

The NASAP Newsletter

September/October, 1998

Volume 31, Number 5

—Executive Director's Message—

NASAP Spreads Its Wings

I have always been fascinated by butterflies and their life stages especially since, in many ways, they provide a dramatic illustration of other stages of life, even those of organizations. Just as the butterfly emerges from its cocoon, somewhat uncertain, somewhat hesitant, likewise NASAP has been in the process of emerging and maturing into its next stage as an organization.

Previous issues of the *Newsletter* have outlined personnel and governance changes and the new beginnings each has facilitated. In this issue we enthusiastically report the results of the elections for Board of Directors and Members-at-Large to the Council of Representatives (COR) — Congratulations to each of you! As an addendum, the ACT and Family Education Sections are in the process of identifying new representatives to replace those who have become Board members; and we have hired a new office assistant (Elliott Simon — a first year student with the Adler School of Professional Psychology) to replace Julia Hefner who has now begun her career as a therapist.

In an interesting (and totally unexpected) turn of events, NASAP has moved into a new home here at 65 East Wacker Place — Suite 1710. With the move NASAP has experienced a new visibility and vitality that comes with having a brand new residence which is lighter and brighter and easily accessible to students and visitors at the Adler School here. Our new home has been enhanced by several very generous (and modest) members, one of whom has underwritten the costs of all new phones and a book shelf to display our growing collection of Adlerian books and our complete library of *Journals* and *Newsletters*. Others have partnered to provide the funding needed to upgrade our technical support system with new data base software and the hardware

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Jane Griffith Elected President of NASAP

Members of the North American Society of Adlerian Psychology have chosen Jane Griffith as their new President to lead them into the 21st century. Rachell Anderson is the new Vice President with Miller "Rocky" Garrison serving as Secretary and Becky LaFountain, Treasurer. These new officers, along with Past President Mary Maguire, will comprise the new NASAP Board of Directors. Two additional Board members, Riki Intner and Steven Maybell, were appointed when the five elected Board members met in Chicago September 11-13.

Jane Griffith assumes the top position with many years experience in NASAP governance. She served two terms on the former Delegate Assembly as an ACT representative, and chaired the DA's Constitution Committee during her terms. She also was a founding member of the Long Range Planning Committee and has served as a consulting editor for the *Journal of Individual Psychology*. She has been a NASAP member since 1979. (See *President's Letter* on page two).

Rachell Andersen has served as Secretary on the Executive Committee for the past two years and has been the former Region 2A Representative since 1995. Rachell joined NASAP in 1989 as a student of the Adler School of Professional Psychology.

Miller "Rocky" Garrison came to NASAP in 1988 and has served as a Delegate for over a year. He has been Chairperson of the Oregon Society of Individual Psychology and has been active in encouraging and facilitating the development of NASAP affiliates. Becky LaFountain brings to her position previous experience as a treasurer, having served in that capacity for the Pennsylvania Counselors' Association. She has also been an ACT delegate for the past two years and has been a NASAP member since 1992.

Riki Intner has been a member of NASAP since 1979, served on the Delegate Assembly since 1993 and as a member of the Executive Committee for the last three years, taking on the role of convention chair. Steve Maybell has been a member of NASAP since 1982 and served on the Delegate Assembly from 1987-92. He was a member of the Executive Committee during his last three years of office.



Members of the first NASAP Board of Directors are (as pictured left to right) Rocky Garrison, Secretary; Rachell Anderson, Vice President; Jane Griffith, President; Becky LaFountain, Treasurer and Mary Jamin Maguire, Past President.

PRESIDENT'S LETTER

Dear NASAP Colleagues, Especially since this is my first letter to you as president, I wish it were going to be a cheery *President's Letter*, full of big plans and reports of success on every front. There'll be some of that, of course, but part of the letter is a hard look at the financial situation, and that's never much fun. But I *do* greet you with affection, and with appreciation for electing me president. (I took office with the other new Board members September 12th). Though I can't be that cheery, I *can* be positive, because I believe that we'll overcome our current difficulties and be the better for it.

Just a few days after the Board meeting, Executive Director Lee Ann Deal informed us that she's taking another job. She will leave NASAP October 16th. The process of hiring a new person is in motion (see display ad in this Newsletter). A year ago, NASAP hired Lee Ann with the expectation that the investment would pay off in the long run because of her experience in executive leadership. We appreciate what she has been able to accomplish, such as seeing NASAP through the transition to the new governance structure and the (required) move to the new office. However, her tenure has proved even more costly than anticipated simply because we haven't had a "long run" during which to achieve stated goals and enjoy expected outcomes; instead, we must go through hiring and training again. Since the escalator of life continues to move (a metaphor Adler employed somewhere in talking about people who have the wistful idea they can stand still), we have fallen behind.

