

The NASAP Newsletter

May, 1994

Volume 27, Number 4

'94 Convention Features Special Entertainment

Attendees of NASAP '94 in San Diego, May 19-22, will be treated to some special entertainment at the Friday banquet (May 20) and the Saturday luncheon (May 21).

Friday night's Mexican fiesta banquet will feature the "Hispanic-Mexican Ballet", a group which performs authentic folklore dances. Following their performance, the "Mariachi del Pueblo" will provide festive music for listening and dancing.

Saturday's luncheon highlights a teen theatre troupe, called "Images," which performs skits that entertain and educate about today's teen issues. Each vignette seeks to bring awareness about such issues as sexuality, HIV/AIDS, substance abuse, incest, decision making and more. The group's performance serves as the inaugural project of the Social Equality Section to financially support a program or effort in the local area in gratitude for the host community's hospitality.

An appeal for contributions will be made to participants during the luncheon. This year's recipient is the "Youth Services Network, a coalition of countywide youth serving agencies and programs in the private nonprofit sector which offer numerous youth services including counseling, parenting, diversion and delinquency prevention, shelter, tutoring, employment and recreation.

INSIDE

New D.A. Members Are Elected, p. 2

News From NASAP Members, p. 3

Book Of The Month Offer, p. 4

News and Events From Regions, p. 5

President's Message:

LRPC Requests Member Input On Goals

In the last issue of the Newsletter, I outlined Goals 1 and 3 of the Long Range Plan (LRP) for NASAP. This issue I will outline Goals 2 and 4. Let me emphasize that the LRP is still a *Draft*. The purpose of presenting it to you in Draft form is to elicit feedback so that it can represent the best ideas of all NASAP members. The LRP will also be discussed at the NASAP General Assembly to be held Friday May 20 from 12:50 to 2:20 p.m. at the Convention in San Diego. We request that all feedback be sent to the central office by June 15, 1994 so it can be considered by the LRP Committee. They will then put together the final Draft for the Delegate Assembly (D.A.) meeting November 4 in Chicago. We will also be convening a "Business Panel" very shortly to recommend processes that we can use to ensure that the LRP does not become an interesting exercise which never reaches the implementation stage.

You may note that as you study Goal 2 below, there is considerable room for further input. This is because it was revised by the D.A. from the initial Draft of the LRPC and has not been thoroughly "worked through" at this point. Get those red pens out!

Goal 2: To develop procedures to 1) increase membership that includes diverse populations, and 2) to enhance members' sense of affiliation and Adlerian identity.

Strategy A: To increase members' involvement in the Society.

Tactics: 1) Provide a Committee of Greeters at each convention to welcome and assist attendees. 2) Identify convention First-Timers with special tags, and encourage other convention attendees to be inclusive of First-Timers. 3) Develop a New Member Letter that asks for information about new members' interests, talents, and what they want from membership in NASAP. 4) Involve General Members in Delegate Assembly committee work. 5) Provide leadership training courses at conventions for members interested in serving on the Delegate Assembly. 6) Disseminate throughout NASAP operations, presentations, and literature, an emphasis on the theme of members giving back to the Society.

Strategy B: To provide networking opportunities.

Tactics: 1) Use the existing forum of the NASAP Newsletter to announce and discuss member activities, concerns, and accomplishments. 2) Offer guidelines to local, regional, and continental groups for providing networking opportunities at meetings and in print. (For example, encourage cross-sectional gatherings at local, regional, and continental meetings for those with mutual interests and concerns beyond the professional focus of each section.) 3) Provide for Section hospitality suites at conventions. 4) Invite well-known Adlerians to be available at conventions at given times and places to greet and converse with attendees.

Strategy C: To provide for sharing of members' contributions, connections, and out-reach, and how Individual Psychology has influenced theirs and others' lives.

Tactics: 1) Charge each Section with identifying the accomplishments of

(Continued on page three)

NASAP Members Elect Eight New Delegates

The Delegate Assembly (D.A.) meets in San Diego all day Thursday, May 19, 1994. There will be several new Delegates as a result of the 1994 D.A. elections. The following were elected to serve for three years:

The second name listed under each region and section is the current Delegate.

