

The NĀSAP Newsletter

March/April, 1998

Volume 31, Number 2

Relax at Rio Caliente In Mexico After NASAP '98

By **Riki Intner**, Conference Chair

The registration brochures have been sent — so it's that time of year when Adlerians are making plans to attend our annual convention and workshops. This year it's **NASAP '98** in Dallas, Texas on May 21-24. What a wonderful opportunity to meet old friends and make new ones, to share ideas and to attend a variety of interesting events, workshops and presentations.

The Ansbacher Lecture, with Gerald Corey, promises to be outstanding! The Friday Evening Banquet will feature Dan Eckstein as our friendly and entertaining auctioneer. Dinner and line dancing Saturday night at Dallas' West End Historic District will give you a "taste of Texas" fun and frolic which Jim Sulliman says is not to be missed!!

Following the conference, a restorative retreat has been planned at the Rio Caliente Hotsprings Spa in Guadalupe, Mexico. Edna Nash has been there many times and raves about the meals, the activities, massages and facials; it even includes a shopping trip. There is no doubt the stay will both relax and rejuvenate you!

Last year's post conference cruise to Alaska enticed 50 Adlerians from our group, and everyone had a great time. Rio Caliente promises to be just as much fun and affordable, too! For prices and reservations contact:

Rio Caliente
By phone 650-615-9543;
Fax 650-615-0601 or
email <RioCal@aol.com>

--President's Message--

Plans Move Ahead for New NASAP Governance

I have just returned from a meeting of the Executive Committee (EC) and, as usual, we had a full schedule, got a lot done, and squeezed in some fun, too. We spent most of our time planning the transition to the new governance structure. If you are new to NASAP, you may want to know that we are entirely changing our governance structure; if you have been with us awhile, you are probably aware that we have been working on this process for a few years now. In fact, the Long Range Planning Committee (LRPC), which initiated this process, has now moved on to working on some other goals for the organization; and the EC and Delegate Assembly (DA) are just working out the last few details before full implementation of the new structure. The Constitutional changes were approved by the membership last summer, and the DA is working on accompanying changes to the By-Laws (where more of the details are outlined). If all goes as anticipated, the DA will discuss and approve the By-Laws in May, the membership will elect a President and other members of the Board in June, and the current EC and the new Board will hold a joint meeting in September.

We have also been slowly phasing out "regions", and did not hold elections to fill expired seats in 1998. Current Region Delegates still serve and will participate with the Section Delegates at the last DA meeting in May. In October, when the DA has traditionally held their second meeting of the year, we will have the first meeting of the Council of Representatives (COR), made up of the Section Representatives, the Affiliate Representatives and two At-Large Representatives elected from and by the general members; they will have their second meeting at the Convention in May, 1999.

In line with the new structure, a nomination committee has been formed by Bob Armstrong, Past-President, based on suggestions from the DA. This committee will nominate at least two people for each Board position, including President, for election by the general membership. Any general member may also nominate candidates for this election, with the signatures of nine additional general members (this process still needs to be finalized at the DA meeting in May, but has received strong support).

A major function of the new governance structure is to encourage the development of local Adlerian groups (societies, Family Education Centers, institutes, school staff, etc.)

(Continued on page six)

1998 CONVENTION REMINDERS:

- ***Volunteers needed, contact central office**
- ***Early registration discount until April 15**
- ***Deep Discounts for members**
- ***New Discount - Register 5 and get sixth free!**
- ***Only on site registration after May 8**
- ***See Auction Donation Form on page 7**
- ***Relax post conference at Rio Caliente Hotsprings Spa**

Who Will Replace the Else Family?

By Lee Ann Deal

We are very sad to announce that, although they are renewing their membership this year, Dr. Someone Else and Dr. Anyone Else will not be able to continue their usual level of contribution in time or money. They will be greatly missed! The Elses have been with NASAP for many years and have always carried far more than their share of society responsibilities. Whenever there was a job to do or a responsibility to fulfill, their names were on everyone's lips. "Let Someone Else or possibly Anyone Else do it!" When the Society needed extra financial support, the Dr.'s Else were thought to be the biggest donors. "Let Someone Else make up the difference," was often heard. And they were looked to for inspiration as well as results. "Anyone Else can attract new people into the society and new attendees to the convention and workshops."

