

The NĀSAP Newsletter

December, 1997

Volume 30, Number 9

Gerald Corey Chosen As '98 Ansbacher Lecturer

Gerald Corey, prominent author and co-author of 46 books and texts in psychology, will be the keynote speaker for the 1998 NĀSAP Convention in Dallas, Texas, May 21-24. He will give the opening address Thursday night, May 21, as the second Ansbacher Lecturer.

Corey is currently a professor of Human Services and of Counseling at California State University in Fullerton and has distinguished himself as a teacher as well as an author. CSU has granted him awards for his outstanding services as a faculty member on two occasions. His long list of notations also includes Fellow of the Association for Specialists in Group Work; Fellow of the American Psychology Association and recipient of the Ohana Award for contributions in areas of diversity and multicultural counseling from the American Counseling Association.

For Adlerians, however, Gerald Corey is most known for his popular psychology texts currently in use by many schools of psychology throughout the country. Because of his favorable treatment of Adlerian theory in these texts, his name is the most frequently spoken source given by those calling NĀSAP central office wanting to know more about Adlerian psychology.

Some of these texts were co-authored by his wife, Marianne, and some are in their 4th and 5th editions, including: *Groups: Process and Practice*; *Theory and Practice of Counseling and Psychotherapy*; *Theory and Practice of Group Counseling*; and *Issues and Ethics in the Helping Professions*.

--President's Message--

Many NĀSAP Changes Coming for 1998

I have just returned from a very exciting and productive Delegate Assembly (DA) meeting; we continue to move forward in the implementation of the structural changes while maintaining and expanding current activities. Lee Ann Deal's position as Executive Director was ratified, and Neva Hefner began her retirement with a dinner in her honor hosted by the Delegate Assembly (see box below and song lyrics on page three).

We spent our first day together discussing possible revisions of the By-laws to coincide with the newly approved Constitution and to facilitate the new vision for NĀSAP's governance structure. As part of the transition plan between the new and old systems, a nomination committee is being proposed by the current DA; they will be nominating candidates to run for the Board of Directors next summer. We are also considering ways that the General Membership will be able to nominate candidates for these positions. We will continue to work on the By-laws between now and the May meeting, in an effort to ensure that they are clear, simple and effective. We plan to be ready to vote on the By-laws in May and to implement the new system, with the Board of Directors and Council of Representatives in place, in September, 1998. If you are new to NĀSAP, or just confused about all of this and want to understand it better, or want to share your ideas or concerns, please contact your delegate(s) or a member of the Long Range Planning Committee (LRPC); we'd be happy to discuss the anticipated changes with you.

Some other exciting changes include a rejuvenated name and cover design for the journal, The Journal of Individual Psychology, and the selection of Roy M. Kern and William L. Curlette as co-editors of the journal. Neither James Robert Bitter nor Gerald J. Mozdierz has decided to accept another term as editor, and we thank them for their many personal and professional contributions to the journal.

We have decided to redesign and expand the Newsletter, with more news and articles from Sections, Affiliates and Individual members; we agreed to continue to include the Resource Page

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Neva's Goodbye Dinner

Neva Hefner was treated to a retirement dinner November 8 with her family, friends, staff and Delegate Assembly members. Robert Powers, who was NĀSAP President when Neva was hired, gave a *creative* description of her first days on the job some 22 years ago.

Others brought her gifts and spoke of her dedication and commitment to NĀSAP, noting the stability and constancy she has provided the Society through her many years of service. Then, everyone present stood and sang (to the tune of her favorite song, Sentimental Journey) the song provided on page three of this Newsletter.

Adler School To Offer 'Program for Professionals'

Randall Thompson, President of the Adler School of Professional Psychology in Chicago, announces the addition of the *Program for Professionals in Individual Psychology* to the continuing education offerings of the School.

The Program, under the independent sponsorship of the former Americas Institute of Adlerian Studies (AIAS), was developed and taught during the course of 17 years throughout the United States. Many hundreds of participants from the professional ranks of human services, education, and management took one or more of the three intensive, 30-hour courses offered in the comprehensive Program, encompassing Adlerian theory, assessment, and practice. Developed under the leadership of Adler School faculty members, Robert L. Powers and Jane Griffith, AIAS courses enlisted the participation of many other Adlerian instructors, as well as significant material support from many benefactors. In 1982, AIAS became the first Adlerian organization to receive the American Psychological Association's "Full Approval" as an Independent Sponsor of continuing education for psychologists. A short time later, AIAS was in the first group of CE sponsors to gain the approval of the National Board of Certified Counselors.

