

The NĀSAP Newsletter

October/November, 1997

Volume 30, Number 8

Workshops Selected For '98 Convention In Dallas

Full day workshops selected for the 46th NASAP Annual Convention in Dallas, Texas May 21-24 are as follows:

Pre-Convention, May 21

Practical Applications of Adlerian Play Therapy Techniques: Terry Kottman.
Goal: To gain practice by actively participating in Adlerian play therapy techniques.

Treatment Planning Using Life Style Information: Michael P. Maniacci.

Goal: To foster skills for improving your life style assessments.

Counseling Parents of Teens: the Challenge of Equality: Erik Mansager.

Goal: To equip counselors with skills for breaking into the frequently discouraging lives of parents-raising-teens and encourage plans for relating in a helpful, mutually respectful manner.

Parent Group Leader Training: the New Revised STEP Program: Gary D. McKay.

Goal: To train participants in the parent group leadership role and skills.

"The 8 Keys to Becoming Wildly Successful and Happy (TM)" — A New Model for Self-help, Therapy, and Organizational Change: Harry A. Olson.

Goal: To learn how to implement a new model for personal development/peak performance, and for shortening therapy, with methods for personal and client growth.

(Continued on page three)

--Executive Director's Message--

NASAP Proves To Be A Perfect Fit!

Have you ever experienced one of those rare shopping trips during which you try on a pair of shoes and much to your surprise and delight, they feel like your favorite slippers? In addition, just to add to the incredulity, you look at them again and realize that they are indeed quite fashionable, just the right color to match your wardrobe and simply make you feel good to be seen in them! If you have, you will have some sense of how I have felt over the past two months.

As someone who has been an Adlerian most of her adult life without knowing to whom to give the credit, I feel I have come home. What a privilege it has been to take on the responsibilities of Executive Director for the organization that supports and promotes that which is in my head and heart. Reading about Adler and the myriad ways in which the psychology he practiced and taught gave insight, promoted growth and facilitated healthy relationships has provided me with a mixture of a sense of pride, a feeling of hope and a deeper understanding of the basis for my own personal philosophy.

The past few weeks have also been a very humbling experience trying to walk in the footsteps of Neva Hefner. Please do me the great favor of not expecting me to replace her or to fill her shoes; I can only hope to build upon the fine work which she has accomplished. Thankfully, I have had her with me to teach, guide and orient me as she has also shared her knowledge of NASAP history. Hopefully, I will be able to rely on her as my mentor for months to come.

I can't help but feel that I have joined the NASAP team at an exciting and opportune time. The world is not only very much in need of what Adlerians have to offer but, I believe, actually ready to accept the wisdom and practicality of the knowledge and techniques they represent. Our challenge and our joy is but to give opportunities for all to learn. Together we shall do just that!

Lee Ann Deal, Executive Director

Dates To Remember:

NASAP '98
Dallas, Texas
May 21- 24

ICASSI '98
Vilnius, Lithuania
July 19-August 1

Montreal Conference '98
Canadian Guidance &
Counseling Association
June 2-5

NASAP Seeking Ansbacher Lecturers

The Executive Committee is in the process of choosing the Ansbacher Lecturer for the next few years. This annual lecture will follow the very challenging and thought provoking talk at NASAP '97 by Arthur Freeman, *Sharing Adler's Individual Psychology: Will Increasing Social Interest Bring About a Loss of Innocence?*. Those selected will deliver a keynote address at our annual convention on a topic of significance for Adlerian theory or scholarship.

The lecture honors Heinz L. and Rowena R. Ansbacher for their dedication and exceptional contributions to advancing the ideas of Alfred Adler and was established with a gift from Heinz and Rowena's four sons and their families.

It is intended that the lectureship not be restricted to members of NASAP or to those labeling themselves Adlerian but be open to anyone who has made significant professional contributions which are relevant to Adlerian theory in the context of the larger field of psychology. Nominations are welcome at any time. Please include the following information when making a nomination:

1) Name, address and phone of the nominee; 2) description of significant professional contributions the person has made which are relevant to Adlerian theory in the context of the larger field of psychology; 3) information about the effectiveness of the nominee as a speaker.

###

Volunteers Needed For Dallas Convention

NASAP is looking for volunteers to help on site at the upcoming 46th Annual Convention and Workshops to be held at the Fairmont Hotel in Dallas, May 21-24, 1998. This will be the first convention without a local host group to take on the volunteer duties, which include: helping with convention registration, working in the bookstore, and functioning as room monitors who keep track of presentation attendance as well as distribute and collect evaluation forms.

