

The NASAP Newsletter

November/December, 1999

Volume 32, Number 6

NASAP Initiates Diplomate In Adlerian Psychology

A new NASAP recognition program, *Diplomate in Adlerian Psychology*, was enthusiastically adopted by the NASAP Board of Directors at their October meeting. This new program is the result of the work and recommendation of the Education and Training Committee.

The NASAP Diplomate will provide well deserved recognition of NASAP's most accomplished members who have contributed to NASAP and Adlerian Psychology. The NASAP Diplomate will add visibility to both NASAP and Adlerian Psychology. Many other professional associations offer "Diplomate" or "Fellowship" status for their accomplished members. It was evident to both the Education and Training Committee and to the Board that NASAP is fortunate to have many members who are most accomplished and have dedicated their career to the development, support, and application of Adlerian Psychology.

NASAP currently has in place one other recognition program, *The Certificate of Study in Adlerian Psychology*, which acknowledges members who complete a basic study program in Adlerian Psychology. This second program offers a second tier of recognition for members who have consistently and significantly supported the development of Adlerian Psychology throughout their distinguished careers.

NASAP's members possess a variety of interests and apply Adlerian Psychology in many different career fields, e.g., counseling and therapy, parent education, clinical practice, theory and research, and business and organizations. The NASAP Diplomate is consequently "generic" and may be awarded to NASAP members in any of the career fields in which Adlerian Psychology is applied. It will recognize not competencies, but accomplishments and contributions to Adlerian Psychology as applied within the Diplomate holder's field. In this light it is
(continued on page 2)

--Election Stories--

Wingett Unopposed as COR Member-At-Large

Wes Wingett, a Norfolk, Nebraska psychologist in private practice, was appointed in September by the President to fill the temporary vacancy on the Council of Representatives occasioned by the election of Jim Sulliman to the office of President-Elect. As an appointed Member-At-Large, Wingett participated in the recent COR meeting held in Chicago in October. Because the By-laws require an election within 90 days of this particular vacancy, nominations for the position (requiring the consent of the proposed nominee and signatures of ten General Members) were called for in the September/October Newsletter with a deadline of November 29, 1999. There being no other nominees as of that date, Wingett, having consented to run and having been nominated with the requisite signatures, has won the seat and will continue as COR Member-At-Large until the next regularly scheduled elections.

Wes has been a NASAP member since 1976. He has presented at several of the Society's annual conferences and is scheduled to present again at NASAP 2000 in St. Paul. He has also been active in the Adlerian Counseling & Therapy and Education Sections and was recently appointed Co-Chair of the Adler-Dreikurs Century Fund. (See picture on page two).

####

Board Positions Open For Nominations

Three elected positions on the Board of Directors will vacate in May, 2000 — Vice-President, Treasurer, and Secretary. Current Vice-President Rachell Anderson will not be running for re-election. Debbie Owen-Sohocki, Corpus Christi, Texas, and Chris Higgins, Oak Lawn, Illinois, were approved by the COR as candidates for the Vice-President position.

Rebecca LaFountain, current Treasurer, and Rocky Garrison, current Secretary, have agreed to run for re-election. In addition, two other candidates for the positions were approved by the COR. Terry J. Colton, of Coquitlam, British Columbia, has agreed to run for Treasurer and Richard James Huddleston, of Red Deer, Alberta, will run for Secretary.

Nominations for these three positions are now open to the membership. Candidates must be General Members of NASAP and be nominated by a General Member submitting a nomination form (available from the central office) with the supporting signatures of at least ten General Members. Nominations are due in the central office by January 21, 2000 with accompanying biographical information of the candidate. Call the central office for descriptions of these three positions.

Dates To Remember:

NASAP 2000
May 11-13
Saint Paul, Minnesota
Radisson Hotel (Kellogg Blvd.)
(Please see Workshops on page eight.)

ICASSI
July 23- August 5, 2000
Lyceum Alpinum Zuoz
Switzerland



Daniel Eckstein (center) hands over the responsibilities for the Adler-Dreikurs Century Fund to the new Co-Chairs, Wes Wingett and Susan Prosser-Zuijdwijk, following their appointment by President Jane Griffith. Thanks goes to Dan for his year of service to the NASAP endowment.

The new Co-Chairs will be assisted by NASAP member Alyson Schafer of Toronto, an experienced direct mail designer/coordinator for non-profit organizations, who has volunteered her services for this project.

###

NASAP Initiates Diplomate

(continued from page one)

important to note that the NASAP Diplomate is not a clinical diplomate nor does it include a testing process to measure competency to practice in a specific area, e.g., counseling or therapy.

Seven areas of accomplishment and contribution have been identified and must be documented and verified to be awarded the NASAP *Diplomate in Adlerian Psychology*. Applicants must complete an application form verifying attainment of the seven criteria. An application fee of \$250 is required. (As a consequence, this program will also be an important new area of financial support for NASAP.)

The Seven Criteria are:

- (1) Eight years of NASAP general membership (need not be consecutive);
- (2) A master's degree (or equivalent) in one's career field;
- (3) 90 hours of documented training in Adlerian Psychology;
- (4) A minimum of eight years of experience applying Adlerian Psychology within one's career field;
- (5) Four Adlerian-based presentations at a NASAP or other professional conferences;
- (6) Contribution to the Adlerian literature as evidenced by at least two Adlerian-based publications;
- (7) Contribution to the growth and development of Adlerian Psychology as evidenced by at least three years of leadership in local, national, or international activities or organizations.

