

The NASAP Newsletter

November, 1992

Clinical Section Establishes Research Award

The Section of Professional Clinicians announces the establishment of an award to acknowledge outstanding Adlerian oriented research with clinical applications.

To be considered, the research needs to be either published, a completed dissertation or a written graduate project. An abstract of the paper needs to be submitted in triplicate by January 30, 1993, to be considered for the 1993 Award.

Submit this paper to: Ronald J. Pancner, M.D. Charter Beacon Hospital 1720 Beacon Street Fort Wayne, IN 46805.

Chicago School Announces Faculty Search

The Adler School of Professional Psychology announces the search for a qualified professional skilled in and motivated to teach psychology; supervise student clinicians; and administer programs that make important contributions to human welfare.

Requirements: Doctorate in clinical psychology; Illinois licensure as a clinical psychologist; academic training in Adlerian psychology. Submit Curriculum Vitae to:

Dr. Mark Stone
Adler School of Professional
Psychology
65 East Wacker Place, Suite 2100
Chicago, IL 60601-7203
Telephone: 312 / 201-5900
Fax: 312 / 201-5917

The People and Purpose of NASAP

What is the purpose of NASAP? Adlerians, whose training directs them to be concerned with goals, intentions and purposes sometimes ask this question.

NASAP is a very exceptional organization for a number of very good reasons. It is the North American home of the theories of Alfred Adler and Rudolf Dreikurs, psychiatrists who stressed the social basis of human behavior; who taught that the natural striving of human beings is to move forward, both individually and collectively, toward self-selected goals which they genuinely believe will bring them a more secure and positive position in life. Thus, neurosis is not seen as a sickness of the mind, but rather as a function of biased perceptions, faulty learning and inappropriate decisions. As a result, Adlerian psychology is a very optimistic psychology, viewing human beings with respect and caring rather than looking down upon them and judging them.

This optimism and liking of people results in one of the great strengths of NASAP, its members. NASAP is made up of people who are an exceptionally diverse group. Teachers, psychiatrists, parents, social workers, psychologists, business consultants, counselors, nurses; the list of professions is as diverse as the ages, ethnic backgrounds and level of knowledge of members. This diversity produces a mixture which fosters a rapid transfer of techniques, ideas and approaches between people who use Adlerian psychology. It also makes NASAP the home of remarkable creativity which is appropriately tempered by the common theoretical framework of Individual Psychology providing a centering path which acts like a beacon to warn when there is too great a divergence from core beliefs and values about human beings.

Let me now give you an example of how this diversity of NASAP members works so well. In 1969 Rudolf Dreikurs first came to British Columbia and inspired a few people to become interested in Individual Psychology as it applied to schools and families. In the ensuing 23 years scores of Adlerian clinicians, counselors, professors, educators, theoreticians, corporate

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Your Delegates met in Chicago November 6, 7, 8

Getting our ACT together in Chicago

The Adlerian Counseling and Therapy Interest Section (ACT) held two meetings in Chicago at the NASAP '92 Convention which may be of interest to the general membership. The first meeting was ACT's annual networking breakfast. About thirty members attended this function.

The breakfast group addressed the question of useful ACT projects. Three topics emerged in the discussion as most pressing for counselors and therapists: ethics, licenser, and insurance. The group merged ethics and insurance under the heading "Professional Issues," kept "Licenser" as a separate topic, and agreed to propose these to the ACT annual meeting (held later that day) as topics needing year-round study by the Section.

The annual meeting, with about sixty ACT members present, approved the topics, naming chairs as follows: Licenser: Dayton Salisbury, SSJ, PhD, St. Luke Church, 4925 E. Capitol St., SE, Washington, DC 20019 (HO: 202/584-9322; WO: 202/582-6711). Professional Issues: Mel Goodman, MD and Marie Moren, MSW (co-chairs); Goodman: 19 Rondeau Drive, Willowdale, ON M2H 1R5, Canada (HO: 416/789-5331); Moren: 815 Mayfair Court, Rochester Hills, MI 48309 (HO: 313/375-9608; WO: 313/673-7710). The task of the committees is to gather information on these subjects in order to provide guidance to members. (Chairs welcome the general membership to work on their committees.)

