

The NĀSAP Newsletter

October, 1993

Volume 26, Number 8

NASAP '94 Convention In San Diego

Date: May 19-22, 1994

**Place: Doubletree Hotel
at Horton Plaza**

Over 40 convention presentations will be available on the two convention days, May 20 and 21, which will vary in length from 150 minutes to a half hour for the interactive roundtable sessions. Two full-days of workshops will be offered on May 19 and May 22. Participants will be able to receive NBCC credits for attendance at convention presentations and workshops. Additional available CE's will be announced in the registration flyer, which will be mailed in late January, 1994 to all NASAP members.

Membership Directory Is Out!

NASAP members should have received their 1993 Membership Directory in the mail by this time. If not, they should contact the central office.

This year's directory was partially financed by the Alfred Adler Institute of Minnesota. NASAP wishes to thank them for their generosity in this endeavour.

The 52-page directory contains an alphabetical listing of 1,169 members through July 31, 1993, with a supplemental list of 16 who paid in August. Information includes address, phone and fax numbers, occupation. There is a geographical list for locating Adlerians in a particular area.

An addition to the directory this year is a list of Adlerian Organizations and Institutes with address and phone numbers. Other lists include Interest Section members, Associate Members and Region distribution report.

Additional copies of the directory are available from the central office for \$7.00 each.

President's Message:

NASAP Needs Members' Participation

It is Labor Day as I write this. While January 1st is the official start of a new year, I believe that in the lives of people, Labor Day is really the beginning of the year. It is at this time that so many of you who are teaching others about Adlerian psychology in colleges, universities and institutes throughout North America begin fall programs. Adlerians in many communities begin to meet and plan programs for the next six to twelve months. Courses in parenting, marriage enrichment, and classroom teacher in-service all begin anew in the next few weeks. For those of you who work with patients or clients in agencies or private practice, it is a time when new referrals begin to flow once more.

I am struck again by the fact that most of the people whose lives are so involved with all of the above, do not belong to NASAP! They use Adlerian psychology in their professional and personal lives but, for a variety of reasons, have never affiliated with Adlerians through NASAP. You may now anticipate the point I am about to make. As you may have noted in the last Newsletter, membership in NASAP is higher now than at any time in the past ten years and student members have increased by 85 percent in the past five years.

This is gratifying but it has only been achieved because many of you have encouraged others to join and the central office has followed up on convention attendees and those who have let their membership lapse. Recently, a small number of you have sent to the central office the names and addresses of individuals whom you felt could be interested in joining NASAP. I sent them a personal two-page letter, outlining the purposes of NASAP and the benefits of membership, along with a recent copy of the Newsletter and a membership application form. More than 30 percent of these people have joined!

We are all saddened each year by the deaths of those who have contributed greatly to Adlerian psychology. Most recently Hal McAbee, Marion Cohen Rosen and Edith Dewey, who have meant so much to many of you, have left us. Their influence lives on through those they touched, but it serves to remind us that Adlerian psychology can only continue to thrive through the recruiting of new enthusiastic members. We cannot always expect them to reach out to us, it is we who must reach out to them in the true spirit of Social Interest.

After all, the enormous influence of Rudolf Dreikurs lay not just in his abilities and his intellect, it was also his long reach and his tenacity in bringing so

Continued on Page 3

Inside

NASAP is Democratic? page 2

New Zealand Training, page 3

Archival Tape Available, page 4

News and Events, page 5

ICASSI Reports Success, page 6

Delegate Column**NASAP - A Democratic Organization?**

By Marcia Mullins, Region 1--Northwest

At the Delegate Assembly meeting in Toronto (June, 1993) there was lively discussion and rather serious debate regarding two possible dates for the 1995 NASAP Convention. Delegates spoke with considerable feeling on the advantages and disadvantages of each date. After this free exchange of perspectives, the matter was concluded with a vote.

It seems to me that decision making processes within any organization (family, the U.S. government, classrooms, professional societies) both reflect the values of the organization and affect its likelihood for survival and its potential for growth and contribution to the common and individual weal.

Adler believed that democracy promoted in the individual a sense of worth because implicit in giving power to the individual is the idea that the individual is capable of using that power to the benefit of himself and society. Is NASAP's decision making process then a democratic one? It has been said that "the essence of democracy is respect for the individual." Do the individual members in our organization have a sense that they are included, to the extent that they wish to be, either directly or by representation in decisions that are made?

