

The NASAP Newsletter

September, 1997

Volume 30, Number 7

Fairmont Hotel Is Site For '98 Dallas Convention

The 1998 NASAP Convention and Workshops, May 21-24, will be held at the Fairmont Hotel in the heart of downtown Dallas, Texas. Attendees will be able to stay at the hotel for \$90 a night, double or single room.

The Fairmont offers 551 guest rooms and walking convenience to the Dallas arts district, symphony hall, west end marketplace and historic district, plus the original Neiman Marcus department store.

A super shuttle is available from the Dallas-Fort Worth Airport for \$11 per person; a taxi costs about \$30. Conventioneers arriving at Love Field will need to take a \$10 taxi ride to the hotel.

Priding itself on traditional elegance combined with contemporary conveniences, the Fairmont provides 22 distinct conference rooms and two ballrooms for a total of 70,000 square feet of meeting space. Its banquet catering service received an award from the National Association of Catering Executives in 1996.

Within the hotel are four restaurants and lounges, including the Pyramid Room which has received the Mobil and AAA Diamond awards for its cuisine. There is also casual dining in the Brasserie and Sports Bar Cafe. An Olympic-sized pool is available for guests and a full service fitness center is directly across the street.

--President's Message--

NASAP Embarks On Major Changes

As one of my favorite children's books says, "Changes, changes..." I have two major changes to report in this message. First, you, the members of NASAP, have voted to accept the proposed constitutional changes. And second, we have offered the Executive Director position to Lee Ann Deal (see profile on page two of the newsletter), subject to ratification by the Delegate Assembly. We have been talking about these anticipated changes to the organization for the past couple of years, and it's with much excitement and some trepidation that I announce these changes and prepare to move into the next phase of the change process, transition.

The transition for the Executive Director position will be a fairly quick one. Neva Hefner, our current Executive Director, will be working with Lee Ann for a couple of months (and promises to continue to be available if we need her to share some of the information and expertise she has gathered over her 22 years with NASAP! — She will be missed!) Both Neva and Lee Ann will facilitate the preparation for the Executive Committee (EC) meeting in September and Delegate Assembly (DA) meeting for November. Assuming that the DA ratifies the interview committee's recommendation that Lee Ann Deal be our new Executive Director, she will assume the position in November, and Neva will begin her well deserved retirement.

The transition for the constitutional changes will take a little longer. Two hundred and eighty-eight (288) members voted in the referendum and the recommended changes were overwhelmingly accepted: 283 voted yes, five voted no; four people wrote comments regarding concerns, while two people wrote a supportive comment. While there is a strong base of support for the new vision and structure for NASAP, there are also four general areas of concern that have been expressed by members in either written or verbal form and which will be considered by the Long Range Planning Committee (LRPC), the Constitution Committee of the DA, the EC and the DA as we go through the process of changing the by-laws. The first concern is about the suggestion that non-members be voting members of the Board, the second is uncertainty about the role of affiliates in the organization, the third is an apprehension about the increased centralization of power and possible loss of membership involvement in the governance of NASAP, and fourth is that, with all the recent changes and anticipated additional changes, the structure of NASAP is becoming a little muddled.

Some of these are structural issues and some of them are attitudinal issues; some changes that make sense to us now, may not make sense in a few months, or a few years. We, the leadership of NASAP, will work to consider the critiques

(Continued on page three)

Meet Our New Executive Director

Lee Ann Deal is the new Executive Director of NASAP. As former Executive Director of La Leche League International (LLLI), she comes to our organization with a wealth of knowledge about heading a membership organization. During the time she headed the \$3.5 million breastfeeding support organization, LLLI had a membership of 35,000 people in 70 countries, and a volunteer staff of 7,000.

