

The NASAP Newsletter

June, 1993

Volume 26, Number 5

Summer Institute Focuses On Adlerian Strategies

(James Bitter, an instructor of the NASAP Summer Institute in Vancouver, BC this summer, provides the Newsletter with this story).

NASAP is sponsoring (what we hope will be) its first annual International Summer Training Institute at the University of British Columbia (UBC) in Vancouver in August. The program features Oscar Christensen, Clair Hawes and Jim Bitter with a training focus on encouragement, empowerment, and other Adlerian strategies for therapeutic change.

The institute is designed to serve 30 participants; currently, about half of those positions are filled. With people coming from Europe, Canada and the United States, the program is certain to have an international flavor. In addition to demonstrations and didactic presentations, participants will be given an opportunity to work with individuals, couples, and families under the supervision of one or more of the three trainers.

NASAP's International Summer Training Institute is an experiment in expanding learning opportunities in North America. Designed to be complementary to other programs (e.g., ICASSI, Adlerian Professional Schools and Institutes, and our own conventions and workshops), the first summer program is for counselors, substance abuse specialists, nurses and medical personnel, and students and faculty engaged in preparing practitioners for the helping professions.

Supervised practice and personal plus professional growth are really the central aspects of the training with participants applying an Adlerian approach to assessment and change. Working with individuals, couples, and families, the process of building therapeutic systems and communities will evolve; participants will learn as much from each other in this

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President's Message:

Members' Initiatives Benefit NASAP

This issue of the Newsletter will come to you just before the annual Convention in Toronto June 9-13, 1993. At that time I will have served as your President for one year. This job requires leadership but in an organization devoted to democracy like NASAP, I often find myself in the position of supporting and sometimes trying to catch up!

Please don't misinterpret me, I am not complaining. It is the initiatives being taken by NASAP members which make it increasingly exciting to belong to this organization. Let me list some of the significant events that are happening as a direct result of the initiatives of NASAP members.

This year's Convention will mark the beginning of the Certificate of Studies in Adlerian Psychology which may be earned by attending the convention and workshops offered by NASAP and local Adlerian Associations and Training Institutes. In addition to the convention, your organization will sponsor the first International Summer Training Institute, a unique two-week experiential training community for helping professionals, in Vancouver, Canada, August 1-14. We hope this will set a pattern for future training initiatives.

The Long Range Planning Committee will report their ideas regarding the future focus of NASAP to the Delegate Assembly in June. These ideas will be discussed and debated in a variety of ways over the next year so that the broader membership can be involved in charting the future. I have seen the preliminary outline of their report and have participated in debates in the Delegate Assembly (D.A.) on future directions and can tell you that both groups are heading in a similar direction. This bodes well for NASAP and Adlerian psychology. The D.A. is also considering changes to the committee structure and the regional organization of NASAP which will bring more responsiveness and accountability in the governance of NASAP.

In the May edition of the Newsletter you were informed about the NASAP information booth at the American Counseling Association (ACA) annual convention in Atlanta in March. Between 8,000 to 12,000 professionals attend this meeting and thanks to Joyce McKay and her volunteers many excellent contacts were made. In addition, many NASAP members made presentations at this convention, increasing the profile of Adlerian psychology. The

formation of an Adlerian interest section of the 7,000 member IAMFC (International Association of Marriage and Family Counselors), division of ACA is both an opportunity and a challenge to NASAP.

Individual Psychology, NASAP's journal, is a vital source of ideas in Adlerian psychology. We are deeply indebted to **Guy Manaster**,

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NASAP Offers Certificate of Study

NASAP has developed a process to identify and acknowledge those individuals who have completed a course of study in Individual Psychology. Those meeting the criteria for a Certificate of Study may receive a designation of their study received at NASAP conventions, workshops and regional meetings.

The Certificate of Study does not replace or supplant requirements for certification or licensure as may be regulated by state or provincial authorities, nor can it serve as an endorsement of individual skills or abilities. It does acknowledge systematic study of Adlerian Psychology and identifies those individuals who have such interests and education.

