

# The NĀSAP Newsletter

January/February, 1998

Volume 31, Number 1

## Ansbacher Lecture To Highlight Adler's Pioneering Ideas

The Heinz L. and Rowena R. Ansbacher Lecture opening the 1998 NĀSAP Convention in Dallas, Texas, May 21, will "highlight Alfred Adler's pioneering ideas which have contributed to the development of other theoretical orientations underlying the practice of counseling and therapy," Gerald Corey told the Newsletter. Corey, the second Ansbacher lecturer, speaks with authority on the subject as a respected author of 46 books and texts in psychology and as a worldwide lecturer.

According to Corey, he will focus his talk on those concepts that he believes are most important in the practice of group counseling. The address will emphasize a personal perspective on the Adlerian approach to group counseling. Corey is regarded as one of the leading authors of texts in the U.S. with many of his books in fourth and fifth editions. (See page three for book of the month offers.)

Commenting on Adler's contribution to the field of psychology, Corey said, "It is difficult to overestimate the contributions of Adler to contemporary therapeutic practice. Adler's influence is certainly found in the development of many other theories and theorists, especially in the cognitive-behavioral movement. In several important respects, Adler seems to have paved the way for the current developments in the cognitive therapies. Adlerians' basic premise is that if one can change clients' thinking, one can change their feelings and behavior."

(Continued on page three)

## --Executive Director's Message--

### *Opportunities For Success Coming In The New Year*

Greetings and welcome to an exciting new year for NĀSAP! I am eager to report some of the exciting changes and anticipated additions during this eventful year. First and foremost, we have been busily planning and preparing for **NĀSAP '98**. As you have already seen in the promotional flier, the workshops' curriculum is top quality and offers something for everyone. Our location affords us a unique opportunity for fun, fulfillment and growth. The Saturday night event will provide each participant a chance to enjoy a "taste of Texas" -- its food, music, hospitality, culture and Texas' most precious asset: its people. In addition, the caliber of the convention programming is incomparable; new speakers will warm our hearts at the Fireside Chats; the auction's potential is limited only by our collective imaginations and generous contributions; we plan an expanded book store; and we expect an interesting variety of exhibitors. Plus, we have implemented a new group discount to encourage a record breaking attendance, and we anticipate sponsored events which promise food, fun and fellowship for all in attendance!

Indulge me, if you will, but **NĀSAP '98** is not only my first NĀSAP convention, it is being held in my beloved Texas, where I spent 25 warm, wonderful years. So, it is with great pleasure and enthusiasm that I am working with Riki Intner and the conference committee, the meeting planner, an international travel agency ready to locate the best deal for all who use them, and a growing number of Texas Adlerians eager to showcase their state while reconnecting with Adlerians from all over the world. **NĀSAP '98** offers an excellent opportunity for success — personal, regional and continental — but only if you join us. Watch for the registration brochure in your mail soon!

Now, it is time once again for Section Delegate elections. Since a part of the new governance structure involves the phasing out of "Regions", Region Delegate elections will not be held. The current Region Delegates will carry responsibility through the transition period and the full implementation of the new constitution (September, 1998 according to the current transition plan). Under the new structure, Section Delegates will become Section "Representatives" and be joined by Affiliate Representative(s), from those Affiliates who meet the criteria, for the creation of the new Council of Representatives (COR). Consequently, NĀSAP members, who are also current members of the four Sections with delegates' seats expiring (Business & Organization, Clinicians, Education and Family Education), will soon receive ballots on which to nominate their Delegates. I hope that, among other benefits, this explanation will underscore the importance of being a member of one or more Section(s).

Because we know the value and effectiveness of Individual Psychology, we also know that Adlerian principles are unilaterally applicable in all aspects of

(Continued on page two)

## Individual Psychology Survey with This Newsletter

With this Newsletter, you will find a very important Individual Psychology readership survey. The purpose of this survey is to provide the editors, Drs. Roy M. Kern and William L. Curlette, with your opinions on readership preferences, ideas on future special issues, and reading sources that you recommend to your clients. The results of this survey will be reported in the Winter and Spring, 1999 issues of IP. Your responses to the survey will be used to guide the content of future issues. The editors hope that you will take ten minutes to complete the survey and return it in the prepaid envelope provided for you.