In addition to managing a large database of members, donors, customers and vendors, Deal's responsibilities provided her with extensive experience in many areas of concern to NASAP. Included among the products and programs produced under her leadership were: 1) Publications — two bimonthly magazines (one for parents, the other for volunteers) and one quarterly professional journal for physicians, nurses and other health professionals; 2) Educational programs — a biannual international conference; an annual seminar for physicians, which was accredited for continuing education credits and cosponsored by the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists; and semiannual workshops for lactation consultants. "Conferences were designed to meet the needs of practicing professionals as well as our volunteering counselors and parents in need of information and support," Deal told the newsletter.

Lee Ann's experience at LLLI also involved organization promotion through speaking engagements and media interviews, sometimes with national television and press, as well as networking with other organizations and government agencies. Her director duties included exploring funding opportunities through individuals of influence, foundations, government grants, nongovernmental organizations and private donors.

"Accepting the position of Executive Director of NASAP has been such a natural transition for me," she said. "Upon being reminded of the details of Adlerian philosophy, I realize just how closely my personal philosophy matches that of Adler."



Lee Ann Deal

Adler School Plans

PsyD Program Expansion

The Adler School of Professional Psychology is making plans to offer the Doctor of Psychology in Clinical Psychology (Psy.D.) Degree in Fort Wayne, Indiana and Hopkins, Minnesota. These proposed programs would follow the model that was used in Springfield, Illinois from 1992 through 1996.

According to this cohort model, a group of students would begin the program at the same time and would take all of their classes together until the academic requirements were completed. The courses would be offered on weekends to fit the schedules of working professionals.

Preliminary studies have indicated that sufficient interest exists to begin Psy.D. programs in both locations during the 1998 calendar year. Information sessions have already been held in Fort Wayne, and the Adler School is waiting for approval from the North Central Association Commission on Institutions of Higher Education (NCA) to begin a program there.

Graduates of the Alfred Adler Institute in Hopkins, Minnesota will soon be receiving information about the proposed Psy.D. program in their area. This proposal is also subject to approval from the NCA.

For further information about these proposed programs, please call Bob Chucka in the Admissions Department at Adler School, 312/201-5900, ext. 222.

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Viktor E. Frankl, a psychiatrist who studied with Alfred Adler, died this month at the age of 92. He was most noted for his book, *Man's Search for Meaning*, which told of how even Auschwitz prisoners were able to find meaning in their lives. Frankl, who lost his entire family in the camp, says that there is one freedom that cannot be taken from man: "the last of the human freedoms, to choose one's attitude in any given set of circumstances, to choose one's own way."

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--News From Members--

Candace Howell, an assistant to Jon Carlson in his years of editing the Journal of Individual Psychology, was killed in an automobile accident this summer. She assisted Carlson for seven years during his editorship of the journal.

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Adlerians in the Press:

Cameron and Betty Meredith were recently featured in the Alton, Illinois Telegraph for their therapy work with families experiencing divorce. The Adlerian couple was quoted extensively about their advice in helping people handle the pain of this difficult process.

Both **STEP** and **Parent Encouragement Program** received a special notation from Washington Post columnist Marguerite Kelly as being two of the best educational resources for parents. The August article noted that the best way to teach a child self-control was to lay out logical consequences, instead of resorting to spanking.

The article also recommended *Children The Challenge* by Rudolf Dreikurs and *Positive Discipline* by Jane Nelsen for additional reading.

Margot Adler, daughter of Tanya and Kurt Adler, had an extensive review of her new book, *Heretic's Heart, A Journey Through Spirit and Revolution*, in the Philadelphia Inquirer Sunday book section last month. Adler's book highlights her experiences as a 60's "foot soldier" in the civil rights and anti-Viet Nam War movements. The review notes that she is the granddaughter of psychiatrist Alfred Adler and that her open-minded childhood rearing greatly contributed to her concern for these causes.

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NEWSLETTER DEADLINE: News items and articles for the next issue need to be in the central office by October 3. Address, fax and e-mail are on page two.

