

The NĀSAP Newsletter

June/July, 1994

Volume 27, Number 5

DA Elects New Officers

Mary Jamin Maguire, Minneapolis, MN, was elected President of NASAP at the 42nd Annual Convention in San Diego. Other officers elected to serve with Maguire and Robert Armstrong, Past President, on the Executive Committee for two years are:

1st Vice President:

Amy Lew, Brookline, MA

2nd Vice President:

Riki Intner, Santa Rosa, CA

Secretary:

John F. Newbauer, Fort Wayne, IN

Treasurer (re-elected):

Henry J. Raymond, Millersville, MD

NASAP '95 In Minneapolis

NASAP's 1995 Convention will be held in Minneapolis at the Marriott City Center Hotel, May 25-28 (Thursday through Sunday of Memorial Day weekend). The four-day event will carry the theme, *Healing Community: An Adlerian Approach -- Connection, Cooperation, Contribution*. The Alfred Adler Institute of Minnesota will host the convention.

Proposal forms for the workshops and convention presentations have been mailed to all NASAP members. Additional forms are available from the central office.

Proposal Deadlines To Be Observed

Deadlines for workshop and convention presentation proposals are to be strictly observed this year, according to action taken by the Delegate Assembly in November. In previous years, proposals received after the deadline were given consideration. Submission deadlines:

workshop: postmarked by **Sept. 22**
convention: postmarked by **Oct. 8**

Proposals postmarked after those deadlines will be returned.

President's Message:

New President Sees Adlerian Growth

I am writing this letter just a week after returning from the convention in San Diego, and it was a great one! Lois Nugent and her crew of volunteers did a tremendous job; the convention was intellectually stimulating, well organized, fun and a wonderful chance to network with fellow Adlerians. I always feel energized after attending a NASAP Convention; thanks for all the hard work and enthusiasm from the volunteers in California who made this one possible. For those of you who were not able to go to San Diego, the convention in Minneapolis next year promises to be a good one, as well (of course I'm a little biased, being on the Minneapolis committee myself).

Developing Long Range Plan

I have been receiving lots of support and encouragement these first few weeks as President; and I am excited to be part of such a vibrant, responsive and relevant organization. I'm looking forward to working closely with Bob Armstrong in his role as Past-President, and with Joyce McKay as she formally leaves that role. I am particularly excited about the development of the Long Range Plan (see Bob's letters in previous three issues), and the orchestrated efforts of NASAP delegates and members to continue promoting the understanding and growth of Adlerian Psychology, and it's application to community issues.

Reaching Out To Communities

These are exciting times for us as Adlerians, as there are many changes in our communities that are opportunities for participation: team approaches to business, site-based management in schools, an emphasis on strengths in the clinical setting, the inclusion model for special needs students, collaborative social service programs, to name a few. Adlerian ideas were forerunners to these social developments, and the Adlerian strengths of cross discipline cooperation and application of psychological principles to social issues could help to refine and further develop these innovations.

Give Us Your Ideas

I am looking forward to working with the Delegate Assembly as we continue to spread Adlerian ideas. Please let us know your thoughts, concerns, and brainstorm as we work together to share Adlerian resources, encourage one another, establish leadership structures, reach out to diverse groups for membership and collaboration, and increase the viability and utilization of Adlerian theory and practice.

Mary Jamin Maguire
President

Dates To Remember:

NASAP Summer
Training Institute, July 17-22
Tampa, Florida

ICASSI, July 24-August 6
Ottawa, Ontario

NASAP '95, May 25-28
Minneapolis, Minnesota

NASAP '96, June 20-23
Baltimore, Maryland

Delegate Column
Business and Organization
 By Herb Laube, Chairman

Greetings from the B&O section! The good news is that we have a full roster of committee people for the first time in four years who are committed and prepared to put some energy into our section. They are Tim Evans, secretary; Dan Williamson, treasurer; Karolus Smejda, newsletter editor and myself as chair.

The bad news is that our section membership has dropped from 58 to 43 and we are now on probation and are in danger of losing our standing as a section unless we have a minimum of 50 paid section members. Anyone willing to send in \$10 to join our section? Your support is needed.

Other good news is that the section members, at the meeting in San Diego, decided to invest \$400 in NASAP's endowment fund and to offer \$200 to support a scholarship for a B&O section presenter for NASAP '95 in Minneapolis (criteria to be determined).

Other news is that we had an increase in presentations for NASAP '94. We are soliciting our members to begin now to formulate proposals for NASAP '95's theme, *Healing Community: An Adlerian Approach*. Let us hear from you in September on how your ideas about businesses and organizations can contribute to this theme.