It is true that any constitutional changes must be brought before the membership as a whole for a vote of approval (66 percent of those voting) but that vote comes after the more critical element of decision making -- discussion and free exchange of ideas -- has taken place at the D.A. level. How do we currently allow for the involvement of individual members at that more elemental level of decision making -- for "discussions" among members.

Since most of the decision making is done by delegates who "represent" different constituencies, are sufficient mechanisms in place to ensure that those constituencies are heard? In the discussion about the dates for the '95 NASAP Convention, were we (delegates) guided by a sense of what we knew our constituencies would prefer or by personal preferences?

Furthermore, can a 66 percent approval by the D.A. or even by the full membership be considered a democratic decision? When democracy is merely majority rule, a "tyranny of the majority" replaces the tyranny of a single person or of an oligarchy. Ought NASAP to be satisfied with this

Continued next column

model of democracy?

It may be particularly important to consider these questions in light of Joyce McKay's report to the membership (February NASAP Newsletter) regarding the work of the Long Range Planning Committee. As that group considers our present governance structure and looks for ways to secure our future we might want to begin even now to invent ways to make decision making processes within NASAP even more inclusive, more informed and more truly democratic.

Section Report

The **Adlerian Counseling and Therapy** Section approved dispensing funds to two projects at their June meeting in Toronto. A donation of \$500 was approved for Henry Stein's project of translating Alfred Adler's unpublished manuscripts into English. Members voted to spend \$100 to send a set of back issues of the **Individual Psychology** to a foreign country.

A motion was passed "to create a budget to reimburse delegates attending the November D.A. meeting through an application process based on need, to make up the difference between reimbursements and total costs of transportation and hotel. The total amount will not be greater than \$1,000 for the two delegates." It was noted that someone otherwise may be prohibited from serving as a delegate due to financial inability.

Joyce McKay agreed to chair the Licensure Committee and Sydney Longford will advise on Canadian issues. The Committee's function is to be a resource for ACT members on questions concerning licensing and certification.

Wes Wingett agreed to chair the 1994 Distinguished ACT Member Award Committee and Sue Brokaw will chair the Convention Scholarship Committee.

ACT also passed a motion to base their future convention scholarships on "interest in Individual Psychology and financial need." If more applications are received than available scholarships, selection will be based on the most criteria met. No applications were received for 1993 and it was suggested that members promote them more vigorously.

The NASAP Newsletter**Volume 26, Number 8****October, 1993**

Published nine times each year by
The North American Society of Adlerian Psychology
a not-for-profit corporation,
65 East Wacker Place, #400, Chicago, IL 60601-7203
Telephone 312-629-8801, Fax 312-201-5917

Jerianne Garber, News Coordinator
Neva Hefner, NASAP Executive Director

Members of NASAP automatically receive the Newsletter.
Subscription rates for non-members \$10 per year.
ISSN 0889-9426

New Zealanders Receive Adlerian Training

By John M. Platt

I recently returned from two weeks in New Zealand. I was invited by **Tim Smithells** to work with parents, teachers, counselors, nurses and social workers. There is a lot happening in New Zealand in the way of Adlerian/Dreikursian ideas being spread. Tim has had an uphill battle with Behaviorists but is gaining respect through his training of and involvement with many people.

I was sincerely impressed with the depth of the participants' knowledge of Adlerian psychology and in the many ways they were utilizing the ideas in their work.

The following are some approximate numbers and the kinds of people (professional as well as "lay" leaders) Tim has worked with. This has all been done since his return to New Zealand in 1984. He worked and studied with Adlerians in London, he was on the staff of ICASSI and he studied with Oscar Christensen at the University of Arizona (receiving his doctorate degree). Tim is another example of Chris' teaching being influential at the international as well as the national level.

Tim has made presentations at eight national conventions; such as, New Zealand Psychological Society, NZ Society for Psychotherapists, of Counselors, of Researchers in Education, of Early Childhood Educators.

In the last four years, Tim has had over 1,000 parents a year either in study groups, in one or two day workshops, or at the open family counseling center. The parents were 20 percent Moari (New Zealand's original inhabitants), 20 percent Pacific Islanders and 60 percent European. One of the reasons he has been so influential with the Moari people is that he speaks their language fluently.