Your responses are confidential. Your return address on the back of the reply envelope is only there to allow for follow-up with non-respondents in order to increase the response rate for the survey.

###

### ***Silent Auction Needs Your Donation!***

By Patti Kyle

We will be having the Silent Auction again at the convention in Dallas, but we need donations from all of you in order for it to be successful! Whether or not you are attending the convention (We hope you can!), you can contribute "anything" to the auction. "Anything" can be books, tapes, programs, workshops, accommodations or just about "anything" you can imagine. Last year we had members donate a workshop, a counseling session, a chance to stay at their home, Adlerian mementos, a dinner prepared for you and beautiful hand-made items. **Donating to the Silent Auction is a painless way to make a much needed contribution to the solvency of NASAP.**

Last year we had lively bidding at the Silent Auction, but our donations were down. We want this to be an entertaining way to raise money for the organization, so we need all of you to be creative and come up with contributions! If we get enough items to auction, Dan Eckstein has volunteered to reprise his role as Official NASAP Auctioneer, providing a live auction at NASAP '98, an event you wouldn't want to miss at the convention. The next Newsletter will contain a form for contributions — please be ready to take action. If you have any questions, call the central office.

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## ***Opportunities For Success***

*(Continued from page one)*

life, all avocations and professions. However, only those who know about those principles can benefit from them. Membership in NASAP is one easy way to continually be nurtured by Adlerian psychology. Consequently, beginning this year, Central Office staff will take a proactive approach to membership recruitment by personally contacting students, faculty and administration at Adlerian Schools and other schools of higher learning; networking with related professional organizations; and making full use of our presence on the world wide web. I challenge each of you to be a part of this endeavor through personal invitations to all those whom you believe would benefit from NASAP membership. In addition, I appeal to everyone with experience in home pages and linking with the world wide web to contact either myself (nasap@msn.com) or Edward "Ted" McDorman (ak916@freenet.carleton.ca). Our plan is to facilitate full utilization of the internet through frequent updates, links to related topics and organizations, and timely follow-ups to all "hits".

I believe that NASAP will only be as strong as its membership enables it to be through their multidimensional participation. Consequently, your active involvement in Section activities; fostering the creation of Affiliates and nurturing growth toward representation on the COR; contributing to the Newsletter (reports on events, articles, pictures, poetry, drawings, cartoons, and the sharing of tools via the Resource Page); and submitting manuscripts to the **Journal** are invaluable and essential

I also believe that NASAP will be strengthened as the needs of its members are understood and fulfilled. Although we are dedicated to that end, we need your help in the form of your full participation and interactive dialogue.

We look forward to hearing from you as we all work together toward this new year of change and growth.

Lee Ann Deal, Executive Director

— Books of the Month—

## Two Corey Text Books Available From NASAP

This month's book offer features two best-selling texts by Gerald Corey — *Theory and Practice of Counseling and Psychotherapy* and *Theory and Practice of Group Counseling*. Published by Brooks/Cole Publishing Company, both books are hardback and offered to NASAP members through March 31 at a ten percent discount, \$49.95 and 44.95, respectively.

*Theory and Practice of Counseling and Psychotherapy* relates to the reader as a person. It speaks to the personal issues of the prospective counselor, presenting each counseling theory from the framework of the person who created it. The book rises to the challenge of teaching so many diverse theories of counseling by presenting only those theories which are both mainstream and current and by using the same format for each theory presented. The book covers nine contemporary theories and then demonstrates how each theory can be applied to a single case.

In *Theory and Practice of Group Counseling*, Corey outlines the basic elements of group process, deals with ethical and professional issues specific to group work, and presents an overview of the key concepts and techniques of 10 theoretical approaches to group counseling. The focus is on the practical applications of theoretical models to group work. Two of the chapters walk the reader through the various stages of group development. Corey integrates multicultural concerns in every chapter, covering ethical issues and the skills needed to become an effective multicultural group leader.

Each NASAP member may order a maximum of three of each of these books through March 31. Please include postage and handling of \$5 for U.S. and \$6 for Canada and other countries for the first book; add \$2 for each additional book ordered.