Requirements for a Certificate of Study:

- A. 90 documented hours of convention attendance.
- B. Completion of workshops in 3 of 5 core areas of study: 1. General Principles of Adlerian Psychology 2. Family Counseling 3. Parent Education 4. School Applications 5. Psychotherapy.
- C. Completion of workshop, or the equivalent, in general principles of Adlerian Psychology. This requirement may be met through a formal academic course of study at a regionally accredited college or university or through a workshop offered by individuals or organizations other than NASAP. *Sufficiency of study will be evaluated on an individual basis.*
- D. Current NASAP membership.
- E. Continuous NASAP membership during certification period.
- F. Submitted study must be completed within five (5) years of application.
- G. Special consideration will be given to those who have completed study prior to the establishment of standards for certification, and requirements may be waived on an individual basis for such prior study upon application to NASAP.

There is a fee of \$100 for the application, review and certificate. This fee is non-refundable, but a \$50 credit will be made towards resubmission within three (3) years if the certificate is not awarded.

Further information will be available at the convention in Toronto and from the central office.

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Federal Bill Seeks To Limit School Corporal Punishment

A federal bill (H.R. 627) to "deny funds to educational programs that allow corporal punishment" is currently in the subcommittee on *Select Education and Civil Rights* of the House Education and Labor Committee, according to Frank Walton.

Author of H.R. 627 is Hon. Major Owens who serves as subcommittee co-chairman with Hon. Don Edwards. NASAP members may write their support to them at the U.S. House of Representatives, Washington, D.C. 20515.

It is also urged that members contact their individual congressmen and senators in support of the bill. Walton said there are eleven states which still allow corporal punishment in the schools.

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President's Message (from page 1)

the current Editor of Theory and Research issues, and Jon Carlson, the Editor of the Practice and Application issues of the journal, for their tireless dedication and outstanding work in the dissemination of Adlerian ideas and for their behind the scenes encouragement of Adlerian authors and researchers! In the coming months, the Publications Committee of the D.A. will be choosing an editor for the Theory and Research issues.

NASAP will send 10 delegates to the 19th International Congress of Individual Psychology in Budapest, Hungary in August -- at their own expense. A number of other NASAP members will be presenting programs. We are grateful to these people and look forward to their bringing ideas from Adlerian associations around the world to our attention.

There are many more initiatives being undertaken by NASAP members which will be revealed in due course as they reach implementation stage. I look forward to an exciting second year. Have a delightful summer.

Robert Armstrong, President

*** * WE NEED YOUR NEWS * ***

Please send your news items, letters to the editor, reports of region and section news to the central office.

Future NASAP Convention News

1994 - Enhancing the Quality of Life -- Contemporary

Adlerian Perspective will be the theme of NASAP's 42nd annual convention in San Diego, May 19-22. The Doubletree Hotel at Horton Plaza, located five miles from the airport, has been selected as the site of the four-day event. An Omni Hotel, the Doubletree is adjacent to the Horton Plaza shopping and entertainment complex and minutes away from the waterfront, Balboa Park, the San Diego Zoo, Old Town, Mission Bay and Sea World.

1995 - Applications to host the convention have been received from Fort Wayne and Minneapolis. Decision will be made at June D.A. meeting.

1996 - NASAP's convention is to be held in the eastern region in 1996. Invitations to host the convention are still being requested. The local host committee has responsibility for keynote speaker, volunteers for registration, room monitors, promotion and publicity, and works with Convention Coordinator (Linda Wise) on local arrangements. Contact central office for more information and a Convention Site Selection form.

University To Receive Adlerian Book Donation

The library at Nippissing University in North Bay, Ontario will be the recipient of the annual donation of several Adlerian books. The practice of donating books to a library chosen by the Convention host group was begun in 1979 in Las Vegas. Nippissing is the newest university in Ontario and the Adler School (Ontario) is teaching courses in that area.

Arthur Rathgeber, Dean of Faculty of Education at Nippissing, will accept the books at the Friday luncheon, June 11.