The Elses are wonderful people, but they are only human and could only spread themselves so thin. Often times they wondered why so few others saw the need. The Elses have always done the best they could, but they knew it was impossible to accomplish all that was expected of them.

We have to face the fact that there were just not enough Anyone and Someone Elses to go around. And now the Elses are having to pull back. What are we going to do? Who will follow their wonderful example? Who is going to do the things Anyone and Someone Else did?

Fortunately, there are opportunities immediately before us to enable every member to fill the gap. First of all, with the convention and workshops (**NASAP '98**) just around the corner, volunteers are needed to help in a variety of ways: to work the registration desk, in the hospitality lounge, as a room monitor or as a general volunteer (see article at right). Secondly, due to the additional expenses incurred in 1997 relative to our transition to a new governance, NASAP is experiencing a mild financial crunch and needs your donations (see President's message for details). And, finally, as we are all aware, an organization is only as strong as its membership. By encouraging others to join NASAP and take advantage of education opportunities like **NASAP '98**, not only will our membership grow, but there will be a better community understanding of the value of being Adlerian.

Show the Else Family that NASAP has a strong support system ready and willing to take up the charge! Contact central office and offer your help and support today!

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Ad Space Available In Convention Program

Advertising space in the NASAP Convention Program is once again available to members and non-members who want to reach a sizable audience outside the regular Adlerian community. Members, affiliates, Adlerian training institutes/organizations and publishers of Adlerian books and materials have the opportunity of purchasing from one-fourth page to a full page. Members receive a 25 percent discount.

Non-member prices are as follows:

Full page (7-1/2" x 9-3/4"), \$250
Half page horizontal (5"x 7"), \$150
Half page vertical
(3-5/8" x 9-3/4"), \$150
One-third page vertical
(2-1/4" x 9-3/4"), \$125
One-fourth page (3-5/8" x 5"), \$100
Promotional materials inserts, 200

All art needs to be black and white and camera ready. Deadline for securing an ad is April 15. For details contact the central office.

###

Be A Convention Volunteer And Reap Rewards

NASAP needs volunteers and we offer valuable compensation for those who participate. The three primary positions are as room monitor, at the registration desk and in the hospitality lounge.

Room monitors are needed for both full-day workshops and convention sessions. Convention room monitors are assigned one room for the day. Monitor responsibilities include introducing the speaker(s), distributing handouts, helping with lights and AV needs, keeping attendance records, collecting evaluations and troubleshooting for the speaker(s). Room monitors have free session(s) attendance for that day, a \$90 to \$125 value for members, \$120 to \$165 for non-members.

Those volunteers working at the registration desk and in the hospitality lounge will welcome attendees and provide local and general information about the convention. They will receive free sessions in proportion to the hours they work.

Please call the central office to take advantage of this opportunity to help NASAP and make the convention and workshops even more affordable for you!

THE CRUCIAL C'S

By Betty Lou Bettner, Ph.D. and Amy Lew, Ph.D.

*The behavior you see is not the problem; it's a solution to a problem the person thinks she or he has.
The problem is not feeling the crucial C's:*

CONNECT — *I need to believe I have a place — I belong!*

CAPABLE — *I need to believe I can do it!*

COUNT — *I need to believe I can make a difference.*

COURAGE — *I need to believe I can handle what comes.*

WHEN WE FEEL CONNECTION WE:

FEEL **Secure**
DO Reach out
Make friends
Cooperate

WHEN WE DON'T FEEL CONNECTION WE:

FEEL **Insecure, isolated**
DO Become susceptible to peer pressure
Try to get **attention** in negative ways

NEED Communication Skills

WHEN WE FEEL CAPABLE WE:

FEEL **Competent**
DO Exhibit self-control

Develop **self-reliance**

WHEN WE DON'T FEEL CAPABLE WE:

