

# The NASAP Newsletter

May, 1995

Volume 28, Number 4

## Convention Highlights

- Ten full-day workshops and 41 convention presentations for the four-day event (May 25-28).
- Special off-site workshop designed especially for teachers (Wednesday, May 24, 5-9 p.m.)
- Keynote address by Richard Kopp, *Healing Community*, followed by panel discussion of topic by prominent Adlerians (Thursday, May 25, 7-9 p.m.)
- Reception, banquet and dance (Friday, May 26, 7-11 p.m.)
- Luncheon presentation by Edward Hoffman, author of the new Alfred Adler biography, *The Drive For Self* (Saturday, May 27, 12:45-2:15 p.m.)
- An evening at the Minneapolis Zoo, (Saturday, May 27, 6:30-11 p.m.)
- Hospitality/bookstore -- An ongoing opportunity to look over Adlerian publications and have a free cup of coffee and social conversation.
- Continuing Education credits -- A total of 27 CE's available for full attendance of workshops and convention.

## 90th Birthday Celebration

A birthday celebration is being planned in honor of Kurt Adler's 90th birthday on Friday, May 26, 6:30 p.m. and onwards at the Minneapolis convention. We are in the midst of collecting stories, messages, cards, photos, etc. to create a book of appreciation and recognition of Kurt's life: What does his work/life represent to you?

Share your thoughts and greetings by sending materials/messages to Marion Balla, The Adlerian Centre, 1729 Bank St., Ste. 205, Ottawa, ON K1V 7Z5 or fax 613/523-7148. A presentation will be made at the banquet honoring Kurt. If you cannot attend the banquet please join Kurt at the cocktail hour where you can help create a special evening of celebration and fun.

Marion Balla

## -- President's Message --

### NASAP Needs Your Participation

As the season turns to spring, many of us in NASAP think "convention", a time to get together with fellow Adlerians to enhance skills, fulfill continuing education requirements, get inspired and encouraged, "network", socialize, have fun and relax a little. Many of us also find the convention is a time to talk with each other about the past and future of Adlerian psychology and NASAP. During the convention there are both structured and spontaneous opportunities to discuss the burning issues of the day; for those of you who won't be joining us in Minneapolis please give some thought to the present state of NASAP and your ideas for our future.

In speaking with a number of people lately, I have learned that the reasons that lead some people to join NASAP and feel their membership is valuable are the same reasons that lead other people to cancel their membership. It seems that we need to take some time and give some serious thought to our purpose as an organization; this may seem simple and obvious, but I don't think so. A related, and controversial, discussion is concerned with "What is Adlerian psychology?", what are the basic beliefs that define the philosophy? How far can we go "on beyond Adler" and still be operating within a definable structure? If we are able to more clearly define ourselves and our goals, will we be open to criticism about being a "dogmatic cult" (as some have already described us).

#### Organizational Changes Occurring

NASAP seems to be in the midst of some organizational change: some of it is structural, such as the reorganization of the regions, and the development of the Long Range Plan; some of it relates to membership such as the aging of the founding members and the drop-off of attendance at the conventions; some of it is philosophical, such as how can Adlerian psychology respond to the social issues of the 90's.

If you will be attending the convention in Minneapolis in May, please join us during the various opportunities for discussion about the purpose and goals of NASAP. We have specifically structured time for dialogue during the Friday luncheon and, of course, during the region and section meetings.

If you will not be joining us for the convention, let me take this opportunity to say that we will miss you. And I would like to ask you to think about the issues I have mentioned, and encourage you to call or write your delegates, or any member of the Delegate Assembly, and share your concerns and ideas. (See page three for list of delegates.) To paraphrase one of my favorite quotes, "those who participate decide." I am hopeful that we will have a large number of NASAP members participate in the discussions and decisions that will occur over the next few years, and that the process will be encouraging as well as productive.

Mary Jamin Maguire, President

### Getting Involved

For more information on how you can get involved, please see Amy Lew's article, "Can We Meet For Lunch?" on page two; and Susan Pye Brokaw's article, "Will NASAP Heal Community?" on page four.

## Can We Meet For Lunch?

By Amy Lew, Convention Chair

The Delegate Assembly spends much of its time discussing how to best serve NASAP's membership and meet the proposed goals of our society. Although our representatives come from each of our interest sections and different areas of North America, it is not easy to get the feedback that we want and need from our members. There are always some folks who are active and able to attend meetings, and we do sometimes hear from people when they are unhappy, but we don't hear enough. We would like to know what you think.

*So we are asking you to meet with us over lunch.* Delegate Assembly members will be sitting at every table during the Friday luncheon at the Minneapolis convention. We will be there to listen. We need your help and we need your advice and opinions. Each DA member will be equipped with a note pad to take down your thoughts and report back to the next Delegate Assembly meeting.