### Order Form

(This offer expires March 31, 1998)

Send \_\_\_ copies of Theory & Practice of Counseling And Psychotherapy (\$49.95 each) \$ \_\_\_\_\_

Send \_\_\_ copies of Theory & Practice of Group Counseling (\$44.95 each) \_\_\_\_\_

Please include postage and handling, (\$5 for one book, \$6 Canada and other countries; add \$2 for each additional book). \_\_\_\_\_

TOTAL DUE \$ \_\_\_\_\_

\_\_\_ Check or money order (U.S. funds)

VISA/MC # \_\_\_\_\_

Expires \_\_\_\_\_ Name: \_\_\_\_\_

Ship to: \_\_\_\_\_

Send this coupon to NASAP, 65 E. Wacker Pl., #400, Chicago, IL 60601. Credit card orders call 312/629-8801 or Fax 312/201-5917.

## Corey Keynote

(Continued from page one)

"A number of theorists in the cognitive-behavioral camp have acknowledged their debt to Adler. Some of these people include: Albert Ellis, the father of Rational Emotive Behavior Therapy, and the grandfather of cognitive-behavior therapy; Arnold Lazarus, a pioneer in clinical behavior therapy and also the founder of Multimodal Therapy; and William Glasser, the founder of Reality Therapy, or more currently called Choice Theory.

"Many of Adler's ideas have been incorporated in the writing and theories of Rollo May, Viktor Frankl, and Abraham Maslow. Both Frankl and May consider Adler as a forerunner of the existential movement because of his position that human beings are free to choose and are entirely responsible for what they make of themselves. This view makes him also a forerunner of the subjective approach to psychology, which focuses on the internal determinants of behavior: values, beliefs, attitudes, goals, interests, personal meanings, perceptions of reality, and striving toward self-actualization."

Gerald Corey, a psychologist licensed in California, is a professor of human services at California State University at Fullerton. He was first introduced to Adler as an undergraduate but began a more thorough study of his theory 25 years ago when he decided to add the Adlerian approach in his book, *Theory and Practice of Counseling and Psychotherapy*.

"There are a number of Adlerian concepts that I particularly value and incorporate into my work in facilitating group counseling, some of which include: the subjective perception of reality, behavior as purposeful and goal-oriented, creativity and choice, striving for significance and superiority, role of family, lifestyle, social interest, reorientation, role of cognitive factors, insight and action, and therapy as education."

## --News From Members--

**Jean Burkholder** was honored in November by 250 parents, teachers and administrators for her 22 years of service as an Urbana, Illinois school board member, according to the *News Gazette*, a local newspaper. The honor included the renaming of the district's administrative center as the *Jean F. Burkholder Administrative Service Center*. A longtime Adlerian, Jean commented during the event, "I remain convinced that all children can learn, and all children are brighter than we think they are."

Speakers at the reception noted that she was a good listener who was open and non-judgmental and that she was largely responsible for creating the openness, teamwork, cooperation and mutual respect of the district.

####

**Manford Sonstegard** is the subject of a documentary being created by **Carol Mitchell**. Filming includes Sonstegard teaching a lifestyle assessment class at Kent State University which met with such enthusiasm that the students formed a new Adlerian Society in Ohio. "The documentary will also include some archival footage, photographs and articles from Dr. Sonstegard's early days," Carol said.

It was also reported that Sonstegard is now residing in England. His new address is April Cottage, 37 Risborough Rd, Stoke Mandeville, Aylesbury, Bucks HP 225UP, England. Continuing his work in his new home, he was invited to speak at Oslo International School Parent's Association. The event was attended by 26 enthusiastic parents from several countries.

####

**Linda Maier** reports that the day after "the best Christmas I ever had!" she started experiencing tightness in her chest. This led to a five day hospital stay in which she underwent a cardiac catheterization and angioplasty for a block in the circumflex artery that surrounds the heart.

"As you would expect, my life is forever changed," she says. She is now at home adopting a diet and exercise program to promote a healthy and long life.

