

The NASAP Newsletter

July/August, 1996

Volume 29, Number 6

University of BC Is Site Of '97 NASAP Convention

The University of British Columbia's 450-acre campus will be the site of NASAP's 45th Annual Convention and Workshops May 22-25, 1997, to be hosted by the Adlerian Psychology Association of BC. Arthur Freeman, noted cognitive therapist and author, will give the keynote speech, featuring the convention theme, *Building Community for the 21st Century*.

Nestled on a hillside overlooking both the city of Vancouver and the Pacific Ocean, UBC offers a beautiful environment with hotel conveniences. The Walter Gage residence and conference center, which will house NASAP's convention participants and activities, is located in the heart of the campus. The residence is comprised of three 17-story towers containing single accommodations with shared washrooms and two low rise buildings housing private suite accommodations, single and double occupancy. Wheelchair-accessible suites are available and daily housekeeping service is provided.

In addition, the Gage complex has facilities to provide NASAP's daytime convention needs -- several large meeting rooms, a multi-purpose lounge and a large lobby area. Other amenities in the complex include a 24-hour front desk service, tour desk, convenience store, bank machine, in-house coin-operated laundry facilities, and a taxi stand.

Further details of the '97 convention will be in future newsletters.

Proposal Deadlines

NASAP members have been mailed workshop and convention presentation proposal forms. Additional forms are available from the central office. Deadlines will be **strictly observed**:

workshop: postmarked by **Sept. 13**
convention: postmarked by **Oct. 11**

Proposals postmarked after those deadlines will be returned.

Honored Guests At Convention



Kenneth B. Clark (left) and John Marshall, son of Supreme Court Justice Thurgood Marshall, attend the Baltimore Convention to receive special Social Interest awards from NASAP.

NASAP had the privilege of honoring the most prominent parties in the legendary United States Supreme Court case, *Brown vs. Board of Education of Topeka* -- social psychologist Kenneth B. Clark, Justice Thurgood Marshall, and the National Association for the Advancement of Colored People, at its 1996 Convention in Baltimore, June 20. Henry Raymond, Treasurer of NASAP, presented all three awards. John Marshall received the posthumous award for his father.

The theories of Alfred Adler were instrumental in arguing against the *separate but equal* schools that were being sought by Kansas and other states back in the 1950's. In the historic Brown decision of May 17, 1954, the Supreme Court ruled in favor of the plaintiffs, African-American children of elementary school age residing in Topeka, stating that "to separate them (the children) from others of similar age and qualifications solely because of their race generates a feeling of inferiority as to their status in the community that may affect their hearts and minds in a way unlikely ever to be undone." Kenneth B. Clark headed the team of social scientists who called upon Adler's theories about inferiority and the need for equality in our society to sway the highest court in their decision. The Social Interest plaque awarded to him states "You have been a valued scholar to the psychological field, a model of social conscience to humanity, and an exceptional social scientist with extraordinary vision and skills."

The plaque that John Marshall accepted on behalf of his father states that he "made unparalleled sacrifices to end the nightmare of segregated schools, he was a champion of social conscience to humanity, and an exceptional human being..." The award for NAACP stated "in appreciation for your untiring efforts in fighting discrimination and segregated schools while Justice Thurgood Marshall fought daringly and won the renowned Supreme Court case..."

For Kenneth Clark, this was not the first time he appeared before an Adlerian convention. He addressed the 13th annual meeting of the American Society of Adlerian Psychology (predecessor of NASAP) in New York City, May 26, 1967. His speech is printed in Volume 23, Number 2 of the *Journal of Individual Psychology*.

---Delegate Column---

Helping Our Roots Grow

By John Newbauer, Clinical Section

It seems to me that the growth of NASAP depends on two things: first, the individual members of the organization and second, the Affiliate Organizations to which a lot of the individual members belong. While many understand the importance of individual membership, few seem to realize there is another important element to the Society, the Affiliate Organization. An Affiliate Organization is a unit of 10 or more members in good standing or in the case of an Institute or Graduate School, a unit with an active faculty and a student body of 10 persons. The Affiliates are governed by their own rules and principles of operation independent of the Society as long as they are consistent with the NASAP Constitution and purpose.

