

# The NĀSAP Newsletter

October, 1996

Volume 29, Number 8

## Many Extras Planned For Vancouver Convention in '97

By Terry J. Colton

The North American Society of Adlerian Psychology is holding its 1997 Convention in Vancouver, BC from May 22 to 25. The convention will be held on the campus of beautiful University of British Columbia with on-site comfortable accommodations at very reasonable prices.

The keynote address by Arthur Freeman will be *Adlerian Roots of Cognitive Therapy*. Freeman is the Director of the Cognitive Therapy Training program at the Adler School of Professional Psychology and the President of the Association for Advancement of Behavior Therapy.

Many other dynamic, creative and thought-provoking Adlerians from across North America will be presenting along the theme of the '97 Convention: *Building Community for the 21<sup>st</sup> Century*. Following the Convention, a special optional cruise is being planned from Vancouver to Alaska on the Royal Caribbean Legend of the Seas. Other events include an evening at the aquarium, a harbor dinner cruise and other special and exciting Adlerian surprises.

More information will be appearing in upcoming issues of the NASAP and Adlerian Psychology Association of BC newsletters. (APABC is the local host organization for next year's convention). Please help publicize this event through your (organizational) newsletter and member meetings.

Thank you for your cooperation. We look forward to seeing you at NASAP '97 for a *Little Bit of Heaven in '97*.

## *NASAP Seeking Ansbacher Lecturer Nominations*

As reported in previous newsletters, the four Ansbacher sons, and their families, made a gift to NASAP at the end of 1995 to establish the Heinz L. and Rowena R. Ansbacher Lecture Fund. The Fund supports an annual lecture to be given at the NASAP convention on a topic of significance for Adlerian theory or scholarship. The Lecture honors Heinz and Rowena for their dedication and exceptional contributions to preserving the basic writings of Alfred Adler and for making them accessible to a wider world of scholarly inquiry.

In addition to the address at the convention, the Lecture will be published in the Society's journal, *Individual Psychology*. Heinz and Rowena Ansbacher were editors of the Journal from May, 1957 through November, 1973 and Heinz still serves as an Associate Editor for the Theory and Research issues.

Heinz was a Charter Member of NASAP and Rowena has been a member for over 30 years. Both served on the Board of Directors and Delegate Assembly and Heinz is a past president. They have been active supporters and promoters of NASAP and Adlerian psychology and their influence continues even as we move into the 21<sup>st</sup> century!

### **Nominations for Lecturer**

Arthur Freeman was chosen to be the first Ansbacher Lecturer at the Convention in Vancouver in 1997. Nominations are being solicited for 1998 and 1999. When sending in a nomination, please provide the following:

- Description of significant professional contributions the person has made which are relevant to Adlerian theory in the context of the larger field of psychology.
- Information about the effectiveness of the nominee as a speaker.
- Address and telephone for the nominee.
- **Due date for this information to be in central office: October 25.**

### **Contributions To Fund Welcome**

Members are invited to contribute to the Fund as a way of honoring Heinz and Rowena Ansbacher and to ensure continuation of the annual Lectureship. All donations will be added to the principal of an endowment and interest only will be used to cover honorarium and other expenses connected with the Lecture. Make the donation payable to NASAP and designate it for the Ansbacher Lecture Fund.

### **DATES TO REMEMBER**

NASAP DA Meeting  
November 1-3

NASAP '97, May 22-25  
Vancouver, BC

ICASSI, July 20-August 2  
Schladming, Austria

## Summer Training Institute Report

By John Newbauer, Education Committee Liaison

At our meeting in Baltimore, several people raised questions concerning NASAP's Summer Training Institute. It became apparent that many of the members were not aware of the history of NASAP's Summer Training Institute and we thought it would be appropriate to summarize its history briefly and factually.

One of NASAP's missions is to disseminate Adlerian principles and practices. To this end, a training program and accompanying business plan were approved in 1992 by the Delegate Assembly. It was also supported by Region III which donated \$3200 to NASAP's budgeted \$1800 for "seed money" for the project. This contribution and support from Region III was very important in helping us get this project started. A faculty was chosen for the first training institute consisting of Oscar Christensen, Clair Hawes and Jim Bitter. To generate interest in the Summer Training Institute which was an intensive residential program, the faculty offered a special 3-day Pre-Convention Workshop at the Chicago NASAP Convention in 1992. The net income to NASAP from that workshop alone was \$4,458. The presenters were paid our standard workshop fee of \$600 for these three days which they divided among themselves.