Region I - Northwest

Patricia Kyle, Idaho

(Kyle re-elected)

Marcia Mullins, Washington

Region II - Midwest

Susan Pye Brokaw, Minnesota

Judy Sutherland, Illinois

Region III - South

Mary S. Wheeler, North Carolina

John Arnold, South Carolina

Region IV - Middle Atlantic

Henry J. Raymond, Maryland

(Raymond re-elected)

Norma Lou McAbee, Maryland

Region V - Northeast

Del Eberhardt, New York

Barbara Berger, New York

Adlerian Counseling & Therapy

Lois Nugent, California

Mary Jamin Maguire, Minnesota

Professional Clinicians

Michael S. Nystul, New Mexico

John F. Newbauer, Indiana

Theory & Research

Michael P. Maniacci, Illinois

Norman N Silverman, Illinois

Results of elections in Family Education and Social Equality sections were not available when the Newsletter went to printer.

Other Delegates to serve with the above named members:

Region VI - Far West

William L. Edwards, Colorado

Jane Nelsen, California

Education

Edward G. Abelson, New York

Terry Kottman, Iowa

Business & Organization

Timothy D. Evans, Florida

Herbert H. Laube, Minnesota

Family Education

Riki Intner, California

The NASAP Newsletter

Volume 27, Number 4

May, 1994

Published nine times each year by
The North American Society of Adlerian Psychology
a not-for-profit corporation,
65 East Wacker Place, #400, Chicago, IL 60601-7203
Telephone 312-629-8801, Fax 312-201-5917

Jerianne Garber, News Coordinator
Neva Hefner, NASAP Executive Director

Members of NASAP automatically receive the Newsletter.
Subscription rates for non-members \$10 per year.
ISSN 0889-9428

DONATIONS

*NASAP is grateful to the following people who have made donations to the Society:
(through April 8)*

Carol Kline Juran

Lu Watson

John Watson

In honor of Jane Griffith

Sharon Harris

Maxine Willingham

Will Willingham

In memory of Hal McAbee

Alan Spector

International IP News Letter Publishes First 1994 Issue

The International Psychology News Letter, organ of the International Association of Individual Psychology, is officially being published again. The January, 1994 issue is already available and three more issues are scheduled for this year. Horst Groner, Secretary-General of IAIP, is editor and Colin R. Brett of London is co-editor.

The January issue features the opening lecture of Elemer Biszterszky, State Secretary, Ministry of Culture and Public Education of the Hungarian Republic, at the International IP Congress in Budapest last year; the closing statement of the Congress by Gian Giacomo Rovera of Italy, President of IAIP; and a paper entitled, *Socialist Influences on Adlerian Psychology*, delivered by Kurt Adler at the Congress.

Subscriptions to the International News Letter are \$14 US per year for four issues. Interested persons should contact Horst Groner, Editor IPNL, Markstrasse 12, D-99867 Gotha. Phone/Fax: 49-3621-29291.

WE NEED YOUR NEWS!

Please send your news items, letters to the editor, reports of region and section news to the central office, 65 E. Wacker Place, #400, Chicago, IL 60601, Fax: 312/201-5917. Deadline for items is the first of the month, preceding the month of issue.

LRPC Seeks Member Input On Goals *(Continued from page one)*

individuals within its membership for recognition at the Annual Meeting and in the NASAP Newsletter. 2) **Provide** opportunities for individuals with outstanding accomplishments to teach and inspire others to make use of their experiences (e.g., someone who has established a day-care center, sharing experience with someone wanting to establish a day-care center). 3) **Publish** members' significant life events in the NASAP Newsletter (geographic moves, promotions, births, local or other recognitions, accomplishments).

Strategy D: To provide opportunities for members to learn, teach, and have fun together.

Tactics: 1) **Organize** and offer tours with an educational feature. 2) **Promote** the organization of recreational activities among members on the local and regional levels (group attendance at cultural events, sports events).

Strategy E: To provide opportunities for members to participate in racially and culturally diverse activities.

Goal 4: To establish a process that fosters implementation of Individual Psychology in a growing number of local communities.

Strategy A: Establish twelve or more additional state, provincial, or regional conferences to increase the dissemination of Individual Psychology.