Having fallen behind, the current financial picture is a challenge for your new Board. Nonetheless, we're at our battle stations. We're looking hard at the present situation and considering how to turn it around. At the November meeting of the Board and COR (our first joint meeting), we'll look closely at each budget element to gain the complete picture, and develop an Action Plan. Then we'll put it all together and publish it in the November/December Newsletter so you'll be equally well informed. Here's what I know so far: In 1997, the EC of necessity authorized use of \$12,000 from one of our endowments to cover the new executive director and expenses involved in the revamping of governance. (Remember all those ballots? They're costly!) Then, at our September meeting, we had to authorize a further withdrawal — this time \$16,000. If you're like me, you want to know where we got the money to do this. We have one fund, the Clonick Challenge, that allows our use for operating expenses. The balance in this fund is now a thin \$32,500 — so one of the tasks ahead of NASAP is to add substantially to this fund. All our other funds (about \$95,000), though their interest is available, must be used for specific purposes.

Bear in mind that we expected NASAP to be strained for a while, and then, through growth, to meet budget and repay funds. Even so, we didn't expect income
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Half-Day Pre/Post Workshops Scheduled For '99 Convention

Pre and Post Workshops for the 47th Annual NASAP Convention in Atlanta, Georgia May 27-30 have been selected and for the first time there will be half-day workshops offered on both days. It was recommended by the Convention Committee and approved by the outgoing Delegate Assembly in order to better serve those attendees arriving in the afternoon on May 27 or leaving in the afternoon on May 30. The workshops are as follows:

Pre-Convention, May 27 Full-Day

Intelligent Living

Donald N. Lombardi. Goal: To understand the prerequisites and consequences of intelligent living; learn to maintain self-confidence at all times, replace ego with self-esteem and live matter-of-factly with common sense.

Strength Assessment: An Effective Intervention in Counseling

Timothy D. Evans. Goal: To demonstrate encouragement counseling through strength assessment.

The "Original" Brief Therapy: Demonstrations and Case Consultations

James Robert Bitter, Oscar C. Christensen, Clair Hawes and Bill Nicoll. Goal: To present the Adlerian Brief Therapy approach with individuals (including a demonstration), couples, and families and conduct four case consultation seminars with the group.

Half-Day, Morning

Personality Disorders: A Holistic View
Edward "Abe" Abelson. Goal: To examine Personality Disorders from an Adlerian viewpoint, including lifestyle issues, behavior, cognitive strengths/weaknesses, ways of viewing oneself, others and the world.

Helping Ordinary and Extraordinary Families Change: Understanding the Role of Reactance In Family Education

Frank Main and Stephen G. Saiz. Goal: To address the issue of reactance and provide a taxonomy for generating directives, questions, and homework to encourage families to utilize democratic practices.

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*Maintaining Sanity in the Classroom:
Classroom Management Techniques, 2nd Edition*

Rudolf Dreikurs, Bernice Bronia Grunwald and Floy Pepper, Authors

Review by **Julia M. Hefner** and **Naomi P. Rubin**

It is always exciting to see a classic book based on Adlerian theory be revised and published as a second edition. It is a reminder to us of how valuable Adler's Individual Psychology is. We realize that many long-time Adlerians have read and used the book *Maintaining Sanity in the Classroom* for many years. However, as recent students of, though not recently exposed to, Individual Psychology, neither of us had read the book; consequently, the review we offer is from a student perspective. It might be helpful to know that Julia has had several years experience working with abused, neglected, and abandoned adolescents and Naomi has had experience as a classroom teacher. Although in reading the book we found some of the language somewhat dated, we hope that readers won't let that divert their attention from the material, as the ideas and knowledge expressed are timeless.

Part one is a brief and clear explanation of aspects of Adlerian Psychology as it pertains to teaching. The concepts are made all the more easy to understand by the generous number of examples which are included. In addition, chapter three includes an excellent chart of the Four Mistaken Goals adapted for teachers.

Part two demonstrates implementing democracy in the classroom. It challenges many aspects of the current school system which do not serve to encourage children or facilitate them in becoming responsible, socially-interested adults. It is rich with information and helpful illustrations.

Chapter thirteen includes a practical teaching tool for capitalizing on the patterns of interpersonal relations in the class. Even though considering children's wishes as to where they sit is a simple concept, by interpreting the results of a sociometric table, a teacher can provide insight into each child's position within the group and into the values of each child. A seating chart based on a sociometric table can encourage beneficial associations between children and maximize the positive characteristics of subgroups.