Other ACT news: The Leadership Council (Steve Cunningham, delegate, Jane Griffith, delegate, Lois Nugent, newsletter editor, Mary Jamin Maguire, membership, and Marianne Miles, Historian) conducted the meeting. A treasury balance of \$2,383.26 was reported; members decided to limit the number of newsletters per year to two; historical materials were requested (please send these to Marianne Miles, 14108 91st Ave., Edmonton, AB T5R 4Y2, Canada); four scholarships and eight meal packages were announced as awards for NASAP '92; Cunningham and Griffith gave an overview of NASAP governance and of the organization of conventions (especially in regard to the selection of programs and workshops), and members were encouraged to submit proposals for Toronto '93.

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Adler School Library

Indexes IP Journals

An index of articles from the Individual Psychology journals is now available at the Adler School of Professional Psychology's library.

Librarian Beverly Martin spent the last year and half indexing all the articles on three catalog card files by author, subject and title. The index covers all the articles in Individual Psychology: The Journal of Adlerian Theory, Research & Practice and its predecessors, going back to the International Journal of Individual Psychology, volume I, first quarter, 1935.

Anyone interested in receiving information from these files may write their request to the library in care of the Adler School, 65 East Wacker Place, Suite 2100, Chicago, Ill. 60601. Written requests may also be sent via the School fax number (312) 201-5917. Requests will be handled on an individual basis depending on the availability of staff.

Donations

A donation has been received from "The Book Club" in honor of the 50th wedding anniversary of two of its members, Mr. and Mrs. Norman Ruben. "The Club", which evolved from lay group meetings conducted by Dr. Rudolf Dreikurs, still meets for discussions. NASAP members Evelyn Wachman and Tee Dreikurs are active participants.

Donations to NASAP can be made for a specific program or purpose, or to honor or memorialize an individual.

Clarification

"For a Friend", a tribute to Frank Bensinger, appeared on page three of last month's issue. It was authored by Howard Gontovnick, of Laval, Quebec, Canada. We regret the omission of Mr. Gontovnick's name as author of the tribute.

--Training People is our Purpose (Continued from page 1)

psychologists, social workers and parent educators have given lectures, demonstrations, seminars, courses, workshops, private therapy and just plain inspiration which has lead to thousands of people in this Province to use Adlerian psychology in their personal and professional lives.

Such a concentration of trained people leads to many remarkable things. For the sake of brevity, I will give just one example. Several years ago, when the government decided to completely revise the program for Kindergarten to grade 3 in the schools of British Columbia, three of the people selected for the committee to construct the new program were well versed in the principles of Individual Psychology. Today, that new Program is in place and as you might well imagine, it is very Adlerian. The whole program focuses on encouragement, fostering cooperation, giving children a feeling of belonging, providing an environment of mutual respect and psychological safety, and setting clear expectations for children.

Such stories have been and are being repeated in businesses, in parenting programs and in the training of psychologists, counselors, family therapists and medical doctors, not just in schools. It happens not just in other parts of North America but in Australia, Japan, Great Britain, Ireland and Russia to name just a few. It happens because of the network of Adlerians who are diverse in profession but united in theory.

This is the purpose of NASAP. It is why we as Adlerians must continue to reach out and bring people with ability, enthusiasm and fresh ideas into the network of Individual Psychology so that people everywhere can be empowered to build a better humanity. It is the reason why we as NASAP members must redouble our efforts to share our ideas, encourage each other, bring Adlerian psychology to others, and further develop Adlerian theory. This is our challenge. I believe we are ready for it! --Robert Armstrong, Ph.D., President

Book Review: The Courage to Be Imperfect

The most important information about Dr. "D's" background, for me, was found in *The Courage to Be Imperfect*. I learned that he was a Civil Rights activist: Dr. "D" was in the forefront of Civil Rights movement.

