

# The NASAP Newsletter

February, 1993

Volume 26, Number 2

## June Workshop Will Explore Gay/Lesbian Issues

"We will role play what it's like to be homosexual in everyday life," said Marilyn Marks-Frey in describing her convention workshop in Toronto, **Affirmative Psychotherapy with the Lesbian/Gay Client: An Introduction to Treatment**. She noted that her teaching style features experiential exercises which will seek to give the participant a greater comprehension of the gay perspective.

"It is important that we train psychologists to work with the special issues of the gay/lesbian client. These clients face a stigma from our society because the people in power have been traditionally heterosexual. We need to expose the mental health professionals to the issues that the lesbian/gay individual and couple faces."

The June 10 workshop will also use videos, articles and stories to explore these "societal biases," Marks-Frey said. Participants should make sure they have completed required readings before attending.

Presentation topics will include: developmental issues, awareness and the coming out process, relationship with society and significant others, ethnocultural sexual orientation, HIV issues and confidentiality.

NASAP members will be receiving their 1993 Convention registration fliers in early February. The Convention will be held in Toronto June 10-13 at the Four Seasons Inn on the Park Hotel.

## Committee Plans NASAP's Future

NASAP was formed in 1952 by Rudolf Dreikurs. For twenty years, we met the needs of our membership -- both professional and lay. In 1972, Bob Powers had the wisdom to see that we needed a new governance structure -- the Delegate Assembly was created. In 1992, we reached a new crossroads. The marketplace has changed in mental health care. Members look to us for support in ways we never envisioned. The Delegate Assembly recognized this and decided it was time to look at our governance structure and the kinds of services we need to provide to members.

To address this need, the Delegate Assembly decided to create a long-range planning committee. This committee consists of: Clair Hawes, Jane Griffith, Marion Balla, Len Sperry, Jim Bitter, Bill Nicoll, Frank Walton (Chair) and myself. Committee members were nominated by D.A. members, members at large, past D.A. members and past presidents. Geographical and sexual balance were considered in the final selection process.

Seven very busy people were asked to carve out some more time in their lives to serve NASAP. Five of the seven are self-employed therapist/practitioners. Therefore, they contribute both lost income and expenses and are willing to continue to do so. As your past President, I feel privileged to serve with this group.

The committee met in Columbia, South Carolina the weekend of November 20-22, 1992. Frank and Kathy Walton hosted the committee at their home. This enabled the group to devote maximum time to the task at hand with no outside distractions.

The outcome of that meeting and continuing discussions will be presented to the Delegate Assembly in June at the Toronto convention. During the ensuing year, the Delegate Assembly will disseminate information to the membership and request feedback. Therefore, the San Diego convention (1994) may provide us the opportunity to have a town hall discussion based on the outcome of this committee.

Joyce L. McKay

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## **Adlerian Training Information Available**

Information has been compiled on Adlerian training available in colleges and universities throughout the country. The training ranges from one or two courses with an Adlerian emphasis to several classes with Adlerian sections and full Adlerian courses. The information has been supplied by Adlerians teaching at the following:

California State University at Fullerton  
 Bowie State University, Maryland  
 California School of Professional Psychology, Alhambra  
 University of Arizona, Tucson  
 University of South Florida, Tampa  
 Florida Atlantic University, Boca Raton  
 Georgia State University, Atlanta  
 University of South Dakota, Vermillion  
 Western Kentucky University, Bowling Green  
 University of Nevada, Reno  
 Central Michigan University, Mount Pleasant  
 Lynchburg College, Virginia  
 Meredith College, Raleigh  
 Peabody College, Nashville  
 Milligan College, Tennessee  
 University of North Texas, Denton  
 University of Georgia, Athens  
 Northern Kentucky University, Highland Heights  
 University of Missouri, St. Louis  
 New Mexico State University, Las Cruces

If we are missing a college or university where Adlerian courses or training is available, advise the Central Office. If you would like information about any of the above schools, contact NASAP, 65 E. Wacker Place, #400, Chicago, 60601, (312) 629-8801.

### **The NASAP Newsletter**

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## **U. of Arizona To Cancel Counseling Program**

University of Arizona (Tucson) will discontinue its Counseling and Guidance Program in two years, according to the Adlerian Society of Arizona newsletter. Current students will be able to complete their degrees but no new students are being accepted in the program.

Two NASAP members are faculty members of the department: Oscar Christensen will remain in the School of Family and Consumer Resources and Betty Newlon will be retiring.

Newlon said the program's cancellation is due to a shift in UA's philosophy. They used to be interested in training practitioners but now their main goal is research and training researchers.