That same year, Clair Hawes, Jim Bitter and Bill Nicoll offered a workshop for the American Counseling Association (ACA) membership and generated additional interest in NASAP's Summer Training Institute.

The initial summer workshop was scheduled for Vancouver in 1993 but had to be canceled due to insufficient enrollment. The loss, in terms of the "seed money" was relatively minor, setting us back only \$360. However, this was a very discouraging event for the faculty after all the anticipatory work done by the faculty and Bill Nicoll. At that point, Bill Nicoll assumed the role of coordinator for the summer project and the next event was scheduled for Tampa, Florida. The return to NASAP after this institute in 1994 was \$781.33. The next year, the same institute was held in Boca Raton with the same faculty and the return to NASAP after this conference was \$4576.99 bringing NASAP's total profit

(Continued next column)

from the three years of the Summer Institutes (Vancouver in 1993, Tampa in 1994 and Boca Raton in 1995) to \$5,128.61. When we figure in the money from the 1993 Pre-Convention Workshop by the Summer Institute Faculty, the total income was \$9,586.61 over this three year period. This was in addition to repaying NASAP the \$5000 in "seed money" which was originally allocated by NASAP and Region III.

The faculty received \$750 each in 1994, and \$1200 each in 1995 for six days of training and an enormous amount of preparation. This is much less than any of them make in their usual roles as consultants, psychotherapists or educators. The Coordinator for the Summer Institute was not paid in 1993 or 1994. He was paid \$2096.50 in 1995 (10% of the gross income, as had been part of the plan approved by NASAP's Delegate Assembly).

At the end of 1995, this training faculty completed its part of the Summer Institute plan as agreed and a new faculty and training program were approved for 1996. Due to lack of registration, the 1996 Summer Institute was not held. In September, 1996, the Executive Committee decided not to hold the Summer Institute in 1997 until we can determine how to coordinate it with our new convention/meeting planner and the Education Committee's proposal to have a Traveling Institute on an ongoing basis.

One additional point should be made and that is that 75% of the participants attending the Summer Institute in 1994 and 1995 were non-Adlerians when they came. When these participants left the 1994 and 1995 training, a number of them chose to come to the Region III conference, ICASSI, or the next NASAP convention, all for the first time. Some of these individuals became full NASAP members. This fits very well into NASAP's immediate and long-range goals of increasing membership but more importantly spreading Adlerian principles and practices which we feel will continue to be addressed by the Traveling Institute.

### The NASAP Newsletter

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## THANKS FOR SILENT AUCTION SUCCESS

By Carole Aderholdt, Auction Chair

Thanks to contributors to the 1996 **Silent Auction** at the Baltimore Convention, Adlerians are not only reading, listening and studying; but eating, drinking, and being merry — vacationing *from sea to shining sea!*

There were books and tapes and conference registrations. Smoked Pacific salmon and Saskatoon jam, California wine and 1979 Bordeaux! Elaine Davies cross-stitched *Gemeinschaftsgefühl* will hang on someone's wall, and Jennifer Randolph has decorated homes from Rockville, Maryland to British Columbia with her artistic crafts. We had a condo in Ocean City and a cabin at Lake Tahoe; B&Bs in Bethany Beach, Delaware and Tucson, Arizona; and a resort in the mountains of western Carolina.

Bob Powers and Jane Griffith sent a complete set of the **Individual Psychology Reporter**, and Buzz O'Connell sent a box of vintage Adlerian memorabilia. Also contributing in absentia, Kevin O'Connor sent his book, **When All Else Fails — Find Solutions to Your Most Persistent Management Problems** and his fine and very relevant videotape, **Establishing and Maintaining an Adlerian Private Practice During Uncertain Times**.

Next year, in connection with the convention in Vancouver, while one party visits Grouse Mountain via tickets provided by Edna Nash, Clair Hawes will be guiding another party of two on a tour of the area by car and foot.