These Affiliate Organizations can be small or large. They can be Family Education Centers or Training Institutes or Graduate Schools. A group of 10 or more persons who wish to become Associate or Regular members of the organization can form an Affiliate Organization by making application to the NASAP Executive Director and submitting a copy of the constitution or principles of operation. Contact the central office or persons in existing Affiliate organizations for assistance.

Why bother? Is this what's running through your mind? If so, think about it for a minute. By having an Affiliate Organization in your area you are providing a focus for your Adlerian work and interest. We all know how possible it is to forget about basic philosophical ideals and principles when we are cleaning the swamp. The Affiliate Organization helps provide a connection with each other and also with NASAP. The local Affiliates offer leadership to the area members and a sense of cohesion and opportunity for cooperation. Some Affiliates sponsor monthly luncheons during which they have a speaker present a paper on a particular topic that would be of interest to the members. Others have book or video discussion groups. Some groups offer open forum counseling demonstrations on a regular basis or case consultation. Some provide annual workshops with CE's for their members and also for area professionals.

One way in which NASAP can help these Affiliate Organizations, especially those which have primarily a professional make-up, is to provide Continuing Education Credit through the American Psychological Association (APA) and the National Board of Certified Counselors (NBCC).

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Jerianne Garber, Editor
Neva Heitner, NASAP Executive Director

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News From Members

Martin Seligman, psychology professor at the University of Pennsylvania, author of the well-known **Helplessness** and **Learned Optimism** and now contestant for the presidency of the American Psychological Association, has acknowledged Alfred Adler as "in many ways our most important historical ancestor."

Seligman made this statement in reply to a letter by **Heinz Ansbacher** which pointed out the great similarity between Seligman and Adler in stressing prevention of mental disorders as a main concern of psychologists. # # # #

Accelerated Development has announced two new releases by NASAP members. The second edition of **Psychopathology and Psychotherapy: From DSM-IV Diagnosis to Treatment**, edited by Len Sperry and Jon Carlson, will be released this summer. This 704-page book features contributions from many Adlerian psychologists and integrates the diagnostic feature of DSM-III-R with the dynamic and systems-based theory of Individual Psychology.

The Greatest Adventures in Human Development: You Are the Hero, by G. Kenneth West, is an undergraduate text which takes the reader through many adventures to illustrate human development. # # # #

Al Milliren reports that the University of Texas, Permian Basin, of Odessa, TX is accepting applications for a faculty position in Counseling Education and Educational Psychology at the assistant professor level. This tenure track position will be available spring semester, January 1997. A doctorate in counseling education is required and public school counseling preferred. Application deadline is September 15. For details call Al Milliren at 915/552-2136. # # # #

Steve Maybell reports that he has a new position as Clinical Program Director of Youth Eastside Services in Bellevue, Washington and wishes to thank his fellow Adlerians for their response to his job search. He can now be reached at 205/747-4937, FAX 206/957-0351.

Neval L. Heffner, B.A.
5431 S. Cornell Ave., 2nd fl.
Chicago, IL 60615

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FE Section Offers **Family!** Newsletter Sample

By Nancy Hawkins

The Family Educations section is growing and needs your support! Benefits of section membership include a subscription to **Family!**, the section newsletter which is published three times a year with news and articles on Adlerian Family Education.

A recent edition of **Family!** included an article on *Multicultural Sensitivity in Parent Education* by Don Dinkmeyer, Jr. which noted multicultural barriers in the areas of language, values, stereotypes, social class, race and ethnicity, gender, age, and disabilities along with strategies for the parent educator when multicultural issues arise. An article by Betty Lou Bettner and Amy Lew, *Establishing a Logical Social Order*, includes specific ways that parents can deal with a child's disturbing behavior in the home that do not undermine the child's responsibility and promote mutual respect and positive regard.

Editor Richard Smith is now accepting news and articles for publication. To receive a sample copy of **Family!**, send a self-addressed, stamped envelope to Richard Smith, **Family!**, 9855 Shadow Way, Apt. 2119, Dallas, TX 75243. # # # #

IAIP DELEGATES: Due to recent amendments to the International Association of Individual Psychology's constitution, the maximum number of delegates for member societies has decreased to eight. NASAP's delegates to the IAIP Congress in Oxford in August are: Edward G. Abelson, Marion Balla, Mary J. Maguire, Joyce L. McKay, Sylvia Robbins, Leon J. Taub, Rena J. Taub and Donald Taylor.