Poster Sessions Offer New Opportunity

This year's convention will offer a new opportunity for presenters to graphically display research or new ideas to attendees. The format allows illustrative materials to be placed on a poster which may contain data, graphs, tables, etc. that can be read from a distance of two to three feet. Handouts and possibly business cards can also be available. Students may want to use this opportunity to display their dissertation findings. The presenter may or may not be present while people circulate the room.

Book of the Month

Cinderella, the Sequel..

Cinderella the Sequel — What Happens When the Fairy Tale Ends and Real Life Begins, by Amy Lew and Betty Lou Bettner is our book of the month offer for \$9.12 each (a 20 percent discount over the retail price). This 35-page illustrated fairy tale by Connexions Press is a light-hearted look at couple relationships which therapists can use to introduce the idea of complementarity in relationships. The book seeks to raise consciousness through understanding how expectations and misperceptions create hurt and anger.

Miriam Pew, an experienced Adlerian marriage counselor, commented about the book: "Reading the Cinderella fairy tale is a creative way to learn about relationships....This is a short, to the point help for couples and marriage counselors. Amy and Betty Lou have done a great job. I highly recommend this small book."

Book orders should be limited to three copies and include postage and handling: \$2.50 for U.S.; \$3.50 for Canada and other countries. The discount offer is good until October 30.

Order Form

This offer expires October 30, 1997

Send ___ copies of Cinderella the Sequel (\$9.12 ea.) \$ _____
(Please limit orders to three books)

Please add postage and handling (\$2.50 for U.S., \$3.50
for Canada and other countries.) _____

TOTAL DUE \$ _____

___ Check or money order (U.S. funds)

VISA/MC# _____

Expires _____ Name _____

Ship to: _____

Send this coupon to NASAP, 65 E. Wacker Place, #400, Chicago, IL 60601.
Credit card orders may call 312/629-8801 or Fax 312/201-5917.

News and Events from the Regions

Regions 1A - 1B

Vancouver, BC - The Adler School of Professional Psychology BC fall schedule includes: *Psychopathology: Anxiety Based and Personality Disorder*, Michael Maniacci, October 9-12; *Child and Adolescent Art Therapy*, Wendy Lauter, October 17-19; and *Adlerian Family Counseling*, Edna Nash, beginning October 29. Contact the Adler School BC at 604/874-4614 or Fax 604/874-4634.

Regions 2A-2B

Minneapolis, MN - The Alfred Adler Institute of Minnesota offers these October continuing education courses: *Utilizing Brief Individualized Assessment Techniques with Resistant Clients*, R. Jeff Lupient, October 10; *Play Therapy with Children*, Virginia Fry Shaver, October 17; and *Counseling Adolescents*, Gladys Folkers, October 25. Contact AAIM, 612/988-4170, Fax 612/988-4171.

Minneapolis, MN - NASAP Region 2B, Midcontinent Adlerian Community, is planning its third annual workshop for April, 1998. To become involved in the planning or receive further information call 612/929-6268.

Regions 3A-3B

Orlando, FL - The 21st annual NASAP Southeast Region Conference will be held here February 26-28, 1998 at the Ramada Resort Hotel. A new format will offer three hour workshops on Thursday evening. Brochures will not be mailed to NASAP members outside of the southeastern area unless requested. To receive a brochure, contact Don Dinkmeyer, Jr., 502/781-9481, fax 502/781-1550 or e-mail ddjr@wku.edu

Myrtle Beach, SC - The South Carolina Society of Adlerian Psychology holds its annual conference here at the Sheraton Beach Hotel, September 26-28. For more information contact Frank Walton, 803/798-0300 or Fax 803/798-9005.

Tampa, FL - The Florida Adlerian Society will hold its Third Annual Bay Area Conference, *Towards A Deeper Understanding of Adlerian Psychology*, November 14-15. For conference details, contact Chairperson Pam Adler at 813/744-5953.

Regions 4A - 4B

Fort Wayne, IN - The Alfred Adler Institute of Fort Wayne schedule includes: *Principles of Adlerian Psychology*, Carl

Jylland-Halverson, beginning September 26, and *Psychometric Methods and Theories of Personality*, Susan Rudolph, beginning October 10. Contact AAIFW, 219/461-5845 to register.