FEEL **Inadequate**
DO Try to control others and/or become defiant
Become dependent
Seek **power**

NEED to Develop Self-discipline

WHEN WE BELIEVE WE COUNT WE:

FEEL **Valuable**
DO **Contribute**

WHEN WE DON'T BELIEVE WE COUNT WE:

FEEL **Insignificant, hurt**
DO Try to hurt back, show pain
Seek **revenge**

NEED to Assume Responsibility

WHEN WE HAVE COURAGE WE:

FEEL **Equal, confident, hopeful**
DO Face challenges
Willing to try
Develop **resiliency**

WHEN WE DON'T HAVE COURAGE WE:

FEEL **Inferior, defeated, hopeless**
DO Give up

Use **avoidance**

NEED Good Judgment

This information can serve as the basis for understanding behavior and relationships for parent and teacher education, in individual and couple therapy, and in the workplace.

More about the **The Crucial C's** is available in books from **Connexions Press**, 10 Langley Road, Ste.200, Newton Centre, MA 02159, 617/332-3220, FAX 617/332-7863; or 1 Old State Road, Media, PA 19063, 610/566-1004, FAX 610/566-1004. (Over)

Recommended Reading from Connexions Press:

Cinderella: The Sequel. Lew, Amy and Bettner, Betty Lou. 1997.

A Parent's Guide To Understanding and Motivating Children. Lew, Amy and Bettner, Betty Lou. 1996.

Raising Kids Who Can. Bettner, Betty Lou and Lew, Amy. 1996.

Raising Kids Who Can, Leader's Guide. Bettner, Betty Lou and Lew, Amy. 1996, 1998.

Responsibility in the Classroom. Lew, Amy and Bettner, Betty Lou. 1995, 1998.

Additional Recommended Reading:

Children The Challenge. Dreikurs, Rudolf and Soltz, Vicki. New York: Hawthorn Books, 1964. (Available from the Adler School of Professional Psychology, 312/201-5900, ext. 228.)

What Life Could Mean To You. Adler, Alfred. Being reprinted by Hazelden Publishing, available summer, 1998, 800/328-0094

Perfect Parenting & Other Myths. Main, Frank. Vermillion, SD: The Main Press, 509 Valley View, 57069, 1997, 605/677-5257

Maintaining Sanity in the Classroom. Dreikurs, Rudolf, Grunwald, Bernice Bronia and Pepper, Floy. Washington, DC: Taylor & Francis, 1998.

You have just read an article based on Adlerian Psychology. NASAP, the North American Society of Adlerian Psychology, was founded in 1952 by a small group of Adlerians under the leadership of Rudolf Dreikurs. Their purpose was to promote growth and understanding of Adlerian Psychology, the work of Alfred Adler, and effective approaches to living based on his philosophy. In the early 1900's, Adler began addressing such crucial issues as equality, democracy, parenting, education, the influence of birth order, life style, and the holism of individuals. Today Adlerian concepts are being used creatively in education, community programs, business and the arts, as well as in counseling, therapy and clinical practice. NASAP membership includes educators, psychologists, psychiatrists, counselors, parents, business people, community organizations and interested people. If you are interested in knowing more about NASAP, Adlerian Psychology or Adlerians practicing in your area, please call or write us, we'd love to hear from you:

NASAP
North American Society of Adlerian Psychology
65 East Wacker Place, #400
Chicago, IL 60601
(312)629-8801
FAX (312)201-5917

Permission is granted to copy this article, as long as all the information on both sides of the page is included.

Come To The Table:

A Guide for Families to Restore the Dinner Hour and Have Fun and Interesting Conversations

By Nancy Cannon and Nancy Hennessy Cooney

Alfred Adler and Rudolf Dreikurs produced works of such importance to the understanding of children, and of such value for the improvement of family life, that almost all subsequent Adlerian writers on these subjects, however fresh their experience and style, could not avoid being derivative.