Donations

(NASAP is ever grateful to its many donors. Below are contributions through July 23.)

ACT Section
Carol Juran
Jordan Levin
William H. McKelvie

In honor of Steven Maybell
San Diego Soc. of Adlerian Psych.

A/D CENTURY FUND
In memory of Tee Dreikurs
George W. Linden

The Newsletter Needs Your Input!

This Newsletter will only be a good as its members make it. We need your news items, "how to" articles that share your successful ideas with readers, and other articles of interest to Adlerians. Deadline for timely items is the first of the month preceding the month of issue. Send all articles to the central office, 65 East Wacker Place, #400, Chicago, IL 60601, or FAX 312/201-5917.

*Executive Director's Message***Thanks To All Convention Participants**

Baltimore is now history and it is on to Vancouver. However, we cannot leave Baltimore without expressing our appreciation to the **McAbee Adlerian Psychology Society (MAPS)** for hosting our 44th Annual Convention and Workshops. Their committees, under the leadership of **Steven J. Stein**, Convention Chair, began working over two years ago. The committee chairs were joined by numerous enthusiastic and capable volunteers from MAPS, **Parent Encouragement Program** and the **Family Education Center of Southern Maryland**, who put in many hours to make this event happen.

We are grateful, as well, to the presenters at both the pre and post workshops and the convention who were willing to share their knowledge and experience. And, of course, the attendees themselves contributed with their active participation. *(continued next column)*



Washington columnist, Bob Levy (pictured left), gave the keynote speech, addressing the theme, *Social Equality: The Challenge of Today*. At the Saturday luncheon, attendees were treated with a talk by Janet Turner (right) citing her experiences with Rudolf Dreikurs and her contributions to his biography, **The Courage To Be Imperfect**.



Mary Jamin Maguire, re-elected president of NASAP, presents a plaque to Don Dinkmeyer, Jr. honoring him for his many contributions to NASAP. Also honored, but unable to attend, was Jon Carlson, an outgoing Editor of the Journal and his assistant, Candace Ward Howell.

Over 50 people donated more than 80 items to the Silent Auction and there was much activity around the auction tables at the convention. Our thanks to **Carole Aderholdt**, chair of the auction, and to those who participated, both as donors and bidders.

Appreciation Honors

Time was spent at the banquet Friday evening acknowledging past contributions of members. **Don Dinkmeyer, Jr.** received a plaque in appreciation for his "willingness to share his expertise and creativity" during his thirteen years of dedicated service on the Delegate Assembly, four years as President and five years as Newsletter Editor.

Jon Carlson was recognized for his "commitment to revealing the universality of Adler's ideas as applied to all aspects of peoples' lives" during his eighteen years as editor of the Practice and Application issues of the Journal. James Bitter, new editor of the Practice and Application issues of the Journal, expressed appreciation to **Candace Ward Howell**, who managed manuscript flow, edited articles and proofread galley for the past seven years.

Certificates of appreciation were presented to out-going Delegates: **Edward G. Abelson**, **Herbert H. Laube** and **Erik Mansager**.

Special Tribute

A special tribute was paid to the memory of **Harold V. McAbee**, founder of MAPS and Past President of NASAP. Excerpts of a video interview with Hal on the roots of Adlerian psychology were shown. Betty Silon, Henry J. Raymond and Francis X. Walton commemorated and celebrated Hal's life with anecdotes and comments.

Officers

Mary Jamin Maguire was re-elected President to serve for a two-year term. Other officers elected were: **Riki Intner**, Conference Chairperson; **Edna Nash**, Vice President; **Rachell N. Anderson**, Secretary; **John F. Newbauer**, Treasurer. **Robert Armstrong** continues to serve on the Executive Committee (E.C.) as Past President. The E.C. will meet September 7-8 and October 31-November 1. Items for the agenda may be sent to the central office prior to the meetings.

Neva L. Hofner, Executive Director

News From Members**Anniversary Celebrations**

Blooming Grove Academy, a C4R school located in Bloomington, Illinois, is celebrating their 10th anniversary this year, according to Dina Emser, Director. The school was founded by Claudia and Al Milliren on the ideas of Alfred Adler and is based on a school model developed by Raymond Corsini. The four R's stand for *respect, responsibility, resourcefulness and responsiveness*. When the school opened ten years ago it had two staff persons and 30 full time and part time students, ages two through 12. Now it boasts 25 full time and part time staff members and 162 students.