Volunteers may or may not be located in the Dallas area. What is needed is a willingness to dedicate a significant block of time at the convention to assure a smooth running event. Another way to assist is to identify volunteers (students perhaps) who might help. Contact the central office (phone, fax and e-mail below) if you are interested in helping.

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Adler School Offers New Cooperative M.A. Degree

The Adler School of Professional Psychology is offering a new degree, M.A. in Counseling and Organizational Psychology, in cooperation with Robert Morris College. The curriculum combines counseling psychology with business-oriented courses in order to prepare graduates for positions in business and industry. This degree will be especially appropriate in organizational psychology and the related areas of personnel management, organizational development, training and employee assistance programs.

Courses can be attended at either the Adler School Campus or the nearby Chicago campus of Robert Morris College in order to effectively utilize the resources of both institutions. Designed for the working professional, most classes will be scheduled for the evening hours. Robert Morris College is an accredited baccalaureate degree-granting school offering programs in accounting, allied health, computer technology, business administration, and other business-related specialties. The college has 4,000 students at its three campuses: in the Chicago Loop, Orland Park, and Springfield, Illinois.

###

ABPA Releases New Requirements

The American Board of Adolescent Psychiatry announces new requirements for candidates to establish eligibility to sit for the certification examination for Added Qualification in Adolescent Psychiatry. Criteria will require each candidate to provide written proof of 25 credit hours of continuing medical education in adolescent psychiatry in Category 1 of the Physicians Recognition Award of the American Medical Association.

The requirements will take effect for exams administered in 1999 and beyond. Contact ABAP, 301/718-6520, Fax 301/656-0989.

'98 Convention Workshops

(Continued from page one)

Introduction to Adlerian Psychology Theory and Practice. Robert L. Powers and Jane Griffith. **Goal:** To address the basics of Individual Psychology theory and practice: holism, social embeddedness, phenomenology, teleology, life style, dynamics, life tasks, community feeling, and techniques of psychotherapy.

Post Convention

Images from Within: Art Therapy and Cross-cultural Applications. Hala L. Buck. **Goal:** To use art therapy to explore cultural identity, bias and how one finds a sense of belonging and social interest in a multicultural society.

Adlerian Organizational Consultation Skills. Daniel Eckstein and Roy Kern. **Goal:** To provide a practical combination of both the theoretical knowledge and the actual skills involved in Adlerian organizational consulting.

The Task of Intimacy: Meeting the Challenge. Barbara Fairfield. **Goal:** To explore in depth the life task of intimacy and demonstrate how meeting this challenge is an opportunity to grow toward reaching our full human potential.

Integrating Adlerians & Gestalt Approaches to Understanding Personalities. Bea Mackay. **Goal:** To help clinicians enhance their ability in developing life style material (in conjunction with their clients) using techniques from Gestalt therapy.

Men's Work: Understanding Self & Others. John F. Newbauer and G. W. "Bill" Linden. **Goal:** To examine stereotypes of men, understand their impact and develop strategies for guiding men in their quest for quality and equality in their relationships.

From Cradle to Career. Francis X. Walton and Kathleen A. Walton. **Goal:** To increase participants' awareness of techniques that have proven effective for the counseling and parenting of young people from infancy through adolescence.

###

Mosak Endowment Award Will Develop IP Publishing Database

The Adler School of Professional Psychology and the Harold H. Mosak Endowment Fund Committee announce that the Fund's 1997 award will provide \$3,000 for a project to develop a database of references related to Individual Psychology, to be coordinated by the Library of the Adler School.

This unique project will collect and compile the published and unpublished literature of Individual Psychology, including some doctoral dissertations and masters theses. The database will be continuously updated and will expand on the two volumes of Adlerian bibliography which Harold and Birdie Mosak previously compiled.

The Committee invites people to send references with abstracts of obscure, unpublished or no longer published works to the Database Committee, Adler School of Professional Psychology, 65 E. Wacker Pl., Ste. 2100, Chicago, IL 60601. The goal is to have this information available worldwide in the future.

Education Section Seeking Increase In Membership

This week's *Adlerian Resource Page* has been provided by the Education Section. NASAP members who are involved in schools at all levels are being asked to consider joining the Section when they renew their membership for 1998. A place is provided on the dues renewal form for joining sections; cost is \$10 for this Section.

