

# The NASAP Newsletter

June, 1996

Volume 29, Number 5

## Airport Shuttle Available For Baltimore Conventioneers

Conventioneers arriving at the Baltimore/Washington International Airport can take advantage of the BWI Shuttle Express available from the baggage area. This shuttle departs every half hour for a fifteen minute ride to the Radisson Plaza Lord Baltimore. Cost is \$10 one way, \$15 round trip. Those arriving at Washington National Airport must rely upon taxicabs or limousine service. Train travelers will find that Baltimore's Penn Station is only a half mile from the Lord Baltimore Hotel; a cab ride costs \$4 to \$5.

### JOB JUNCTION

Convention attendees planning to participate in the Job Junction should bring a batch of resumes with them to distribute on-site. There will be an opportunity to make contacts with prospective employers and employees. For further information contact Bonnie Wallsh, NASAP's meeting planner, 173 Old Town Road, Staten Island, NY 10305, 718/979-1012, Fax 718/351-3598.

### WELLNESS AMENITIES

An energizing fun run or fun walk through Baltimore's scenic harbor area is scheduled for 7:30 a.m. on Saturday, June 22. Sign-up sheets will be available at the convention registration table. Classes in Tai Chi will be offered by Polly McElvaney Friday and Saturday mornings.

As an enhancement to the hospitality function, Bridget Ciapeta and Carol Romanoski will be providing 10 minute chair massages. This is a fee for service and will take place in the hospitality area of the convention bookstore.

### MCABEE TRIBUTE

There will be a tribute at the banquet Friday evening to Harold V. McAbee, namesake of the host group, MAPS. Hal, who died in 1993, was President of NASAP and longtime promoter of Individual Psychology. The event will be chaired by Betty Silon and will include excerpts from a video and remarks from Frank Walton and Henry Raymond.

President's Message:

## Full Speed Ahead For Baltimore

Well, are you ready to go to Baltimore? Our 44th Annual Convention and Workshops, set for June 20-23, promises to be a worthwhile expenditure of time and money. The local host group, McAbee Adlerian Psychology Society, has some creative and enthusiastic members working very hard to put on a great convention. (See details in this and previous Newsletters, or call the central office for a brochure.) Hope to see you there!

The recent elections for the Delegate Assembly (D.A.) are done and we need to say good-bye and thank you to three members going off. Ed Abelson, who recently represented the Education Section, decided not to run again after finishing his first term. He was chair of the Publications Committee and worked with that group to revise the guidelines for the journal. He also was instrumental in the development of the Adler/Dreikurs Century Fund and always kept us on our toes regarding procedure issues. Herb Laube represented the Business and Organization Section for the past six years and was ineligible to run for another term; he was chair of the Education Committee on the D.A. and worked with that group to implement the Certificate of Study of Adlerian Psychology. Erik Mansager graciously filled in last fall as a representative for Region 6A when Jane Nelsen stepped down for personal reasons. Erik decided not to run for a full term and we'll miss his enthusiasm. Thank you Ed, Herb and Erik!

I want to welcome the three new members: Steve Stein, representing the Business and Organization Section, Joyce McKay, representing Region 6A, and Linda Maier, representing the Education Section -- looking forward to working with you!

And, three current members were re-elected: Riki Intner, for Family Education; Norman Silverman, for Theory and Research; and myself, for Adlerian Counseling and Therapy (ACT). And, last but not least, Carole B. Aderholdt ran for and won the election to represent the Social Equality

Section after accepting an appointment last fall to fill the seat for six months after Amy Lew had to leave for personal reasons -- thanks again Carole, and to Riki and Norm too! Now that the new D.A. is at least organized on paper we'll be preparing the agenda for the meetings to be held on June 19th (Executive Committee) and 20th (full D.A.). We'll be following up on some current projects (see January Newsletter) and will address any concerns or ideas you'd care to send us. Please contact the office or one of your representatives. I'll look forward to hearing from you.