See You in Toronto in June!

41st Annual NASAP Convention, June 9-13
Four Seasons Inn on the Park Hotel, Toronto, ON
Reservations: 800/268-6282 (Canada); 800/332-3442 (U.S.)

To Register for Convention: Centennial Conferences
303/499-2299, fax 303/499-2599

On-Site Registration Also Possible

For Adler School Credit Information call: 416/975-0589

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News From Members

Adlerian Society of Arizona has formed quite a European community reports Eric Mansager who is currently living with his family in Germany. "One family is in Switzerland and four of us are in Germany. While we haven't been able to get together all at once, several of us have met at different times over the past three years to re-energize our Adlerian identities." Mansager said he has done several well received presentations of Adlerian theory for the Substance Abuse Counseling Service (ASACS), the Social Work Service (SWS) Department of Frankfurt Army Hospital and the American Counselor Association/European Branch Annual Conference. Currently the SWS and ASACS staffs meet twice a month to make case presentations and consult together from an Adlerian perspective. "Adlerian psychology is quite vibrant here in Germany. The writings of Adler and many of his own Vienna-circle are readily available in German." Mansager said Heinz Ansbacher was so well received when he spoke in north Germany -- "You'd think he was a returning hero!"

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The student/alumni association of the Alfred Adler Institute of Quebec recently celebrated its first anniversary boasting 40 members. The association publishes a newsletter, conducts roundtable discussion groups, study groups, and peer supervision groups. Student members also can receive information about issues such as liability insurance, practicum, and preparation for their orals.

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Jennifer Levine, currently a student of Alfred Adler Institute of Fort Wayne, was featured in the Fort Wayne News-Sentinel for her work in counseling bereaved children. Jennifer has also written two children's books on the subject of bereavement.

New Mexico's Governor Bruce King signed the Counselor and Therapist Practice Act into law on March 18, 1993, according to Robert Lee Sharp. The act provides for the licensure of masters and doctoral level mental health counselors at the general practice and clinical levels. It establishes codes of conduct, standards of practice, and penalties for violating the codes of conduct or standards of practice. The Governor also signed into law House Bill 174 which amends the criminal code, and places "inappropriate sexual contact" between a patient and a "psychotherapist" in the category of statutory rape, i.e., there is no provision for a client to give consent.

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The Kodiak Island Borough Mental Health Center, Kodiak, AK, is seeking an Assistant Director, according to Martin White. Applicants must have a Ph.D. in psychology or psychiatric social work and have completed a minimum of four years experience or a Masters in these areas with five years experience. Resumes may be sent to Martin White, Director, KIBMHHC, 316 Mission Rd., Suite 119, Kodiak, AK 99615.

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Fr. Kenneth J. Anich reports that he presented two workshops on the use of the Life Style in the counseling process to the Northern Arizona University's Counseling Center staff and to the Spring workshop of the Arizona branch of Chi Sigma Iota Counseling Academic and Professional Honor Society International. Adler's ideas were well received.

***** News From Members *****

Professional training community as they do from the three presenters. The cost is \$1,250.00 (US) for two weeks plus a \$400.00 (US) room fee at UBC. University credit is available from California State University at Fullerton, the University of British Columbia, and the Adler School of Professional Psychology. In addition NASAP will make continuing education credits (CEs) available for Nationally Certified Counselors in the United States, and the British Association of Marriage and Family Therapists will also award CE's.

Future NASAP Summer Training Programs are in the planning stages with a rotation of teaching faculty as well as different geographical locations to facilitate access and involvement throughout North America. The 1993 faculty have been active in promoting this summer's experience with a three-day program at the 1992 NASAP convention in Chicago; day-long workshops and programs at the American Counseling Association (ACA) convention in Atlanta and the 1993 NASAP convention in Toronto; and Oscar Christensen's participation in both the 1992 and 1993 ICASSIS and a mini-ICASSI in Malta.