With the surge of black militancy of the late 1960's, Dreikurs was occasionally confronted by hostile Blacks as to his "right" as a symbolic member of the white middle-class establishment, to presume to understand the black experience or to offer anything of relevance to them. Dreikurs response was direct and simple—all human behavior is purposeful. It is directed toward goals in line with the individual's subjective perception of himself in relation to the world. The life style—the unique expression of those convictions for each individual—is understandable whether he be black or white (p. 154-155).

Dr. Dreikurs shared with Dr. Martin L. King his beliefs about the Civil Rights Movement, he thought the focus should have been on "economic equality" rather than "social equality", since all people were already "equal". The book illustrates how his whole life was consumed with the idea of getting others to accept the concept of social equality, that is, human beings have equal value. The concept of Social Equality has significant meaning to women, people of color and oppressed people throughout the world. All need to believe him when he says "all oppressed people will eventually revolt".

The famous "Mistaken Goals" of life were developed and utilized as a result of Dr. "D's" work with Blacks and the poor people at the Lincoln Center, on South side of Chicago in the 1940's and 1950's (p. 152). To me the "norming process" is very important because it helps me to understand and appreciate the utility of the schema by knowing what populations were used to construct the paradigm. Perhaps, the most stunning thing that I learned from the book, was the work of Dr. Kenneth Clark, the great African American Sociologist, who wrote a social science brief for background data, using Adlerian unifying theoretical themes of learning and belonging to illustrate why "separate but equal" educational systems should be eliminated. This brief was submitted to the Supreme Court hearings for the monumental 1954 case "Brown v. Board of Education".

This case changed the face of America forever! Beyond his books that I use for my classroom teaching, "The Courage To Be Imperfect" has filled in the "gaps" about Dr. "D's" personal struggle to have the Adlerian philosophy heard, practiced and enjoyed. He comes alive in this book as never before! A book every Adlerian should have in his or her library.

Reviewed by Dr. Hank Raymond, Adler-Dreikurs Institute of Bowie State University, NASAP Treasurer

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News and Events from the Regions, continued from page 5

****Oakland, CA--**The Western Institute for Research and Training in Humanics, Inc. (AWIRTH) has a number of winter quarter classes beginning on December 9th. Marathons will be held on December 12 and January 9 All courses taught by Lucy Ackerknecht, Ph.D. For more information, call Nancy Hawkins-Randall at 415-864-5248.

International

****Budapest, Hungary--**International Congress of Individual Psychology, call for papers for the 19th Congress to be held August 1 - 5, 1993. Submit a 100 word abstract to: Ms. Krisztina Szigedi, Congress Bureau Motesz, PO Box 145, H-1443 Budapest, Hungary.

Brno, Czechoslovakia--ICASSI 1993 is scheduled for July 18-30 at the University of Masaryk. This is the first time ICASSI has been held in a newly emerging democracy. The event will precede the triannual IAIP Congress to be held in Budapest August 1-5. For details on tuition and housing, contact Ms. Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, phone 301-577-8242 Monday through Thursday 6-9:30pm Eastern time and Saturday 9am - 2pm.

****ICASSI scholarships** (see above Brno listing) will be awarded to four individuals from North America, tuition, room and board included. To receive a scholarship application, call 404-651-3406 or fax a request to Dr. Roy Kern, Georgia State University, 404-651-1160 or write him at GSU, Atlanta, GA 30303. Application completion deadline is February 15, 1993.

Tel Aviv, Israel--An international course for organizing and teaching parent education groups and centers will be conducted by the Alfred Adler Institute Israel, February 6-16, 1993. The Institute has more than 1000 parents study each academic year, and 25 students a year are certified by the Ministry of Education as parent group leaders. A limited number of scholarships are available, tuition is \$350 US. A complete brochure is available which describes the extensive training within this course. Youth hostel accomodations of \$26.50/single room are available. Contact Adler Institute, 18 Yehuda Halevy St., Tel Aviv, Israel. Telephone 972-3-664201, fax 972-3-660662.

