of Couples Therapy. On-site low-cost housing available. Contact: Henry T. Stein, Director, AAI-SF, 7 Cameo Way, SF, CA 94131 (415) 567-4729.

Vista, CA--AIAS-San Diego County announces coursework (see AIAS-Chicago for complete details): Understanding Personality Development and Dynamics, June 25-28. Contact Steve Maybell, AIAS-SD, 486 Hillway Drive, Vista, CA 92084, 619/758-4658.

International

Melbourne, Australia--Mini-ICASSI in Australia, January 19 - 22, 1993. The Adlerian Society of Australia will hold its first conference next summer. To experience Adler and Dreikurs down under, please contact Jennie Monaghan, 1/25 Jellicoe Street, Cheltenham 3192 Australia. Telephone (03) 584-4606.

Noordwijkerhout, Holland--ICASSI 25th annual Rudolf Dreikurs Summer Institute (ICASSI), July 26 - August 7, 1992, in Noordwijkerhout, Holland.

Argeles-sur-Mer, France--AWIRTH is offering Adlerian intensive seminars in the German language with Lucy Ackerknecht, July 25 through August 6. Contact Lucy K. Ackerknecht, Ph.D., Director, AWIRTH, 100 Bay Place, #1520, Oakland, CA 94610, 510-891-8194.

****Denotes new item -- Please send all items to the Central Office or fax to the Editor at 502-781-1550**