Thanks to Amy Lew's generosity, some fortunate people will get to hear a tape of Rudolf Dreikurs playing and interpreting lifestyles on the piano! And in highly entertaining, lively bidding very rapidly conducted by Daniel Eckstein as a surprise at the conclusion to the Saturday luncheon, Richard Kopp won the beautifully framed large photograph of Dr. Dreikurs that Janet Turner brought in!

All in all, this year's auction was interesting and a lot of fun (the above but a sampling) and netted almost \$3,000 for NASAP and the local McAbee Adlerian Psychology Society (MAPS) to divide. Many, many thanks to all who participated!

--News From Members--

### ICASSI '96 Provided Fellowship and Sights

By Kim Unrau

ICASSI '96 was a time of great fellowship, sharing and learning for all those who attended. It was held this year at the University of Warwick in central England. The University was modern and comfortable, and located in the beautiful Warwickshire countryside. The nearby city of Coventry, with its lovely modern cathedral and moving war memorial, provided a great place to visit in our free time.

Highlights from this year included the International Auction, Youth Night (where we all learned to dance the Macarena), and the Classical Music Night which featured three female tenors. The level of talent that was shared was truly outstanding! Another high point was attending a Shakespearian play, *Troilus and Cressida*, by the Royal Shakespeare Company in Stratford-upon-Avon, birthplace of the Bard himself. Weekend tours provided many ICASSI participants the opportunity to experience the grandeur of Warwick Castle and the mellow charm of the Cotswolds. Many thanks to our English Adlerian friends for all their hard work in making ICASSI '96 so memorable.

## NEWS FROM MEMBERS

**Sharon Arkin** reports that she will have a research faculty position for five years at the University of Arizona Department of Speech and Hearing Sciences, thanks to a recent grant from the National Institute on Aging. She explains her study: "I will be expanding and experimentally testing my Alzheimer rehab project, which uses students as partners to persons with dementia. The student assists the demented person to do a weekly volunteer service task and does memory and language therapy with him or her.

Demented participants will be involved for four semesters, with a series of four different students as partners. Their language and cognitive functions will be tested periodically and compared to those of a national sample of Alzheimer patients who get periodic testing, but no intervention."

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**Richard E. Watts** is recipient of a grant from the Theory & Research Section to research personality constructs, such as life style and level of social interest, and their relationship to choice of academic major. He will use the *Basis-A* test, created by NASAP members Mary Wheeler, Roy Kern and William Curlette, for his research.

Watts also reports that he will guest edit a special edition of the Journal of Cognitive Psychotherapy which will address the topic of a dialogue between Adlerian and Cognitive therapies. He will inform the newsletter when this issue will be available and how members may receive a copy.

He says he has "a real interest in taking Adlerian theory and practice beyond the 'Adlerian womb'." He has written many Adlerian theory articles for mainstream journals, most recently he published an article delineating the similarity between Adler's *social interest* and Rogers' *core conditions* in the Journal of Humanistic Education and Development.

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**NEWSLETTER DEADLINE:** *The final 1996 issue will be a double issue. Please send all your news items to be in the central office (see editorial box) by November 8.*

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Adlerian Psychology  
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**---International News---**

**ICASSI '97 Will Be in Austria**

The 30<sup>th</sup> Annual Rudolf Dreikurs Summer Institute (ICASSI) will take place in Schladming, Austria July 20 through August 2. Schladming is a scenic small ski resort which is surrounded by mountains and located near Salzburg. The two-week summer school offers courses in Adlerian psychology from the introductory to the advanced level in multi-languages. Participants are encouraged to bring their families; there are children programs available for ages four through 17.

There are two types of scholarships available:

- 1). **major scholarships** cover tuition and accommodations
- 2). **tuition scholarships** cover tuition and fees only.

Scholarships are not offered for traveling expenses. North Americans can obtain application forms from Oscar Christensen, 7002 Soyluna Place, Tucson, AZ 85715. Completed application forms must reach him by February 15, 1997. A registration booklet will be available in January. Contact Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, Fax 301/595-0669 to receive one.

