

# The NASAP Newsletter

March/April, 1996

Volume 29, Number 3

## New Activities Available At NASAP '96 In Baltimore

The 44th Annual Convention and Workshops to be held June 20-23 at the Radisson Plaza Lord Baltimore in Baltimore will have some new activities to offer attendees.

On Wednesday, June 19, prior to the convention, there will be two extras available for conventioners who come early. A full-day visit to the Holocaust Museum in nearby Washington, D.C. is being planned. Participants can spend time visiting exhibits at the Holocaust Museum or wander around nearby sites such as the Vietnam Memorial, the Washington Monument, or the Smithsonian Museum. All admissions are free but there is a nominal charge for bus transportation to and from the hotel.

Another option for sports-minded early birds will be to catch the spirit, and maybe a high fly, at a Baltimore Orioles night game in Camden Yards, just a few blocks from the Lord Baltimore Hotel. A limited number of seats will be available on a first come first serve basis, so interested parties should sign up on their pre-registration forms.

Once the convention is underway, participants can start the day off right on Thursday and Friday mornings with Tai Chi. Or, if preferred, they can energize with a fun run/fun walk around the Baltimore Harbor on Friday morning.

There also will be opportunities to loosen up at the *Courage To Be Imperfect Dance* Friday evening -- no partner, previous experience or talent required. Or, enjoy the evening breezes and socialize on the Baltimore Harbor dinner cruise on Saturday evening; plus, network at *Job Junction*, NASAP'S exclusive

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### ATTENTION

The deadline for Convention scholarships has been extended to April 15. Potential applicants should contact the central office for information and applications.

### Executive Director's Message

## E.C. Reviews Finances, Membership

Convention, finances, membership, Long Range Plan were some of the major items to occupy the time of the Executive Committee (E.C.) at its February meeting. The E.C. meets twice a year between Delegate Assembly (D.A.) meetings to help forward the work of the organization.

### Finances -- 1995

While the membership receipts and convention share were less than budgeted, donations from members, journal royalties and Summer Institute income were greater than budgeted so that the bottom line was better than anticipated. Expenses were less in a number of areas, including office expenses and personnel.

Two reduced line items, to be especially noted with appreciation, were D.A. and E.C. reimbursement. Delegates receive partial reimbursement for air fare to the November meeting and the E.C. is to be reimbursed for air and hotel expense in connection with their February and September meetings. Several of the Delegates and E.C. members donated their reimbursement monies, which reduced those two line items by more than half.

### 1996 and Your Part

The E.C. reviewed the proposed 1996 budget and recommended changes, in light of the year-end figures, so that the 1996 budget is now balanced on paper. To make this a reality, the central office will carefully monitor its expenses and if you would be willing to employ an old adage in two ways, the income side of the budget would be enhanced! See the request form on the back page and follow through on:

- "Each One, Reach One" -- encourage a friend or colleague to become a member of NASAP for 1996.
- "Each One, Bring One" -- encourage one other person to attend the 1996 Convention in Baltimore.

### Long Range Planning Committee

The Long Range Planning Committee met in Tucson in January, will meet in June at the Convention and again in September. Committee members have taken on responsibilities for work to be done between meetings, focusing on NASAP's administrative structure. Prioritized goals and tasks are being given to Standing Committees for follow through in June and November.

Current members on the LRPC include: Joyce McKay, Chair; Robert Armstrong, Marion Balla, James Bitter, Michael Popkin, Kathleen Walton and Marti Wilson. Two members to be added in June are: Henry Raymond and Michael Nystul; Bitter's term expires in June.

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### Dates To Remember:

NASAP '96, June 20-23  
Baltimore, Maryland

Summer Institute, Aug 11-16  
Denton, Texas

ICASSI, July 21-Aug. 3  
Warwick, England

IAIP Congress, Aug. 4-8  
Oxford, England

---Delegate Column---

## *Certificate of Study of Adlerian Psychology*

By Herbert H. Laube, Education Committee Chair

The Delegate Assembly voted at its November '95 meeting to allow a \$25 credit toward attendance at the 1996 or 1997 NASAP Convention for anyone completing requirements for their Certificate of Study by August 31, 1996. **This is a reminder to you to apply for your certificate now.**

### PURPOSE

The purpose of the Certificate of Study of Adlerian Psychology is to recognize those of you who have demonstrated a committed participation and continuing education involvement in the study of Adlerian Psychology. It does not replace or supplant requirements for licensure as may be regulated by state or province authorities, nor can it serve as an endorsement of individual skills or abilities. A secondary purpose of the Certificate of Study program is to encourage participation at NASAP's annual conventions and regional workshops and conferences sponsored by NASAP.