Mary Jamin Maguire, President

### Special Event Planned

Liliane Bensinger is still requesting to hear from people who attended the workshops organized by Rowena and Heinz Ansbacher at the University of Vermont from 1972-86 about sharing their knowledge from these workshops with NASAP. She will compile the responses in a booklet to be presented to Heinz Ansbacher. Responses should be sent to Liliane Bensinger, Alfred Adler Institute of Quebec, 4947 Grosvenor Ave., Montreal, QC, H3W 2M2.

Both workshop students and teachers are invited to attend a reunion following the Friday luncheon in Baltimore. Please RSVP to central office, 312/629-8801.

---Delegate Column---

## Adler and Another Big Issue

By Erik Mansager, Region 6A

Who could forget those rousing debates that the Adlerian community has engaged in when it comes to matters of opinion and all things theoretical? The *IP Reporter's* debate on striving for significance or belonging; the current discussion in *The Journal of Individual Psychology* on sexual orientation; this Newsletter covering the issue of "cureability" of alcohol dependence. It's all a sign of health, this kind of discussion. So in thinking about some of the big questions, I wondered about the issue of world population and what Adler's approach to that challenge would be today.

Adler was clear that he was personally "in favor of telling every woman plainly: 'You need not have children if you don't want to'" (1978, p.30). Further, "the question of deciding the number of children had best be left entirely to the woman" (1956, p. 434). The texts available in Heinz and Rowena Ansbachers' anthologies indicate that Adler probably considered abortion the primary means of birth-control available at the time, and thus supported the freedom of any woman to exercise such personal control.

Today he would surely confirm his attitude toward a woman's right to choose. Already in his day, humanity had become "less rigorous in its demand for unlimited offspring." This, Adler believed, "helped to assign to love, in addition to its original task of serving procreation, and almost independent of it, a new role, a higher level, an increase in happiness which certainly also contributes to the welfare of humanity." (1956, p. 434) Given the availability of contraceptives today, I believe it is a legitimate question to ask whether he would still support abortion as birth-control.

Perhaps fitting to an issue so heatedly discussed by religionists, it is from Adler's writing on religion that I found, for me, an answer. Adler understood that the whole project of religion was one of securing the well-being of the individual as well as the species. "How could it really have been the strongest endeavor of (humanity) to create an image of omnipotence, of unlimited greatness," Adler asks, "which would not include that which always has been and always will be (humanity's) hourly concern -- the concern for the preservation of itself *and of the individual...*?" (1964, p. 278, italics added). It is a constituent of humans-longing for security that all individuals feel they are safe to play a part (strive, belong and contribute). When the individual feels threatened or sees another threatened, that individual

(Continued next column)

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## Region 2B Initiates Fund To Develop Other Regions

Region 2B would like to challenge the other regions to join them in developing a fund that would be used for seed money for developing inactive regions, according to Susan Pye Brokaw, Region 2B delegate. Members of Region 2B found that when they wanted to get their region going, there was no money available for even one mailing. This made our task more difficult, Brokaw says.

"After struggling to get money to get started, we decided that we would like to contribute 10 percent of our profits from our first money making event to a fund to help other regions that want to start up," she said. Region 2B sent NASAP \$87 to start this fund and is requesting that other active regions each contribute a minimum of \$50. It is suggested that the fund money be loaned to regions to help them get started with the understanding that they would return the money to the fund once they were financially sound.

In addition to starting the fund, Region 2B made another donation from their profits directly to NASAP.

## Another Big Issue (contn.)

reverberates with a deepened sense of insecurity.

In light of this, I believe a reasonable consideration of Adler's position today would include: full support for contraceptive birth control; available counseling in abortion decisions weighing the pros and cons for the mother and society; and, I think, in light of his position on the total well-being of humanity, it would involve a whole-scale preventative effort to stop unwanted pregnancy from resulting in abortion and the subsequent weakening of the security of humanity brought on by the vulnerability of the individual.