The next two sections of the book (which include new and revised chapters) discuss special problems which teachers may encounter — learning disabilities, the adolescent, and juvenile delinquency. The new chapters are refreshing oases in terms of the more contemporary language which makes them all the more readable, toning down the somewhat autocratic tone of the original chapters. Although the authors do not deny that some children may have learning disorders; they postulate that many discouraged children may be misdiagnosed. This offers a positive and encouraging view of people and places more responsibility on teachers, asking them to look at their possible "teaching disability" (p.196).

Chapter 23, on the adolescent, will be invaluable to anyone who deals with teenagers and is one that I (JMH) wish I had read while working with adolescents in a group home setting. Although the chapter on juvenile delinquency may well relate to those children who still live with their parents and are perhaps less than "hard core," teachers who deal with special populations (such as substance abusers, gang bangers, or those who live in group homes) may not find enough, or the appropriate, interventions.

The last section of the book deals with parental involvement and the parent-teacher conference as a complex tool for establishing a parent-teacher partnership and understanding the child's home situation. The authors' explanation regarding the variety of feelings with which parents come to the interview might have helped me (NPR), as an inexperienced teacher in 1964, understand the purpose of parental misbehavior.

In conclusion, one of the most wonderful aspects of this book is that it describes substantive changes we can make in our school systems which can result in real changes in society. This is quite refreshing in a world filled with quick fixes and other band aid solutions.

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Book of the Month Offer

Maintaining Sanity in the Classroom: has been republished by Accelerated Development and is now available from NASAP as the current "book of the month" for \$26.35, a 20 percent discount. Please add postage and handling of \$3 U.S. for one book, \$4 for Canada and other countries. Add \$1 for each additional book.

Order Form

(This offer expires November 30, 1998)

Send copies of Maintaining Sanity in the Classroom \$
(\$26.35 each, order limit is three books)

Please include postage and handling
(\$3 U.S. for one book, \$4 Canada and other countries;
add \$1 for each additional book ordered).

TOTAL DUE \$

Check or money order (U.S. funds)

VISA/MC#

Expires Name:

Ship to:

Send this coupon to NASAP, 65 E. Wacker Pl., #1710, Chicago, IL 60601.
Credit card orders call 312/629-8801 or Fax 312/629-8859.

Three New Council Representatives Chosen

Debbie Owen-Sohocki, James Robert Sulliman and Francis X. Walton have been chosen as new members of the Council of Representatives. Sullivan and Walton were nominated by the membership for the Member-At-Large positions on the Council. They were the only nominees to receive the required 10 nominations to be eligible for the position. Owen-Sohocki was appointed by the Family Education Representatives to fulfill Riki Intner's vacancy when she was appointed to the Board of Directors. Sulliman has been a member of NASAP since 1972, served on the Delegate Assembly from 1995-98, and most recently was a nominee for the position of NASAP President. Walton has been a NASAP member since 1971 and a member of the Executive Committee of the D.A. from 1973-79, serving as NASAP President from 1976-78. He was also the first chair of the Long Range Planning Committee and has been active in development of local Adlerian groups throughout North America. An author, teacher and counselor in the family education field, Owen-Sohocki has been a NASAP member since 1992 and active in the Family Education Section during that same period.

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PRESIDENT'S LETTER (Continued from page two)

to fall off to the extent we're experiencing. For example, the Annual Meeting appears to be under budget (at this writing we don't have final figures, so there may be an uptick here) by \$10,000 or \$11,000; and, with all that was on NASAP's plate this year, it simply wasn't possible to implement the planned 1998 Summer Institute (\$5,000 estimated income). In another arena — dues — where we expected growth, we are substantially under budget at this time. At the September meeting, Lee Ann estimated a possible shortfall of as much as \$20,000; however, since the fiscal year still has a quarter to run, this figure is debateable. Because Adlerians are particularly sensitive to issues of belonging and solidarity, each of us can help here — by way of taking care of our own dues when the notice arrives, and by way of sharing the value of IP with others. (See below about Rocky's membership committee). I'm glad to conclude this mini-report by saying that we expect to manage the fourth quarter without further borrowing. Beyond that, we're tightening our belts as we examine everything. More on all this in our complete report in the next newsletter.