### REQUIREMENTS

A. **Ninety hours** of continuing education in Adlerian Psychology including:

1. Attendance at an introduction to Adlerian Psychology program at NASAP or in a formal academic course of study at a regionally accredited college or university or through a program offered by individuals or organizations affiliated with NASAP.

2. At least **24 hours** of intensive workshops at NASAP Annual Convention and Workshops or NASAP Regional Conferences (intensive is defined as at least one full day of six or more hours).

3. At least **45 hours** of study must be obtained at NASAP Annual Conventions and Workshops.

4. Remaining hours of study may be obtained at NASAP Regional Conferences or through study with NASAP affiliated programs.

5. All courses must be completed within a five year period.

B. Applicant must have been a NASAP member for at least three consecutive years at the time of applying.

C. Special consideration will be given to those who have completed study prior to the establishment of standards for certification (1994), and requirements may be waived on an individual basis for such prior study upon application to NASAP.

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## Convention Program Ads Available To Members

NASAP again will accept ads for the 1996 Convention program book. The book will be open to advertising from members, affiliates, Adlerian institutes and publishers of Adlerian books and materials.

Cost of ads is \$75 for a half page, \$150 for a full page, \$250 for the inside back cover, and \$400 for the outside back. Space is limited so availability will be assigned on a first come, first serve basis. The format size will be 8 x 10-1/2 inches for a full-page ad and 8 x 5 inches for a half-page ad.

To place an ad, contact John Newbauer, 2200 Lake Ave. #260, Fort Wayne, IN 46805-5351, 800/424-0424 and make arrangements. After notification of inclusion, a check covering the ad cost should be mailed to the NASAP central office. **Deadline is May 1 for inclusion.**

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## Meet The Author

Authors of recently published books (or materials) are invited to notify John Newbauer of their work so that they might be scheduled for a time to answer questions, clarify ideas and sign books at the NASAP '96 Convention in Baltimore.

This year NASAP would like to have a "Meet the Author" table in the bookstore/hospitality suite for convention attendees. John will be scheduling authors to be at the table at designated times throughout the convention. Times will be announced in the program.

Conventioneers may buy the authors' books in the bookstore or bring copies from home to be signed. Any interested authors, send your name and book title to John Newbauer at the address in the story above. **Deadline for inclusion is May 1.**

### REMINDER

In response to suggestions from members, the Newsletter is going to start publishing brief articles describing practical application of Adlerian theory at home, at work and in clinical practice. We welcome submissions from all readers. The Publications Committee will review them and select which ones to publish. Send your brief articles, descriptions, tips, or comments (1 to 3 paragraphs) to the Newsletter today!

## Summer Institute Set for University Site

The 3rd Annual NASAP Summer Training Institute will be held at the University of North Texas in Denton, Texas August 11-16. Participants will stay at the Radisson Hotel Denton and Eagle Point Golf Club for \$70 single or double. Additional people, up to four, will cost an extra \$10 per person. For more information contact Richard Smith, 9855 Shadow Way, #2119, Dallas, Texas 75243, 214/664-9305, E-mail: [elliott@flash.net](mailto:elliott@flash.net).

### Certificate of Study (Continued from page two)

D. Study may include a combination of courses in core areas such as:

1. General Principles of Adlerian Psychology
2. Family Counseling
3. Parent Education
4. School Applications
5. Psychology
6. Business and Organization

E. Payment of \$100 fee for application, review and certificate. This fee is non-refundable but a \$50 credit will be made towards resubmission within three (3) years if the certificate is not awarded.

#### APPLICATION DEADLINES

All applicants who have met the criteria successfully will be awarded the Certificate of Study at NASAP '96 in Baltimore or NASAP '97 in Vancouver.

Applications and additional information are available from NASAP's central office and needs to be in the office no later than May 1 of the year in which the certificate is to be awarded.

Following approval of your application, you will receive a coupon for \$25 off your registration fee at NASAP '96 or NASAP '97.