The following questions were generated to start the process but they are not comprehensive, so please don't feel limited. What are we doing right? What needs to be improved? How can NASAP better serve you? What direction should we be going in as we enter the next century? How can we better spread Adlerian ideas and have a constructive impact on society? Do you have ideas about how we could become more economically sound without always having to go back to our members? How could we design meetings and the convention so that more people could attend? What would you like to see in the newsletters? How about the journals? What do you think about the new regional structure? Are the interest sections meeting your needs. Do you have ideas about projects we could be undertaking? Would you like to be more involved? Is there any way we could entice you to be?

Even if you can't make the Friday luncheon, we would still like to hear from you. Please contact one of your delegates and tell him or her what you think. (See page three). The Delegate Assembly wants to foster a growing, dynamic organization which reflects Adlerian principles and is responsive to its membership. Please help us out by joining us for lunch or contacting your delegates. Here's your chance to catch us with our mouths full and our ears open. Don't let this rare opportunity be lost.

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## Summer Institute Features Intensive Adlerian Training

Four internationally known Adlerians will provide the instruction for NASAP's Summer Training Institute to be held June 25-30 at the Boca Raton Sheraton Hotel in Boca Raton, Florida. Jim Bitter, Oscar Christensen, Clair Hawes and William Nicoll will combine their teaching talents for the five-day intensive Adlerian training experience which will focus on the topic, *Strategies and Techniques of Brief Therapy: Individuals, Couples and Families*. CE's and graduate credit is available.

A reduced registration fee of \$395 applies for NASAP members who register before May 15; non-members pay \$425. Fees increase to \$450 and \$475 after that date. The Sheraton is offering participants a special rate of \$49 per room (one to four people) which includes a daily buffet breakfast.

This intensive training is designed for professionals in the mental health field. It will use live counseling demonstrations, supervised skills practice and in-vivo supervision of participants' counseling to develop and refine their brief therapy skills. For more information contact: Coordinator, NASAP Summer Training Institute, 4848 NW 89th Terrace, Coral Springs, FL 33067, 305/341-4993, fax 407/367-2309.

### Donations

(NASAP wishes to thank its donors and Century Fund contributors. Below are contributors through April 7.)

Carole B. Aderholdt  
 Jane Lee

*In memory of Roland Hawes*  
 Clair Hawes

### Adler/Dreikurs Century Fund

*In memory of Achi Yotam*  
 Carol Aderholdt  
 (ICASSI matching fund)

**NEWSLETTER DEADLINE:** Items for the June/July Newsletter need to be in the central office June 1. Please send all news and features items to NASAP Newsletter, 65 E. Wacker Pl., #400, Chicago, IL 60601.

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\* New DA members

### Dates To Remember:

Summer Institute, June 25-29  
Boca Raton, Florida

ICASSI, July 16-29  
Qawra, Malta

1996:  
NASAP 96, June 20-23  
Baltimore, Maryland

Neva L. Hefner, B.A.  
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**NEWS FLASH!**  
NASAP has been approved by the  
American Psychological Association  
to offer continuing education for  
psychologists at our May convention  
and June summer institute.

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## International -- News and Events

**Skyros Island, Greece** - The Adler School of Professional Psychology is offering a three-credit hour course, *Theory and Practice of Group Psychotherapy*, at the Skyros Center and Institute June 10-23. Bernie Raden will provide the course instruction which will examine the use of self in psychotherapy and promote development of group facilitation skills through dynamic interaction and modeling. For more information, contact: Bernie Raden, 708/866-8409 or 708/864-2728.

###

**Arequipa, Peru** - The First Interamerican Congress of Clinical Psychology will be held here October 2-6. Twenty-minute presentations will be given in both English and Spanish. Contact: Tito E. Cuentas, M.A., P.O. Box 1932 Arequipa, Peru, (054) 214341, fax (054) 216601.

###

AWIRTH will offer its 30th summer of European seminars in three cities: Dusseldorf, Germany, July 15-16, *The Objective View of Subjective Life History*; Clairefontaine, Luxembourg, July 22-30, *Dream Interpretation in Adlerian Psychology*; Argeles-sur-Mer-Plage, France, August 14-23, *Early Recollections as the Primary Help in Understanding Lifestyles*. Lucy Ackerknecht will conduct these sessions in German. Contact Dr. Ackerknecht, 510/891-8194, or write her at 100 Bay Place, Suite 1520, Oakland, CA 94610.