**Upcoming D.A. Meeting**

NASAP's Delegate Assembly (D.A.) is meeting in Chicago from Friday noon, November 1 through Sunday afternoon, November 3. The Executive Committee meets prior to the D.A. meeting, beginning on Thursday morning, October 31. The Friday afternoon D.A. session will be devoted to receiving and discussing the Long Range Planning Committee report on the administrative structure of NASAP. Information will be printed in subsequent issues to obtain input from members. The Standing Committees meet a good portion of Saturday and report back to the D.A. with action items. Section Delegates meet on Sunday to select convention programs while Region Delegates discuss mutual concerns. Members are encouraged to send central office any suggested agenda items or concerns to be considered by the E.C. or D.A.

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**Journal Delayed!**

Third quarter IP Journal (September, 1996) will not be mailed until mid November and the final quarter (December, 1996) until March, 1997. **Please make note of this — especially half-year members.**

## Letter To The Editor

*(The following letter was sent to the journal. We print it here for any readers who may want to contribute to or correspond with its author.)*

I am a prisoner in the Arkansas Department of Correction, training to be a Certified Substance Abuse Counselor and I am very interested in using Adlerian Therapy, integrated with some of the addiction perspectives.

I work in the substance abuse treatment program here and I feel a need to expand the information that I have, however, our library is limited. I am without funds to pay for books and was hoping that perhaps you could find a way to send me used or damaged books, a subscription to Individual Psychology, or information that would be helpful in my studies.

The only way that I have to pay for this help is to promise to share all the information with other prisoners in hopes of reentering society, mentally healthy. Also, if there is anyone there interested in corresponding with a prisoner concerning addiction and Adlerian therapy, I would be willing to correspond with them.

Finally, thank you very much for any help that you can give me with learning all I can about Adlerian therapy.

Harold Davey Cassell  
A.D.C. No. 73885  
P.O. Box 500, No. 1 Bks.  
Grady, AR 71644-0500  
###

## NEW BOOKS FROM MEMBERS

Jane Nelsen has a new book available **Positive Discipline: A Teacher's A-Z Guide**. The 349-page publication is co-authored by Roslyn Duffy, Linda Escobar, Kate Ortolano and Debbie Owen-Sohocki.

This book covers over 100 classroom difficulties from everyday gum chewing to more serious issues such as gangs and violence. It provides discipline solutions for such problems for all grade levels. Cost of the book is \$14.95 U.S., \$19.95 Canada. For ordering information, contact Empowering People Associates, 916/961-5551, Fax 916/961-5570.

## Two Booklets for Working with Children

Review by Terry Kottman

Speaking as someone (or should I say "writing as someone") who works with children, their parents and their teachers, I feel compelled to rave about the new publications by Amy Lew and Betty Lou Bettner: **A Parent's Guide to Understanding and Motivating children** and **Responsibility in the Classroom: A Teacher's Guide to Understanding and Motivating Students**. These very economically-priced booklets (\$5 each) are invaluable resources for counselors, psychologists, teachers, and other professionals who work with children and their families.

**A Parent's Guide to Understanding and Motivating Children** explains many basic Adlerian concepts about parenting in clear language that is sure to captivate the interest of parents and inspire them to apply these principles with their children. The authors describe how important the "Crucial C's" (connection, capability, counting and courage) are for children's survival during the various phases of their development and how not having these protections can harm them. They also describe four sets of skills that children need to be about to internalize the Crucial C's and live constructive lives (communication skills, the ability to use good judgement and make wise decisions, self-discipline, and the ability and willingness to assume responsibility).

In order to help parents more fully understand and respond appropriately to their children, Lew and Bettner provide a primer on the goals of behaviour, including sample interactions between children and their parents to illustrate how these goals can affect the parent/child relationship, a description of how children develop mistaken goals, and suggestions for ways that parents can develop effective strategies for encouraging children and helping them to feel the Crucial Cs. This booklet also contains an explanation of the differences between consequences and punishment, recommendations for using logical discipline to teach the logic of social order, and guidelines for family meetings.