### Executive Director's Message (Continued from page one)

#### Membership Survey

As reported in a previous article, members who did not renew in 1995 were to be surveyed. There were 210 letters and dues notices mailed and calls were made by Regional Delegates to 78% of these members and 60% were actually reached. Of those contacted, 14% renewed and 13% will renew. The main reason for not renewing was financial (47%); 11% were dissatisfied and 13% of the members had a change in their situation.

#### Ansbacher Lecture

The four sons of Heinz and Rowena Ansbacher, and their families, made a gift of \$20,000 to NASAP to establish the Heinz and Rowena Lecture Fund. The Fund will support "an invited address to be presented annually at the NASAP Convention on a topic of significance for Adlerian theory or scholarship". More information will be available later.

Neva L. Hefner, Executive Director

#### --More News From Members--

The Adlerian Society of Arizona has formed a cooperative Family Education Center with the Collier Elementary School in Tucson, the ASA newsletter reports. The FEC will provide positive parenting information and skills to participants through counseling demonstrations and parent study groups. The child-training principles taught in the FEC are based on the philosophy of Alfred Adler and Rudolf Dreikurs. A pilot Open Forum Family Counseling session was held in late February with Oscar Christensen and Gary McKay presenting.

## News From Members

The McAbee Adlerian Psychology Society recognized three NASAP members at their annual meeting last month. Steve Stein received the MAPS service award and Norma Lou McAbee and Charlie McElvaney received social interest awards.

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Amy Lew and Betty Lou Bettner report they now have a Leader's Guide available for their book, *Raising Kids Who Can*. This 65-page guide provides full instructions, including experiential exercises, for leading a five-session parent study group to teach parents about Adlerian principles and holding family meetings. The guide is available from either Amy (617/332-3220) or Betty Lou (610/566-1004) for \$15 plus \$2 shipping and handling for first book, and 75 cents each additional book.

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Edward Hoffman reports that his biography of Alfred Adler, *The Drive For Self* has been nominated by the National Association for the Advancement of Psychoanalysis for a tri-annual book award. The award winner will be announced in late April.

Hoffman says he is currently working on a book of unpublished papers of Abraham Maslow. As a student and admirer of Adler, Maslow frequently praises his ideas in this book.

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Del Eberhardt says he is currently seeking volunteers to help with Region 5-A activities. Anyone interested may contact him at 718/442-8797.

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#### At press time --

The Newsletter was informed of the death of Sadie "Tee" Dreikurs. A memorial will appear in the May Newsletter. The family is requesting that memorials in her name be sent to: ICASSI, c/o Edna Nash, 302-2020 Bellevue Ave., West Vancouver, BC V7V 1B8, Canada.

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### Each One, Reach One or Bring One

Help NASAP by encouraging a friend or colleague to join NASAP and/or attend the Baltimore Convention.

Please send me \_\_\_\_\_ membership packets, \_\_\_\_\_ Convention brochures (print name, address)

\_\_\_\_\_  
\_\_\_\_\_

Please send membership packet and Convention brochure directly to:

\_\_\_\_\_  
(name)  
\_\_\_\_\_  
(address)

Simply clip and send this to NASAP, 65 E. Wacker Place, #400, Chicago, IL 60601. Or FAX to 312/201-5917.

### *Adlerian Organizations & Institutes To Meet At Baltimore Convention*

There will be a meeting of representatives of Adlerian organizations and institutes on Saturday, June 22 at 7:30 a.m. at the NASAP Convention in Baltimore. Topics to be covered include continuing education credits for local and regional meetings, strengthening local institutions and affiliate organizations, relationships to NASAP, regional representatives and training programs, and other issues which may be brought up at the meeting.

Anyone with other ideas for the meeting agenda may write to John Newbauer, 2200 Lake Ave. #260, Fort Wayne, Indiana 46805-5351.

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**NEWSLETTER DEADLINE: Articles for the May issue are due in the central office by April 1.**

## News and Events from the Regions

### Regions 1A - 1B

**Vancouver, BC** - The Adler School of Professional Psychology BC includes in its schedule for April: Clinical Assessment with Mary Schneider, April 11-14; Adlerian Approaches to Psychotherapy with Harold Mosak, April 19-21; and Marriage and Family I with Don Dinkmeyer, Jr., April 25-28. Contact: ASPPBC, 604/874-4614, Fax 604/874-4634.