## New Psychology Phrases Sought

Raymond Corsini is currently working on a dictionary of psychology and invites anyone who has coined psychology phrases or terms (Adlerian or not) to send them to him with their definition for possible inclusion in his book. As an example, he cites the recent contribution by Harold Mosak: "teeter-totter twins." Those interested may contact Corsini at 140 Niuike Circle, Honolulu, HI 96821, phone/fax 808/373-7910, E-mail, 70313.1542@compuserve.com.

## NSF Research Funds Available

The National Science Foundation is inviting proposals for research to advance understanding of the psychological, social economic and cultural capacities for productive citizenship, including studies of the effects of America's changing family structure on children's development and behavior. Proposal deadline is August 15, 1995 and the award is \$7 million. For an application kit contact: Bonney Sheahan, 703/306-1733, fax 703/306-0486.

## Adler School Approved For Hypnosis Program

The Adler School of Professional Psychology announces it has been approved by the American Society of Clinical Hypnosis (ASCH) for its hypnosis program. ASCH is the largest of the two international hypnosis societies recognized by the American psychological and medical associations. It is the only recognized body that provides credentialing of individuals trained in clinical hypnosis, according to Marc Oster, head of Adler's hypnosis program.

The ASCH Accreditation Committee approved Adler to provide the Basic and Intermediate level training at 36 hours for each level. Students seeking ASCH certification at either level can now obtain all their basic and intermediate training through Adler, Oster said.

###

VERIFICATION FORMS have gone out to all 1995 NASAP members. It is important that they be returned to the Central office as soon as possible so the 1995 Membership Directory will be completed on time.

### Letter To The Editor

I was pleased to see the article by Marcia Mullins, *A Case Against Social Interest Awards...* Such awards are inherently unfair.

In the case of NASAP awards it is not those who most deserve the awards who necessarily get them, but those who generate the greatest publicity, running for office, publishing a lot, giving workshops, while others who are essentially modest and hard working and contribute much more are simply not known.

Keeping in mind that this unfairness generates guilt in the recipients (unless they are deficient in social interest) and envy on the part of those in search of attention but sorrow on those who know how unfair these awards are, I hope that whoever makes these decisions (probably people who are not really Adlerians) will give up the notion... Virtue is its own reward, or as Dr. Dreikurs put it, "True genius is anonymous."

Raymond Corsini

## Will NASAP Heal Community?

By Susan Pye Brokaw, Convention Committee

What are we (NASAP) doing toward Healing Community? Where is our social interest at the national level? Do we just want to be a group that gets together to learn more, socialize with our friends and sell our books and materials? Or do we want to make a difference in a society that badly needs what Adlerian psychology has to offer? Are we really doing enough, or has the Adlerian spirit, so prevalent in the early years, died as some would suggest?

Would you be willing to meet on Memorial Day (the day after the convention) to develop ideas or projects that NASAP membership can do to Heal Community? There are many projects that could be undertaken that could help in healing the community, help NASAP, help individual members and make Adlerian ideas more recognized by the public.

Here is just one idea of what could be possible. What if we were to get a grant (NASAP has non-profit status) to develop and market a training program for parent study group leaders. Lay leaders could be trained from the workplace to run parent study groups at lunch hour. We could create a book of handout materials that could be reproduced. We could also train trainers, so the groups within a workplace could become self perpetuating. Funding could go through NASAP and help cover overall office expenses. The books could bring income to NASAP. Adlerians could be trainers all over the country. This project would not only help heal many communities but also benefit NASAP and many fellow Adlerians, who would do the training.

I'm sure that there are many other great ideas that could be developed. If you would like to stay over for this meeting (we'll supply your place to stay) please contact: Susan Pye Brokaw, 14525 Highway Seven, Ste. 145D, Minnetonka, MN 55345, fax 612/474-2558. If you can't stay but think we need to pursue this area, either write your comments to the newsletter, suggest another time that you would like to get together or bring up your ideas at the NASAP luncheon.

### \* \* \* News From Members \* \* \*

Eric Mansager reports that he is heading home to Phoenix, Arizona. He's completed a five-year commitment to Science Applications International as the clinical director of its Adolescent Substance Abuse Counseling Service in Frankfurt, Germany. "During that time I was accepted as a doctoral student in psychology at Katholieke Universiteit Leuven in Belgium. The dissertation proposal entitled, *Conceptual Analysis and Psychological Critique of Hans Kung's References of Psychology: A Theoretical Study and Empirical Verification* has been approved. So, after three years of part-time work there...I get to focus on the study topic itself! It will include an (Adlerian) analysis of specific theological constructs."

###

Linda Albert reports she is conducting Cooperative Discipline Summer Institutes in St. Louis, Tampa, Newport Beach, CA and Ithaca, NY during the month of August. The sessions are designed to train both classroom teachers and facilitators in this program. For scheduling and registration information, contact: 813/968-2811.