Now comes something completely different. Instead of talking about the value of conjunctive feelings, and the errors of parents and children that stand in their way, Nancy Cannon and Nancy Hennessy Cooney present an ingenious and remarkably attractive device for achieving such feelings and diminishing the occurrence of such errors. They do so in a design for a weekly family ritual on congeniality, fun and reflection. Finally, they provide the material for a year of variations on the basic theme. In this way they establish reliability, familiarity, and a comfortable sense of limits. In other words, we know it won't be boring or too heavy; it will have the same shape and form each week; and it will involve each of us without pressure and without tying us up in seemingly interminable discussions.

The book has 52 landscape-printed pages — one per week for 52 weeks — in a spiral binder with built-in accordion fold enabling it to stand on the dinner table. Its contents range over cultures and customs, fables and tales and their moral lessons, and exercises that invite reflection, expression, and playful exchanges of affection and delight.

Twenty years ago NASAP member Nancy Cannon (then a Montessori School teacher) was my student at the Adler School, pursuing the Master's Degree. Sorry to say, I can't see a way to argue that either NASAP or the School or I can take any of the credit for what she and her co-author have achieved here. Neither can I say that the book is "Adlerian" in any distinctive sense of that abused word. I wish I could, and that I could boast that one of ours produced a book that won the endorsement of Harvard University's Robert Coles. Dr. Coles is unarguably the best known and probably the most widely respected child psychiatrist writing today. His *Children of Crisis* series won the Pulitzer Prize, (continued next column)

Order Form

(This offer expires May 31, 1998)

Send ___ copies of **Come To The Table** (\$10 each) \$ _____
(order limit is 3 books)

Please include postage and handling _____
(\$4 for one book, \$5 Canada and other countries;
add \$1 for each additional book ordered).

TOTAL DUE \$ _____

___ Check or money order (U.S. funds)

VISA/MC # _____

Expires _____ Name: _____

Ship to: _____

Send this coupon to NASAP, 65 E. Wacker Pl., #400, Chicago, IL 60601.
Credit card orders call 312/629-8801 or Fax 312/201-5917.

--News From Members--

Durive and James Croake will be starting a parent education class in Mobile, Alabama using *Children: The Challenge*. The weekly class, which begins Wednesday, April 15, will be open-ended so that new members may join at any time. For more information phone 334/660-5157.

###

Erik Mansager presented a two-day workshop in Zurich, Switzerland in January, after successfully defending his Ph.D. dissertation in Belgium. He trained eight students from the Zurich Alfred Adler Institute in an interactive group technique based on early recollections. He has been invited back to present another initial workshop in July, as well as an advanced session for the previous participants. While there, he and Yvonne Schürer of AAI shared information about life style data and early recollections.

and his *Spiritual Life of Children* is a best seller. Of *Come to the Table* he says (in a cover endorsement):

A wonderful idea: a way of helping more and more of us to meet together, learn from one another, encourage us to speak and to listen to one another.

Enrich your life, and the life of your family. Buy this book and use it.

Robert L. Powers

(Robert Powers is a long time member of NASAP who served as president in 1972-75. He has been an instructor at the Adler School of Professional Psychology for many years and worked directly with Rudolf Dreikurs. In 1997 he was named a Distinguished Service Professor of Adlerian Studies in Culture and Personality.)

NASAP is offering *Come To The Table* as the "Book of the Month." For \$10 a copy (more than a 20 percent discount off the retail price) each member may purchase up to three copies through May 31. Please add postage and handling of \$4 U.S. for one book, \$5 for Canada and other countries, plus \$1 for each additional book ordered.

Many Ways to Give

By John Newbauer, Treasurer

NASAP, like most not-for-profit organizations, relies on the generosity of those who believe in its mission to provide financial support through donations. Although membership dues provide a base of support, they primarily pay for the benefits which members receive directly (the Journal, the Newsletter, and the directory). Donations to the **General Fund** enable NASAP to offer reduced membership rates to students, retirees and associates, as well as to meet its daily responsibilities: responding to the general public seeking information and referrals relative to Adlerian Psychology; networking with other organizations to promote Individual Psychology and collaborate on projects which further the NASAP mission and ensure a healthy financial future; developing educational outreach; keeping organization records (historical, governance, legal, credentialing, etc); and providing support to the governance structure.