### Regions 2A - 2B

**Chicago, IL** - The Adler School of Professional Psychology's open house April 3 will feature a talk by Norman Silverman on *Freud, Jung, Adler: What's the Difference?* The school also offers free *Addictions Colloquia* and *Gender and Ethnocultural Studies* programs on Wednesday nights. Coming up in April are Community Based Treatment of the Mentally Ill Substance Abuser (MISA) with Mark Kassel, April 10; and In the Spirit of Sharing Ideas with E. Donald Two-Rivers, a Native American performance artist, April 17. For more information, contact the school at 312/201-5900, ext. 226, Fax 312/201-5917.

### Regions 3A - 3B

**San Juan, PR** - The Puerto Rico Association of Individual Psychology will hold its annual conference on April 13. Betty Lou Bettner will present an all-day conference on Adlerian Family Counseling. She will also present April 12 at the 18th Annual Convention for Puerto Rico Professional Organization. Contact: Helen Savage, 809/796-4080.

### Regions 4A - 4B

**Bowie, MD** - The Bowie State University Student Adlerian Society and the McAbee Adlerian Psychology Society will co-sponsor a workshop for educators, *Responsibility in the Classroom*, at the University March 9. Betty Lou Bettner will be keynote speaker and NASAP members Linda Jessup, Mollie Thorn and Becky Freimuth will be among the presenters. Contact: Becky Freimuth, 410/586-0035.

**Waldorf, MD** - The Family Education Center of Southern Maryland offers free workshops and counseling demonstrations. *Lifestyle: Understand Yourself*, will be demonstrated by Phil Thorn, April 19; and family counseling demonstration, *Who Owns the Problem: Maintaining Respect When Unsolicited Advice Is Offered* will be given by Molly Thorn, May 3. Contact the Center at 301/705-8527.

### Regions 5A - 5B

**Toronto, ON** - The Adler School of Professional Psychology Ontario will offer Counseling Children & Adolescents with Frank Walton May 10-12; and required courses leading to an M.A. in Counselling Psychology. Contact: ASPPO 416/480-2303 or Fax 416/480-9358.

**Montreal, QC** - The Alfred Adler Institute of Quebec announces three upcoming workshops: *Experiential Psychotherapy II* with Alvin Mahrer from the University of Ottawa, March 23; *Counseling the Chemically Dependent: a blueprint for treatment*, with Patricia Woods from the New York Hospital Medical Center of Queens, April 19; and *Theory, Technique and Supervision* with Robert Sherman, May 31 and June 1. Credit is available. Contact: AAIQ, 514/731-5675, Fax 514/731-9242.

**Montreal, QC** - The Adler School of Professional Psychology Montreal includes in its schedule: Theory & Practice of Group Psychotherapy, March 22-24; Psychometric Methods, April 12-14; and Professional Issues & Ethics, April 19-21 (Part I), April 26-28 (Part II). Contact: Joanne Wiggins, 514/482-8789.

### Regions 6A - 6B

**Tucson, AZ** - The Adlerian Society of Arizona will hold a social/education forum the evening of May 10 entitled, *The Creative Self: The Yeast of the Lifestyle*, with Bill Mentzer presenting. CE's will be available. For more information contact: Carol Potter, 520/797-0829

**Oakland, CA** - The Adlerian Western Institute for Research and Training in Humanics spring schedule runs from March 13 to May 15. Courses include: Methods of Group & Family Psychotherapy; School Counseling; Understanding Human Nature. Special emphasis will be given to Josef Rattner's book, *Alfred Adler*. IP Marathons will be held once a month. Contact: Lucy Ackerknecht at 510/891-8194.

### International

ICASSI - The 29th Rudolf Dreikurs Summer Institute will be held in Warwick, England July 21 to August 3 at the 500-acre parkland campus of the University of Warwick. For further information, contact Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, Fax 301/345-1961.

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ADLER QUOTES: The ideal picture of a human being (is) a person who performs the tasks and conquers the difficulties that lie before her in a way that is useful to society in general.

## Feedback Sought From Ansbacher Workshop People

Liliane Bensinger is requesting to hear from people who attended the workshops organized by Rowena and Heinz Ansbacher at the University of Vermont between 1972-86 about whether they would be interested in "sharing their knowledge from these workshops...and sharing their information with the NASAP people."