The Education Section includes among its purposes: 1) to provide a continuing forum within NASAP to survey, examine, evaluate, create, recommend, advocate and promote applications of Adlerian psychological theory and technique to the solution of problems of education; 2) to assist schools in establishing procedures utilizing Adlerian theory and technique; 3) to create a supportive network among Adlerian educators; 4) to facilitate educational presentations and publications in Adlerian and non-Adlerian organizations and journals; and 5) to promote training and development of Adlerian educators.

Each year the Section publishes three editions of their newsletter, edited by Paul Clark, which includes articles, tips, developments and a need/help column. A copy of the current issue can be obtained by contacting him, 423/461-8745, Fax 423/461-8777. The Section hopes to explore the breadth of their mission by requesting input from educators, preschool to university level trainers, consultants, directors of education agencies and those professionals who have retired from full-time employment positions.

Officers of the Section are: Edna Nash, Chair; Linda Maier, Vice-Chair; Dina Emser, Treasurer; and Patricia Kyle, Secretary.

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NEWSLETTER DEADLINE:

News and feature items for the December issue need to be in the Central Office by November 7, address, phone and fax on page 2.

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Noted Adlerians Are Featured ICASSI Presenters

ICASSI (International Committee for Adlerian Summer Schools and Institutes) will feature a broad range of presentation topics by noted Adlerians at its 31st Annual Rudolf Dreikurs Summer Institute held in 1998 at the University of Vilnius in Lithuania, July 19-August 1. A representative sample of courses includes: *Adlerian Psychology in the Workplace*, Eva Dreikurs Ferguson; *Family Counseling*, Oscar Christensen; *Gender Issues*, Marion Balla; *Implementing an Adlerian School*, Theo Joosten; *The Art of Encouragement*, Edna Nash; *Communication*, Helen Byrne; *Couples Enrichment*, Clair Hawes; and *Addictive Behaviors*, Rachel Shifron. The curriculum is multi-lingual and multi-cultural and offers courses for children and teenagers as well as adults.

Two types of scholarships are available -- 1) major scholarships, which include tuition, room and board, and 2) tuition only scholarships. In North America, applications can be obtained from Oscar Christensen, 7002 Soyuluna Place, Tucson, AZ 85715. **Deadline for completed applications is February 15, 1998.**

Classrooms will be located in one of the Faculties of the University which is in the center of the old town district. Accommodation is available in several hotels at various prices from \$20 to \$100 per person per day, including breakfast. Facilities for recreation and sports are also available. North Americans may contact Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, Fax 301/595-0669, E-mail: PeteHMSU64@aol.com for registration information.

Donations

(NASAP extends thanks to its many contributors. Below are donations through October 16.)

Max Colpetzer

In honor of Betty Lou Bettner
Adlerian Psychology Association
of Puerto Rico
####

New Meeting Planner Announced

NASAP's new meeting planner is Collette Hall of Centennial Conferences who will be managing the 1998 Convention & Workshops in Dallas, Texas, May 21-24. Questions and concerns about the event may be addressed to her at 4800 Baseline Rd., Suite A-112, Boulder, CO 80303, 303/499-2299, Fax 303/499-2599.

--News From Members--

Couples Growing Together, an eight-week Adlerian couples enrichment program written by **Clair Hawes**, has recently been re-issued. It is a step by step manual both for counselors who want to use segments of the program with couples in therapy, and for anyone with some training in group facilitation who wants to lead a study group for couples.

It is often presented as an effective follow-up for couples who have taken a parenting program. The focus is on identifying strengths within the relationship, then building on these strengths to increase communication, contribute to conflict resolution, and celebrate what the partners have built together. Anyone who wants to order the manual, which comes with an audio tape, may contact Christy Waisman, #113, 2419 Bellevue, West Vancouver, BC, Canada Fax 604/926-7046. Cost with shipping is \$45 US; VISA is accepted.

####

Donald N. Lombardi is co-author, with Lawrence E. Elcock, of a recent article in the *American Psychologist* which reinterprets a dream using Adlerian psychology which was originally interpreted by Sigmund Freud. The commentary appears in the May, 1997 issue of the Journal, Volume 52, Number 5, and is entitled, *Freud Versus Adler on Dreams*.