Thanks to the generosity and commitment of several individuals and families, there are a variety of additional ways to financially support NASAP and, thereby, further promote Adlerian Psychology.

◆**The Adler/Dreikurs Century Fund** is an endowment fund started in 1993 by 75 NASAP members. The Century Fund was conceived to establish a solid financial base which would assure the fiscal stability of NASAP as it moves forward into the 21st Century. It was designed to provide interest revenues which can be used for the operational budget and to fund special projects. Many members continue to support this endeavor for which we have optimistically set a goal of "\$50,000 by 50" (the 50th anniversary of NASAP which we will celebrate in the year 2002).

◆**The Heinz L. and Rowena R. Ansbacher Lecture Fund**, established in 1995 by the Ansbacher family to honor Heinz and Rowena for their innumerable contributions toward the understanding and advancement of Adlerian Psychology, pays the honorarium and expenses for the Ansbacher Lecture given as an integral part of the annual convention and workshops. Since it is the interest revenues from this fund which finance the event, the fund itself must grow to ensure adequate moneys are available to cover these expenses.

(Continued on page six)

DONATIONS

(NASAP is ever grateful to those who contribute to its financial well being. We thank the following who donated during January and February, 1998)

**Peggy L. Foege
Alicia Hadad
Jordon Levin
Joyce L. McKay
Gary D. McKay
Kenji Shibayama**

In Honor of Edna Nash
Kay L. Kummerow

*In Honor of
Walter "Buzz" O'Connell*
**Ruth Egel
David B. MacDougall**

*In Honor of
Dr. Manfred Sonstegard*
Vida Shajie

In Honor of Liliane Bensinger
Robert Sherman

*In Memory and Honor of
Hal and Norma Lou McAbee*
Robert J. McBrien

In Memory of Hal McAbee
**Norma Lou McAbee
Alan Spector**

In Memory of Kurt Adler
**Sylvia Robbins
Fredrica Levinson**

*In Memory of
Sadie "Tee" Dreikurs*
Ann R. Scanlan

In Memory of Birdie Mosak
Margaret Harris

*In Memory of Professor
Dr. Lucy K. Ackerknecht*
**Nancy E. Hawkins
Ellen Dollar**

ADLER/DREIKURS FUND

*In Honor of
Eva Dreikurs Ferguson,
Richard Kopp and Frank Walton*
Jean Burkholder

*In Honor of
William Bluestein, Ph.D., Esq.*
Dorothy A. Sutton

*In Honor of the Dinkmeyers,
Don and Don, Jr.*
Robert J. McBrien

In Honor of Vern Kautt
Jordon Levin

*In Memory of
Miranda Jamie Boles
(78 days of life; Precious One)*
G. Ruth Boles

In Memory of Lucy K. Ackerknecht
Ellen Dollar
###

ANSBACHER LECTURE FUND

Arthur G. Nikelly

*In Memory of
Rowena Ansbacher*
Sylvia Robbins

In Memory of Kurt Adler
Fredrica Levinson

In Honor of Al Rudman
Jordon Levin

*In Memory of
Lucy K. Ackerknecht*
Ellen Dollar
###

Once again, NASAP wishes to thank **Wes Wingett** for donating the cost, time and effort of producing a new supply of Adlerian Resource Books for the office.

--News From Members--

Eleanor Laser reports that she will present *Non-pharmacologic Analgesia: Hypnosis for Surgery* March 1 at the Fourth Annual Mind-Body Conference. The conference is sponsored by the Chicago Society of Clinical Hypnosis and CE's are available from the Adler School of Professional Psychology.

###

Sharon Arkin reports she has been given a research grant by the National Institute on Aging to study the effects of physical exercise on Alzheimer's patients. She is currently working with seniors in Tucson, Arizona, ages 57 to 86, to determine whether physical exercise can slow the progression of the disease. She says she plans to compare test results with a national sample study of Alzheimer's sufferers who were monitored but received no exercise program. Her study was recently featured in a local paper, the Arizona Daily Wildcat.