**Responsibility in the Classroom: A Teacher's Guide to Understanding and Motivating Students** applies the concepts described in the **Parent's Guide** to teaching and classroom situations. The authors have adapted their ideas about (a) the Crucial Cs; (b) skills that children need to learn in order to live constructive lives; and (c) information about the goals of misbehavior, encouragement, logical discipline, and class meetings for use by teachers. By reading this short booklet, teachers can learn to apply Adlerian principles for increasing their understanding of the children in their classrooms and helping them be successful in school, both academically and emotionally.

I have used both of these booklets in my practice and in the classes in Adlerian play therapy that I teach. The parents, teachers, school counselors, and play therapists who have read the booklets have all been excited about the information contained in them, and I have already noticed changes in their interactions with children.

*Each booklet costs \$5 and can be ordered through Connexions, 10 Langley Road, Ste. 200, Newton Centre, MA 02159, 617/332-3220, FAX 617/332-7863. Please include appropriate postage, each booklet weighs about five ounces.*

####

**CORRECTION:** Last month's order form for the book of the month, **Psychopathology and Psychotherapy**, mistakenly said *minimum of three books* per order. The correct wording should be *maximum of three books* per order. Sorry for any inconvenience.

## ***News and Events from the Regions***

### **Regions 1A - 1B**

**Vancouver, BC** - The Adlerian School of Professional Psychology BC offers continuing education lectures for parents and educators on weekday evenings. Robert Armstrong will present *Love Is Not Enough*, October 16; Rose Puleston-Clarke, *A Child's Guide to Parenting: Who's Training Who?*, November 20. For further information, contact the school, 604/874-4614, Fax 604/874-4634.

### **Regions 2A - 2B**

**Peoria, IL** - NASAP Region 2A will hold a weekend conference here at the Tri-county Urban League office December 7-8. Mike Maniaci and Rachell Anderson will give an *Adlerian Open Forum Counseling and Case Consultation* workshop. For registration information call Pam McKeel at the University of Illinois in Springfield, 217/786-6687.

**Chicago, IL** - The Adler School of Professional Psychology will award 120 master's degrees and 24 doctor's degrees at its graduation ceremonies at Ramada Congress Hotel October 20. Theodore Millon, co-editor of the Journal of Personality Disorders will speak on *Where Is Psychology Going?*. For more information contact ASPP 312/201-5900, ext. 225 or Fax 312/201-5917.

### **Regions 3A - 3B**

**Tampa, FL** - The Florida Adlerian Society will hold its Second Bay Area Conference, *Towards a Deeper Understanding of Adlerian Psychology*, here November 1-2. For more information, contact Gloria Elwell, 352/521-1463 or Timothy Evans, 813/973-4471.

**Orlando, FL** - The 20<sup>th</sup> Annual Southeast Region Orlando Conference will be held here February 20-22. Preparations are in progress for a special appreciation on this 20th anniversary for presenters who have participated throughout the years. For more information contact Don Dinkmeyer, Jr. 502/781-9481, Fax 502/781-1550, e-mail [ddjr@wku.edu](mailto:ddjr@wku.edu).

### **Regions 4A - 4B**

**Waldorf, MD** - The Family Education Center of Southern Maryland offers free family counseling demonstrations by Phil and Molly Thorn. November 1 will feature a family meeting showing how leadership, decision-making, money handling and other skills are taught to children through this process. Contact FEC, 301/705-8527 for details.

**Fort Wayne, IN** - The NASAP Midwest Regional Conference will be held at the Marriot Inn here October 17-18. Arthur Freeman, a leading practitioner of cognitive therapy, will give the presentation, *Short-term Therapy with Difficult Patients*. Call 219/424-6443 for information.

**Kensington, MD** - The Parent Encouragement Program Saturday workshop schedule includes: Family Council Workshop, November 16; and Conflict Resolution in Intimate Relationships, December 7. Call PEP at 301/929-8824 or Fax 301/929-8834 for details.

### **Regions 5A - 5B**

**Gloucester, MA** - NASAP Regions 5A and 5B are holding their first mini-conference here by the ocean October 26. Amy Lew will present *The Crucial C's: Using Adlerian Principles at Home, School, Work, in Relationships*. CE's will be available for participants. For more information contact Elsie McDorman 613/232-7632 or Del Eberhardt, 718/727-4535.