"Blooming Grove Academy is unique in that it seeks to educate both children and parents about the ideas of Alfred Adler," said Dina Emser. The School provides parent study groups which use books authored by many Adlerians. To provide such unique services to both parents and children is costly, she notes. The school is seeking donations from any Adlerians who may be interested in seeing their program grow. Those who contribute \$100 or more will receive a subscription to the school newsletter, *What's Blooming*, and the literary magazine, *The Blue Seashell*. Send donations to Blooming Grove Academy, 510 E. Washington St., Bloomington, IL 61701-4102.

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Maple Ridge Family Education Centre of Maple Ridge, British Columbia, has been providing parenting and personal development programs in its community for 25 years. "We've grown from a *kitchen-table-group* inspired by the work and message of Clair Hawes, through the church basement stages, to our own leased premises," comments Executive Director Diane Thorne. Maple Ridge is now seeking to purchase their own building so the Centre can offer 60 programs a year.

To help the Centre celebrate, Thorne is requesting NASAP members send messages to be read at the Anniversary Dinner, October 19, and/or buy a leaf on their *Branching Out Tree* as a contribution. Messages and donations should be sent to Maple Ridge Family Education Centre, 22342 Selkirk Ave., Maple Ridge, BC V2X 2X5 CANADA.

How Presentations Are Chosen for Convention

By Susan Pye Brokaw, Convention Committee

Applications have just been sent out for NASAP '97 Convention presentations. You may wonder how the presentations are chosen for our convention. First, it is important to know that we are limited in the number of rooms we get for presentations because of the size of our convention. We are a small organization compared to others, but we use more meeting rooms. Hotels are reluctant to give us more rooms because our group is small and our sleeping room pick-up is low.

Secondly, all presenters are asked to designate which section their presentation would be appropriate for: Business, Clinicians, Counseling & Therapy, Education, Family Education, Social Equality and Theory & Research. The representatives that you elect for each of these sections select the presentations for your section. The Executive Committee selects the pre and post convention workshops. The sections do work together. Sometimes a section will have fewer proposals or different time slots so they can trade. The criteria that they look at are: Timeliness of topic, topic interest, previous evaluations of the speaker and name recognition. They also try to avoid having several people speak on the same topic.

If you have preferences regarding topics or speakers, you can mention it to your section representative. If you send in a proposal, consider carefully the section you want to present for. For example: it might be easier to be chosen for Social Equality, if your presentation fits, because they get fewer proposals. You should also know that your representatives might not know if you have ever submitted a proposal before, so if you are turned down twice, please do not take it personally. One of our biggest problems is that we get so many excellent proposals that it is very hard to choose.

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Helping Our Roots Grow (Continued from page two)

This becomes an incentive for members because most states that have licensure of psychologists and counselors require some type of approved training for their licensees. In addition, it becomes a drawing card for psychologists and counselors in your region or area as they, too, need approved training. This may encourage them to participate in an Adlerian based training opportunity that they would not ordinarily consider.

Another way that NASAP can help local Affiliates is by providing a core group of training programs and presenters who are willing to put on workshops for a reasonable fee. The Education Committee of NASAP's Delegate Assembly is in the process of developing a "menu" of presenters and workshops based on presentations and workshops at the most recent conventions. This may take some time but hopefully by November we will have at least a few which we can announce are available.

The primary idea is that the local group would provide the place, the audience, collect the money, and organize the event. The local group would have to charge, or at least have money available to pay the presenter a modest honorarium as well as travel expenses. NASAP will provide national advertising of the event through the APA Monitor CE Calendar listings and also through the NASAP Newsletter, plus APA and NBCC Continuing Education Credit for the workshop. Probably not all Affiliates will want to take advantage of this or be able to. We would like feedback from the membership and especially those in Affiliate Organizations, or wishing to form Affiliate Organizations, about how this might best be structured to meet your needs. Please send feedback to: John Newbauer, Ed.D., Phoenix Associates, Inc., 2200 Lake Ave., Suite 260, Fort Wayne, IN 46805 or e-mail at phoeni2971@aol.com.