###

--NEW BOOKS--

Kevin Leman announces a new book release, *When Your Best Is Not Good Enough*, published by Fleming H. Revell. As founder and president of *Couples of Promise*, he says he continues to hold seminars across the country. To receive more information, contact him at 520/797-3830 or FAX 520/797-3809.

###

Susan Pye Brokaw reports she has recently published two books: *The AD/HD Take Home Testing Manual* and *The AD/HD Strategies Manual for Professionals*. For more information, she can be contacted through e-mail:

PYEBROKAW@aol.com

###

Positive Discipline for Blended Families, by Jane Nelsen, Cheryl Erwin and H. Stephen Glenn, is a new release announced by Empowering People. The book focuses on the special challenges faced by couples with children from previous relationships. To order call 800/456-7770.

President's Message (continued from page one)

and their affiliation with NASAP. We believe that it will be a mutually beneficial relationship and a primary way to nurture and spread Adlerian ideas. We are working on ways to assist members in forming and developing new local Adlerian groups, supporting and/or strengthening existing groups, encouraging affiliation with NASAP, and increasing the number of Associate members (those who join at a reduced rate, and with some different benefits, through Affiliates). We will feature some of these efforts in the next newsletter and at the Convention.

And, of course, we worked on the Convention; hope to see you in Dallas! For those of you who have attended one of our conventions, I don't need to tell you about the quality of the presentations, the welcoming atmosphere, the unlimited opportunities for networking, and the fun social events; for those of you who haven't been, come and join us, we think you'll be glad you did! We are also planning to be part of the International Congress being held by the International Association of Individual Psychology (IAIP) on August 3-7, 1999 in Chicago. This Congress is only held every three years and is rarely held in North America; watch the newsletter for more information and plan to participate. And, we are close to being ready to launch our Traveling Institutes; again, we'll keep you updated.

Those are the highlights of the EC's recent work, which brings me to one additional item of discussion, financial support. In undertaking the governance changes, which also included a change of Executive Director due to Neva Hefner's retirement, and the purchase of some equipment necessary to run a modern office, we have taken a leap of faith: faith in our membership, faith in our current leadership, faith in the organization, and faith in Adlerian Psychology. We believe that with these changes we will be a stronger organization, better able to participate in the new century and carry out our mission. However, this has taken many hours of people's time and their strong emotional commitment to NASAP, particularly from the LRPC, the DA, the EC and the central office. It has also taken a financial toll, and the budget is stretched to the limit; consequently, we would appreciate any financial support you can offer to the General Fund. We would also welcome any ideas, questions, concerns or committee participation; call or write me, or anyone on the DA or in the central office -- we'd love to talk with you. Take care.

Mary Jamin Maguire, President

###

Many Ways To Give

(continued from page three)

◆**The Clonick Publications Fund**, established by the estate of Seymour E. Clonick, provides funds for the publication, promotion and distribution of Adlerian materials, especially those with limited publication scope but great relevance to the enhancement of Adlerian theory and practice. Anyone interested in accessing these funds may contact the central office for an application.

◆**The Clonick Challenge Fund**, established by the Clonick estate, was developed to inspire others to financially support NASAP. It provides a financial base to ensure a healthy future for NASAP as well as interest revenues which can be used for the operational budget or for special projects such as the videotaping of the Fireside Chats.

As you see in this Newsletter, both donors and honorees are regularly recognized and thanked for their contributions. In addition, personal letters of gratitude are sent to each donor and honoree or family. We invite you to show your support and commitment for all that NASAP is doing, and can do in the future, by giving generously throughout the year.

News and Events from the Regions

Regions 1A - 1B

Seattle, WA - The Puget Sound Adlerian Society calendar announces a PSAS sponsored presentation by Steve Maybell called *Anger: The Misunderstood Emotion* to be held March 16. Call PSAS at 206/527-2566 for further details about this event and others occurring in the Seattle area.