## DONATIONS

*(NASAP is ever grateful to those who contribute to its financial well being. We thank the following who donated through December 31, 1997.)*

**Shunsaku Noda**  
**Charles and Dorothy Freeman**  
**Sandra Paul**

*In Memory of Rowena Ansbacher*  
**Heinz Ansbacher**

*In Honor of Candace Ward Howell*  
**Jon Carlson**

*In Honor of Jean Burkholder*  
**Helen Carson**

*In Memory of Kurt Adler*  
**Del Eberhardt**

*In Memory of Dr. Anna Sten*  
**Edwin Goldberg**

*In Honor of Edna Nash*  
**Moya E. Jack**

*In Memory of Sadie "Tee" Dreikurs*  
**George W. Linden**

*In Memory of Hal McAbee*  
**Teresa L. Morley**  
**Kamakaokalani Penny Scott**

*In Honor of Manford Sonstegard*  
**Robert O. Morrow**

*In Memory of W.L. Pew, M.D.*  
**Miriam L. Pew**

*In Honor of Neva Hefner*  
**Mary Jean Alessi**  
**Kamakaokalani Penny Scott**  
**Evelyn and Frank Wachman**

*In Memory of Udelle Friedland*  
**Betty Silon**

## ADLER/DREIKURS FUND

**Edward Abelson**  
**Max Colpetzer**  
**William L. Curlette**  
**Samuel M. Kamata**  
**Edward Mel Markowski**  
**Hironori Nakajima**  
**Sandra Paul**

*In Memory of Lucy Ackerknecht*  
**Eva Dreikurs Ferguson**

*In Memory of Bill Carson, Ph.D.*  
**Elaine Davies**

## ADLER/DREIKURS CONTIN.

*In Memory of Sadie "Tee" Dreikurs*  
**Bryna G. Gamson**  
**Edna Nash**  
**Judy H. Sutherland**

*In Memory of Kurt Adler*  
**Ronald J. Pancner**

*In Honor of Robert Powers and Jane Griffith*  
**Charles Fantz and Pat Hyland**

*In Honor of Neva Hefner*  
**Don C. Dinkmeyer, Jr.**

*In Memory of Hal McAbee*  
**Betty Silon**

*In Honor of Norma Lou McAbee*  
**Kamakaokalani Penny Scott**

## ANSBACHER LECTURE FUND

**William L. Curlette**  
**Cathy A. LaFitte**

*In Honor of Richard R. Kopp*  
**Charles Fantz and Pat Hyland**

*In Memory of Rowena Ansbacher*  
**Edna Nash**

*In Memory of Udelle Friedland*  
**Kamakaokalani Penny Scott**

*In Honor of Heinz Ansbacher and Memory of Rowena Ansbacher*  
**Emily L. Thorn**

####

## In Memoriam

**Lucy Ackerknecht** died in November, a few weeks after suffering a stroke, her family informed us. She had been a member of NASAP since 1959 and was designated a life member several years ago in honor of her long service to the Adlerian community.

Dr. Ackerknecht was an educator who formed her own school in Oakland, California, *Adlerian Western Institute for Research and Training in Humanics*, (AWIRTH). In addition to teaching a variety of Adlerian courses to U.S. students, AWIRTH also offered a European Summer School which provided classes in Southern France and Eischen, Luxembourg in the native languages.

## *Individual Psychology (IP) Readership Survey*

1. What percentage of each of the content areas listed below do you typically read in each issue of IP?

\_\_\_\_\_ percent theoretical articles (0 to 100%)  
 \_\_\_\_\_ percent research based articles (0 to 100%)  
 \_\_\_\_\_ percent practical application articles (0 to 100%)  
 \_\_\_\_\_ percent clinical articles (0 to 100%)  
 \_\_\_\_\_ percent interviews (0 to 100%)  
 \_\_\_\_\_ percent case studies (0 to 100%)  
 \_\_\_\_\_ percent book reviews (0 to 100%)  
 \_\_\_\_\_ percent biographical comparisons of Adler and others (0 to 100%)  
 \_\_\_\_\_ percent editors' notes (0 to 100%)  
 \_\_\_\_\_ percent other (0 to 100%)

2. For the content areas below, circle the category which indicates the emphasis you recommend being placed on these areas in future issues of IP.

Theoretical Articles	Increase	Remain the Same	Decrease
Research Based Articles	Increase	Remain the Same	Decrease
Practical Application Articles	Increase	Remain the Same	Decrease
Clinical Articles	Increase	Remain the Same	Decrease
Interviews	Increase	Remain the Same	Decrease
Case Studies	Increase	Remain the Same	Decrease
Book Reviews	Increase	Remain the Same	Decrease
Biographical Comparisons of Adler and Others	Increase	Remain the Same	Decrease
Editors' Notes	Increase	Remain the Same	Decrease
Other	Increase	Remain the Same	Decrease

3. If you would like special issues on particular topics in IP, what are some special issues that you would like to see in the future?