In other news, the Board continues to be concerned about upgrading the Central Office's equipment. A new computer was added last year; now we need to add a compatible second computer and appropriate software. (Invention is the mother of necessity.) Lee Ann's estimate is that an integrated system of the desired type may cost as much as \$5,000. *It's great to report* that a NASAP member (anonymous by choice) has pledged an immediate \$2,000 for this project, and that two members of the Long Range Planning Committee have taken up the challenge to raise the balance. We intend to have this equipment in place in mid-October. We know that better equipment will lead to efficiencies will lead to savings.

Welcome to the first week of my presidency! Happily, there are always wonderful people (as above) who go straight to work in the face of challenge. Members of the Board have tackled the hiring crisis with a will, are working to contact Affiliates to promote participation in our governance at the November meeting and beyond, and Board members — who are chairs of all our standing committees — are calling members *right now* to join and revitalize the new committees. **Please ask to join and join when asked.** (Rocky Garrison, membership chair, especially wants you to know that he is in the process of forming his committee, and would really enjoy having some friends to team up with. How about it? Guaranteed *fun* within the committee, guaranteed *satisfaction* as you introduce others to our Society. Please give Rocky a call.)

I invite you to view the present period as a chance to regroup, to examine not only our ways of doing business, but also to *revisit our constitutional purpose for inspiration* so we can continue to be joyous and effective in bringing Individual Psychology to others. Ours is a small Society. Isn't it remarkable that this tiny band has reached tens of thousands of people across the continent and the world with our message of understanding and encouragement? *That's* why I want you to join in our work to strengthen and develop NASAP. In friendship, Jane.

'99 Convention Workshops

(Continued from page two)

Pre-Convention, May 27

Half-Day, Afternoon

Psychological Testing: A Holistic Interpersonal View

Michael P. Maniacci. **Goal:** To integrate Adlerian principles with the theory and practice of psychological testing.

Individual and Family Counseling when an Adolescent is the Identified Patient

Francis X. Walton. **Goal:** To provide a systematic approach to family counseling when an adolescent is the identified patient.

Post-Convention, May 30

Full-Day Workshop

Parent Group Leader Training: Featuring the New Revised STEP Program

Gary D. McKay. **Goal:** To train participants in parent group leadership role and skills.

Half-Day, Morning

An Approach To Group Counseling With Adolescents

Francis X. Walton. **Goal:** To demonstrate many of the techniques that have proven helpful in a personal growth group which was created for use with adolescents.

If You Build It, They Will Come: Developing A Family Guidance Practice

Robert J. McBrien. **Goal:** To learn the basic components of opening a private practice based on Adlerian family guidance principles.

Tools To Avoid Power Struggles and Empower Children

Jane Nelsen. **Goal:** To provide at least 21 parenting/teaching tools that are more effective than logical consequences.

###

NEWSLETTER DEADLINE: Our apologies that this issue of the Newsletter is so late getting to you. A series of events beyond our control prompted it being held back. We plan to have the November/December issue our shortly following the Board and Council of Representatives meetings November 5-8.

Please send your news and features items to us by November 6.

-Two Ideas on Improving the NASAP Convention- How Can We Increase Attendance?

By **Mark Stone**, Theory & Research Representative

Several past discussions, and at least one session of the last convention, focused on the problem of attendance at NASAP conventions and what could be done to increase it. It seems to me that most of the ideas that came up in these discussions originated from attending members. While these ideas deserve consideration, we need new sources of information so that we do not keep asking the same question over and over again: "NASAP puts on a great conference, so why don't more people attend?" I suggest three other approaches to determine why attendance is low.

First, we need more data from non-attending members of NASAP in order to ascertain why they choose not to attend and what conditions would facilitate their attendance. Inquiry must focus on **why** these members do not attend.

Second, we need to inquire of non-members what would induce them to attend a NASAP conference. Our colleagues attend conferences and conventions but don't consider NASAP. Why? Is it a lack of information or are there other matters of consideration that influence their decisions? We need specific reasons.

Third, we need to attend other conferences, make presentations elsewhere and determine what might induce these attendees to consider going to a NASAP convention.

All three of these suggestions require us to get out of a vicious circle of posing the same questions over and over to the same people. We especially need to ask our friends and colleagues what motivates them to attend some conferences and not others. We also need to do this systematically so that we collect useful information and not just a smattering of opinions. A carefully constructed questionnaire would be useful in order to derive this information.

I strongly suggest that the Board of Directors and the Convention Committee give this matter their immediate attention. However, it is a matter of concern for each and every member to ponder as well.

Creating a Sense of Belonging At NASAP '99

By **Susan Prosser**, Family Education Representative

Do you have any ideas about how to create a sense of belonging for new participants at NASAP '99?