Ansbacher, H., & Ansbacher, R. (1956). *The Individual Psychology of Alfred Adler*. New York: Harper & Row.

Ansbacher, H., & Ansbacher, R. (1964). *Superiority and Social Interest*. New York: W.W. Norton.

Ansbacher, H., & Ansbacher, R. (1978). *Cooperation Between the Sexes: Writings on Women, Love and Marriage, Sexuality and its Disorders*. Garden City, NY: Doubleday.

## NASAP 1996 Delegate Assembly Representatives

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### Dates To Remember:

Summer Institute, Aug. 11-16  
Denton, Texas

ICASSI, July 21-Aug. 3  
Warwick, England

IAIP Congress, Aug. 4-8  
Oxford, England

1997:

NASAP 97, May 22-25  
Vancouver, British Columbia

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### Members Approve Constitution Change

The constitution amendments on elections were approved by 248 NASAP members. A total of 262 members returned ballots, ten voted "no" and four were invalid. In November, the Delegate Assembly approved changes in the By-Laws regarding election of officers contingent upon approval of the Constitution Amendment by the membership. These changes will be in effect for the election of officers to take place in June in Baltimore.

Officers to be elected will be President, Conference Chairperson, Vice President, Secretary and Treasurer. Officers are elected from within the membership of the D.A. and they must have been Delegates for at least one year. Officers are elected for a two-year period and may be elected to another consecutive term provided the new term begins before the expiration of the officer's term as a Delegate. This year, Mary Maguire, Riki Intner, Patricia Kyle and John Newbauer are eligible for re-election. Henry Raymond is not eligible.

Nominations for officers will be held at the D.A. meeting on Thursday, June 20. Nominations may be submitted by members of the D.A. or by a Society member when carried by a delegate. The election will take place on Friday, June 21, and the officers shall be installed at the conclusion of the meeting in which they are elected.

###

**FREE DIRECTORIES AVAILABLE:** Members wanting additional copies of the 1995 Membership Directory may receive them for the cost of \$5 to cover postage and handling. Send your postage to the central office with your request.

### Donations

*(NASAP is ever grateful to its many donors. Below are contributions through May 3.)*

Cathy La Fitte  
Karolus Smejda  
Region 2B

*In memory of Tee Dreikurs*

Riki Intner  
Lynn Lott

### ICASSI Match Still Available

An anonymous donor will still match any contribution over \$50 from an ICASSI alumni to the Adler/Dreikurs Century Fund through June. In 1994, an ICASSI alum challenged all other alums to donate to the fund. So far nine people have contributed a total of \$1,886 and these funds have been matched.

If you are an ICASSI alum and wish to participate in this great benefit to NASAP's future, send your contribution to the central office marked "ICASSI match."

--News From Members--

## NAAP Recognizes Book On Adler

Edward Hoffman's biography on Alfred Adler, *The Drive For Self*, has won a 1996 Book Award from the National Association for the Advancement of Psychoanalysis for the most important book published in the last three years, Hoffman told the Newsletter.

"As you can imagine, I am delighted and also a bit stunned, as my book was very rough on Freud. Maybe this signals rising perspective on Adler once more," Hoffman commented.

###

Frank Walton reports he will be presenting a three-day workshop, July 12-14, on *Attention Deficit Hyperactivity Disorder*, at Adams State College in Alamosa, Colorado. The College's Institute of Counseling and Psychotherapy is offering the workshop to help teachers, parents, and counselors understand and help these children. Call 719/587-7626 for further information.

###

Casey Self has a new book available, *You Are Always in Our Hearts: A Book for Divorced Parents*, published by Kendall Hunt. The book is designed to guide parents in helping their children emerge physically and emotionally healthy through the trauma of divorce. To order call 800/228-0818.

###

*Leadership by Encouragement and Skills of Encouragement* are two recent releases by St. Lucie Press. Don Dinkmeyer and Daniel Eckstein are authors of the first publication which introduces a developmental model called *Improving Managerial Performance* for businesses and organizations.