### ***FE Section Announces NASAP '93 Scholarship***

The Family Education Section announces applications are now being accepted for two scholarships to the 1993 NASAP Convention in Toronto. **Deadline is April 1.**

Each scholarship covers the fee for the two-day Convention program. Meals, lodging and transportation are not included. Both members and nonmembers of NASAP are eligible. Students and minorities are encouraged to apply.

Interested parties may send a one-page letter of application with background information and rationale to Nancy Hawkins-Randall, 272 Douglass St., San Francisco, CA 94114.

**\*\* WE NEED YOUR NEWS \*\***

*Send your news items to the Central Office, address at left.*

## Letter To The President

It is my pleasure to be sending this donation for \$200 to NASAP on behalf of the Board of Directors of the Parent Encouragement Program, Inc. This gift represents a portion of the profits from the bookstore our organization ran at the recent Region IV NASAP Conference (November 9, 1992).

The conference, entitled *Confronting Adversity with Courage*, was an energizing, three-day event, attended by between 90 and 130 participants. The best part about it, from my point of view, is that the topics were not only well-chosen from a heterogeneous audience (ie. folks at all levels of familiarity with this approach) and well-presented, but also **INSPIRING!**

The luncheon speakers were all people who had dealt with major problems in their own lives, and overcome them with resourcefulness, humor and courage. For me, much of the power of Adlerian psychology comes from this orientation towards creativity, usefulness, the positive, and an appreciation of our own and others' humanity. Workshops followed the same theme and left people feeling charged up and ready to get to work!

We at BEP are grateful for the support and guidance of NASAP through the Newsletter and start-up help with regional efforts. Although finances have been tight everywhere for the last several years, we hope that this contribution will be the first of many and that it will serve both to say, "We appreciate NASAP's leadership," and to add to the general pot for more good works...

Linda E. Jessup, Director

## \*\*\* News About Members \*\*\*

Heinz Ansbacher's paper, *Alfred Adler: Pioneer in Prevention of Mental Disorders*, is listed in Vol. 4, issue 4 of *Sociological Abstracts*. Ansbacher noted that the abstract is a "very good" description of the paper's subject matter.

###

Faculty members of the Alfred Adler Institute of New York have been busy with guest presentations. **Reina Taub**, Dean of Child and Group Therapy Programs, presented at the Jung Foundation. **Robert Ellenbogen**, Dean of Standards, **Bernard Branson**, Dean of Academic Interrelations, and **Taub** were all participants at the annual conference of the National Accreditation Association for Psychoanalysis. **Leo Rattner**, Executive Director, gave a lecture to the graduate class in counseling at Hofstra University.

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**Paul Kahn** was recently praised in a local California paper for his political activism on senior issues. Retired and 81 years old, Kahn noted in the article that social interest was a good way to overcome the useless feelings of the senior years.

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**Michael Popkin** is in Kuwait training mental health professionals there in his "Windows" program. His visit is sponsored by the royal family as part of the post-war rehabilitation effort.

(Continued on Page 4)

## Donations

(through January 25)

Alfred Adler Inst. of Washington DC  
 Elaine Davies  
 Ruth Hoffberg Egel  
 Herbert Laube  
 Edward Mel Markowski  
 Jill Marks  
 Gary & Joyce McKay  
 Marcia Mullins  
 Shunsaku Noda  
 Parent Encouragement Program  
 Thomas Petersen  
 Norman Silverman  
 Martene Sioland  
 Jeanne Taylor  
 Lu & John Watson  
 Patricia Williamson

Matron Balla, in memory of

Frank Bensingger

Jean Burkholder, in honor of

Bernard Shuhman and

Genevieve Painter

Renee Dobkin Dushman,

in memory of

Eleanor Redwin

Mary Grisco, in honor of

Edward Abelson

Kay Kummerow, in honor of

Amy Kummerow

Barbara Marmo, in memory of

Helen Papenek

Harold McAbee, in memory of

Nicholas Ionedes

Norma Lou McAbee, in honor of

Sadie Dreikurs' 93rd birthday

Charles Rhodes, in honor of

Manford Sonstegard

Sylvia Robins, in honor of

Robert Sherman and

Neva Helner

In memory of Rudolf Dreikurs:

Sadie Dreikurs

Paul Kahn

In memory of Birdie Mosak:

Leo Gold

Georgine Nash

Ethel Quitting

*News and Events continued*

**International**

**Malta** - A Mini-ICASSI will be held here March 8-12, with Oscar Christensen, Roy Kern and Frank Walton introducing Adlerian principles and techniques. The conference emphasis is upon teaching, counseling and parenting of adolescents with some focus on the use of IP in the management setting. Contact: Frank Walton, 803-798-0300.

Edna Nash is arranging a mini-ICASSI in Ireland and is working with Bill Linden and Eva Dreikurs Ferguson on a mini-ICASSI in Lithuania.