New and not-so-newcomers to NASAP are often impressed with the camaraderie of the "old-timers" and can sense the strong bonds that exist between people. This creates a wonderful atmosphere full of energy, fun and wisdom and is attractive to newcomers who want to be a part of it all.

Full participation in the spirit of NASAP is certainly a worthwhile goal and it is to that end that I appeal to you for ideas and suggestions. We want to find ways to make it easier for newcomers to make connections with others so that their experience will be positive and rewarding. Also, we hope that they will be inspired to return and eventually contribute to the program. Some suggestions shared to date include:

- ▶ forming a Buddy System to pair seasoned members with newer participants;
- ▶ creating photo ID cards to be shared and collected as a tool for placing names with faces;
- ▶ continuing the Newcomers Breakfast and encouraging participation;
- ▶ introducing a newcomer's "wish list" as part of the silent auction, i.e. "I would like to meet Richard Kopp and chat with him for half an hour."
- ▶ encouraging use of the bulletin board.
- ▶ beginning the convention with a plenary session to facilitate introductions, connections and a better understanding of NASAP, the facility and the event.

Your responses to these suggestions, as well as your own ideas, are invited and can be sent to me at your earliest convenience. Also, if you are willing to be someone's "buddy" for the first evening and/or day of the conference, please volunteer now by informing me of your interest.

Thank you in advance for your abiding social interest and your help with this important outreach.

(Please send your responses to these ideas to the Central Office, address on page two, and they will be forwarded to Mark and/or Susan).

NASAP '99 To Be Held At Grand Hyatt Atlanta

Participants attending NASAP's 47th annual Convention and Workshops in Atlanta, Georgia (May 27-30) will experience the high style of the Grand Hyatt Atlanta Hotel in Buckhead, the city's most fashionable area, for the low cost of \$105 per room per night. The cost remains \$105 even when there are four people to a room. Located six miles from downtown Atlanta, the Grand Hyatt has been rated among the top 50 hotels in the U.S. It is within walking distance of Phipps Plaza and Lenox Square shopping areas, minutes from the financial district and surrounded by premier restaurants and entertainment.

Convention attendees arriving at the Hartsfield International Airport will have a short 18 mile ride on the Atlanta Airport Shuttle to the hotel. During their stay, they will be able to take advantage of the hotel's complimentary town car or suburban to travel within a two mile radius of the hotel. The Metropolitan Atlanta Rapid Transit is also available just one block from the hotel.

Among the Grand Hyatt's amenities is a Japanese Garden and three story cascading waterfall which provides a scenic background for the lobby lounge and Cassis Restaurant, the hotel's premier restaurant. Another hotel restaurant, Kamogawa, features authentic Japanese cuisine and genuine tatami rooms for private functions.

Between presentations, convention attendees can take advantage of the complimentary fitness center which includes a sauna and steam room, as well as cardiovascular and training equipment. Or, they may choose to lounge at the outdoor swimming pool and sundeck, complete with a snack bar. Extra relaxation is available through massages in the Health Club or in their hotel room for a fee.

The hotel's 439 guest rooms each provide three telephones, voice mail, fax machines and data port phone connections. Oversized elegant robes and coffee makers are also part of each room's amenities. Fifteen separate meeting rooms are available, some of them with an outdoor terrace overlooking the Japanese Garden. A total of 18,700 square feet is provided for meeting and social functions.

Education and Training Opportunities

Northwest

Vancouver, BC - The Adler School of Professional Psychology BC fall schedule includes: *Psychotherapy: Anxiety Based and Personality*, Harold Mosak, October 22-25; *The Use of Art in Group Counseling*, Judy Sutherland, October 30, 31, November 1; *Psychotherapy: Depressive and Psychotic*, Michael Maniaci, November 5-8. Contact Adler School at 604/874-4614 or Fax 604/874-4634.

Saskatoon, SK - The Saskatoon Adlerian Society announces initiation of a family support/mentoring program, *Family to Family Ties*, in which volunteer families will provide acceptance, concern, encouragement and practical help to isolated and vulnerable families. Contact Terry Lowe, 306/653-4923. SAS also offers a *Parenting Education Facilitator Workshop* based on Adlerian psychology. The next one is scheduled for January, 1999. Contact the SAS office, 306/384-7703.