Tactics: 1) **Promote** the growth of state, provincial, and regional conferences by vesting this responsibility primarily in the Delegate Assembly's Committee on Development/Public Relations/Membership, and by making this goal the Committee's highest priority. 3) **Establish** a Conference Development Fund. a) The Committee on Development/Public Relations/Membership shall develop and implement a plan for soliciting contributions and other sources of financial support for the development of conferences. b) NASAP, at the recommendation of the Development/Public Relations/Membership Committee, shall make loans to local and regional groups to help fund their first annual conferences. Such loans are to be forgiven if these conferences fail to make sufficient profit to repay the loan. c) After seed money is repaid, the Committee will evaluate and recommend to the Delegate Assembly whether or not the local conference organizing group will be asked to commit to an annual contribution to NASAP of \$500 or ten percent (10%) of the profit, whichever is less. 3) **The Development/Public Relations/Membership Committee** will communicate with organizers of each established conference at least annually to elicit their cooperation and financial support in stimulating the development of new conferences within or adjacent to the area served by the established conference. 4) **In cooperation** with groups sponsoring established conferences, and in cooperation with the Delegate Assembly's Committee on Convention and Workshops, the Development/Public Relations/Membership Committee shall develop a list of presenters of continental caliber, willing to make presentations at fledgling conferences, either at their own expense or with token compensation, during the first two years of such conferences. (Sponsoring organizations will also be encouraged to make use of local talent for conference presentations.)

Strategy B: Facilitate the establishment of new local organizations, and strengthen those in existence.

Tactics: 1) **The Development/Public Relations/Membership Committee** and the Constitution Committee will collaborate to develop a manual outlining procedures and guidelines to be followed when establishing a local organization. 2) **Regional Delegates** will have the responsibility for developing and publishing lists of local Adlerian organizations in their regions which agree to serve as mentors to new organizations. 3) **The Newsletter** will develop a regular column to highlight new organizations, to promote the benefits of establishing local groups, and to provide information and guidance.

(Continued on page six)

News From Members

Liiane Bensinger wrote recently to express appreciation for the plaque she received at the Toronto Convention. She reports that she is "recovering progressively" from her accident last summer and plans to attend the San Diego convention. "NASAP (convention) has always inspired me, given me an opportunity to meet friends and listen to interesting programs", she said.

o o o o

The **Alfred Adler Institute of Fort Wayne** reports it has been approved by the National Board of Certified Counselors as a Continuing Education Provider.

o o o o

The **Adlerian Society of Arizona** announces they can provide NBCC and CE credits for certified counselors who attend their forums. The forums are co-sponsored by ASA and the Arizona Counselors Association. (See page 5 for next scheduled session).

o o o o

Linda Albert announces the birth of the Cooperative Discipline Institute which is designed to continue the spread of Adlerian ideas into schools. The institute will provide consulting services by request and can be reached at 800/WE-WIN-4-U.

o o o o

Robert Sherman reports that he is co-author of a new book, *Enlarging the Therapeutic Circle: The Therapist's Guide to Collaborative Therapy with Families and Schools*, published by Brunner/Mazel, New York.

Heinz Ansbacher has informed the central office that he plans to attend the Convention in San Diego in May to receive his 90th birthday "gift" book from fellow NASAP members. Remember to send birthday greetings, notes, letters and snapshots by May 10 to Judy Sutherland, 926 Lake Ave., Wilmette, IL 60091 so that they may be included.

Non-Profit Org.
U.S. POSTAGE
PAID
Chicago, IL
Permit No. 822

NASAP Newsletter
65 East Wacker Place, Suite 400
Chicago, IL 60601-7203

LRPC Seeks Member Input *(Cont. from page three)*

Strategy C: Identify and encourage opportunities for collaboration among local resource people, institutions, and agencies.

Tactics: 1) **The Convention Committee** and the Development/Public Relations/Membership Committee will develop a one-page handout for local organizations and Regional Delegates, to include a list of ideas for collaboration (e.g., co-sponsorship of conferences) and the names of organizations they might approach (e.g., local affiliates of ACA, AAMFT, APA, etc.). 2) **Add** a checklist of professional organizations to the membership directory information sheet, and request that members identify those to which they belong. Add this information to members' profiles. Regional Delegates and local Adlerian organizations can then enlist the support of NASAP members who are members of other organizations in targeting other organizations for collaborative efforts. 3) **Use** the "New Organizations" Newsletter column (Strategy B, Tactic, 3) as a forum for information on collaborative efforts that work. 4) **Develop** and organize, at the continental level, a method for targeting local media. Disseminate this strategy to local groups to assist them in gaining media access to increase public relations and marketing effectiveness.