Many initiatives of various kinds have been influenced by Individual Psychology as a consequence of the pioneering work done by AIAS. The most recent and unusual example may be the formation of the new Baiocchi Institute for Senior Executive Management in Chicago. The faculty of this new Institute is made up of individuals who earned the AIAS Certificate of Professional Studies in Individual Psychology, all of whom are associated with one of the most prestigious executive development firms in the United States.

An important asset of the Program for Professionals, now to be incorporated into the Adler School's new CE offerings, lies in the many connections established by AIAS with various Adlerian groups abroad through pilot projects, experimental courses, and visiting lectures in (for example) Ireland, Greece, and South America. Together with one of these collaborators, Centro de Cambio y Crecimiento (Center for Change and Development) in Caracas, Venezuela, plans are now being made to establish the three-course CE Program for Professionals

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NĀSAP '98 --

Spread the Word!

Now that each of the Sections has selected its convention presentations to accompany the high quality content of the workshops, NĀSAP can, once again, boast of a convention that is both varied and comprehensive. However, the key to an overall successful NĀSAP '98 depends directly upon the number of people enriched by it. Consequently, a promotional flier is enclosed with this Newsletter to enable each of you to share the news of NĀSAP '98 with friends and colleagues.

The flier is designed to be a poster as well as a return request for registration information. In addition, the return request is easily photocopied to facilitate several people using it while allowing the poster to remain intact. In order to reach as many people as possible, we are asking that each NĀSAP member who is associated with a school or institute, presents before a group, and/or has ties to a related organization, contact the NĀSAP central office to request an additional batch of fliers to distribute. Your participation in helping us promote is highly valued.

In addition, we are seeking volunteers for room monitors, registration desk and hospitality lounge. This is an excellent opportunity to help NĀSAP while making the convention more affordable. Please call the central office if you are interested. (Phone, fax and e-mail at left).

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Newsletter Deadline

The NĀSAP Newsletter will only be as good as you make it. We need your input! Let your fellow Adlerians know about presentations you are doing, books you are publishing and other items of interest. Please send all news and feature items for the January/February, 1998 issue by December 22, 1997 to the central office.

Coming Up in the Journal

(The following is the Table of Contents of the first *Journal of Individual Psychology* for 1998):

Editor's Note:

Bridging Intellectual and Cultural Gaps: The Challenge and Heritage of Individual Psychology

Gerald J. Mozdierz

Articles

The Remarkable Parallel between Rogers' Core Conditions and Adler's Social Interest

Richard E. Watts

Social Interest as a Distinct Personality Construct: Comparisons with "The Big Five" and Related Prosocial Constructs

Michael J. Stasio, Earl W. Capron

Perceptual Control Theory: a Model of Volitional Behavior in Accord with the Ideas of Alfred Adler. Christopher Dyslin

Validity and Reliability of the White-Campbell Psychological Birth Order Inventory Alan E. Stewart

Perfectionism and Abnormal Behavior

Donald N. Lombardi, Marie Claire Florentino, Angela J. Lombardi

A Review of the Professional Literature Concerning the Consistency of the Definition and Application of Adlerian Encouragement

Michael R. Carns, Ann W. Carns

Individual Psychology and Innovation: the DeFreuding of Creativity David Lemire

Special Feature: Cultural Issues

Life-Style Differences between Bi-Cultural and Low and High Acculturation Level Latino Adults

Alexis O. Miranda, Vada S. Frevort

Native American Medicine Wheel and Individual Psychology: Common Themes

Richard L. Roberts, Ruth Harper, Donna Eagle Bull, Lynn Heidemann

BOOK OF THE MONTH

Techniques in Adlerian Psychology

This month's book offer, *Techniques in Adlerian Psychology*, is an essential resource for both practitioners and students of Adlerian psychology. Edited by Jon Carlson and Steven Slavik, this 500-page publication is primarily a collection of classic and reprinted papers from the *Journal of Individual Psychology*, *The Individual Psychologist* and *Individual Psychology*, plus several original articles which state the purpose and method for common techniques not previously defined.