**Montreal, QC** - The Alfred Adler Institute of Quebec is presenting two educational and interactive workshops: Enhancing Women's Experience in Psychotherapy with Marion Balla, October 18; and Supervision & Consultation in Group Therapy with Robert Sherman, November 15-16. Contact AAIQ at 514/731-5675 or Fax 514/731-9242..

**Toronto, ON** - The Adler School of Professional Psychology, Ontario courses include: Principles of Adlerian Psychology, November 16 with Linda Page; Psychodynamics of Psychopathology: Adlerian, November 15-16 and Introduction to Life Style Diagnosis, November 17 with Michael Maniaci. To register call 416/480-2303 or Fax 416/480-9358.

### **Regions 6A - 6B**

**Tucson, AZ** - The Adlerian Society of Arizona's next social/educational forum will feature Bertha Barta presenting *Healthy Pleasures: The Life Task Adler Forgot*, November 15. Contact Shirley Pinkerton, 520/575-2780.

**Santa Rosa, CA** - Summerfield Counseling/Workshops announces their new Parent Support Message Board on the Internet for people to ask questions, get help with specific parenting concerns or share ideas about parenting issues. It can be accessed at <http://lifematters.com/parenting.html>.

Information about Summerfield's parenting workshop schedule can be obtained through their new e-mail address, <[therapist@sonic.net](mailto:therapist@sonic.net)>

# ANCHORS AWEIGH ADLERIANS

## A TRIPLE "A" ADVENTURE ON THE LEGEND OF THE SEAS

May 25 - June 1, 1997



LEGEND OF THE SEAS



If you are looking for true adventure, come with us to Alaska where even the sky is nothing like you will see back home. As we cruise along the massive ice face of Tracy Arm Fjord listen closely for the primordial "singing of the ice". Walk through the forest of hemlocks to a gathering of colourful totem poles carved before America was born, where waterfalls thunder down spruce-scented fjords, eagles circle your ship, and whales dance off the stern.

This exciting Alaska cruise is offered right after the Vancouver Conference. For seven glorious days relax and be pampered on the *Legend of the Seas*. She is aptly named and poses an elegance virtually unseen in recent years. Huge windows bring sunlight and the sights of Alsaka into the heart of the vessel. Fitness buffs will love the quality jogging track, pools, gymnasium and golf course. The exceptional staff and quality entertainment are hallmarks of this delightful ship.

### 7-NIGHT ALASKA CRUISE FROM VANCOUVER

DAY	PORTS OF CALL	ARRIVE	DEPART
SUN	VANCOUVER		5:00 PM
MON	OUTSIDE PASSAGE (CRUISING)		
TUE	HUBBARD GLACIER, AK	2:00 PM	6:00 PM
WED	SKAGWAY, AK	8:00 AM	5:00 PM
	HAINES, AK	6:30 PM	11:30 PM
THU	JUNEAU, AK	7:00 AM	4:00 PM
FRI	KETCHIKAN, AK	8:00 AM	3:00 PM
	MISTY FIORDS AK	6:00 PM	8:00 PM
SAT	INSIDE PASSAGE (CRUISING)		
SUN	VANCOUVER	8:00 AM	

**SHIP BOARD FEATURES:** Conference Centre, Fully Featured Fitness Centre, Youth Activities, Spa, Sauna & Massage, Boutiques, Library, Photo Gallery, Two Pools, Beauty Salon & Barber Shop, Jogging Track, Video Games Room, Table Tennis, Conference Center, and Star Gazing Area. Solarium on the Sundeck has an indoor/outdoor pool covered by a sliding glass canopy. Casino Royale has over 240 gaming stations offering most games and free lessons.

**CABINS:** Of the 905 cabins, 577 are outside and 328 are inside. There are 231 cabins with a balcony and 17 have handicapped facilities. All cabins are above the water line and have private bathroom, telephone, color television, 3 channel radio, air conditioning. All staterooms convert to double bed configurations. All outside cabins have unobstructed views.

**GOLF ON BOARD:** The 18 hole par 59 course puts trees, bridges, heather, sand traps and water hazards between you and the cup. 1996 cost is \$5 per one hour round. Course membership for your cruise of \$30 offers unlimited free play, souvenirs, and a place in the end of voyage tournament.