\_\_\_\_\_

\_\_\_\_\_

(If you are interested in submitting a manuscript(s) for a special issue, please list the topic(s) and your name and address on a separate sheet of paper and mail it with this survey or in a separate envelope.)

4. Rank order the three books in the area of Individual Psychology that you use most.

first (most) \_\_\_\_\_

second \_\_\_\_\_

third \_\_\_\_\_

5. Do you have a clinical practice? Yes \_\_\_\_\_ No \_\_\_\_\_ (If No, go to item 8)
6. Rank order the three books in Individual Psychology which you recommend to your clients in therapy.  
first (most) \_\_\_\_\_  
second \_\_\_\_\_  
third \_\_\_\_\_
7. Rank order the three books NOT specifically written from an Individual Psychology perspective which you recommend to your clients in therapy.  
first (most) \_\_\_\_\_  
second \_\_\_\_\_  
third \_\_\_\_\_
8. List up to five resources related to Individual Psychology (e.g., Internet sites, pamphlets, video tapes, assessment instruments, etc.) that you would like included in a list of resources for NĀSAP members.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
9. In what ways could the readership of IP be increased?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
10. Circle your highest educational degree:  
MA/MS EdD PhD MD BA/BS High School Other \_\_\_\_\_
11. What is your present occupation? \_\_\_\_\_
12. What is your present type of work setting? \_\_\_\_\_
13. Are you an Associate Member of NĀSAP? Yes \_\_\_\_\_ No \_\_\_\_\_
14. Do you regularly read the *Individual Psychology* journal? Yes \_\_\_\_\_ No \_\_\_\_\_
15. How many years ago did you first begin receiving the journal? \_\_\_\_\_ years
16. Other suggestions for improving the *Individual Psychology* journal.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## News and Events from the Regions

### Regions 1A - 1B

**Boise, ID** - The Idaho Society of Individual Psychology is planning their 1998 Conference, *The Courage To Be Imperfect*, for February 27-28 at The Grove (hotel). Brian Griffith, Bea Mackay, Dick Craig and Tom Edgar will present. For registration information contact ISIP at 208/344-3117 or Fax 208/455-3302.

**Boise, ID** - Boise State University Department of Counseling announces a two-day workshop, *Resiliency Through The Lifespan*, to be held January 30-31. William Nicoll, will present January 30; Greta Krahn, January 31. Contact Lynn Miller 208/385-1821 or Lynn Swanson 208/385-1601.

**Vancouver, BC** - The Adlerian Psychology Association of British Columbia provides a lecture series for parents. Coming up are *Sibling Rivalry — What to Do?*, Barbara Bain, February 25; *Blended Families: Easing the Transition Towards a More Caring Family*, Lois Hille, March 25; and *Strengthening the Couple Relationship for a More Beautiful Family Culture*, Mavis Lloyd, April 29. Contact APABC, 604/874-4614, Fax 604/874-4634.

**Saskatoon, SK** - The Saskatoon Adlerian Society is offering its annual *Day For Parents* March 21. It will include a variety of workshops to suit every parent and Adlerian books will be available for sale. For further information contact Gloria at the SAS office, 306/384-7703.

### Regions 2A - 2B

**Minneapolis** - The Alfred Adler Institute of Minnesota is offering the following continuing education courses: *Dreams: A Doorway to Understanding*, Catherine Furnberg, January 30; *Assessment and Treatment Options for Couples and Individuals when Domestic Violence is Present*, David Judson Decker, February 7; *Counseling the Blended Family*, Thomas Wright, February 20; and *Client Records: Ethical and Practical Issues*, Mary Kingston, February 27. Contact AAIM, 612/988-4170, Fax 612/988-4171.

### Regions 3A-3B

**Springmaid Beach, SC** - The South Carolina Society of Adlerian Psychology attracted another record breaking registration at its fall conference, reports Frank Walton. The 1998 conference is set for October 3-5 at Springmaid Beach. To be placed on the mailing list call 803/798-0300 or Fax 803/798-9005.