Seattle, WA - The Puget Sound Adlerian Society publishes a quarterly calendar listing all the parenting educational opportunities in the Seattle area. They also offer monthly presentations on Adlerian topics for professionals and non-professionals; upcoming sessions are scheduled for October 19 and November 16. For more information contact PSAS, 206/527-2566

Midwest

Edina, MN - *Creative Imagination in Psychotherapy* is the theme of the next Midcontinent Adlerian Community's Annual Workshop for 1999. It will be held April 10-11 at the Edina Community Center. The conference will feature Richard Kopp, Mim Pew and Leo Gold. For further information contact Susan Johnson, 612/798-0224 or e-mail: sjj@mr.net.

Springfield, IL - The Central Illinois Society for Adlerian Psychology is holding two days of training in Adlerian theory and practice — *The Healing Powers of Creativity: Using Poetry in Psychotherapy*, Rachell Anderson, October 23 and *Therapeutic Strategies with People Who Deaf and Hard of Hearing*, Lori McKenzie, October 24. Contact Hope@fgi.net for more information.

Southeast

Springmaid Beach, SC - The South Carolina Society of Adlerian Psychology will hold its 1998 conference October 2-4 at Springmaid Beach. The conference will include 75 minute presentations, full-day and half-day workshops. Contact Frank Walton at 803/798-0300 or Fax 803/798-9005.

Tampa, FL - The Florida Adlerian Society will hold its Fourth Bay Area Conference, *Towards a Deeper Understanding of Adlerian Psychology*, November 5-7 in Tampa. Frank Walton, Eva Dreikurs Ferguson and Roy Kern are featured presenters. To receive a registration brochure, contact Tim Evans 813/251-8484 or e-mail: TimEnc@AOL.com.

San Juan, PR - The Puerto Rico Association of Individual Psychology is continuing its training of parent study group leaders

with a three day workshop September 24-26. Betty Lou Bettner will return to conduct this workshop. Contact Mary Alice Lausell, Extension College Park, 275 San Alfonso, San Juan, PR 00921-4729, 787/754-7333.

Northeast

New York, NY - The Alfred Adler Institute of New York offers a three year program in Alfred Adler's theories and the use of psychotherapeutic techniques. Among October courses are: *Basic Principles of Individual Psychology*, October 6; *An Adlerian Approach to Treating Couples*, Barbara Berger, October 8; and *Psychotherapeutic Techniques*, Leo Gold, October 29. Contact AAINY at 212/254-1048 or 254-8271.

Lanham, MD - A northeast regional conference, entitled *Opps! The Value of Mistakes, Their Lessons & Consequences*, will be held at the Best Western Capital Beltway in Lanham October 17. Peter Breggin, M.D., will give the keynote address, *Speaking Back To Ritalin*. Contact person is Terri Crovato, 301/384-2764 or e-mail: tcrovato@nccbuscc.org.

Waldorf, MD - The Family Education Center of Southern Maryland provides free workshops. The fall schedule includes: *How To Help Your Child Succeed in School*, Katie Thorn, October 16 and *Food and Fitness For The Family*, Ann LaBarron and Joyce Riggs, November 13. Call FEC at 301/705-8527 for more information.

Montreal, QC - The Alfred Adler Institute of Quebec will present a post-graduate program, *Philosophy Theory and Demonstration of Supervision*, October 16-18 with Robert Sherman instructing. The objective of the workshop is to make the best possible use of supervision to improve clinical skills. Contact AAIQ: 514/731-5675; Fax 514/731-9242; e-mail: aaiq@total.net.

ICASSI - The 32nd Annual Rudolf Dreikurs Summer Institute will be held at Wheaton College in Norton, Massachusetts July 18-31, 1999. Accommodations and classes will be on the Wheaton campus which is located between Boston, Massachusetts and Providence, Rhode Island. Two types of scholarships are available: 1). *Major scholarships* covering tuition, accommodation and board and, 2). *Tuition scholarships* covering tuition fees only. Scholarship application forms are available from Oscar Christensen, 7002 Soyoluna Place, Tucson, Arizona 85715. Completed forms must be received by February 15, 1999.

Southwest

San Francisco, CA - The Alfred Adler Institute of San Francisco offers frequent online chat sessions regarding various topics in Adlerian psychology. To learn about upcoming sessions contact Henry T. Stein, Director, 415/282-1661 or e-mail HTStein@att.net.

Tucson, AZ - The Adlerian Society of Arizona schedules monthly social/education forums for professionals, some of which provide NBCC credit. Upcoming sessions will be October 16 and November 6 from 5:30 to 7:30 p.m. Contact Erik Mansager at ASA, 520/579-1981 for details.

--News From Members--

Eric Mansager reports he recently became Director of Psychological Services at St. Johns Seminary College in Camarillo, California. He will provide counseling and assessment for men studying for the Catholic priesthood, plus teach psychology each semester at the college.