Another area of need which we have in the B&O group is for you to send information for the section newsletter. Items may include: news about members; resource materials; reviews of Adlerian books, tapes and videos; and brief articles about managed care, how Adlerians are coping with mental health care organizational changes, about how TQM movement, EAP and outplacement services for down-sizing companies affect employees. Please send your articles to Karolus Smejda, B&O Editor, P.O. Box 81287, Chicago, IL 60681-0287.

Additional New Delegates

The following results of Delegate Assembly elections in Family Education and Social Equality Sections were not available for the May issue of the Newsletter.

Georgine V. Nash was elected to the D.A. as a Family Education Section representative.

Amy Lew and **Florida Bosley** were elected to the D.A. as representatives from the new Social Equality Section.

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Volume 27, Number 5
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Published nine times each year by
 The North American Society of Adlerian Psychology
 a not-for-profit corporation,
 65 East Wecker Place, #400, Chicago, IL 60601-7203
 Telephone 312-629-6801, Fax 312-201-5917

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Members of NASAP automatically receive the Newsletter.
 Subscription rates for non-members \$10 per year.
 ISSN 0889-9428

Past President Welcomes New Executive Committee

Let me take this opportunity to welcome Mary Maguire as the new President of NASAP. Her reputation as a hard worker with vision and determination ensures that NASAP is in good hands. She will be ably supported by the new Executive Committee of Amy Lew, Riki Intner, John Newbauer and Hank Raymond.

These past two years have gone very quickly. There have been a number of important steps forward for NASAP and a few disappointments. Most prominent among the latter is that convention attendance has been lower than expected for several years. Consequently, my last act as President was to appoint a Special Committee chaired by Mel Markowski to study the convention and make recommendations for change to the Delegate Assembly.

Finally, I would like to thank the Executive Committee who have served these past two years. Mel Markowski, Steve Cunningham, Marcia Mullins, Hank Raymond, Joyce McKay and your Executive Director, Neva Hefner, have been a tremendously encouraging and cooperative group. They have embodied in their treatment of each other and their dedication to your purposes what Adlerian Psychology is all about. It is no exaggeration to say that they live Social Interest. Thank you all!

Robert Armstrong, Past President

ACA Issues A Call For Proposals

The American Counseling Association is requesting proposals for its 1995 annual convention to be held April 27 in Denver, CO. Submission deadline is August 1, 1994. Jon Carlson and Joyce McKay encourage NASAP members to submit proposals to the International Association of Marriage and Family Counselors (IAMFC) division of ACA.

Anyone interested in receiving a proposal form contact: Lynn Miller, Couns. Psych. and Counselor Ed., University of Colorado at Denver, P.O. Box 173364, Campus Box 106, Denver, CO 80217-3364, 303/556-4478.

---- '94 San Diego Convention Highlights ----

North American Society of Adlerian Psychology



Working at the registration table are, left to right, Lois Nugent, Pam Trunell, Jackie Cardinale and Charolotte McTigue.



Kurt Adler shakes the hand of new Delegate Assembly member, Florida Bosley.



New NASAP President Mary Jamin Maguire (left) is congratulated by outgoing D.A. member Miriam Pew.



Heinz Ansbacher holds up his gift album in honor of his 90th birthday celebration.



Keynote speakers Robert Powers (left) and Jane Griffith pause for photographs after their speech.



Will Willingham (left) is recognized by Bob Armstrong for encouraging student research.



Frank Walton (center) accepts plaque from Bob Armstrong (left) for his past service to NASAP. Heinz Ansbacher, looking on, applauds.



Joyce McKay (left) is recognized for her years as NASAP president by Bob Armstrong.

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NASAP Newsletter
65 East Wacker Place, Suite 400
Chicago, IL 60601-7203

A Decade of Service: Graduate Student Forum

Since 1984 and for ten consecutive years, **Will Willingham** (University of Texas) has organized, promoted, and moderated the student forum at NASAP. These forums have featured presentations by students reporting on their research stemming from master's theses and doctoral dissertations. This year one attendee reported how her past presentation at NASAP finally became a published paper. Will Willingham has made a significant contribution in promoting student participation in NASAP and encouraged a research-based approach to counseling and psychotherapy. Thanks Will, for all your efforts.