Lombardi, who is a professor at Seton Hall University in South Orange, New Jersey, notes that "there is not an antithesis between conscious and unconscious" in Adlerian theory. Freud sees a dream as "a disguised fulfillment of a repressed wish," Adler sees a dream as "an attempt to make a bridge between an individual's lifestyle and present problems."

####

Walter "Buzz" O'Connell is slowly letting go of books, papers, and journals which he says are "close to his age but in better shape than he is." Some of the items are early editions of Alfred Adler works: *The Pattern of Life*, *The Case of Miss R...Study of Organ Inferiority and Its Psychological Compensation*, *Understanding Human Nature*, *Social Interest: A Challenge to Mankind*, and *Psychologies of 1930* (a chapter by Adler). Contact Buzz at 512/321-2445.

Farewell and Thanks

April, 1975 — do you remember what was happening in your life at that time? At 110 S. Dearborn in Chicago, a mother returning to the work force was being interviewed for a part time position with a group called American Society of Adlerian Psychology. The interviewers, Robert L. Powers, President of the Society, and Eugene McClory, Executive Secretary of the Society and President of the Alfred Adler Institute of Chicago, were looking for someone to help Gene with the work of the Society and perhaps take his place as Executive Secretary. That was the start of my life with the Adlerians. And what a life that has been!

The part-time position grew into a full-time one, the shared desk at the Institute grew into a one room office at the Institute. As membership grew and the work expanded, part-time staff were employed and we moved into our own space, two rooms and then three.

Faces, names, places and events flash across the memory screen in quick succession -- members of all the Executive Committees and Delegate Assemblies with whom I have worked; over twenty Annual Conventions and Workshops and a number of Semi-Annual Meetings formerly held in the fall; and, when housed in the same building, students and staff at the Adler Institute, now the Adler School of Professional Psychology. The combination of the people and the Adlerian philosophy have provided me with rewarding experiences for which I am grateful.

This is an especially challenging time for NASAP with the change in governance of the Society and the personnel changes (Executive Director, journal editor(s), meeting planner). I have every confidence in the current leadership and know their dedication to the purposes of NASAP will help to make the transition a smooth and effective one. Lee Ann Deal's qualifications and experience fit very well with the new job description for the Executive Director position and she will greatly facilitate the governance transition.

Now it is on to the next phase of my life. My sincere thanks to the leadership and members for the opportunity of being a part of the Adlerian community and for the encouraging support. — **Neva L. Hefner**

####

--News From Members--

Central Illinois Society of Adlerian Psychology is a new affiliate of NASAP. The group is located in Springfield, Illinois and is holding a weekend conference, October 25-26 (see page five for details). Anyone interested in joining the group or being placed on their mailing list, may contact them at 217/786-7251, Fax 217/786-7188.

####

Henry Stein reports he has a new chart on his web site called, *Impact of Parenting Styles on Children*. The chart offers an overview of 11 common parenting styles and their potential impact on the thinking, feelings and behavior of children. Visitors to his home page are invited to sign his new guest book; he also requests they provide their location and professional training and interests. These may be reached at <http://ourworld.compuserve.com/homepages/hstein/>

####

Tom Salsberg reports that his E-mail address in the new directory is incorrect. The correct address is: az033@freenet.toronto.on.ca

News and Events from the Regions

Regions 1A - 1B

Vancouver, BC - The Adlerian Psychology Association of British Columbia offers a monthly, Wednesday evening lecture series for parents. Coming up are: *Setting Limits and Boundaries*, Patty Pigott, October 22; and *Encouragement: Raising Capable, Caring Children*, Deb Bailey, November 26. The lectures are free. For details, contact APABC, 604/874-4614 or Fax 604/874-4634.

Regions 2A - 2B

Chicago - The Adler School of Professional Psychology will graduate 135 students at the Ramada Inn Hotel October 19. Included are 28 Psy.D. recipients, the largest doctoral class in one graduation. Odie Washington, Director of the Illinois Department of Corrections, will give the commencement speech, *Where Do We Go from Here?*

Minneapolis — The Alfred Adler Institute of Minnesota offers three continuing education courses in November: *The Strategic Use of Early Recollections*, R. Jeff Lupient, November 8; *Counseling Native Americans*, Denise Blackdeer, November 14; and *ADHD and ADD: How to Diagnose, Differentiate and Understand Behaviors*, Susan Pye Brokaw, November 22. Contact AAIM, 612/988-4170, Fax 612/988-4171.