Call for Editor

A call for applications is being re-issued for Editor of the Theory and Research issues of Individual Psychology. The guidelines and time line for selecting journal editors were revised and the current editors' terms were extended. Guy Manaster's term as editor of Theory and Research issues expires December 31, 1994.

Purpose of the Journal as stated in the Guidelines: NASAP publishes a Journal that represents the orientation and work of the Society. At present Individual Psychology: The Journal of Adlerian Theory, Research and Practice is the official organ of NASAP. This Journal serves to continue, spread and expand the holistic, teleological, social phenomenological, and field-theoretical orientation of Alfred Adler's Individual Psychology.

The NASAP quarterly journal publishes two Theory and Research issues each year, alternating with two Practice and Application issues. The Editor's term is six years and is renewable upon reapplication and approval of the Delegate Assembly. A modest annual stipend for expenses is available to the Editor.

Candidates must be members of NASAP, should show evidence of substantial Adlerian activity: e.g., presentations at meetings, workshops, publications, etc.; should have an academic background and evidence of clerical support; must accept the purposes of the Journal as stated in the Guidelines; and membership in the Theory and Research Interest Section is encouraged.

Interested applicants are asked to submit three copies of a vita with the statement of interest to the Central Office at 65 E. Wacker Place, Suite 400, Chicago, IL 60601. **Deadline for applications is May, 1993.**

In the Season of Giving, Books of the Month

The Courage to be Imperfect

This book was also offered last month, to a strong response. *Please see Dr. Hank Raymond's review of the book on page 3 of this issue.* Cost: \$19.95 each, plus \$4 (\$5 Canada and other countries). Add an additional \$1 postage and handling for every two books beyond the first two. For quantities of 6 or more, the book is \$16.95 each with \$6 handling (\$7 Canada and other countries charge) and the same \$1 for every two books past six copies handling charge.

An Adlerian Resource Book

A 77 page spiral bound book of Adlerian ideas from more than 50 counselors and therapists. Response to this book has been excellent; many pages are intended as photocopyable handouts for training and education seminars. Cost: \$10 for members, \$13 for non-members. Add \$1 per copy for postage and handling on this book as well as the Adler book below.

Alfred Adler: As We Remember Him

NASAP republished this collection of warm, entertaining reminiscences about Adler several years ago. The book is a treasury of recollections and incidents which allow the reader to experience the founder of Individual Psychology through the eyes of others. Cost: \$6 for members, \$8 members.

Order Form

Send ___ copies of The Courage to be Imperfect at \$ _____

Send ___ copies of Adlerian Resource Book at \$ _____

Send ___ copies of Alfred Adler at \$ _____

(Add postage and handling for your order, per above)

___ Check or Money Order enclosed (US Funds, please)

___ Visa or MasterCard TOTAL due \$ _____

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NASAP Books, 65 E. Wacker Place #400, Chicago, IL 60601
You may also place the order by calling 312-629-8801.

News and Events from the Regions

Region I--Northwest

Vancouver, BC--APABC offers courses in conjunction with the Adler School of Chicago. An extensive schedule includes: Psychodynamics of Psychopathology with Jim Croake on November 13-14-15, Psychodynamics II with Croake on November 27-28-29, Interviewing Techniques with Howard Pollack December 11-12-13, Marriage Counselling with Clair Hawes January 15-16-17, and Introduction to Substance Abuse with Tara Chotem on January 29-30-31, February 19-20-21. For additional information, contact Adlerian Psychology Association of British Columbia at 604-874-4614.