Editors Carlson and Slavik highlight in the book's preface the basic Adlerian tenets that are explored in the following articles. These include: all behavior has social meaning; all behavior has a purpose; holism; striving for significance; behavior as a function of one's subjective perceptions; family atmosphere and values; the family constellation; life style; and social interest. "The major principles of this theory can thus be identified separately for the purposes of understanding, but as the reader will see in the articles in this book, they function together as an intimate whole, each carefully being interrelated and integrated with the others."

The articles are grouped under chapter headings which organize the material into subject areas for quick reader reference: I. Introduction; II. General Techniques; III. Individual Adult Counseling and Therapy Techniques (includes subchapters on *Early Recollection Analysis*; *Questioning and Confrontation Techniques*; *Uses of Stories, Fables, Aphorisms*; *Acting "As if"*; *Humor*; *Psychodrama*; *Paradox and "Spitting in the Soup"*; *Hypnosis*; *Substance Abuse and Miscellaneous*); IV. Child Counseling; V. Couple and Family Counseling and Therapy Techniques.

Published by Accelerated Development, the book is being offered by NĀSAP to its members for \$27.95, a 20 percent discount over the retail price. There is a limit of three books per member, please add U.S. postage and handling of \$4 for first book and \$1 for each additional book. Canada and foreign countries should add \$5, plus \$1 for each additional book. This is a limited time offer and expires January 31, 1998.

Order Form

(This offer expires January 31, 1998)

Send ___ copies of *Techniques in Adlerian Psychology* (27.95 ea.) \$ _____
(Please limit orders to 3 books)

Please add postage and handling (\$4 for one book, \$5 Canada and other countries; add \$1 for each additional book) \$ _____

TOTAL DUE \$ _____

___ Check or money order (U.S. funds)

VISA/MC # _____

Expires _____ Name: _____

Ship to: _____

Send this coupon to NĀSAP, 65 E. Wacker Pl., #400, Chicago, IL 60601. Credit card orders call 312/629-8801 or Fax 312/201-5917.

News and Events from the Regions

Regions 1A - 1B

Vancouver, BC - The Adler School of Professional Psychology BC includes the following among its January courses: *Principles of Adlerian Psychology*, Deb Bailey, January 9-11 and 23-25; *Adlerian Approaches to Psychotherapy*, Bob Armstrong, January 16-18; and *Psychodynamics of Psychopathology I: Adlerian*, Michael Maniacci, January 29 through February 1. For details, contact the Adler School BC, 604/874-4614 or Fax 604/874-4634.

Saskatoon, SK - The Saskatoon Adlerian Society will offer a Parent Education Facilitator Training Workshop January 14-16. The course teaches Adlerian principles and uses a training manual entitled, *Respectful, Responsible Parenting*. For more information contact the SAS office, 306/384-7703 or Terry Lowe, 306/653-4923.

Regions 2A - 2B

Minneapolis — The Alfred Adler Institute of Minnesota offers two continuing education courses in December: *Family Education Center: Counseling Families in a Public Forum*, Bob Bartholow, December 5; *Child Protection: Reporting, intervention, and clinical ethics*, Timothy B. Zuel, December 12. Contact AAIM, 612/988-4170, Fax 612/988-4171.

Region 3A-3B

Odessa, TX — The West Texas Adlerian Society offers semi-monthly study groups, co-chaired by Al and Mary Milliren. The group meets on Sunday afternoons (4-6:30 p.m.) and focuses on case consultation, demonstrations and discussions. There are plans to hold a conference February 27-28, with Tim and Monica Evans focusing on *Strategies and Techniques for Adlerian Brief Counseling*. A summer retreat is also planned for July 17-19, 1998. To join the group or attend the conference and/or retreat, call 915/550-0269 or 915/552-2136.

Regions 5A - 5B

Toronto, ON - The Adler Graduate School of Ontario, Inc. includes in its 1998 schedule the following: *Principles of Adlerian Psychology*, Linda Page, January 23-24, February 20,21, March 20,21; *Adlerian Approaches to Psychotherapy*, D. Dalton, January 10, February 7, March 7; and *Psychopathology: Anxiety Based & Personality Disorders*, P. Parker, January 11, 25, February 8, 22, March 8, 22. For a full schedule contact Adler Ontario, 416/480-2303 or visit their web site: <http://www.adlerontario.com>.