### Regions 4A-4B

**Fort Wayne, IN** - The Alfred Adler Institute of Fort Wayne includes among its winter classes: *Introduction to Life Style*

*Diagnosis*, Ronald and Kristin Pancner; and *Adlerian Approaches to Psychotherapy*, Brian Hutner. Contact AAIFW, 219/461-5845, Fax 219/461-5700. The school also announces a new web page: [www.fortwayne.infi.net/~adlerpsy](http://www.fortwayne.infi.net/~adlerpsy).

**Kensington, MD** - The Parent Encouragement Program winter classes include a seminar for couples entitled, *Dealing with Anger in Couple Relationships*, February 28. Barbara and Don Fairfield will lead the session. On March 21, PEP will offer a Family Council Workshop for family members, ages six years and up. Contact PEP, 301/929-8824.

**Waldorf, MD** - The Family Education Center of Southern Maryland offers family counseling demonstrations and workshops with Phil and Mollie Thorn. Coming up is *My Kids Don't Respect Me* (learning the art of mutual respect), February 20; and *I Want, I Want, I Want* (using allowance to combat the "I Wants"), March 6. For details, contact FEC 301/705-8547.

### Regions 5A - 5B

**Toronto, ON** - The Adler School of Professional Psychology, Ontario includes in its 1998 schedule the following: *Principles of Adlerian Psychology*, Linda Page, January 23-24, February 20,21, March 20,21; *Adlerian Approaches to Psychotherapy*, D. Dalton, January 10, February 7, March 7; and *Psychopathology: Anxiety Based & Personality Disorders*, P. Parker, January 11, 25, February 8, 22, March 8, 22. For a full schedule contact Adler Ontario, 416/480-2303 or visit their web site: <http://www.adlerontario.com>.

### Regions 6A-6B

**Walnut, CA** - The Adlerian Society of Southern California announces that it is now a provider of CE's for MFCC 's and LCSW's in California. The Society meets the second Saturday of every month and has scheduled Sue Khalili, *Life Style Assessment*, for January and Olivia Seville, *Anger Toolbox*, for February. Contact ASSC, 909/594-7297.

**Phoenix, AZ** - The Phoenix Society of Adlerian Psychology and Ottawa University will co-sponsor *The Adlerian View of the Treatment of Personality Disorders* February 12 with Len Sperry presenting. For more information contact Daniel Eckstein, 602/998-2297.

**San Francisco** - The Alfred Adler Institute of San Francisco will offer a one-day course, *Substance Abuse Diagnosis, Assessment & Treatment: An Adlerian Perspective*, February 21. This course offers seven CE hours. Registration details will be posted on the AAISF web site:

<http://ourworld.compuserve.com/homepages/hstein/subst.htm>.

## ICASSI Registration Brochures Now Available

Registration brochures for the 31<sup>st</sup> Rudolf Dreikurs Summer Institute (ICASSI) are now available from the central office or Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, Fax 301/595-0669, E-mail, PeterHMSU64@aol.com

ICASSI will hold its Summer Institute at the University of Vilnius in Lithuania July 19-August 1. Vilnius, the capital of Lithuania, has 600,000 citizens and is considered to have some of the finest Baroque architecture in Europe. The University is in the heart of the city and good public transportation is available.

Students may elect to attend either one or two weeks. Courses are provided for children, non-professionals and mental health professionals, some in Lithuanian, Russian and German, as well as English.

Roy Kern and Helmut Heuschen will conduct two three-day Leadership and Management Institutes for professionals in Industry, Commerce and Education. The Institute is designed to enhance skills in motivating employees, leading meetings, dealing with difficult employees and providing encouraging leadership.

###

## Marriage/Family Conference To Be Held In Washington, DC

The Coalition for Marriage, Family and Couples Education will hold its second annual conference, *Smart Marriage/Happy Families*, in Washington, DC, July 8-12. The Conference offers a new approach to therapy by teaching skills that equip couples to avoid divorce and build smart, satisfying marriages and happy, successful families. The list of presenters includes Jon Carlson. For more information, contact Diane Sollee at the Coalition, 202/362-3332, Fax 202/362-0973, E-mail: CMFCE@smartmarriages.com.

###

**Newsletter Deadline:** All news and feature items for March/April issue of the Newsletter need to be in the central office by February 20.