Vancouver, BC - The Adler School of Professional Psychology BC includes among its March and April courses: *Art Therapy and Psychopathology*, Judy Sutherland, March 20-22; *Clinical Assessment and Interviewing*, Russell King, March 28-29, April 4-5; *Comprehensive Career Case Analysis and Report Writing*, Rick Bradshaw and Russell King, April 18-19, May 2-3; and *Art Therapy and Addictive Disorders*, Barbara Fish, April 24-26. Contact Adler BC at 604/874-4614 or Fax 604/874-4634.

Regions 2A - 2B

Chicago - The Adler School of Professional Psychology is offering *Gerontological Colloquia* on two Wednesday evenings this spring: *How To Survive Your Aging Parents*, Bernard Shulman, March 18; and *AIDS and the Older Adult*, Etta Payne and Ileana Nesbitt, April 15. CE's are available. Contact Adler at 312/201-5900, ext. 226.

Minneapolis - The Alfred Adler Institute of Minnesota offers the following continuing education courses: *Counseling the Southeast Asian Community*, Darina Siv, Vangcheng Nengchuk; and Diane C. Dovenberg, March 6; *Overcoming Procrastination: Assistance for People Struggling with Procrastination*, Laurel Haycock, March 14; *Moving Beyond Chaos: Accessing and Integrating Our Inner Guide...Values*, Thomas J. Klein, March 20. CE's are available. Contact AAIM at 612/988-4170 or Fax 612/988-4171.

Springfield, IL - The Central Illinois Society of Adlerian Psychology is planning a workshop in April called, *Criminal Thinking and Drug and Alcohol Abuse*, with John Newbauer and Wyatt Mulinax presenting. For more information, contact Pam McKeel, 217/786-7251.

Regions 3A - 3B

Springmaid Beach, SC - The South Carolina Society of Adlerian Psychology 1998 conference is scheduled for October 3-5 at Springmaid Beach. To be placed on the mailing list call 803/798-0300 or Fax 803/798-9005.

Regions 4A - 4B

Cumberland, MD - The Family Junction, a family education center which uses Adlerian techniques, offers an 8-week

workshop beginning March 25, *Positive Discipline for Teenagers*, based on the STEP program. Free childcare is available for all workshops. For more information about this and other programs, contact Katie Thorn at Family Junction, 301/777-2858.

Regions 5A - 5B

Toronto, ON - The Adler School of Professional Psychology, Ontario's continuing education program is offering another weekend workshop as part of their *Unleashing Client Creativity in Psychotherapy* series which focuses on New Trends in Psychotherapy. Betty Lou Bettner and Amy Lew will present *Memories as Metaphor: The Connexions Focusing Technique (CFT) for Using Specific Early Recollections in Psychotherapy*, May 8-10. To register contact Adler Ontario, 416/480-2303 or visit their web site: <http://www.adlerontario.com>.

Regions 6A - 6B

Tucson, AZ - The Adlerian Society of Arizona announces a Social/Educational Forum March 6 with Joyce McKay presenting *Drug Abuse Prevention with Children*. For more details contact Carolyn Crowder, 520/529-0644.

Petaluma, CA - The Family Education Centers offer drop-in parent support groups at their three locations, Petaluma, Sonoma and Santa Rosa. Some of the topics for discussion in March and April include: "Buy Me This! Buy Me That!": *Teaching Kids About Money*; *On The Road Again: In the Car, But Not Out of Your Mind*; and *Green Hair, Tattoos, Body-Piercing: What Will They Think of Next?* Contact FEC at 707/762-8835 for details.

San Francisco - The Alfred Adler Institute of San Francisco is featuring a new chart, *Graphic Overview of Classical Adlerian Psychology*, on its web site. It provides a one-page map of the many facets of Adlerian philosophy, theory, and practice. Access it directly at: <http://ourworld.compuserve.com/homepages/hstein/ip-overv.htm>

International

Vilnius, Lithuania - Registration brochures for ICASSI are now available. This year's school will be held at the University of Vilnius, July 19 through August 1. Classes will be offered in Adlerian psychology for both professionals and non-professionals, from introductory to advanced. Participants are encouraged to bring their families. Contact the central office or Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, Fax 301/595-0669, e-mail: PeteHMSU64@aol.com to receive a brochure.