Still, NASAP needs the help of every member to fill this year's program and make it a success. If you know of anyone who might enjoy and benefit from an intensive Adlerian training program, let them know about this opportunity. Have them contact Jim Bitter, 430 Britany Lane, Brea, CA 92621 (714-990-2766), Clair Hawes, 2419 Bellevue, #113, West Vancouver, BC, V7V 4T4 CANADA (605-926-6665), or NASAP's central office for further information. Let's fill this summer's program and then get ready for both ICASSI and a second annual training event in North America in 1994!

More Member News

In the February Newsletter, we reported that **Harold V. (Hal) McAbee** was hospitalized. Hal is still hospitalized, making slow progress in his recovery. He has a tenacious infection and is unable to speak, according to his wife, Norma Lou. Greetings may be sent to the McAbees at 2421 Kelford Lane, Bowie, MD 20715.

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Kudos to **Jon Carlson** from Robert Lee Sharp! Sharp wrote that as a long-time member of ACA he was pleased to see that IAMFC has approved NASAP as an interest section. He will now re-join IAMFC to help support the Adlerian interest section.

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Additional New D.A. Member

Mary Jamin Maguire was elected to the Delegate Assembly from ACT. This information was not available for the May Newsletter, when the results of the D.A. election were reported.

A Tribute to Marion Gordon Rosen

NASAP members mourn the loss of a colleague and friend, **Marion Gordon Rosen** of Mitchellville, MD, who died in early May. She struggled for well over 10 years with Torsion Dystonia and Parkinson's Disease.

Marion was a school counselor in the public schools of Washington, D.C. for 17 years, where she developed and directed "Project Encouragement," a demonstration program for both parent education and in-service training. This project was disseminated system-wide and was participated in by aides, teachers, counselors, principals and other high-ranking school administrators. She was awarded national Honorable Mention as Counselor-of-the-Year (1982) by the American School Counselor Association, based on this innovative project.

After leaving her position with the D.C. schools, she had a private practice as an Adlerian certified mental health counselor. She was an active "encourager" in the area in which she lived and a local newspaper article noted that "her exuberant smile penetrates anyone immediately." They described Marion's contribution to the solution of a vandalism problem at the local pool, as one example. She invited the children to a meeting which led to monthly meetings with open discussion that helped lessen the vandalism intrusion and out of which grew a tutoring project with 12 pairs of students and volunteers working on improving reading and math skills.

Marion joined NASAP in 1975 and was active on both a national level and in local Adlerian organizations. She served on the Delegate Assembly from 1985 through 1988, making a notable contribution to the Education Committee.

Marion will be missed but she has found relief from her pain and suffering and she will be remembered.

Book of the Month:

Teaching and Leading Children

Teaching and Leading Children by Don Dinkmeyer, Gary D. McKay, James S. Dinkmeyer, and Don Dinkmeyer, Jr. is the book offer for June. TLC is a handbook for early childhood teachers which provides training for supportive guidance of children under six.

This 209-page handbook is available to NASAP members at the price of \$8.75 (US), a 20% discount off the list price. In six chapters, TLC discusses: Understanding Children's Development and Behavior, Building Self-Esteem Through Encouragement, Solving Problems with Young Children, Cooperation and Discipline, Nurturing Emotional and Social Development, and Working in Partnership with Parents.

Orders for this special offer are limited to three books and must be received by July 31. Postage and handling: \$3 for one book (\$4 Canada and other countries); \$1 each additional book, all U.S. funds.

Order Form

Send ___ copies of Teaching and Leading Children
at \$8.75 each \$ _____

Add postage and handling per stated left. \$ _____

TOTAL DUE \$ _____

--Check or money order (US funds)

--Visa/MC# _____

Expires ___ Name: _____

Ship to: _____

Please send your order to: NASAP, 65 E. Wacker Place, #400, Chicago, IL 60601 or call your credit card order, 312/629-8801.

News and Events from the Regions

Region I-Northwest

Vancouver, BC - APABC offers courses in conjunction with the Adler School of Chicago. An extensive schedule includes: Introduction to Professional Issues with Mim Pew, June 4-5-6; Research Seminar with James Croake, June 11-12-13; Continuing Case Seminar with Seymour Schneider, June 25-26-27. Contact: Adlerian Psychology Association of British Columbia at 604/874-4614.