During this time, Tim also has trained over 100 public health nurses (many of these are nurses who work with parents of children from birth to three years). His work with teachers includes training 600 preschool, 400 primary and 30 secondary teachers. He has trained approximately 70 parent study group leaders.

Tim has taught masters level classes and has had two students do some very interesting research projects on psychological birth order, children's performance in reading, and self perception of adolescents and how it relates to learning. In addition, he has trained 10 lay counselors.

I hope this sounds pretty impressive, because I believe what Tim Smithells has done has changed the lives of many New Zealanders.

President's Message

Continued from page one

many into Adlerian psychology.

It is imperative, if Adlerian psychology is to continue to grow and evolve and influence, that many more people who use Adlerian ideas be brought into NASAP. In this way the exchange of ideas, inspiration of one another and fostering of resources and relationships can build and continue into the future. This can only be accomplished if you send the names of colleagues, students and others who will benefit, as you have, from membership in NASAP. We will send them the invitation in early November so they can join us in 1994. Please, either do it now or mark it into your Daytimer to be done very soon. The people whose names you send us will be very glad you did.

Robert B. Armstrong, President

Call For Presentations For Grad Student Forum

Graduate students interested in presenting at the 1994 NASAP Annual Convention in San Diego can request a proposal form from the central office. **Deadline for submissions is November 15, 1993.**

Presentations may refer to theoretical issues in Adlerian Psychology, report findings from empirical studies of Adlerian concepts or practice, or introduce innovations and advances in Adlerian clinical counseling, business and organization, family or education practice.

A presentation may be given by a single student or group of students. Endorsement by a graduate faculty sponsor is needed.

Some scholarships to offset registration fees will be available. Graduate faculty sponsors are requested to submit letters of recommendation for these scholarships.

This is an opportunity for graduate students nearing the end of their professional preparation to experience presenting at a professional event. Brief abstract of the presentation will be published in the quarterly journal of NASAP.

News From Members

Mary Grisco became Executive Director of the Alaska Women's Resource Center in Anchorage this July. AWRC is a membership-based, non-profit organization which offers educational and counseling services in all areas important to women.

o o o o

NASAP members **Amy Lew, Betty Lou Bettner** and **Gary McKay** were quoted extensively in an article in the June/July issue of Child Magazine. Called "The Skeptical Parent's Guide to Family Meetings," the article highlighted Lew and Bettner's book, **Raising Kids Who Can** and also gave credit to Rudolf Dreikurs' **Children: The Challenge**.

Non-Profit Org.
U.S. POSTAGE
PAID
Chicago, IL
Permit No. 822

NASAP Newsletter
65 East Wacker Place, Suite 400
Chicago, IL 60601-7203

ICASSI Reports Successful Outcome For First Eastern European Program

The 430 participants and staff from 22 countries left with unforgettable memories from the first ICASSI (International Committee for Adlerian Summer Schools and Institutes) in an Eastern democracy, reports Edna Nash, ICASSI Secretary-Treasurer. North Americans were impressed by the tremendous ability of Adlerian principles to apply to everyone no matter the country, culture, occupation or life stage. Westerners, including teens, bought books for Latvians, Czechs, and other Easterners, the cost of which would equal one month's salary for these people.

ICASSI '93 in Brno began with a personal letter of welcome from President Vaclav Havel. It was the most dynamic and successful ICASSI ever, reports Bill Linden. There was great cooperation and mutual respect among people who had formerly been shooting each other. The democratic principles of Adler and Dreikurs are having a strong impact in the nations freeing themselves from totalitarianism. Classes were in English, German, Czech and Russian.

ICASSI '94: Ottawa, Canada's capital city, will host this international program at Carleton University. Classes will be in English, German and French. Contact: Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, Fax 301/345-1961.

Ireland Group Requests Third Session From ICASSI Staff

A week-long Mini-ICASSI in Clonmel, Ireland drew 125 teachers, parents, therapists, college professors, medical doctors and other professionals, according to NASAP member and ICASSI liaison, Betty Lou Bettner. Linda Albert, Amy Lew and Tim Evans were additional NASAP members providing instruction to the Ireland group this past July.

The Clonmel group has requested a Mini-ICASSI each year since the original ICASSI was held in 1991. "It's a real budding organization", Bettner said. "They are interested in all phases of Adlerian psychology."