ADLER'S QUOTES: All social movements...should be judged only in accordance with their ability to further interest in our fellow man.

## News and Events from the Regions

### Regions 1A - 1B

**Seattle, WA** - The Puget Sound Adlerian Society offers a monthly informal *Adlerian Discussion Group*. The next sessions are scheduled for May 8 and June 13 from 7:15 to 9 p.m. Contact President Richard Meeks, 206/784-2179 or Ann Skutt, 206/527-2566.

### Regions 2A - 2B

**Chicago, IL** - The Adler School of Professional Psychology's Center for Gender and Ethnocultural Studies presents frequent programs open to the public. On May 17, 7:30-9 p.m., Linda Page will talk on *Adler and Biological Determinism*. Contact: ASPP, 312/201-5900, fax, 312/201-5917.

**Evergreen Park, IL** - The Interaction Institute Adlerian Counseling and Training Center is offering a one-day workshop entitled, *Dream Interpretation: Disclosing Unconscious Dynamics That Impact the Recovery Process* on Friday, May 5 from 9 to 4:30 p.m. Presenter is Helen Cooley and the course is approved for 6.5 CE's by IAODAPCA - Cat. I/II. Contact: Helen or Sarah at 708/422-1848.

### Regions 3A - 3B

**Tampa, FL** - The Florida Adlerian Society and Creativity in Childcare (a local childcare facility) are offering a new program called, *Parenting in the 90's*, designed for parents, children, and counselors. In May Tim Evans will present "Marriage, Parenting and Remarriage". Contact: Jim Teixeira, FAS President, 813/987-9580.

### Regions 4A - 4B

**Kensington, MD** - The Parent Encouragement Program will again offer *PEP West*, a week-long family vacation experience at the Sylvan Dale Ranch, Loveland, Colorado, June 25-July 1. The western-style vacation combines family education and recreational activities for all family members. Contact: PEP, 301/929-8824.

### Regions 5A - 5B

**Toronto, ON** - The Adler School of Professional Psychology Ontario announces Richard Kopp's course 698, *Introduction to Metaphor Therapy*, July 21-23, will be based on his new book, *Metaphor Therapy*, published by Brunner-Mazel. Dan Dalton will teach course 541, *Adlerian Approaches to Family Counseling*, May 12-14. Credits apply toward an M.A. in Counseling Psychology from the Adler School in Chicago. Contact: Adler Ontario, 416/480-2303.

**Montreal, QC** - The Alfred Adler Institute of Quebec announces a workshop, *Depression and Therapeutic Intervention*, June 10 from 9:30 a.m. to 4:30 p.m., to be coordinated and supervised by Kurt Adler. Contact: AAIQ, 514/731-5675.

**New York, NY** - The Alfred Adler Institute of New York hosted over 100 guests, family and friends March 12 at the celebration of Alfred Adler's 125th birthday anniversary and son, Kurt Adler's 90th birthday, reports Del Eberhardt, DA Region 5A representative. Certificates were awarded to Alexandra Adler, Lucia Radl, Sylvia Robbins and Sylvia Crane for their dedication and support. Ina Block was recognized for her 42 years of tireless service to the Institute. The New York Institute wishes to thank the many friends who sent donations in honor of this celebration. Del urges NASAP members in his region to contact him for assistance in any promotional activities they may be undertaking, 718/442-8797.

### Regions 6A - 6B

**Petaluma, CA** - Family Education Centers offer parent education classes and family counseling in Petaluma, Sonoma, and Santa Rosa. In May, drop-in parent support groups will be discussing *What kind of decisions should our kids be making?* For more information call FEC at 707/762-8835.

**Walnut, CA** - The Adlerian Society of Southern California has become a new affiliate of NASAP. The Society will be promoting Adlerian psychology in Orange, Riverside and San Bernadino counties. ASSC offers monthly educational presentations and has a newsletter. For more details, contact: ASSC, 909/591-9822.

**Omaha, NE** - The Nebraska Society of Adlerian Psychology offers on-going courses for their members. The schedule includes: *Working with Dissociative and Multiple Personality Disorders*, May 6, and *Relationship Counseling*, May 13-14. Contact: NSAP, 402/393-1647.

**Las Vegas, NV** - The 8th Annual Southwestern Regional Self-Esteem Conference will be held here May 5-6 at the Harrah's Hotel and Casino. Featured presenters are Oscar Christensen, John Platt and Bill Marchant. Contact: Lynne Herman, 702/799-5900, ext. 204.

**Oakland, CA** - The Adlerian Western Institute for Research and Training in Humanics has spring classes running to May 17. Courses include: *Methods of Group & Family Psychotherapy*, *School Counseling*, *Understanding Human Nature*. Contact Lucy Ackerknecht, 510/891-8194.