Montreal, QC - Adler School of Psychology Montreal offers courses leading to a M.A. in Counseling Psychology. Next month their schedule includes *Introduction to Life Style*

Diagnosis, Michael Maniacci, December 5-7. Contact Adler Montreal 514/482-8789, Fax 514/482-8785.

Regions 6A-6B

Phoenix, AZ - The Phoenix Society of Adlerian Psychology is a new affiliate of NASAP. The 15-member Arizona organization meets regularly and anyone interested in becoming involved may contact Jay Andrews, 4534 West Eva Street, Glendale, Arizona 85302, Phone 602/937-3370.

San Francisco - The Alfred Adler Institute of San Francisco will offer a one-day course, Chemical Dependency Diagnosis, Assessment & Treatment: An Adlerian Perspective to be held here February 21. This course offers seven CE hours. Registration details will be posted on the AAISF web site: <http://ourworld.compuserve.com/homepages/hstein/>

International

Vilnius, Lithuania - ICASSI will hold its 31st Summer Institute at the University of Vilnius July 19-August 1. Scholarships are available; contact Oscar Christensen, 7002 Soyuluna Place, Tucson, AZ 85715 for an application. For registration information, North Americans may contact Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, Fax 301/595-0669, E-mail, PeterHMSU64@aol.com.

Adler Program for Professionals

(Continued from page two)

there, with the first of these courses to be offered in Caracas in May, 1998. With the participation of other interested educators from one of Venezuela's premier independent universities, these plans include the long-term goal of establishing the first Institute of Adlerian Studies in Latin America, with complete graduate and post-graduate curricula. This could be the first of many similar, independent, regional, Adlerian schools in various parts of the world, all in association with the Adler School in Chicago.

The three-course Program for Professionals is now scheduled for the following dates in 1998: Understanding Personality Development and Dynamics, spring, April 16-19; Assessing Individual and Group Styles, summer, July 16-19; and Applying Psychological Skills, fall, October 15-18.

Watch for further information from the Adler School. Until then, write Robert L. Powers at the Adler School, 65 East Wacker Place, Chicago, IL 60601-7203. Or contact Powers at 312/337-5066; Fax 312/337-9319; E-mail, Adlerpsy@ix.netcom.com.

Letter To Editor:

Bring Buzz Back: Let Legacies Last!

I received a call from Edna Nash, telling me about details of the last and the next of the NĀSAP Fireside Chats. I believe they can be wonderful soul-makers. When Edna asked me to repeat my contribution to the Chats, I told her that the Vancouver '97 was my swansong for professional meetings. I was adamant in my polite refusal. But Edna, with adroit clinical acumen, said the only words which could possibly net my commitment. The format is to be dialoguing on the legacy you wish to leave. So I agreed.

I did not tell her about the dismal deep discouragement in so-called mental health care here. As the last rural solo psychotherapist, I am about to be downsized, outsourced, and discarded because I am not a member of an urban group which will accept capitation (and do electronic billing). Once health care got on the market, the theme was one nation under greed, in greed we trust. Having been the most visible curbstone Adlerian for a generation (and as much a Mother Teresa as a professional group can tolerate), I am rich, but not affluent, wealthy but dollar-dry. So I have devised a plan to keep me from sleeping in the streets of Dallas.

Jane Griffith was the first to call about the seven early Adlerian books. And so, if you want to borrow them, see Jane and Bob, not me...Now the next issue of books which concerns me: the disposal of the two that I had printed privately for my classes and workshops. *Essential Readings* and *Super-Natural Highs* were printed ... (10,000, I believe) by a former Adlerian, Jane Stavoe, of Mount Prospect, IL. *Essential Readings* has five of my favorite papers, for a sixty page bound booklet. All of the papers are still avant-garde, as much as they were when they appeared in *Individual Psychology*. One paper is a chapter from a book on humor, published by John Wiley in London, but never in the USA. In fact, the papers seem to be a response to Arthur Freeman's '97 Ansbacher lecture. They all go out to dialogue with other theories, techniques, and new concepts.

It is too late for me to submit NĀSAP '98 proposals for a workshop and paper. So, I'm making this book sale a fund-raising for my presence at Dallas '98. Oh, yes, the *Super-Natural High* book (probably only a couple hundred of those left, whereas ERs number about one thousand), I call the "rubber-band" book because I stopped selling them at meetings when I saw about ten lying about with their spines broken. I then provided a rubber-band with each book I gave, having noted that people who had the book for years kept it together with the rubber band. (The spines, you see, were glued, not sewn)...