**Call for Papers —
Christensen Celebration**

Oscar Christensen (Chris to those of us who know and love him) will turn 70 this summer, and activities are well underway to celebrate the happy occasion. A brief history of his life and times is being written, and plans are formulating for a special workshop (possibly for next summer). Even the publishing of a "Festschrift" has been suggested. That's a German word meaning "Celebration Papers." Such a collection of articles and remembrances is how people in Europe celebrate the life and work of their respected elders (Chris is likely to be offended by only one of those terms). We're hopeful that all those who have benefitted from Chris' infectious optimism (whether at the University of Arizona in Tucson, at NASAP conventions or through ICASSI) will consider sending contributions to the Festschrift.

If you'd like to participate in this celebration, please remember the NASAP Convention date, May 21, and send your written-contribution (hard copy or IBM compatible disc) to:

Adlerian Society of Arizona
c/o 3342 W. Desert Bend Loop
Tucson, AZ 85742-9380
or e-mail: Oremus@compuserve.com.

Some of the chapters being planned include:

- 1) Personal appreciations for the encouragement provided (one or two double spaced pages);
- 2) professional articles written by former students (something you may have all ready to go; we won't copyright, so you can use it again);
- 3) summaries of the doctoral dissertations Chris chaired;
- 4) "apt witticisms" which you remember him saying through the years. (What do you call them anyway? Chrism's?)

Please don't miss this opportunity to acknowledge a friend and leader in Adlerian Psychology. It'll only cost you the time to jot them down.

Erik Mansager

**Adler School Changes Dates
For *Program For Professionals***

Dr. Mark Stone, Provost, Adler School of Professional Psychology, Chicago, has announced a new set of dates for the "Program for Professionals in Individual Psychology" for 1998. This established continuing education program is comprised of three courses addressing Adlerian theory, assessment, and practice. Its purpose is to provide short-term, intensive training in IP for those new to the approach, while also serving as a review and refresher for seasoned Adlerians.

Participants may take any one course, or all three, in any sequence, to form a complete program in IP. The courses to be offered are as follows: *Understanding Personality Development and Dynamics*, May 28-31; *Assessing Individual and Group Styles*, August 13-16; and *Applying Psychological Skills*, November 12-15.

All courses will take place from 9 a.m. to 5:30 p.m. on Thursdays, Fridays and Saturdays, and conclude at 1 p.m. on Sundays. The Adler School is approved by the American Psychological Association to provide continuing education for psychologists and maintains responsibility for the program.

Contact the Adler School Registrar, 312/201-5900, ext. 207.

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See story on page 8 for creative gift ideas for the Silent Auction.

**North American Society of Adlerian Psychology
DONATION CERTIFICATE for Silent Auction**

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Instructions, if any: (minimum bid?) _____

Please check if item is in the form of a certificate _____

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(Retain copy for your records, all donations are tax deductible)

Send this to NASAP, 65 E. Wacker Pl., #400, Chicago, IL 60601
Fax 312/201-5917, phone 312/629-8801 or e-mail: nasap@msn.com.

The Ten Most Important Two-letter Words:

“If it is to be, it is up to me — or in this case us! The “it” to which we would like to direct your attention is the Silent Auction to be held at the 46th annual NASAP convention and workshops — NASAP '98. **If it is to be** a success, **it is up to** all of **us** to participate, either as donors, buyers or both!

Please take a moment right now to complete the donation form included in this Newsletter. It is tax deductible, an incredible financial boost to NASAP, and a unique way of sharing something special or passing along a treasure. Previous auction donations have included such creative ideas as books and collections, audio and video tapes, original art and crafts, weekend excursions, bed and breakfast accommodations, tour tickets, workshops, counseling sessions, and personally prepared dinners. Baskets of items are always well received as are historical memorabilia.

The auction is an ideal opportunity to have fun and help NASAP, too! We look forward to hearing from you and adding your donation to our tempting collection. See page 7 for the donation form.

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