Region II - Midwest

Chicago—The Americas Institute of Adlerian Studies (AIAS) offers a three course Program for Professionals in Individual Psychology. Current schedule: Assessment (February 18-21). Courses may be taken in any sequence at any location; 30 APA or NBCC credit hours per course, BRN credit available, Category 2 credit for physicians. For information, contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

****Chicago**--Adler School of Professional Psychology (formerly Alfred Adler Institute of Chicago) will present a seminar entitled "Religious Dimensions in Personality Development" by Rabbi Joseph Tabachnik, Mr. Mike Rooney and Ms. Penny Robbins as panel discussants on Wednesday, November 18 at 7pm. This is part of a free, monthly series open to the general public, professional community, and students of psychology. CEUs are available. The seminar will be held at the Adler School, 65 East Wacker Place, 20th floor. An Open House, Introduction to Adlerian Psychology, by Howard Pollack, M.S.W., will be held at 6pm on Wednesday, December 2nd. For additional information, call 312-201-5900, ask for Sally Powell at extension 226.

Region III - Southeast

****Springmaid Beach, SC**--The 11th annual South Carolina Adlerian Society fall conference will be held on September 24 - 26, 1993. Additional information will be posted as details become available.

Tampa--The Florida Adlerian Society announces a social with Andy LePage as the guest speaker, November 22nd, at the Hunter's Green Country Club, \$5/person. Contact Teresa Harwood, 813-942-1748.

Orlando--The 16th annual Region III Conference, held on February 25-28, 1993, will feature full day workshops on Thursday and Friday, 70 minute programs on Saturday, and half-day workshops on Sunday. A complete brochure will be

sent to all NASAP members in early January. The hotel, Ramada Resort, has a \$60 single or double rate for conference participants. Contact: Don Dinkmeyer, Jr., Coordinator, (502) 781-9481 or fax 781-1550.

Boca Raton, FL--Florida Atlantic University announces a professional development workshop series for counselors, co-sponsored by the Florida Association for Counseling (FAC). Each workshop has 1 graduate credit and 15 contact hours, and are approved by the Florida Department of Education and Dept. of Professional Regulations. Schedule includes Art Therapy: A Jungian Approach (November 13-14). Out of town students may stay at the Boca Raton Sheraton (site of most workshops) for \$45 per night. For additional information, contact Counselor Education Program, FAU, Boca Raton, FL 33431-0991, or call 407-367-3626.

Region IV - Middle Atlantic

Lanham, Maryland--The Region IV Conference will be held on November 13 - 15, 1992. The Conference will be held at the Holiday Inn, Lanham, Maryland. Speakers include Mollie and Phil Thorn, Betty Lou Bettner, Bill McKelvie, Kirsten Sonstegard, Jackie Brown, and Norma Lou McAbee. Full conference rate is \$130, student rate \$85, daily rate \$60. Theme is "Confronting Adversity with Courage: A Proven Approach for the '90's". Contact Mollie Thorn at 843-0004 for additional information.

Region V - Northeast

****Montreal**--The Alfred Adler Institute of Quebec announces C102, Introduction to Individual Psychology II with Michael Hartings will be held on November 13-14-15. Counseling Children and Adolescents, C543, with Oscar Christensen, will be held on January 29-30-31, 1993; Dream Interpretation, C516 (formerly C316) with Leo Gold will be held on March 5-6-7, and Psychodynamics of Psychopathology I (C301) with Bernard Shulman will be held on March 19-20-21. For more information, contact AAI-Q, 4947 Grosvenor, Montreal H3W 2M2 or call 731-5675.

Toronto--Alfred Adler Institute of Toronto is at 1425 Bayview Avenue, Suite 101, Toronto, Ontario M4G 3A9. Contact 416-482-1704 or fax 482-2615 for more information.

Region VI - Far West

****Tucson**--The annual meeting and light breakfast of the Adlerian Society of Arizona will be held on Saturday, January 16 at 10am at the home of Oscar and Mary Christensen. For information contact Kirsten at 602-747-2730.

News and Events continue on page 6

****New or revised listing. Send items to Chicago office or fax to 502-781-1550**