Mark Stone, Adler School of Professional Psychology

NOTE: *Dr. Stone will assume the responsibility of organizing the Graduate Student Forum for 1995.*

1996 NASAP Convention To Be Held In Baltimore

NASAP's 1996 Annual Convention and Workshops has been scheduled for June 20-23 at the Radisson Plaza Lord Baltimore Hotel in downtown Baltimore, Maryland. The Radisson is a 440-room historic landmark located only four blocks from the Baltimore waterfront. Theme for the 1996 event is *Realizing The Dream: Adlerian Psychology and Social Equality.*

Donations

NASAP is grateful to the following people who have made donations to the Society: (through June 15)

In honor of Heinz Ansbacher
Arthur G. Nikelly

In honor of Bernard Shulman
Daronda L. Blevins

In memory of Rudolf Dreikurs
Paul J. Kahn

In memory of JoAnn Hahn
Mary Elizabeth Grisco

In memory of Donald T. Laube
Gloria E. Gates

In memory of Hal McAbee
Carol Kline Juran

--- News From Members ---

Marven O. Nelson reports that he presented a paper entitled, *Masculine Protest: An Adlerian View*, before the Oklahoma Society for Psychoanalytic Studies in Oklahoma City on May 26. Nelson is currently the Director of the Woodward County Guidance Clinic for the Oklahoma State Department of Health. He has previously served as Executive Director of the Alfred Adler Mental Hygiene Clinic in New York City and Secretary-General of the International Association of Individual Psychology.

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NASAP is a recipient of some of the assets of the recently-dissolved Alfred Adler Institute of St. Louis. **Joe Pewitt**, treasurer of the board of the institute, informed the central office about the donation to NASAP.

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Active Parenting Publishers will hold its annual Parent Education Training of Trainers Seminar July 14-17, 1994 in Vail, Colorado. To register call 800/825-0060.

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Walter (Buzz) O'Connell is offering a 2-1/2 day workshop called, *Psychospiritual Workshop: Self-training in the Ultimate Super-Natural High...*, to any Adlerian institutes or organizations which may be interested. Four presenters will lead the sessions in a didactic-experiential format. In psychospiritual encouragement, small groups use structure exercises, psychodrama, visualization (meditation and contemplation) and expressive arts (drawing, dance, poetry). Emphasis is focused on achieving self-esteem and universal belonging (or social interest). Contact: Walter O'Connell, 106 Kelley Road, Bastrop, TX 78602, 512/321-2445.

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Two-day *Cooperative Discipline* workshops, conducted by noted Adlerians, will be held in 11 cities around the U.S. during the 1994-95 school year, according to Linda Albert. For cities and dates call the Cooperative Discipline Institute, 800/WE-WIN-4-U, or Phi Delta Kappa, 800/766-1156.

'94 Convention News

Many Thanks To Convention Workers

NASAP is grateful to the San Diego Society of Adlerian Psychology for hosting our 1994 Convention in such an efficient and pleasant manner. A special word of appreciation is due Lois Nugent, Chair, and members of the host committee: Steve Maybell, Pam Trunell, Sandy Braff, Lois Souza, Charlotte McTigue, Ed Smith, Nancy Sutton, Marilu Feringa, Harry Devereaux and Shelli Hallidy.

Thanks to all the volunteers who helped to keep things going smoothly, including members of the Adlerian Society of Southern California, who assisted the San Diego Society in hosting responsibilities.

Three Receive Special Recognition:

Welborn (Will) Willingham, Francis X. Walton, and Joyce L. McKay were recognized at the Friday night Convention banquet for their contributions to NASAP.

Willingham was cited for "his numerous contributions to Individual Psychology in the field of education, particularly his nurturing of graduate students and encouraging them to share their research and ideas in the graduate student forum."

Walton's citation states: "in recognition of his varied contributions to Individual Psychology as an educator, a counselor, and encouraging leader; for sharing his wisdom and experience; and for his ready willingness to be of service." Walton has served as president of NASAP and most recently has been Chair of the Long Range Planning Committee.

As recent Past President of NASAP and a member of the LRPC, McKay's citation noted: "in recognition of and appreciation for her unstinted and dedicated service to the continuation and expansion of Adlerian Psychology and its democratic principles."

Outgoing Delegates Recognized:

The following Delegates received a Certificate of Appreciation for their service on the Delegate Assembly: Steven P. Cunningham, Jane Griffith, Edward Mel Markowski, Joyce L. McKay, and Miriam L. Pew. Outgoing Delegates unable to attend: Don Dinkmeyer, Jr., Linda J. Page, and Len Sperry.

ACT Honors Member:

Tom Beames was recipient of the *Distinguished ACT Member Award* "in recognition of many years of contributions to Individual Psychology by giving of his time and expertise to clients, students, colleagues, communities and Adlerian organizations; as the first editor of the ACT newsletter; as founder of the Island Adlerian Group; and as a person of intellect, compassion and social interest".

Teen Group Wows Conventioneers:

Saturday's luncheon featured a teenage theatre group called *Images*. The youths' performance of skits about HIV/AIDS, substance abuse, incest and other controversial topics brought convention attendees to their feet in a standing ovation. A contributions appeal was made for the "Youth Services Network", a coalition of youth serving agencies and programs. The Social Equality Section sponsored the teen performance to financially support a local area program in gratitude for the host community's hospitality.