The plan is to pay \$5.00 U.S. shipping and handling. Then you order (send to Buzz at 106 Kelley Rd., Bastrop, TX 78602-9761) as many of the books as you want for only two dollars each (which is considerably less than I paid for them)...

Breathe prayfully, playfully,

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Walter "Buzz" O'Connell

--News From Members--

Bob Bartholomew will be writing the forward to two new editions of Alfred Adler's books, *Understanding Human Nature* and *Understanding Life* (originally entitled *The Science of Living*). The books will be republished by Hazelton Foundation of Minnesota who purchased the rights from Publisher's One World, Oxford, England. The basic texts of the new editions will remain the same and are scheduled for production in early 1998.

--News From Members--

Lynn Lott and Riki Intner recently received a Redwood Award from the Sonoma County Office of Education in California for "helping hundreds of recovering parents take charge of their lives" through their book, *Positive Discipline for Parents in Recovery*. The awards are given to citizens who rejuvenate the community through their good works.

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Edna Nash was recently honored by her colleagues from the Adlerian Psychology Association of British Columbia on her 75th birthday. Over 200 people attended a formal dinner and presentation in which many fellow Adlerians spoke of her special contributions as a teacher, psychologist, mentor and "encourager extraordinaire."

APABC also announced a new fund to be launched in Edna's honor, *Edna Nash Fund for the Advancement of APABC's Family Education Activities*. In her banquet speech, Edna noted "...most often individuals are not honored in this way until after they have died! It is all very humbling."

###

Neva's NASAP Journey

By Rachell Anderson

Neva took a job as secretary
Just to put her mind at ease
20 years are shorter than she thought
But so filled with memories.

We got her heart, we got her dedication
Little dimes we could afford
Like a child with wild anticipation
Neva TIMIDLY climbed aboard.

Neva, it's your time to leave, Neva
We are all full of Griev-a
Counting all the years on the Metrotrack
Which takes you back to Phil and snacks

'Cause we know your heart is so yearnee
Neva, you don't really have to Roam
There's a place for you in our Journey
Our NĀSAP Journey Home.

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NASAP Changes for 1998 *(Continued from page one)*

which has proven to be useful to members and as a recruiting tool.

Don Dinkmeyer, Jr. stepped down as Chair of the Adler/Dreikurs Fund, and we send him our gratitude for his personal contributions and recognition for a job well done. Daniel Eckstein has volunteered to take a turn as Chair of that committee, and you'll be hearing more from him as he promotes the goal for the Adler/Dreikurs Fund for 2002: "\$50,000 by our 50th.

We established two new membership policies: Associate Members are now eligible to join Sections; and there will be an early renewal discount for all General and Affiliate members.

And, of course, there is the 1998 Annual Convention and Workshops in Dallas, Texas, May 21-24 at the Fairmont Hotel (a beautiful hotel in the heart of the arts district with convention room rates of \$90); with Gerald Corey, renowned author and speaker, as the Ansbacher lecturer. We are thrilled with the reception we have received from our Texas members and other interested people in the area, and look forward to a week-end filled with educational experiences, networking and fun.

We have also put renewed effort into the Traveling Institutes (which incorporate the idea of the Summer Institute that we did for a few years), so watch for more information in this newsletter. Basically, we plan to develop workshops/institutes with members who have volunteered their time and expertise to present for member groups who make such a request.

It looks like another busy year, with lots of exciting projects. I'm looking forward to working with all of you as we move ahead.

Mary Jamin Maguire, President

Sections Now Available To Associate Members

To encourage participation in the Sections, the Delegate Assembly has voted to give Associate Members the option of joining Section(s). Associate Members may simply select the Section(s) of their choice on the 1998 dues renewal form and add the \$10 or \$12 Section dues to the \$30 Associate Membership which they submit to their Affiliate.

In Memoriam

Stephanie Necheles, longtime NASAP member, died this past summer, her family recently informed us. Stephanie trained with Rudolf Dreikurs and received her certificate in Adlerian Psychotherapy in 1960. She was a social worker for three child guidance centers and in her later years combined Gestalt Therapy with the Adlerian approach.