Previous to his new job, he presented a poster session, *Examining Theology as a Psychologist: Integration vs Critical Collaboration*, at the American Psychological Association's annual conference in San Francisco this summer.

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Oscar Christensen recently served as a consultant and promoter at a local rehabilitation hospital in Vilnius, Lithuania after his teaching sessions at ICASSI. The hospital was primarily focused on spinal cord injuries and had recently begun a program of driver training for the wheel chair bound. The staff and patients were concerned about gaining public support for the innovation and capitalized on Chris' availability to get fairly extensive TV coverage for the project.

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In Memoriam —

Catharine W. Keifert, a resident of Arvada, Colorado and a longtime member of NASAP, recently passed away, Bill Edwards told the Newsletter. Catharine was active in the Adlerian community in Colorado and had been a member of NASAP since 1976.

###

New Book —

Henry Stein reports that he and **Martha Edwards** are the authors of the third chapter of a new book which compares classical Adlerian philosophy, theory and practice with 14 other therapeutic approaches. Entitled, *Psychoanalytic Versions of the Human Condition: Philosophies of Life and Their Impact on Practice*, the book features essays by 16 senior analysts, reflecting the influences of Freud, Jung, Adler, Horney, Klein, Winnicott, Kohut, Laing, Lacan and other psychoanalytic roots. "Classical Adlerian Theory and Practice" is the title of the chapter written by Stein and Edwards.

The book was edited by Paul Marcus and Alan Rosenberg and published by New York University Press. It is available from Barnes and Noble, www.barnesandnoble.com, and Amazon Books, www.amazon.com.

A Call For Papers 21st International Congress for IP

The International Association of Individual Psychology and the Adler School of Professional Psychology are issuing a *Call for Papers* for the 21st International Congress to be held in Chicago, Illinois August 3-7. Entitled, *Science of Living — Tasks, Contributions and Solutions*, papers are being accepted in four subject areas:

Theories of Individual Psychology: Fundamental Concepts and Principles;

Theories of Personality; Developmental Psychology; Psychopathology.

Methods and Fields of Activities in IP: Counseling, Education, Psychotherapy;

Children, Youth, Adults; School, Workplace, Clinics, etc.; Individual Setting,

Family Setting, Group Setting; Empirical Research and Quality Control.

Society and IP: Ecology; Politics; Morality and Ethics.

History of IP: History of Ideas; Institutions and Personages.

Please submit a summary of the topic, limit 300 words, by November 1, 1998 to Marion Balla, Vice President IAIP, 1729 Bank St., Suite 205, Ottawa, ON K1V 7Z5, Canada. The preliminary program, with registration form and accommodation card, will be available March, 1999. Advance registration is possible immediately. Contact Marion Balla, 613/737-5553, Fax 613/523-7148 or e-mail: adleriance.sympatico.ca.

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Christensen To Head Open Forum Family Counseling Program

As part of Oscar "Chris" Christensen's 70th Year Celebration, a plan has been set in motion which intends to acknowledge, sustain and develop the Adlerian legacy of Open Forum Family Counseling. The project hopes to preserve this technique and teaching tool well into the new millennium. As a master trainer model, Chris will become available to current Open Forum Family Counseling programs and also assist anyone interested in developing such a program.

There are, in fact, a number of sites in North America which already include such counseling. In the United States programs are located in West Virginia, Oregon, Indiana, South Dakota, Idaho and Washington; and in Canada they include Toronto, Edmonton, Vancouver, Ottawa, Saskatchewan. The project hopes first to locate all such sites for a general roster.

An outline for the project thus far involves:

1. Chris traveling to current and developing sites over a specified period of time (perhaps two years).
2. Each site carrying the primary obligation of arranging for professional videotaping of all sessions he conducts for them.
3. Each site enrolling (according to local plans) counselors interested in learning the technique. Each will then conduct similar sessions under trained professional supervision.
4. Chris returning to each site a specified number of times within the time-frame to provide support, supervision and fine-tuning.
5. The possibility that completion of a determined course of study and practicum experience would result in certification from an accredited institution.
6. Editing of the videotapes into a series. This would cover topics included in (but not limited to) the chapters of *Children: The Challenge*. It would thus become part of a larger training program which would first be made available to the training sites, but then to the larger professional community. In turn, these new sites could be supported by the various developed sites.

For further information on the project, to report information on existing Open Forum Family Counseling programs, or to request immediate involvement, please contact the Arizona Adlerian Society, 3342 W. Desert Bend Rd., Tucson, AZ 85742-9380, or e-mail: oremus@compuserve.com.