**Budapest, Hungary** - The 19th International Congress of Individual Psychology will be held August 1-5. Main topic of the Congress will be *Diversities in Individual Psychology and their Resolution*. Contact: Ms. Krisztina Szigedi, H-1443 Budapest, P.O. Box 145, fax 361-183-7918.

**IAPD Directory** - Copies of the new International Association of Individual Psychology Directory may be ordered from Horst Groner, Secretary-General. The directory lists the names and addresses of IAPD's officers, council, commissions contacts, member societies and provisional members. To receive a copy, send \$3.30 U.S. to Horst Groner, Markstr. 12, D-O-5800 Gotha, Germany.

**Membership Report** - As of January 31, 1993 membership totaled 730, which represents a 4.7% increase over 1992. Renewals have increased by 3.8% and new members by 26%. Of the 43 new members, 63% are students.

###

**Brno, Czechoslovakia** - ICASSI 1993 is scheduled for July 18-30 at the University of Masaryk. Participants can attend for only one week if they wish. Specially designated classes will permit one-week participation for either the first or second week. Classes will be offered for psychotherapists, counselors, teachers, parents and professionals seeking advanced Adlerian training. Pleasant, affordable housing is available in the University residences for single, double, or group accommodations. Brno is easily reached from Vienna, Prague or Budapest. Contact: Betty Haussler, 9212 Morley Road, Lanham, MD 20706 in North America or Paul Hubbertz, ICASSI Administrator, Hagener Allee 81a, 2070 Ahrensburg, Germany, fax: 49-4102-81757.

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## NASAP Seeks 1996 Convention Host

NASAP's convention is to be held in the eastern region in 1996. Invitations to host the convention are being requested.

The local host committee has responsibility for keynote speaker, volunteers for registration, room monitors, promotion and publicity, and works with Convention Coordinator (Linda Wise) on local arrangements.

Contact central office for more information and a Convention Site Selection form. Deadline for the applications to reach central office is June 1, 1993.

####

## Publications Request

Alfred Adler's Science of Living is out of print. In the interest of making this important work available to the public, NASAP's Publication Committee is looking for someone who has experience in publishing and who would be interested in investigating this matter. Please contact the central office in Chicago at 312-629-8801.

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## News About Members Cont.

**Harold McAbee (Hal)** has been hospitalized since January 1. His wife, Norma Lou, reports that Hal is beginning to mend and they are cautiously optimistic for a good recovery.

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The Pepper Indian Scholarship Fund has been established in honor of **Gilbert Pepper**, recently deceased husband of **Floy Pepper**. Send donations in care of Chris Landon, Portland Public Schools, 501 N. Dixon, Portland, OR 97227.

## Three Books From NASAP

The Courage to be Imperfect  
(by Janet Turner and W.L. Pew)

Through the life and work of Rudolf Dreikurs, this colorful biography documents the Adlerian movement, both overseas and in the United States. It begins with Dreikurs' early training with Alfred Adler and takes the reader through Dreikurs' many struggles and victories in spreading the word about Adlerian psychology. Cost: \$19.95 each, plus \$4 postage (\$5 Canada and other countries). Add an additional \$1 postage for every two books beyond the first two.

Alfred Adler: As We Remember Him  
(Edited by Manaster, Painter, Deutsch and Overbolt)

The personality and character of Alfred Adler, as a man and as a professional psychaitrist, is captured in this collection of warm, entertaining reminiscences of those who lived beside him in his family, his work, and his leisure times. Cost: \$6 for members, \$8 non-members. Add \$2 postage and handling (\$3 Canada and other countries).

An Adlerian Resource Book

Adlerian ideas from more than 50 counselors and therapists are compiled in this 77-page spiral bound book. Publication format facilitates photocopying for handouts at training and educational seminars or for clients. Cost: \$10 for members, \$13 for non-members. Add \$3 for postage and handling (\$4 Canada and other countries).

### Order Form

Send \_\_\_\_\_ copies of The Courage to be imperfect \$ \_\_\_\_\_

Send \_\_\_\_\_ copies of Alfred Adler \$ \_\_\_\_\_

Send \_\_\_\_\_ copies of An Adlerian Resource Book \$ \_\_\_\_\_

Add postage and handling per above. \$ \_\_\_\_\_

(\$6 postage if you order all three books).