Waldorf, MD - The Family Education Center of Southern Maryland has two October Family Counseling demonstrations: *Windows on Grief: Healing and helping through loss*, October 3 and *Building Self Discipline: What to do when time-out and restrictions aren't working*, October 17. The free demonstrations are conducted by Phil and Mollie Thorn. Contact FEC at 301/705-8527 for details.

Regions 5A - 5B

Toronto, ON - The Adler Graduate School of Ontario, Inc. fall term will include *Humor and Psychotherapy* with Harold Mosak, November 14, and with Elizabeth White and Mickey Mehal, November 15-16. For courses leading to an M.A. in Counseling Psychology, phone Adler Graduate School Ontario, 416/480-2303 or visit the web site: adlerontario.com

Montreal, QC - The Adler School of Psychology Montreal announces the following upcoming courses in its fall schedule: *Psychopathology: Anxiety-Based & Personality Disorder*, Carolyn Gralewski, Part I, September 19-21, Part II, October 31-November 2; and *Introduction to Life Style Diagnosis*, Michael Maniacci, December 5-7. Call 514/482-8789 or Fax 514/482-8785 to register.

Regions 6A-6B

Petaluma, CA - The Family Education Centers offer ongoing drop-in parent support groups in three locations: Petaluma, Sonoma and Santa Rosa. Some of the topics for October include: *Kid Glove or Iron Fist: How Do You Handle Your Children?*; *School Daze: How To Be Involved Without Taking Over*; and *Misbehavior: Stop Looking For Causes*. Child care is available. To receive a full schedule of sessions, call FEC at 707/762-8835.

Tucson, AZ - The Adlerian Society of Arizona social/educational forum schedule includes a presentation by Craig Carpenter called *Personality Type, Life Style and Depression in Children*, November 7. For details about time and place, contact forum host, Kirsten Cook, 520/743-1421.

Corona, CA - The Adlerian Society of Southern California is planning its third annual Palm Springs retreat for November 7-9. Contact ASSC, 909/591-9822 or 909/445-6327.

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ICASSI '98 To Be In Lithuania

The International Committee for Adlerian Summer Schools and Institutes (ICASSI) will be held at the University of Vilnius in Lithuania July 19 through August 1, 1998. Vilnius is the capital of Lithuania, with a population of 600,000. The University is one of the oldest in Europe and is located in the heart of the city.

Scholarship applications for North Americans can be obtained from Oscar Christensen, 7002 Soyaluna Place, Tucson, AZ 85715. Both *major scholarships* (covering tuition, board and room) and *tuition only* scholarships are available. **Deadline for completed application forms is February 15, 1998.**

ICASSI will again offer Adlerian psychology classes to suit all participants from introductory to advanced levels. Classes and programs will also be available for children of all ages. Accommodations, priced to suit every pocketbook, will be available from several downtown hotels.

For further information, North Americans may contact Betty Haessler, 9212 Morley Road, Lanham, MD 20706, Fax 301/595-0669, e-mail: PeteHMSU64aol.com

Convention Scholarships Available

Scholarships for anyone wanting to attend the 1998 Convention in Dallas are available from both NASAP and individual Sections. Applications can be received by contacting the central office. **Deadline for all applications is March 1.**

NASAP offers up to five scholarships to graduate students who have financial need and have previous experience in Adlerian activities. These are in addition to the participants in the Graduate Student Forum.

Both students and non-students are eligible for several scholarships offered by the Sections. Adlerian Counseling and Therapy Section offers three scholarships; Family Education offers two; and Business and Organization, Clinicians, and Education also offer scholarships. For an application call 312/629-8801 or Fax 312/201-5917.

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The **International Association of Individual Psychology** is offering audio tapes of the presentations from their last Congress in Oxford, England, August, 1996. Tapes are in the language of the presenter and cost \$12 each. To receive an order form, contact the central office, phone and fax above.