## --News From Members--

### *Ina Block Receives Recognition for Service*

Last month the Alfred Adler Institute of New York held a testimonial brunch to honor Ina Block for her 43 years of dedicated and outstanding service to the Institute as Director of Admissions and Dean of Students, reports Ellen Mendell. Over 75 people, comprising faculty, board members, alumni, students, colleagues and friends, attended the event. Many provided tributes to Ina with each speaker tapping into her various abilities and characteristics.

Ina Block came to AAINY as a student and became its registrar, then rose through the ranks to her current positions. Through the years she worked closely with many Executive Directors (from Helena Papanek, Kurt Adler and onward) plus many boards of trustees, faculty members and students. Many of the tributes highlighted her impact on students, her generous giving of time and ideas, and her unwavering commitment to excellence.

Ina Block is one of the few remaining Adlerians who had personal contact with Alfred Adler. As a young student in Vienna, she remembers listening to his lectures and seeing him sitting in the Cafe Ziller at his favorite round table. She has been a member of NĀSAP since 1967 and served on the Delegate Assembly from 1975-78.

###

**Kathy and Frank Walton** recently returned from their second teaching experience in Romania and Slovakia after being brought back by popular demand. "Teachers and parents we had met in March were excited about the progress they had made implementing Adlerian principles and techniques in Romania," Frank told the Newsletter. Two Adlerian societies had been formed in Transylvania and one of Frank's lectures was videotaped for presentation at the Hungarian Adlerian Society conference next April. In Bratislava, Slovakia, faculty members at Comenius University reported that student evaluations ranked Kathy and Frank's lectures and demonstrations as the most valuable learning experience of the semester. "It is ironic that we are helping to introduce Adlerian psychology in Bratislava," Frank said, since that is "relatively *down the street* from its birthplace in Vienna."

Meanwhile, back at home, Frank is scheduled to present a full-day workshop, *Counseling and Parenting of Teenagers*, April 2 for the Michigan Association of Children's Alliances in Lansing. A separate evening presentation will be directed to parents. Contact Carrie Rhein, 517/485-0840. Another workshop on working with adolescents for the Montgomery County, Maryland Drug Free Schools Program is scheduled for June 24. Contact Rita Rumbaugh, 301/517-5910.

###

The **Florida Adlerian Society** is conducting a pilot Family Education Center in conjunction with Lake Myrtle Elementary School, it was reported in the FAS Newsletter. The Center has its third Parent Study Group underway and has provided two Open Forums — one with Tim Evans, who spoke on encouragement and consulting with the family, and another with Monica Evans, who taught conflict resolution and interviewed a volunteer family.

The Center plans at least two more Parent Study Groups before the end of the school term and two more Open Forums, the concluding one with an out-of-town speaker. The Florida Adlerian Society also announces a new home page:

<http://www.adleriansociety-fl.org>



## Adler School Plans Psy.D. Program For Fort Wayne Institute

The Adler School of Professional Psychology announces plans to begin offering its Psy.D. classes at the Alfred Adler Institute in Fort Wayne, Indiana by the fall of 1998, pending approval of the North Central Association in February.

The Adler School is requesting that anyone interested in entering the Fort Wayne program begin applying for admission as soon as possible to allow adequate time to review transcripts and determine any prerequisite courses. Preliminary courses may be offered at the Fort Wayne Institute as early as Spring, 1998.

A limited number of openings will be available for this cohort program and early application is advisable. For more information, contact Bob Chucka in Admissions, 312/201-5900, extension 222.

###

**This is your last issue of the Newsletter  
unless you renew for 1998!**

-8-

## *Convention Scholarships Available For NASAP '98 in Dallas*

Scholarships for anyone wanting to attend the 1998 Convention in Dallas are available from both NĀSAP and individual Sections. Applications can be received by contacting the central office. **Deadline for all applications is March 15.**

NĀSAP offers up to five scholarships to graduate students who have financial need and have previous experience in Adlerian activities. These are in addition to the scholarships given in conjunction with the Graduate Student Forum.

Both students and non-students are eligible for several scholarships offered by the Sections. Adlerian Counseling and Therapy Section offers three scholarships; Family Education offers two; and Business and Organization, Clinicians, and Education each offer scholarships. For an application and complete information, contact the central office.