The above proposal was engendered under the guidance of another Adlerian septuagenarian, **Edna Nash**. She was joined in its development by a younger generation, including **Clair Hawes**, **Marion Balla** and **Erik Mansager**.

NASAP Spreads Its Wings

(Continued from page one)

to maximize its capabilities.

You may have noticed that we are also experiencing a metamorphosis in the *Newsletter* with even more pictures, articles, and news of events and educational opportunities. I invite all of you to use the *Newsletter* to highlight what you and your local organizations/agencies are doing to forward Adlerian psychology and to share articles which will help others learn about its further applications.

It also thrills me to report that we are seeing a number of new Affiliates forming even as current Affiliates are gearing up to maintain their affiliate status under the new criteria. Both new and current affiliates are also working toward sending representatives to the first COR meeting November 6-8. We expect a lively, productive, and visionary group developing plans to enable the COR to serve the membership through Sections and Affiliates.

As we look to the near future, the next few months will find NASAP developing a new web page with our own domain name, designed to be easy to locate and universally useful. We will also be planning the details for NASAP '99 (workshops are already set, see page 2). As a reminder to anyone who has not as yet sent a convention presentation proposal, the due date is "postmarked by October 19". A number of other initiatives, resulting from the September Board Meeting, will be reported and discussed with the COR in November.

There is one additional element of change which NASAP is now experiencing precipitated by a change in my own life. I have just accepted the position of Executive Director of a United Way very near my home, effective October 19. Although it is sad for me to leave an organization whose mission I support and whose members I treasure, the opportunity to work so close to home is one I cannot let pass. I am very pleased with the development I have witnessed (and had the privilege to be a part of) in NASAP over the past year and fully expect this progress to, not only continue, but strengthen and accelerate. As a sign of this, the Board has moved quickly to set in motion an interim leadership and hiring plan (see "Announcement..." and "NEVA IS BACK!" on this page).

So, as NASAP spreads its wings and enters a new stage of life, I wish all of you the very best.

Lee Ann Deal, Executive Director

Announcement of Position Opening EXECUTIVE DIRECTOR

NASAP is a not-for-profit membership association founded in 1952 to foster knowledge, teaching, training, research, publishing and practice in Alfred Adler's Individual Psychology.

Duties. The Executive Director is responsible for managing day-to-day operations of the Society under the leadership of the Board of Directors.

Qualifications. BA degree, three to five years' administrative experience with demonstrated competence in organizational management, verbal and writing skills, and staff relations; computer fluency required; *fund-raising and/or convention planning experience a plus.* Flexible hours; will consider part-time.

Application and Interview. Send resume with cover letter to NASAP by 5 p.m., October 21, 1998. Interviews by invitation, Wednesday, November 4, 1998.

NASAP is an equal opportunity employer.

NEVA IS BACK!

Neva L. Hefner, NASAP's retired Executive Director, has generously agreed to step into the breach created by Lee Ann Deal's unexpected departure (see Executive Director's Message). Before reporting for a three-days-per-week interim executive directorship on Monday, October 19th, Neva will spend a few days with Lee Ann catching up. Neva's prepared to stay with us for as long as three months, if necessary. Neva, we are very grateful. Welcome back! We also appreciate Jerianne Garber's willingness to strengthen the office in the interim by increasing her hours from three days to four. Thanks, Jerianne!

Jane Griffith

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Neurotic Constitution Is Republished

The Neurotic Constitution, written by Alfred Adler and first published in 1926, has been republished by Ayer Publishers Inc., North Stratford, NH and is available now from the Adler School of Professional Psychology bookstore (312/201-5900, ext. 228). An advisory committee of Adler School faculty, including Michael P. Maniacci, Mary Schneider (Co-Chairs), Roseanne Boldt, George Maltezos and Mark Stone, provide an introduction to the work and comment on its importance to the psychology profession.

According to the committee's introduction, *The Neurotic Constitution* "offers what would now be called a constructionistic viewpoint of psychopathology. No one had attempted such a viewpoint before, and many of Adler's contemporaries were not ready for such a perspective." They further state: "This is not a book about personality, but rather it is a book about abnormal processes in personality. It is a descriptive, phenomenological, technological interpersonal perspective of how and why psychopathology develops and is maintained despite its cost to the individual and those in and around his or her social field."

The committee finds this book very stimulating and notes that Adler "opened the door to a new way of understanding psychopathology" with its publication.

NASAP Newsletter

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