NASAP Changes *(Continued from page one)*

of the plan as well as the areas which are strongly supported to make NASAP all that it can be. Change is constant, and the process of assessment will continue after all the structural changes have been implemented (and perhaps reconsidered and modified again). The constitutional changes recently approved by the members will not take effect "until a transition plan is put in place by the current DA" (motion made and carried at DA meeting in May, 1997). The LRPC and the Constitution Committee are working on necessary and recommended changes to the by-laws in light of the constitution changes. The DA will be spending much of the time at the November meeting discussing and changing the by-laws (amendments to the by-laws require a 2/3 vote of the DA) to correlate with the new constitution and to facilitate the new vision for NASAP.

In my work I often facilitate groups dealing with transition issues. I like to do an exercise with the group members where they draw three pictures (based on the work of Tee Dreikurs): one of their current situation, one of their vision for the future, and then one of a "bridge", the transition between the first two drawings. In their drawing of the "bridge" they can see the environment of their anticipated journey, with potential obstacles and sources of support. As we continue along our journey of change, as we cross the bridge of transition, I encourage your continued participation in the process. Call or write any of the people on the above mentioned committees and/or the DA to work with us as we continue along. Thanks to all of you who have already contributed your time and thoughts to the process. "Government, in the last analysis, is organized opinion. Where there is little or no public opinion, there is likely to be bad government, which sooner or later becomes autocratic government" (W.L. Mackenzie King, 1927). I look forward to working with each of you as we work to overcome obstacles and access sources of support to clarify and implement our vision for a vital and effective NASAP.

Mary Jamin Maguire, President

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Back Issues of IP Journal Available from Texas Press

Are you missing some issues of our journal, Individual Psychology, to complete your library? Or, do you want an extra copy to give to a friend? Or, have you heard about a special issue that was published before you became a member? If so, you may order copies directly from the publisher, University of Texas Press.

Special issues that have been published the past several years include:

- * *Counseling Homosexuals and Bisexuals*, June 1995
- * *Tribute to Heinz Ansbacher*, December, 1994
- * *Marriage and Couples Counseling*, September/December, 1993
- * *The Process of Aging and Working with Older Adults*, December, 1992

Rate for individual single copy is \$12 each; institution single copy is \$23 each. Postage and handling of \$2 is to be added for Canada/Mexico and \$3 for other countries via airmail. Requests are to be sent to University of Texas Press Journals, Box 7819, Austin, TX 78713-7819; phone 512/471-4531; Fax 512/230-0668; journal@uts.cc.utexas.edu.

Graduate Student Forum Requests Proposals for '98 Dallas Convention

Proposal forms and fliers were recently mailed to NASAP educators at universities and colleges in north America requesting they encourage their students to participate in the Graduate Student Forum at the 1998 Convention and Workshops in Dallas, Texas, May 21-24.

Each year, time on the convention program is set aside for papers to be presented by graduate students. Presentations may refer to theoretical issues in Adlerian psychology, report findings from empirical studies of Adlerian concepts or practice, or introduce innovations and advances in Adlerian clinical counseling, business and organization, family or education practice. A graduate student or group of graduate students may propose a presentation.

The student forum is an excellent opportunity for graduate students nearing the end of their professional preparation to gather experience presenting at a professional convention. In addition, brief abstracts of the presentation are published in the quarterly journal of NASAP.

Students are required to have their proposals endorsed by a graduate faculty sponsor. If chosen to present, they will receive a tuition scholarship to the two-day convention. **Deadline for submissions is October 20.**

Faculty members who haven't received information about the forum or know of someone else who should receive proposals, may contact the central office and request materials.

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The Canadian Guidance and Counseling Association has issued a call for proposals for its Montreal Conference, June 2-5, 1998. **Proposal deadline is October 15.** For further information call 514/672-1919 or e-mail: conference98@securenet.net