Century Fund *(Continued from page four)*

integrated them with PTA training. The "mutual respect" equality principle has guided a growing number of us. Richard Kopp's application of the principles from **Children The Challenge** to organizations and business continue to make a major difference in my effectiveness. My family appreciates the absence of power struggles and our enjoyment of each other...
Jean Burkholder

● In my early youth I got in contact with Individual Psychology which influenced my personal and professional life as an adult. With my first ICASSI (1989, Switzerland), I did the step into international atmosphere, which in the following year expanded with ICASSI (in USA) into intercontinental atmosphere, continually enriching my life. I am grateful that I have had the opportunity through Individual Psychology to meet so many wonderful friends and teachers, to experience the encouraging atmosphere of so unique spirit and to be acquainted with such essential tools. My special and heart-founded thanks to Edna Nash, my initial encouraging and touching NASAP-member-teacher; a special in memoriam to Harold McAbee... and a deep, hearty and admiring thanks to my mother, Gertrude Wawer, who decided in her eighties to share time with me in the community of ICASSI in Holland and Czechslovakia.

Auguste Wawer

Early Registration Discount Still Available For Summer Institute

An early registration discount of seven percent is still available for anyone registering for NASAP's Summer Institute by May 15. Called, *Empowering Individuals, Couples and Family Systems*, the experientially-based institute will be held July 17-22 on the University of South Florida campus in Tampa, Florida.

The intensive Adlerian training session is designed for mental health professionals who want to further develop and improve their therapeutic skills. Internationally-known Adlerian trainers and consultants Oscar Christensen, James Bitter, Clair Hawes and William Nicoll will provide the presentations. Counseling demonstrations and live-supervision for participants will be the primary means of instruction.

CE and NBCC credit will be awarded through the University of South Florida. Three University of Florida graduate credits are also available to attendees.

Registration brochures are available in the central office, (phone) 312/629-8801; (fax) 312/201-5917.

The Adler/Dreikurs Century Fund

The Newsletter is continuing the publication of the notes of inspiration that we have received from contributors to the Adler/Dreikurs Century Fund:

● In 1990 Tim Evans taught his first class at the University of South Florida and his teaching of Individual Psychology provided the framework for my life-style. Since then, my personal and professional life has been a continuous learning experience.

As a counselor supervisor, Individual Psychology serves my clients, my colleagues and myself uniquely well.
Jim Teixeira

● I have met some really neat people whose democratic philosophy fits my own beliefs. The workshops that I have participated in have been helpful, instructive and interesting.
Joan List

● First, with Genevieve Painter, understanding the dynamics within the family, and being counseled by her, beginning June, 1968 (with open family counseling). Then the workshop on problem solving through the Democratic Transaction Process (1969) with Rudolf Dreikurs, Bronia Grunwald, Mim Pew, Don Dinkmeyer and Robert Powers (on neighborhood and racial conflict) brought the principles and practice into all areas of social life. At the time I was chair of the newly-established Human Relations Commission for Urbana (Illinois). It was invaluable. I took advantage of workshops in Chicago. Democratic leadership strategies including audience involvement were demonstrated. I shared them with our PTA leadership and we

(Continued on page six)

Book of the Month:

Leadership By Encouragement

Authors Don Dinkmeyer, Sr. and Daniel Eckstein provide specific guidelines for leadership at home, in school, in government, and in other organizations. NASAP members can purchase this publication for \$15.16, a 20% discount, until June 15. Please include postage of \$4 U.S. and \$5 Canada and other countries; add \$1 postage for each additional book. Orders are limited to 3 books per person.

This book begins with three chapters which explain to the reader *The Psychology of Encouragement*, *A Philosophy of Leadership*, and *The Psychology of People at Work*. The remaining chapters provide hands-on practicality, containing a framework for establishing an encouraging system throughout any organization.

These chapters include: *Improving Leadership and Managerial Productivity*, *Leaders as Motivators and Facilitators*, *Leaders as Encouragers*, *Encouragement Training*, *Participative Management as Encouragement*, and *Building Encouraging Organizations*.

Order Form

Send ___ copies of Leadership By Encouragement \$ _____
(\$15.16 each)

Add postage and handling as stated left \$ _____

TOTAL DUE \$ _____

___ Check or money order (US funds)

Visa/MC# _____

Expires _____ Name: _____

Ship to: _____

Please send your order to: NASAP, 65 E. Wacker Place, #400, Chicago, IL 60601 or call your credit card order, 312/629-8801.