Lewis Losoncy and Dinkmeyer authored the second book which helps individuals improve their self-esteem and personal skills through practical exercises. Call St. Lucie Press, 407/274-9906, or Fax 407/274-9927 to order.

###

Steven Maybell, an Adlerian therapist with 20 years of experience, is seeking to relocate in the Northwest, Midwest Northeast U.S. or Canada. Prospects should call 619/758-4658, Fax 619/726-6102, or Email: smaybell@owl.csusm.edu.

## NASAP Seeking Future Convention Hosts

Invitation to host NASAP Annual Conventions in 1998 and 1999 are being requested.

The host committee works with the Meeting Planner on local arrangements, promotion and publicity; supplies volunteers to serve as room monitors and to help with registration; and provides bookstore.

In keeping with the practice of geographical rotation, a southern site would be desirable for 1998 and a central one of 1999. However, applications are open to any interested group and location will be one of the factors considered in the selection process.

Site applications will be considered at the June meeting of the Delegate Assembly. The forms are available through the central office in Chicago. In order to be considered at the June meeting, the completed forms are due in the central office by June 15, 1996.

###

## Vancouver Is Site of '97 Convention

By Terry Colton, Publicity & Promotion

NASAP '97 will be held in Vancouver, B.C. May 22-25. The theme of the Convention will be *Building Community for 21st Century* and for those of us who live in this area, we can't think of a finer place to come to learn some Adlerian approaches to building a better world.

Vancouver is located on the West Coast of Canada and is truly the Jewel of the Pacific. Set against a backdrop of the Coast Mountains and a foreground of the Pacific Ocean it offers year round activities including golf, skiing, hiking and sailing. There are a wide variety of culturally diverse restaurants and shops to feed you and take your money -- which, as you are probably aware, will be worth at least 35% more for the U.S. dollar!-----

The Convention is planned to be held on the campus of the University of British Columbia which has excellent facilities, good food and good, quality accommodations. If you choose to stay in the Downtown area, a number of fine hotels are available but book early -- Vancouver is a popular destination.

Much of the draw to Vancouver is due to it's setting and because it is a natural port. Many of the large cruise ships use this as their "gateway" to Alaska and this is what we hope you will do after the Convention. That is, make it a holiday! We are in the process of arranging a 7-day cruise aboard the Royal Caribbean Cruise Line's *Legend of the Seas*. This will include some workshops and seminars that will be lighter in focus and allow people to learn and enjoy while soaking up the magnificent vistas of our mountain and fiord dotted coastline.

We'll tell you and show you more of our plans when we see you at NASAP '96 in Baltimore and we invite all our NASAP colleagues to join us in Vancouver for what we know will be, "A Little Piece of Heaven in '97!"

###

## Ten NASAP Members are IAIP Delegates

NASAP is a member of the International Association of Individual Psychology (IAIP) and as such we have 10 delegates to their International Congress to be held August 6 in Oxford. The delegates are to represent the interests of the Society in the IAIP deliberations and to report back to NASAP. Our delegates are: Edward G. Abelson, John F. Newbauer, Sylvia Robbins, Leon J. Taub, Rena R. Taub and Donald H. Taylor.

IAIP is to have election of its Executive Officers (President, Secretary-General, Treasurer) this year and have asked for nominations from member societies by June 30. Suggestions may be sent to the central office.

## News and Events from the Regions

### Regions 1A - 1B

**Vancouver, BC** - The Adlerian Psychology Association of BC will host a guest lecture by Richard Kopp, called *My Kidney's Failed But I Didn't, Winning My Struggle with Kidney Failure*, to be held the evening of June 8. The presentation is open to the public. Contact APABC, 604/874-4614, Fax 604/874-4634.

**Seattle, WA** - The Puget Sound Adlerian Society sponsors monthly case consultation and book study sessions for Adlerian counselors and therapists. On June 3 the group will discuss *The Challenge of Marriage* by Rudolf Dreikurs. For more information, call 206/283-8003.