News and Events from the Regions

Regions 1A - 1B

Vancouver, BC - The Adlerian School of Professional Psychology has several courses scheduled for August including: Management of Aggressive Behaviour with Rick Fabbro, August 12-13; Classroom Discipline with Diane Pollard, August 14-15; Kids Under Stress with Marion McCristall, August 19-20; and Attention Deficit Hyperactivity Disorder with Deb Bailey, August 21-22. To register call 604/874-4614 or FAX 604/874-4634.

Regions 2A - 2B

Chicago, IL - The Adler School of Professional Psychology will hold a reception and banquet October 19 at the Ramada Congress Hotel here to honor Harold Mosak for his many contributions to the field of psychology. Proceeds from this event and a special fundraising drive will be used to establish *The Harold Mosak Award for the Advancement of Adlerian Psychology*, the Adler School announced. This fund will provide an annual award to a qualified candidate who is seeking to advance Adlerian Psychology in "some significant and enduring way." For more information contact Sally Powell, 312/201-5900, ext. 225.

Region 3A - 3B

Myrtle Beach, SC - The South Carolina Society of Adlerian Psychology will hold its annual conference here September 20-22. The three-day conference will feature 75-minute presentations and half and full day workshops on all aspects of counseling and therapy. For further information contact Frank Walton, 803/798-0300 or Fax 803/798-9005.

Tampa, FL - The Florida Adlerian Society will hold its Second Bay Area Conference, **Towards a Deeper Understanding of Adlerian Psychology**, here November 1-2. Those interested in submitting a proposal for the conference should contact Gloria Elwell 352/521-1463 or Timothy Evans 813/973-4471.

Orlando, FL - The 20th Annual Southeast Region Orlando Conference will be held here February 20-22, 1997. Preparations are in progress for a special appreciation on this 20th anniversary for presenters who have participated throughout the years. Anyone interested in receiving a workshop proposal should contact Don Dinkmeyer, Jr. at 502/781-9481, Fax 502/781-1550, e-mail ddjr@wku.edu.

DREIKUR'S SAYINGS: The modern teacher is confronted with children who are too often already handicapped by their home training.

Regions 4A - 4B

Fort Wayne, IN - The NASAP Midwest Regional Conference will be held at the Marriot Inn here October 17-18. Arthur Freeman, a leading practitioner of Cognitive Therapy, will be the guest speaker. Attendees will be able to earn 14 CE credits at the two-day event, which is co-sponsored by the Alfred Adler Institute of Fort Wayne. For more information call 219/424-6443.

Regions 5A - 5B

New York - The Alfred Adler Institute of New York is offering several courses this fall for its three-year program in Adlerian theory and the use of psychotherapeutic techniques. Beginning October 1, first year students can take Basic Principles of Individual Psychology with Kurt Adler; second year students, Theory and Practice of Psychotherapy with Robert Ellenbogen; and third year students, Group Psychotherapy in Different Settings with guest lecturers coordinated by Rena Taub. For more information contact AAINY, 212/254-1048 or 8271.

Toronto, ON - The Adler School of Psychology Ontario has a full schedule of fall courses. Courses beginning in early September include: Professionals Issues & Ethics, September 9, with D. Dalton; Psychodynamics: Psychotic & Depressive Disorders, September 12, with D. Teplin; Psychodynamics of Psychopathology: Adlerian, September 13 and Introduction to Life Style Diagnosis, September 15 both with M. Maniacci. To register call 416/480-2303 or FAX 416/480-9358.

Montreal, QC - Adler School of Professional Psychology Montreal has the following courses coming up: Advanced Abnormal Psychology with Vadney Haynes, Aug. 23-25; Principles of Adlerian Psychology with Michael Maniacci, September 6-8, Part I, and September 27-29, Part II; and Small Group Supervision with Howard Pollack, September 28-29. Call 514/482-8789 or FAX 514/482-8785 to register.

Regions 6A - 6B

San Francisco, CA - The Alfred Adler Institute of San Francisco announces its new Internet web site, featuring information about Classical Adlerian philosophy, theory, and practice, including articles about Alfred Adler, Alexander Mueller, and Lydia Sicher. Web browser site: <<http://ourworld.compuserve.com/homepages/hstein>>. Another site, Behavior Online, features an interview with Stein and a discussion on *Classical Adlerian Psychotherapy*, <<http://www.behavior.net/>>.