Seven courses were offered at this session in Adlerian fundamentals, parenting, education, children's speech, and loss and separation, but the group is interested in expanding in 1994, especially in further development of open family counseling.

"They would like to have access to new books and newsletters from other groups," Bettner said. Any person or organization wanting to contribute any publications to this growing organizations should send them to Norberta O'Gorman, Principal, Presentation Primary School, Clonmel, County Tipperary, IRELAND.

Letter Box

Members may not be aware that the Delegate Assembly, in a recent cost-cutting move, returned management of the NASAP Newsletter to the central office (under the guidance of the D.A.'s Publications Committee).

This is to acknowledge the Newsletter's successful transition from Don Dinkmeyer, Jr.'s able editorship into the central office, and to commend the use of photographs of members and the dedication of more space to members' activities and passages. Thank you for advancing, in these ways, the D.A.'s emphasis on one of NASAP's principle reasons for being: affiliation.

Jane Griffith, ACT Delegate

I am one of those silent Adlerians who benefits from reading the Newsletter and enjoys learning of new developments. I come out of my work-and-hiding only when something upsets me. Please don't take my criticism as an indication of my general attitude toward NASAP.

My concern was stimulated by the poem on the first page of the July/August Newsletter. The writer of that poem notes that we won't hear of Oedipus or animus at the San Diego convention. This is what upsets me. Not the poem itself, but the general attitude, which I think is often reflected in the tenor of the convention and various Adlerian publications, that Adlerian psychology is somehow still basically in opposition to developments in other areas of psychoanalysis and psychology. My God, Freud is dead. So is Adler. But the problems of Oedipus, the Rat Man, Anna O. and so on, live on as classics in our field. If Adlerian theory is a general theory, it should have some comment on these classic problems. It seems to me that we are often caught still trying to prove that we are different in some way.

I recommend that we consider the question of how Adlerian psychology is like other approaches, how it can handle classic problems, in short, how it can contribute to a general understanding, not just how it can be different. Is there a forum for this point of view?

Gary F. Meunier

NASAP Archival Audio Tape Now Available

Would you like to hear voices from the past, such as Rudolf Dreikurs, Helene Papanek, Joseph Meiers, talking about Alfred Adler as they knew him? You may now have that opportunity by purchasing a 50-minute tape recorded at the 1961 convention of the American Society of Adlerian Psychology (now NASAP). The session was chaired by Danica Deutsch, who was a member of the group that gathered around Adler when he broke away from Freud in 1911.

There are statements from 17 people, two of them read by Danica Deutsch. Fifteen of the statements appear wholly or in part in **Alfred Adler: As We Remember Him**. The recollections in order of their appearance:

Danica Deutsch	Ernst Papanek
Erwin Krausz	Emory Gondor
Sofie Lazarsfeld	Sydney Roth
Paul Brodsky	Heinz Ansbacher
Eleanor Redwin	Frederic Feichtinger
Rudolf Dreikurs	Lydia Sicher
Olga Brody Oller	Nahum Shoobs
Asya Kadis	Joseph Meiers
Helene Papanek	

This historical tape was donated to NASAP by Genevieve Painter. Ronald J. Pancner provided an enhanced version, from which the copies will be made. There are some heavy accents, but the accompanying one-page guide will give the pages where the statements may be found in **Alfred Adler: As We Remember Him**. Don't miss this opportunity to add to your library this historical, archival and nostalgic audiotape, Recollections About Adler.

The audiotape is available at \$11 for members/\$15 non-members. **Alfred Adler: As We Remember Him** sells for \$6 members, \$8 non-members. We are making a special package offer: audiotape and book for \$14 for members; \$19 non-members. Add postage and handling as noted below.

Order Form

Send ___ copies of Recollections About Adler audio tape \$ _____
 (\$11 each for members, \$15, non-member)

Send ___ copies of book/audiotape package \$ _____
 (\$14 each for members, \$19, non-member)

Add postage and handling \$ _____
 (\$2.50 for tape only, \$4.50 for book/tape package
 Add \$1 for each additional order.)