News and Events from the Regions

Region I - Northwest

Vancouver, BC - The Adlerian Psychology Association of British Columbia will be introducing a new *M.A. Program in Classroom Psychology*, July 4-29. Five courses will be offered for a total of 14 credits: Principles of Adlerian Psychology, Classroom Management and Cooperative Discipline, Personal Leadership Styles in the Classroom, Cultural and Gender Differences in the Classroom, and Kids in Crisis. The program is approved by the Teachers Qualification Service. Also new in 1994, commencing in September, will be an M.A. Program in Substance Abuse Counseling. Contact APABC at their new and larger facility at 101-1193 Kingsway, Vancouver, BC, V5V 3C9, 604/874-4614, Fax 604/874-4634.

Region II - Midwest

Fort Wayne, IN - The Alfred Adler Institute of Fort Wayne announces its summer schedule. Courses include: Marriage and Family Systems, beginning July 15 with David Jolliff; Small Group Supervision, beginning June 24 with John Newbauer; Continuing Case Seminar, beginning August 8 with Carl Jylland; and Use of Children's Drawings in Diagnosis and Therapy, beginning August 26 with Susan Rudolph. AAIFW courses run Friday evenings and all day Saturdays and Sundays. Contact: Jan Richmond, AAIFW, 219/461-5845.

Region III - South

Myrtle Beach, SC - The South Carolina Society of Adlerian Psychology will conduct its 12th annual fall conference here September 23-25. The weekend conference features half-day workshops and 75 minute presentations. Contact: Frank Walton, 803/798-0300, Fax, 803/731-8484.

Region IV - Middle Atlantic

Kensington, MD - Parent Encouragement Programs offers *Friday Nite Live*, An Open Forum Counseling Session of a Family, on a frequent basis. Barbara Fairfield will conduct the next session June 3. Families interested in participating can contact PEP, 301/929-8824.

Region V - Northeast

New York, NY - The Alfred Adler Institute & Center of New York held a half-day workshop, *Theatre of Dreams*, with presenter Leo Gold on April 24. A fund-raising concert party with the New York Philharmonic in Lincoln Center is scheduled for May 31. Contact: Barbara Berger, 212/974-0290.

Toronto, ON - The Adler School of Professional Psychology Ontario announces that an international authority on MPD and trancework, Adam Crabtree, will teach Therapeutic Dissociation (698), August 12-15. The summer schedule also includes: Advanced Psychotherapy (643), August 19-22, with Richard Kopp and Principles of Adlerian Psychology (401), July 23-24 and August 6-7, with Linda Page. The Adler School Ontario is in new premises at 161 Eglinton Ave. East, Suite 401, Toronto M4P 1J5, 416/480-2303.

Region VI - Far West

San Francisco - The Alfred Adler Institute of San Francisco announces its ninth annual Adlerian Master Seminar, *Helping Therapists Survive the 90's: Adlerian Brief & Group Therapy Techniques*, will be held July 15-19 at San Francisco State University's Seven Hills Conference Center. Program topics include: principles and techniques of brief therapy; theme-focused weekly group therapy; one-day, marathon group therapy; off-site counseling innovations; and coordinating with managed care companies. On-site, low-cost accommodations are available. Contact: Henry T. Stein, Director, AAISF, 7 Cameo Way, San Francisco, CA 94131, 415/567-4729.

Tucson, AZ - The Adlerian Society of Arizona is offering social/educational forums for NBCC credit. Visiting Israeli psychologist Yosi Prinz made the first credited presentation: *Developing Can-Do Beliefs in Young Children* in March. The next session, scheduled for May 6, 5:30 to 7:30 p.m., will feature Sharon Arkin giving a video illustrated demonstration of a variety of memory, language, and psychosocial interventions used with early and moderate stage Alzheimer's patients. Contact: Barbara Mercaldo, 602/299-3105, or write ASA, P.O. Box 40635, Tucson, AZ 85717-0635.

Newport Beach, CA - A summer training week for intensive instruction in Cooperative Discipline will be offered here August 8-12. The session will include two days of facilitator training for anyone wishing to lead the program in their own school or district. Contact: Cooperative Discipline Institute, 800/WE-WIN-4-U.

International

Gotha, Germany - The International Congress of Individual Psychology 1996 is scheduled for August 4-8, 1996 at the Examinations Schools, University of Oxford, UK, according to Horst Groner, IAIP Secretary-General. A "Call for Papers" will be forwarded probably in Spring, 1995. Further details will be announced as soon as available.