News and Events from the Regions

Region I - Northwest

Vancouver, BC - The Adlerian Psychology Association of British Columbia will be introducing a *new M.A. Program in Classroom Psychology*, July 4-29. Five courses will be offered for a total of 14 credits. The program is approved by the Teachers Qualification Service. Also new in 1994, commencing in September, will be an M.A. Program in Substance Abuse Counseling. Contact APABC at their new and larger facility at 101-1193 Kingsway, Vancouver, BC, V5V 3C9, 604/874-4614, Fax 604/874-4634.

Region II - Midwest

Chicago -- The Adler School of Professional Psychology is offering *Special Topic Seminars* to students and other interested persons for credit or non-credit. Included is *Introduction to Therapeutic Personal Change with Early Recollections* with Mary Schneider, July 15-16. For more information on seminars and other summer classes, contact: ASPP, 312/201-5900, fax 312/201-5917.

Evergreen Park, IL -- Interaction Institute Adlerian and Consulting Center offers a four-course Certified Program in Integration Therapy. This training program teaches students how to combine Adlerian philosophy with the 12 steps. The first course, Adlerian Psychology and Its Application to Addictions Treatment, will be offered July 16, 23 and 30. Both academic credit and CE's are available. Contact: Helen Cooley, IIACC, 2400 West 95th St., Suite 401, Evergreen Park, IL, 708/422-1848.

Fort Wayne, IN - The Alfred Adler Institute of Fort Wayne announces its summer schedule. Courses include: Marriage and Family Systems, beginning July 15 with David Jolliff; Continuing Case Seminar, beginning August 8 with Carl Jylland; and Use of Children's Drawings in Diagnosis and Therapy, beginning August 26 with Susan Rudolph. AAIFW courses run Friday evenings and all day Saturdays and Sundays. Contact: Jan Richmond, AAIFW, 219/461-5845.

Region III - South

Orlando, FL - The 18th annual Region III Conference will be held here February 23-25, 1995. All days consist of full-day workshops. If you wish to propose a workshop, contact Don Dinkmeyer, Jr., 502/781-9481 or fax 502/781-1550 no later than September 1.

Myrtle Beach, SC - The South Carolina Society of Adlerian Psychology will conduct its 12th annual fall conference here September 23-25. The weekend event features half-day workshops and 75 minute presentations. Contact: Frank Walton, 803/798-0300, Fax, 803/731-8484.

Region IV - Middle Atlantic

St. Albans, WV -- The West Virginia Graduate College will sponsor a two-week summer training program on *Counseling the Adolescent*, July 5-9, and *Family Counseling*, July 11-15, with Manford Sonstegard and James Bitter. Contact: Bonnie Rader, 304/558-3699.

Region V -- Northeast

Toronto, ON - The Adler School of Professional Psychology, Ontario announces that an international authority on MPD and trancework, Adam Crabtree, will teach *Therapeutic Dissociation* (698), August 12-15. The summer schedule also includes: *Advanced Psychotherapy* (643), August 19-22, with Richard Kopp and *Principles of Adlerian Psychology* (401), July 23-24 and August 6-7, with Linda Page. The Adler School Ontario is in new premises at 161 Eglinton Ave. East, Suite 401, Toronto M4P 1J5, 416/480-2303.

Region VI - Far West

San Diego County, CA - The Americas Institute of Adlerian Studies announces a three-course *Program for Professionals in IP*. Each course is 3-1/2 days, may be taken in any sequence, and carries 30 APA CE or NBCC CE hours. "Applying Psychological Skills," Sept. 22-25; "Understanding Personality Development and Dynamics," March 9-12, 1995; "Assessing Individual and Group Styles," Sept. 14-17, 1995. Contact: Steven A. Maybell, Ph.D., 486 Hillway Dr., Vista, CA, 92084, 617/758-4658.

Scottsdale, AZ - The Scottsdale Summer Adlerian Institute will be held July 5-16, featuring topics in such areas as improved teacher/student relationships, classroom guidance, marriage and family counseling, and addictive disorders. Presenters include: Frank Walton, Oscar Christensen, Miguel Arcieniega, Joyce and Gary McKay, Daniel Eckstein, Carol de Andrade-Eckstein, and Patti Walton Agatston. Sponsored by the Scottsdale Transcultural Institute in conjunction with Ottawa University/Phoenix, Adlerian Society of Arizona and Arizona Counselor's Association, the institute offers NBCC, CE and graduate credits. Contact: Daniel Eckstein, 602/998-0220; fax 602/998-0120.

International

AWIRTH -- Adlerian Western Institute for Research and Training offers classes to be taught in German by Lucy Ackerknecht at its 26th European Summer School in Argele's sur Mer, Plage, Southern France, July 25-August 1. Contact: Lucy Ackerknecht, 510/891-8194.