**TOTAL DUE** \$ \_\_\_\_\_

\_\_\_\_\_ Check or money order (US funds)

\_\_\_\_\_ Visa\Mastercard # \_\_\_\_\_

Expires \_\_\_\_\_ Name: \_\_\_\_\_

Ship to: \_\_\_\_\_

Send your order to NASAP, 65 E. Wacker Place, #401, Chicago, IL 60601  
or Call your credit card order, (312)-629-8801

## News and Events from the Regions

### Region I-Northwest

**Vancouver, BC** - APABC offers courses in conjunction with the Adler School of Chicago. An extensive schedule includes: Psychodrama with Mim Pew on March 5-6-7; Advanced Marriage and Family with Don Dinkmeyer, Jr. on March 18-19-20-21; Classroom Management with Edna Nash on March 26-27-28; Sexual Abuse with E. Clair Hawes on April 16-17-18. Contact: Adlerian Psychology Association of British Columbia at 604-874-4614.

**Saskatoon, SK** - Saskatoon Adlerian Society presents its fifth annual "Day for Parents" Saturday, March 20. The event features a full-day of 90 minute sessions for parents at \$25 per person, including lunch and refreshments. NASAP member Ethel Quiring will give a keynote speech on *Self-Esteem and the Family*. Contact: Connie Koenker, 306-374-6284 or Paige Gryba-Cummins, 306-244-7773.

**Boise, ID** - Idaho Society of Individual Psychology will be presenting its 17th annual spring conference, "Empowerment of Self and Others: Practical Techniques for Parents and Professionals," on March 5-6. Steven Cunningham will present sessions on Anger Management, Relationship Adjustment and Skills Development, and Adolescent Treatment - Co-dependency and Relationship Development; Cathleen Mann will present on Gang and Cult Awareness, the Cult Experience and Exit Counseling. Both college and NBCC credit is available. Contact: Elaine Grossaint, ISIP, P.O. Box 284, Boise 83701, 208-375-2408.

### Region II-Midwest

**Evergreen Park, IL** - The Interaction Institute Adlerian Counseling Center's educational division offers a four-course certificate program in advanced training for addictions counselors. Consultants and faculty are Helen Cooley, Harry Elam, JoAnn Karr, Howard Klapman, Fred Natkevi, Kristen Pancner, Ronald Pancner, Dorothy Peven and Bernard Shulman. *Adlerian Psychology and Its Application to Addictions Treatment*, will be held March 6, 13 and 20. Contact: Helen Cooley, 708-422-1848.

**Chicago** - The Adler School of Professional Psychology is offering a 3-day program (April 23-24-25) dealing with cognitive therapy and its relationship to Adlerian psychology. Visiting professor Arthur Freeman will conduct the course, assisted by presentations from NASAP members Norman Silverman, Mary and Seymour Schneider. The program is available as a 2-credit hour course or up to 20 continuing education credits. Contact: Mark Stone, Adler School, 312-201-5900, ext. 231.

### Region IV-Middle Atlantic

**Largo, MD** - The Maryland Adlerian Psychology Society conducts monthly educational meetings for its members. Saturday, April 10, Steve Stein will present *Adlerians in the Workplace: Employee Assistance Programs*. Contact: MAPS, c/o Marea Hogan, 10240 Prince Place #T-2, Largo, MD 20772-1216, 301-350-2675 for membership info.

**Waldorf, MD** - The Family Education Center of Southern Maryland presents free workshops, plus counseling demonstrations conducted by Phil and Molly Thorn. Next month's workshops include *Communicating Encouragement* by Becky Blake, March 5, and *Coping with Teens*, a teen panel led by Rob Guttenburg, March 19. Contact: Family Education Center, P.O. Box 537, Waldorf, MD 20604-0537, 301-705-8527.

### Region V-Northeast

**Montreal** - The Alfred Adler Institute of Quebec announces two March Courses: Dream Interpretation, C516 with Leo Gold on March 5-6-7; Psychodynamics of Psychopathology I (C301) with Bernard Shulman on March 19-20-21. Contact: AAI-Q, 4947 Grosvenor, Montreal H3W 2M2, or call 514-731-5675.

### Region VI-Far West

**Loveland, CO** - Parent Encouragement Program of Maryland is offering "PEP West", a family learning/vacation experience at Sylvan Dale Ranch in the Rocky Mountains, August 1-7. Registration deadline is April 1 and requires a \$100 deposit per person. The six-day package includes parent workshops, children's programs, six nights lodging, home-cooked meals and ranch activities. NASAP members Linda Jessup, Barbara and Don Fairfield and Steve Cunningham will lead workshops. Call 301-929-8824.

**Oakland, CA** - Adlerian Western Institute for Research and Training in Humanics announces their spring class schedule which will run from 3/17/93 through 5/19/93. Courses include: Interviewing Techniques and Life Style Diagnosis; Encouragement Workshop; Basic Individual Psychological Processes. IP Marathons will be 3/21, 4/11 and 5/2. Contact: Lucy Ackerknecht, 510-891-8194.

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### Dates to Remember:

NASAP Convention, Toronto, ON - June 10-13  
Summer Training Institute, Vancouver, BC - August 1-14