Length: 867' ■ Beam: 105' ■ Draft: 24.5' ■ Gross tonnage: 69,130 tons  
 Passenger capacity: 1,804 double occupancy ■ Total staff: 735 ■ Cruising speed: 24 knots

## CATEGORIES AND PRICES

All prices are from Vancouver. For prices from other cities, see the add-ons below.

	US\$	CAS	
N	\$1173	\$1595	<b>Standard Inside Stateroom</b> on A or B Decks with 2 lower beds & a sitting area with sofa
M	\$1185	\$1618	<b>Standard Inside Stateroom</b> on Bridge Deck, Commodore Deck, or Mariner Deck with 2 lower beds, sitting area with sofa
I	\$1390	\$1892	<b>Larger Outside Stateroom</b> on B Deck with 2 lower beds, sitting area with sofa
H	\$1413	\$1926	<b>Larger Outside Stateroom</b> on A Deck with 2 lower beds, sitting area with sofa
F	\$1447	\$1971	<b>Larger Outside Stateroom</b> on Mariner Deck with 2 lower beds, sitting area with sofa
D	\$1572	\$2154	<b>Deluxe Outside Stateroom</b> on the Commodore Deck or Mariner Deck with two lower beds, private veranda, sitting area with sofa bed & refrigerator
C	\$1755	\$2395	<b>Outside Suite</b> on the Bridge Deck with two lower beds, private veranda, sitting area with sofa bed, refrigerator & bathtub
	\$ 810	\$1105	<b>Third &amp; Fourth Person</b> in Category D and below. First two persons in the stateroom each pay the appropriate share price above

Singles rate on request.

## CRUISE ADD-ON AIRFARES: Canadian Airfares are in CAS; US Fares are in US\$

Toronto/Montreal	\$445	Calgary/Edmonton	\$250	Halifax	\$766
Los Angeles	\$349	Atlanta	\$549	Chicago	\$479
				New York	\$529

Other airfares and add-ons from other cities available. Vancouver Stopover fee of \$35-\$70 is additional.

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E-MAIL [gday@south-pacific.com](mailto:gday@south-pacific.com)

**TO BOOK:** Call Akke or Judith at ANZA Travel. A deposit of \$100 per person is required upon booking; a further deposit of \$300 is due Dec 15, & final payment is due Mar 15, 1997. Deposit is refundable until Feb 24, 1997.

**CANCELLATIONS:** After Feb 25, cancellation penalties will be charged. Within 7 days of departure there is no refund.

**TRIP CANCELLATION PROTECTION:** We strongly recommend purchase of cancellation protection. Trip Cancellation Protection covers the non-refundable portion of cruise arrangements. Medical/Baggage Insurance will also be offered.

**NOT INCLUDED:** Port Charges (CASS185/US\$135); Departure taxes; USA Customs, Immigration, Airport, and Agriculture Fees; Airport Improvement Fees; Trip Cancellation Protection; Health/Baggage Insurance; arrival or departure transfers when not with the group; and all items of a strictly personal nature such as telephone, laundry, service charges, & gratuities.

All prices subject to change, space availability, fuel surcharges, airfare increases, currency fluctuations, final itinerary and departure taxes.

### TRAVEL AGENT'S RESPONSIBILITY

Please read this as it limits our responsibility

ANZA Travel Limited (the "Travel Agent") acts only as agent for the various carriers, tour operators, hotels and other suppliers (collectively the "Tour Services Suppliers") who will be supplying the customers with the various services described herein. Accordingly, the Travel Agent does not assume any responsibility or liability for any personal injury, property damage, other loss, accident, delay or inconvenience to the customer as a result of wrongful, negligent or unauthorized act or omission of (1) the Tour Services Suppliers; (2) any employee of the Tour Services Suppliers; (3) any other party not under the control direct or otherwise of the Travel Agent. The Travel Agent also assumes no responsibility and shall not be liable for any personal injury, property damage or loss, accident, delay, or inconvenience to any customer arising from any defect or failure of any of the Tour Services Suppliers. In the event that it becomes necessary or advisable for the well-being of the customers, or for any reason whatsoever to alter the itinerary or land arrangements, the alterations will be made without penalty to the Travel Agent or Tour Services Suppliers. Any additional expenses shall be borne by the customer. The Travel Agent and the Tour Services Suppliers reserve the right to: (a) withdraw the tour; (b) decline to accept any person as a member of the tour. No refund will be made for any unused part of the tour covering land transportation or services after commencement of travel. TRAVEL AGENT: ANZA Travel Limited BC Registration No. 847.0 Ontario Registration No. 2070999