### Regions 2A - 2B

**Chicago, IL** - The Adler School of Professional Psychology offers free Gerontological Colloquia programs as part of its Wednesday night educational series. *The 10 Biomarkers: Determinants of Aging that You Can Control* with Dr. William Buckley, an educator who teaches the biology of aging, will be presented June 26. To reserve a seat, contact Sally at Adler School, 312/201-5900, ext. 225.

**Eden Prairie, MN** - Region 2B held its first annual workshop and organizational meeting here April 20, reports Bob Warren. Twenty-three people attended the workshop on Brief Therapy of Personality Disorders presented by Michael Maniaci of the Adler School. After the workshop, officers were elected: Kathrine Fritsche, president; Dee Dege, president-elect for 1997; Meredythe McCarthy, secretary; Steve Carlson, treasurer; Bob Warren, member at large. The group plans to use some of the proceeds from the event as seed money for development of other regions. (See story, page two).

### Region 3A - 3B

**Orlando, FL** - The 20th Annual Southeast Region Orlando Conference will be held here February 20-22, 1997. Preparations are in progress for a special appreciation on this 20th anniversary for presenters who have participated throughout the years. Anyone interested in receiving a workshop proposal should contact Don Dinkmeyer, Jr. at 502/781-9481, Fax 502/781-1550, e-mail ddjr@wku.edu.

**Boca Raton, FL** - Oscar Christensen, James Bitter, Clair Hawes and William Nicoll will conduct a week-long training workshop here June 23-28. For information contact Bill Nicoll, coordinator, 407/367-3626, Fax 407/367-2309.

### Regions 4A - 4B

**Fort Wayne, IN** - The Alfred Adler Institute of Fort Wayne includes in its schedule: Adlerian Approaches to Family Counseling with John Newbauer, June 7-9. Contact Jan Richmond, 219/424-6443.

### Regions 5A - 5B

**Montreal, QC** - The Adler School of Psychology Montreal includes in its June schedule Psychopathology: Psychotic & Depressive Disorders with Carolyn Gralewski, June 7-9, Part I and June 21-23, Part II; and Professional Issues & Ethics in Marriage & Family Therapy with Clair Hawes, June 29-30. Contact Joanne Wiggins at 514/482-8789 or Fax 514/482-8785.

**Montreal, QC** - The Alfred Adler Institute of Quebec will offer *Theory, Technique and Supervision* with Robert Sherman, May 31 and June 1. Credit is available. Contact: AAIQ, 514/731-5675, Fax 514/731-9242.

### Regions 6A - 6B

**San Diego, CA** - The Americas Institute of Adlerian Studies offers a three-course Program for Professionals in Adlerian Psychology leading to certification. Each course is three and a half consecutive days in length and is open to all human service professionals and students. The schedule includes: Understanding Personality Development and Dynamics, June 6-9; Assessing Individual and Group Styles, October 24-27; and Applying Psychological Skills, TBA. The courses are taught by Steven Maybell and affiliated faculty. For more information, call 619/758-4658 or e-mail: smaybell@owl.csusm.edu.

**San Francisco, CA** - The Alfred Adler Institute of San Francisco's 11th Annual Classical Master Seminar, *Innovative Adlerian Case Analysis & Treatment Planning*, will be held at San Francisco State University, Seven Hills Conference Center, July 19-23. The seminar features Socratic style discussion, case illustrations, and experiential exercises. On-site accommodations are available. Contact Henry Stein, Director AAISF, 7 Cameo Way San Francisco, CA 94131, 415/567-4729.

AAISF also announces its new Internet web site, featuring information about Classical Adlerian philosophy, theory, and practice, including articles about Alfred Adler, Alexander Mueller, and Lydia Sicher. Web browser site: <<http://ourworld.compuserve.com/homepages/hstein>>. Another site, Behavior Online, features an interview with Stein and a discussion on *Classical Adlerian Psychotherapy*, <<http://www.behavior.net/>>.