Springfield, IL — The Central Illinois Society of Adlerian Psychology and NASAP will co-sponsor a weekend conference, October 25-26, on the theme, *Guiding Families into the 21st Century*. Rachell Anderson will present *Using Early Recollections in Psychological Assessment and Treatment*, Saturday; and Roseanne Boldt, *Speaking the Individual Client's Language*, Sunday. To register contact CISAP, 217/786-7251, Fax 217/786-7188.

Region 3A-3B

Tampa, FL - The Florida Adlerian Society will hold its Third Annual Bay Area Conference, *Towards A Deeper Understanding of Adlerian Psychology*, November 14 & 15. Friday will feature two half-day presentations: *Working with Challenging Children*, Betty Lou Bettner (9 a.m.-12 p.m.) and *Using a Cognitive Approach to Help Understand and Treat Children with Attention Deficit Hyperactivity Disorder*, Frank Walton (1:30-4 p.m.). Panel discussions and shorter presentations (75 minutes) will be offered in concurrent sessions all day Saturday. Contact conference Chairperson Pam Adler, 813/744-5953 for more information.

Odessa, TX — The West Texas Adlerian Society offers semi-monthly study groups, co-chaired by Al and Mary Milliren. The group meets on Sunday afternoons (4-6:30 p.m.) and focuses on case consultation, demonstrations and discussions. Dates are October 12 and 26, November 9 and 23 and December 14. There are plans to hold a conference February 27-28, with Tim and Monica Evans focusing on *Strategies and Techniques for Adlerian Brief Counseling*. A summer retreat is also planned for July 17-19, 1998. To join the group or attend the conference and/or retreat, call 915/550-0269 or 915/552-2136.

Regions 4A - 4B

Kensington, MD - The Parent Encouragement Program offers Open Forum Counseling sessions for parents, teachers, counselors and children age 9 and up which address real life family situations and problems. *Morning Hassles: Turning Responsibility Over to Children* is the title of the November 22 session with Barbara Fairfield moderating. For further details contact PEP at 301/929-8824, Fax 301/929-8834.

Regions 5A - 5B

Toronto, ON - The Adler Graduate School of Ontario, Inc. includes in its November schedule *Humor and Psychotherapy*, with Harold Mosak, November 14, and with Elizabeth White and Mickey Mehal, November 15-16. For information about this course and courses leading to an M.A. in Counseling Psychology, phone Adler Ontario, 416/480-2303 or visit their web site: adlerontario.com.

Montreal, QC - Adler School of Psychology Montreal offers courses leading to a M.A. in Counseling Psychology. Next month their schedule includes *Introduction to Life Style Diagnosis*, Michael Maniacci, December 5-7. Contact Adler Montreal 514/482-8789, Fax 514/482-8785.

Regions 6A-6B

Tucson, AZ - The Adlerian Society of Arizona social/educational forum schedule includes a presentation by Craig Carpenter called *Personality Type, Life Style and Depression in Children*, November 7. For details about time and place, contact forum host Kirsten Cook, 520/743-1421.

Corona, CA - The Adlerian Society of Southern California is planning its third annual Palm Springs retreat for November 7-9. Marti Wilson will once again be featured presenter. To participate, contact ASSC, 909/591-9822 or 909/445-6327.

Looking For Solutions to Violence? Look To Adlerian Principles!

The high degree of cooperation and social culture which man needs for his very existence demands spontaneous social effort, and the dominant purpose of education is to evoke it. **Alfred Adler**

Because violence is so much a part of our world today, it is not surprising that elements of violence exist in every school, even those considered to be the safest. While we can understand this intellectually, dealing with violent words and actions is not something we are typically trained for as educators. That leaves many of us unclear and fearful. Yet, the basic beliefs of Adlerian psychology can help us to effectively confront violence.

Consider that violence in any form is an abuse of power and rooted in fear.

Students who use these behaviors — threats, bullying, sexual harassment — use fear as currency, a way to buy power over other students. These are typically discouraged individuals who believe that their peers will respect them more if they can create and maintain fear.

Set clear limits for students who engage in abuses of power.

They need to know what behaviors will not be allowed in their school setting. Providing an inviting, safe and caring environment provides the social context that makes such power brokering unacceptable in the school culture. Students need to know that belonging is unconditional and separate from behavior. They need to know that they are always accepted, even when their behavior is not.

Encourage connections with adults and peers.