# ANCHORS AWEIGH ADLERIANS

May 26 to June 1st, 1997

## BOOKING FORM

NAME: \_\_\_\_\_ TEL: \_\_\_\_\_

NAME: \_\_\_\_\_ TEL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITIZENSHIP: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ TEL: \_\_\_\_\_

PLEASE BOOK ME/US A STATEROOM ON \_\_\_\_ DECK IN AN  INSIDE CABIN;  OUTSIDE CABIN

I want a single stateroom at additional cost (approximately 150% of a share twin rate):

- I am travelling single but would like to share if possible.
- Although I know you will try to put me with the other Adlerians, I particularly would like to be near \_\_\_\_\_

### CONFERENCE DETAILS:

- I will be attending the Vancouver Conference  I will not be attending the Vancouver Conference

### BOOK MY FLIGHTS:

We can make your flight arrangements in conjunction with the cruise. If you are getting to Vancouver on your own, then you will be taking the cruise only from Vancouver.

- I need the cruise only from Vancouver
- I need you to make my flight arrangements in conjunction with the cruise as per the following:

I want to depart \_\_\_\_\_ airport on May \_\_\_\_\_ for Vancouver at \_\_\_\_\_ (time).

I want to depart Vancouver on June \_\_\_\_\_ for \_\_\_\_\_ and arrive back at \_\_\_\_\_ (time).

All things being equal, I would rather fly on \_\_\_\_\_ Airlines

Seating Request: \_\_\_\_\_ Frequent Flyer Number: \_\_\_\_\_

I have the following Medical Requirements: \_\_\_\_\_

ADDITIONAL INFORMATION: \_\_\_\_\_

### CREDIT CARD DETAILS:

- I enclose a cheque for the deposit.
- Please charge the deposit to my credit card (VISA or MASTERCARD only)

Name \_\_\_\_\_

Number \_\_\_\_\_ Expiry Date \_\_\_\_/\_\_\_\_

DATE: \_\_\_\_\_ SIGNED: \_\_\_\_\_

PLEASE COMPLETE AND RETURN ALONG WITH YOUR DEPOSIT TO:

ANZA TRAVEL LIMITED, Group Department,  
Suite 212, 1847 West Broadway  
Vancouver, BC V6J 1Y6

Tel: (604) 734-7725; Toll Free: 1-800-668-6612

Fax: (604) 734-9709



# THE HISTORY OF THE CITY OF BOSTON FROM 1630 TO 1800

The city of Boston, Massachusetts, was founded in 1630 by a group of Puritan settlers who sought a more strictly religious community. The city's early development was characterized by its focus on trade and commerce, particularly in the shipping industry. The harbor of Boston became a major center for the transatlantic trade in goods such as sugar, tobacco, and slaves. The city's growth was also fueled by its role as a center of education and intellectual life, with the founding of Harvard University in 1636 and the Massachusetts Institute of Technology in 1800.

The city's history is marked by several key events, including the Boston Tea Party in 1773, which led to the American Revolution. The city was a major center of the revolutionary movement, and many of the key figures of the revolution, including John Hancock and Paul Revere, were born in Boston. The city's role in the revolution was also reflected in its architecture, with many of the city's buildings being designed in the neoclassical style of the late 18th and early 19th centuries.

The city's history is also marked by its role in the abolitionist movement. Boston was a major center of the movement, and many of the key figures of the movement, including William Lloyd Garrison and Frederick Douglass, were born in Boston. The city's role in the movement was also reflected in its architecture, with many of the city's buildings being designed in the neoclassical style of the late 18th and early 19th centuries.