### **NASAP Newsletter**

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## --NEW PUBLICATIONS--

*The Disordered Couple*, edited by Jon Carlson and Len Sperry, brings together therapists from a wide range of theoretical persuasions to address major disorders in couples. It discusses the disordered couple and offers alternate methods of viewing, assessing, diagnosing, and tailoring treatment.

Published by Brunner/Mazel, this publication is compiled of articles by well-known professionals, many of them Adlerian. The five-axis system presented in the DSM-IV and the relational diagnosis system is discussed in chapter one. The multi-axis approach to diagnosis helps distinguish different aspects of a person, focusing attention on each individually: clinical systems, personality disorders, medical conditions of significance, psychosocial stressors, and prior levels of functioning.

Other chapters deal with how the marital relationship is affected when one or both partners have bipolar disorder, anxiety, psychotic disorders, or sexual dysfunction. The book can be ordered from Brunner/Mazel, 800/821-8312.

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*Come To The Table*, co-authored by Nancy Cannon and Nancy Hennessy Cooney, provides a guide for families enabling them to restore the dinner hour and enjoy fun and interesting conversations. The book features 52 fun, challenging and/or inspirational topics, which can turn the dinner table back into the center of family sharing and closeness. Order from the publisher, Sheed & Ward, 800/333-7373.

####

*Psychotherapy With The Experts*, hosted by Jon Carlson and Diane Kjos, is a counseling video series which uses actual clients with real problems who are counseled by experts using the major counseling and psychotherapy theories. The videos include experts from the 12 dominant schools of psychotherapy, one of them Adlerian. They are designed for pre-professional training in graduate and undergraduate classes in counseling or personality theory. Order through publisher Allyn & Bacon, 800/278-3525.

## *Adlerian Training Resource Directory*

By John Newbauer

The Adlerian Training Resource Directory should be available at the May, 1998 NASAP Convention in Dallas. The Resource Directory will list training sites and programs which feature Adlerian psychology training in one form or another. There are four types of training programs which will appear in the directory. The first group of resources listed will be the "Adlerian Training Programs," which feature an advanced degree or certificate in Adlerian psychology or psychotherapy. Another section will include "Higher Education Programs with Adlerian Options," which will include programs in universities offering master or doctoral programs that have some classwork or supervision available in Adlerian psychology. The third section will include Internship and Practicum training sites that have supervision by an Adlerian available as part of their program. The last section includes Family Education Centers that train Family Education Facilitators or Leaders.

To date, the following programs will be included in the listing:

### **Adlerian Training Programs**

Alfred Adler Institute of Minnesota  
Adler School of Professional Psychology  
Adler School of Professional Psychology-Ontario  
Adler School of Professional Psychology-Fort Wayne  
Alfred Adler Institute of Fort Wayne  
Alfred Adler Institute of Quebec  
Alfred Adler Institute of San Francisco

### **Higher Education Programs with Adlerian Options**

California School of Professional Psychology-Los Angeles  
East Tennessee State University  
Meredith College  
Milligan College  
New Mexico State University  
Southern Illinois University  
University of Georgia  
University of Illinois at Springfield  
University of Northern Iowa  
Western Kentucky University

### **Internship and Supervision Sites**

Crossroads Training Center  
Charter Beacon Behavioral Health Systems  
Rudolf & Sadie "Tee" Dreikurs Psychological Services Center

### **Family Education Centers**

Family Education Center, Mt. Pleasant, SC  
Family Education Centers, Petaluma, CA  
Parent Education Program, Kensington, MD  
Puget Sound Adlerian Society  
Saskatoon Adlerian Society  
Summerfield Workshops

If you have a program that seems to fit into one of these categories, please send information for inclusion to the central office. We would like to make this as complete a directory as we can. In addition, there may have been some moves or changes in some of these programs that make the current data obsolete. Please notify us of changes or additions by sending the following information: 1. Name of program; 2. Contact person, address, phone, fax, e-mail; 3. Type of facility or program offered; 4. Degrees or certificates offered, if any; 5. Continuing education certificates, if any; 6. Areas of specialization; 7. Names and Adlerian training of principle trainers; 8. A description of program. Although not all of these are printed in each guide, we must have information on all eight areas in order to be included. Thank you for your cooperation. Don't forget to pick up a copy of the directory at NASAP '98 in Dallas.