Region II-Midwest

Chicago - The Adler School of Professional Psychology will offer a three-day program incorporating major elements of Cognitive Therapy and its relationship to Adlerian psychology, June 25-27, 9 am. to 5 p.m. Instructor Arthur Freeman will focus on treatment issues, case presentations and supervision. The course yields 24 CEs or 2 credit hours. Adler School is an approved Continuing Education provider for APA, NBCC, IAODAPCA and others.

Adler School's summer term will begin June 15 and continue through August 29. Over 50 courses are offered in full-day, consecutive sessions of one to four days. For more information on workshops and classes contact: Adler School 312/201-5900, ext. 207 or Fax 312/201-5917.

Region III

Myrtle Beach, SC - The South Carolina Society of Adlerian Psychology will conduct its 11th annual fall conference here September 24-26. A call for program proposals for workshops and 75-minute presentations has been mailed. Deadline for proposals is June 25. If you want to submit a proposal but did not receive the form, contact: Frank Walton, 1313 St. Andrews Road, Columbia, SC 29210, 803/798-0300, Fax 803/731-8484.

Atlanta, GA - The Atlanta Adlerian Society featured a family counseling demonstration by Frank Walton on May 27 at the Decatur Public Library. For more information about future Society events call 404/294-5015.

Region VI - Far West

San Francisco - Alfred Adler Institute of San Francisco announces a classical Adlerian masters seminar, *Changing the Individual; Adlerian Values-based Psychotherapy*, will be held at San Francisco State University, Seven Hills Conference Center, July 18-22. The experiential program features the Socratic method, eidetic and guided imagery, role-playing and demonstrations. On-site low-cost accommodations are available. Contact: Henry Stein, 7 Cameo Way, San Francisco, CA 94131, 415/567-4729.

International

Zurich - The Alfred Adler Institute of Zurich announces a four day experiential workshop on *Dream Interpretation and Dream Therapy* conducted by Leo Gold at the Landegg Academy on the Bodensee in Switzerland September 19-22. For more information contact: Nani Wirth, AAI, Dubsstrasse 45, 8003 Zurich, Switzerland.

NASAP Members Show Strong Attendance at IP Congress

NASAP members will be strongly represented at the 19th International Congress of Individual Psychology in Budapest, Hungary, August 1-5, 1993. Harold V. McAbee is current President of the International Association of Individual Psychology which hosts the Congress. Maurice Bullard is IAIP Assistant Treasurer and Ronald Pancner, Assistant Secretary-General. Other NASAP members serving as IAIP Council members are: Kurt Adler, Shunsaku Noda, Beatrice Saemann-Naville and Bernard Shulman.

NASAP delegates to the International Congress are: Kurt Adler, Birgit LaMothe, Victor Maywood, Leon Taub, Rena Taub, Donald H. Taylor, Marion Balla, Sylvia Robbins, Bill Nicoll and Ed Abelson.

Theme for the International Congress is *Diversities in Individual Psychology and Their Resolution* and it will be held at the Central Building of the Semmelweis University Medical School in Budapest. NASAP members William Nicoll and Noda Shunsaku will be providing main lectures with special lectures being given by Kurt Adler and Bernard Shulman. All lectures will be 45 minutes long. Twenty-three other members will be providing 20-minute presentations in the seven subject areas of the Congress program.

Copies of the preliminary program booklet and registration forms are available from the central office. The contact person in Budapest is Krisztina Szigedi, H-1443 Budapest, P.O. Box 145, fax (36-1)-183-7918.

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European Summer Schools:

ICASSI, Brno, Czechoslovakia, July 18-30, contact: Betty Haeussler, 9212 Morley Road, Lanham, MD 20706.

AWIRTH European Summer School, Argeles sur Mer, July 12-21; Eischen, August 13-22, contact: Lucy Ackerknecht, 510/891-8194.