She is seeking responses from attendees on a two-fold project:

1. For students to testify what they learned from the workshops, in order to compile the responses in a booklet to be presented to Heinz Ansbacher.

2. For both student and teachers from the workshops to hold a reunion at NASAP's '96 Convention in Baltimore.

Interested parties should contact Liliane Bensinger at the Alfred Adler Institute of Quebec, 4947 Grosvenor Ave., Montreal, QC H3W 2M2, 514/731-5675.

In commenting about the value of the workshop series in her own life, Liliane said, "It gave me enough information to be able to start the Institute (AAIQ) and a pleasure and joy to learn so much from the Ansbachers and the instructors who taught us."

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### NASAP '96 (contin. from page one)

offering for making important professional contacts.

A block of rooms is reserved at the Radisson Plaza Lord Baltimore at the special rate of \$93 per night, single or double. Reservations must be made no later than May 19 by calling 800/333-3333.

New this year, low-priced tickets for airlines/Amtrak from Carlson/Herricks Travel Center, Inc. Call 800/343-1018 and request NASAP's special reduced rates.

Registration brochures have been mailed out; additional copies may be obtained through central office or Bonnie Wallsh. Early convention registrants will be entered into a drawing for a free registration.

For information, contact Bonnie Wallsh Associates, 718/979-1012, fax 718/351-3598, E-mail 74117355@compuserve.com or the central office, 312/629-8801.

## 'Silent Auction' Needs Donations

By Carole Aderholdt, Auction Chair

NASAP maintains an office in Chicago, publishes this Newsletter and a Journal, provides Convention scholarships, and sponsors an annual week-long Summer Training Institute.

Could we do more? Are there not other things we would like our organization to be doing? Why are they not happening? And why is the Annual Convention not able to accommodate all presenters with excellent proposals for programs and workshops? Well, where do you think the money comes from?

One source is membership dues, and another is Convention registration fees. Then, there are donations. That's where the "Silent Auction" fits in!

You have two ways of contributing to the success of this important fundraising activity. One, of course, is to bid on and purchase items at the Second Annual Silent Auction at the Convention in Baltimore in June. Equally important is submitting your contribution to the array of items that will be available to attract the interest and stimulate the generosity of the browsing "shoppers" at the Convention. Maybe you've crocheted an afghan or carved a wooden flute. Perhaps you'll bake a loaf of sourdough raisin bread or auction off a summer brunch at your own home. Maybe you could contribute a week at your vacation home in the Bahamas -- or the Catoclin Mountains -- or on Penobscot Bay.

Last year I was the lucky winner of a dance with the world-acclaimed ballroom dancer Dr. Norman Silverman. You might become the proud owner of a previously-owned Givenchy umbrella -- if someone else donates a prize like that! And if you're the author of a book, imagine how much an autographed copy of it (or your picture) might bring. Don't underestimate the sentimental -- or humorous -- value of almost anything you can think of. You may be surprised at how much your admirers -- students, mentees, colleagues, and friends might pay to NASAP for something you're ready to discard or have just now crafted.

You can call or write to me (301/345-8325, 410/859-4095, 8121 Burkart Court, Greenbelt, MD 20770), or to the NASAP office, to offer your contributions. As Patti Kyle said in February. "Please join in, we need you!" Thanks for your participation!

*(Some examples of donations received so far include: 4-day weekend at her oceanside condo in Cape Canaveral, Florida, Linda Albert; hand-made pottery vase, Georgine Nash; and a workshop, Amy Lew.)*

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## NASAP Seeking Future Convention Hosts

Invitations to host NASAP Annual Conventions in 1998 and 1999 are being requested.

The host committee works with the Meeting Planner on local arrangements, promotion and publicity; supplies volunteers to serve as room monitors and to help with registration; and provides a bookstore.

In keeping with the practice of geographical rotation, a southern site would be desirable for 1998 and a central one for 1999. However, applications are open to any interested group and location will be one of the factors considered in the selection process.

Site applications will be considered at the June meeting of the Delegate Assembly. The forms are available through the central office in Chicago. In order to be considered at the June meeting, the completed forms are due in the central office by June 1, 1996.