TOTAL DUE \$ _____

___ Check or money order (U.S. funds)

___ Visa/MC# _____

Expires: _____ Name: _____

Ship to: _____

Send your order to the central office or call credit card orders, 312/629-8801

News and Events from the Regions

Region I - Northwest

Vancouver, BC - Adlerian Psychology Association of British Columbia offers courses in conjunction with the Adler School of Chicago. The schedule includes: Psychopathology: Psychotic and Depressive Orders, October 30-31 and November 7-8 by James Croake and Psychometric Methods, October 29-31 with Henry Reitan. Contact APABC, 604/874-4614.

Region II-Midwest

Chicago - The Adler School of Professional Psychology announces that 70 students will receive their Master degrees at its 16th annual commencement to be held October 24. Featured speaker is Henry Tomes, Executive Director of the Public Interest Directorate of the American Psychology Association.

Continuing education for the professional and the public is available again this year through "Wednesday Nights at Adler." Monthly events include: first Wednesday, *Family Education Demonstrations*; second Wednesday, *Addictions Colloquia*; third Wednesday, *Center for Gender and Culture Studies*; fourth Wednesday, *Alumni Forum*. Programs will meet through June, 7:30 to 9 p.m. in the 20th floor lecture hall of the Adler School, 65 East Wacker Place. Admission is free. For more information, call 312/201-5900 or fax 312/201-5917.

Region III - South

Largo, FL - The Florida Adlerian Society is co-sponsoring an evening seminar, *Life in the Family Zoo: A Survival Guide to Parenting in the 90's*, on October 14 at 7:30 p.m. in the Tampa Bay Conference Center. John Platt will give the presentation and CE's will be available. For registration information contact: Creativity in ChildCare, 813/573-1060.

Columbia, SC - Frank Walton will conduct a full-day workshop entitled, *A Systematic Approach to Family Counseling*, at the Riverbanks Zoo Education Center October 29. Sponsored by the Family Services Agency in Columbia, the workshop will include a family counseling demonstration. For registration information contact: Cathy McGee, 803/733-5450.

Orlando, FL - The 17th annual NASAP Region III Conference will be held February 24-27, 1994 at the Ramada Resort Hotel. All NASAP members will receive a brochure in January. Contact: Don Dinkmeyer, Jr., 502/781-9481 or Fax 502/781-1550.

Region IV - Middle Atlantic

Waldorf, MD - The Family Education Center offers free workshop and counseling demonstrations for the public on Fridays from 7 to 9 p.m. The schedule includes "But Grandma Said I Could", coping with challenging relatives and friends, October 15 and *I Know You Can Do It*, encouragement: building self-esteem, November 5. Both are family counseling demonstrations led by Phil and Molly Thorn. Free child care is available and children over nine may attend. Contact FEC, 301/705-8527.

Parkersburg, WV - ParentShare has invited Manfred Sonstegard to speak to parents about concerns with their children on October 25, 6 to 9 p.m. at St. Andrew's United Methodist Church. Contact Marilyn Haines, 304/422-4639 or Mary Miller, 304/428-2628.

Region V - Northeast

Montreal - The Alfred Adler Institute of Quebec's fall schedule includes: Dream Interpretation, October 29-30-31 with Leo Gold; Clinical Assessment & Interviewing, 1st part, November 12-13-14 and 2nd part, November 19-20-21 with Howard Pollack; Introduction of Substance Abuse, 1st part, December 3-4-5 and 2nd part, February 4-5-6, 1994 with Ron Pancner; and Introduction to Psychotherapy, December 10-11-12 with Len Sperry. Contact: AAIQ, 514/731-5675.

Region VI - Far West

Oakland, CA - Adlerian Western Institute for Research and Training in Humanics announces their fall class schedule which will run to 11/18/93. Courses include: Interviewing Techniques & Life Style Diagnosis; Encouragement Workshop; Basic Individual Psychological Processes. IP Marathons will be 10/9 and 11/6. Contact Lucy Ackerknecht at 510/891-8194.

IPNL To Be Published Again

The International Association of Individual Psychology (IAIP), at its meeting in Budapest in August, voted to reinstate the publication of the **International Psychology News Letter (IPNL)** beginning in October, 1993. Horst Groner will again be the editor and Colin R. Brett of London will be the co-editor. News items and articles may be sent to Groner.

Subscription for individuals: US \$14 per year. Contact: Horst Groner, Editor IPNL, Markstrasse 12, D-99867 Gotha. Phone/Fax: 49-3621-29691.