Understanding that the *need to belong* undergirds these violent actions, and that these students are discouraged individuals, helps us to take positive and respectful action to help redirect the misbehavior. They need to have meaningful and caring connections with adults and peers who care about them while disallowing their negative actions. Encouraging students to use their time, energy, talents and skills in productive and contributory ways makes it possible for students to have their need to belong met along positive and productive channels. This is truly an encouraging environment.

Develop a “we” place at school that creates and nurtures student social interest.

When students feel that they belong in a school, not only is their social interest increased, but also their social action. As students become more involved in contributing to a safe, positive and caring school environment, their investment in the school as a “we” place begins to grow. In effect, they build a sense of social interest in the context of the school. With that comes a desire to pull together to ensure everyone’s safety. Staff members can help students to see that what happens to them on a daily basis is rooted in the choices they are making and can teach them how to make responsible decisions about behavior.

Teach all students to use personal power to keep themselves safe.

When confronted with a violent situation, most students consider flight or fight options; but, neither seems a great alternative. To flee makes them look the coward; to fight means that someone will get hurt and/or suffer disciplinary consequences. Students can be taught a third choice, communication, to keep themselves safe. They can begin to learn a form of communication called *verbal self-defense*, which simply means that the student responds to a taunt or invitation to fight with a verbal statement that is not designed to escalate the fight and then they leave the area. They use words carefully to

keep the issue neutral and clear. A simple response might be something like, "Oh, give it a rest" in a level, non-sarcastic tone; then state their need to leave, "I have to get to class;" and then they leave the area. This allows students to maintain control of the situation, stand their ground, and move out of any potential danger. Further, it encourages students to understand that they can take care of themselves through communication and legitimate use of power.

Understanding that violence is an abuse of power and rooted in fear, setting clear limits for behavior, encouraging connections with peers and adults, working with students to develop and share their talents and skills in positive ways and to make responsible choices, developing a "we" place at school that creates and nurtures students' social interest and social action, and teaching all students to use their personal power through communication and verbal self-defense will help students to take charge of potentially violent situations. Staff members can encourage this safe and caring environment in schools so that teachers can teach, students can learn and all people are treated with dignity and respect.

(The above article was prepared by **Marilyn McGuire** on behalf of the **Education Section of NASAP**. Marilyn is a specialist in Creating Healthy Learning Communities. She is author of Gangs and Violence: School-wide Strategies for Prevention and Intervention, a video, and a contributing author to Cooperative Discipline by Linda Albert, both published by American Guidance Service, 800/328-2560.)

Additional Recommended Reading:

Responsible Kids at School and at Home. Albert, Linda. American Guidance Service, 1996. 880/328-2560

Leadership By Encouragement. Dinkmeyer, Don and Eckstein, Daniel. St. Lucie Press, 1996.

Bully-proofing Your School: A Comprehensive Approach for Elementary Schools. Garrity, Jans; Porter, Sager, Short-Camill. Sporis West Publications, 1994-95.

Restitution: Restructuring School Discipline. Gossen, D. New View Publications, 1993.

Creating the Conditions: Leadership for Quality Schools. Gossen, D. and Anderson, J. Chapel Hill, NC, 1995.

Reducing School Violence through Conflict Resolution. Johnson, David and Johnson, Roger. Association for Supervision and Curriculum Development, 1995.

School Bullying and Victimization. Stephens, Ron. NSSC Resource Paper, National School Safety Center, Pepperdine University, Malibu, CA 90263, January, 1995.

Creating Safe Schools. Stephens, Ron. Address to West Virginia Conference on Safe Schools, Charleston, WV December, 1996.

You have just read an article based on Adlerian Psychology. NASAP, the North American Society of Adlerian Psychology, was founded in 1952 by a small group of Adlerians under the leadership of Rudolf Dreikurs. Their purpose was to promote growth and understanding of Adlerian Psychology, the work of Alfred Adler, and effective approaches to living based on his philosophy. As early as 1900, he began addressing such crucial issues as equality, democracy, parenting, education, the influence of birth order, life style, and the holism of individuals. Our membership is open to anyone interested in Adlerian psychology. Regular members are also eligible to join sections (Adlerian Counseling & Therapy, Business & Organization, Clinicians, Education, Family Education, Social Equality, and Theory and Research) to network and provide mutual support with people with similar interests. If you are interested in knowing about Adlerians practicing in your area, in learning more about NASAP or Adlerian psychology, please call or write us, we'd love to hear from you:

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