NASAP members awarded the *Diplomate in Adlerian Psychology* will receive a professional certificate suitable for framing and will be acknowledged in the NASAP Newsletter and at our annual conference. We look forward to previewing the new NASAP Diplomate and honoring our first Diplomate holders at the NASAP 2000 Conference in St. Paul. **To request an application contact the NASAP office.**

I would like to thank the following members of the Education and Training Committee for their innovative work which resulted in this exciting new program for NASAP. They are Norman Silverman, Pamela McKeel, and Daniel Eckstein.

Steve Maybell, Education & Training Chair

Call for Manuscripts

The Editors of the *Journal of Individual Psychology* are planning a special issue on practical applications in Individual Psychology. The focus of this issue will be the application of Adlerian constructs in schools, clinical practice, and business/organization. Manuscripts should report practical applications that have actually been implemented. The effectiveness of these applications should also be addressed. All manuscripts must be in APA format.

Please contact the Editors, Roy Kern and William Curlette, by phone at 404/651-4774, if you intend to submit a manuscript. The deadline for all submissions is August 1, 2000. Please submit manuscripts to:

The Journal of Individual Psychology
Georgia State University
30 Pryor Street, Suite 330
Atlanta, Georgia 30303-3083
####

THIS WILL BE YOUR LAST NASAP NEWSLETTER — If you haven't paid your dues for 2000. Please contact the central office if you need a dues form.

The NASAP Newsletter

**Volume 32, Number 6
November/December, 1999**

Published six times each year by
The North American Society of
Adlerian Psychology
a not-for-profit corporation
65 East Wacker Place, #1710
Chicago, IL 60601-7298
Phone: 312/629-8801 Fax 312/629-8859
Web page: www.alfredadler.org
e-mail: nasap@msn.com

Jerianne Garber, Editor
Heather Mlynek, Editorial Assistant

Board of Directors:

Jane Griffith, President
Rachel Anderson, Vice President
M.A. Garrison, Secretary
Rebecca LaFountain, Treasurer
Mary Jamin Maguire, Past President
Riki Intner, Director
Steven A. Maybell, Director

Members of NASAP automatically
receive the Newsletter
Non-member subscription rate \$20 per year.
ISSN 0889-9428

Expectations

Expectations stated, shared, and clarified can lead to Cooperation and Contribution

“What will this class be like?” “Will counseling help our family?” “What does the track coach expect of me?” These questions have been raised by a variety of individuals entering educational, therapeutic, or athletic settings. *Expectations* of all involved individuals need to be identified, shared, and clarified to establish a sense of respect, mutual consent, and aligned goals.

Expectations in an Educational Setting

Rudolf Dreikurs, Bronia Grunwald, and Floy Pepper (1971) suggest that on the first day of class students be asked to fill out a form that focuses on motivation to take a class, classroom atmosphere, and expected contributions of instructor and the individual student.

In a teaching/learning situation, here are six questions that may need to be stated, shared and clarified:

1. What led you to take this class?
2. How would you like this class to be conducted?
3. What part will you play in helping the class run this way?
4. What do you expect from the instructor?
5. What do you expect from yourself?
6. What do you expect from other students?

Upon answering these six questions, students could then be asked to share the information in small groups — listening for similarities and differences and seeking consensus about reasons for taking the class, ideas about classroom atmosphere, and *expectations* of self, other students, and the instructor. After the small group discussion, a large group discussion could take place to align goals with the entire class, including the instructor.

Expectations in a Family Counseling Setting

Guy Manaster and Ray Corsini (1982) advocate gathering information about expectations during the initial interview of counseling or therapy. Questions that may be appropriate to elicit expectations include:

1. What brings you to counseling or therapy at this time?
2. What do you expect the counseling/therapy atmosphere to be like?
3. What do you think would be successful counseling/therapy?
4. What do you expect from the counselor/therapist?
5. What do you expect from yourself?
6. What do you expect from other members of your family during counseling/therapy?
7. How will you know if you and members of your family are making progress?

(Over)

Addressing these questions in the first interview invites contributions, allows for goal setting and alignment, and establishes a method to evaluate progress among the participants in the therapeutic process.

Expectations in an Athletic Setting

Expectations for participants in individual and team sports need to be identified, aligned and agreed upon by athletes and coaches. Here are some sample questions that can aid in the clarification of expectation between athlete and coach:

1. What are your reasons for participating in this sport?
2. What do you expect practices to be like?
3. What do you expect of your coach during practice?
4. What do you expect of your teammates during practice?
5. What do you expect of yourself during practice?
6. What do you expect of yourself during competition?
7. What do you think your family expects of you?

Answering these questions may clarify motivation for participation, perceptions regarding both practice and competition, and expectations of self, teammates, coaches, and family members.

When expectations are identified, shared, and clarified, then movement toward establishing respect and responsibility, mutual consent and aligned goals can more easily be achieved. *Expectations* can be utilized to clarify goals, define processes, monitor progress, and assess outcomes.

By Wes Wingett, Ph.D.
Mental Health Practitioner
Norfolk, Nebraska

Other Recommended Reading

Dreikurs, R., Grunwald, B.B., and Pepper, F.C. *Maintaining Sanity in the Classroom: Illustrated Teaching Techniques*. New York: Harper & Row, 1971.

Manaster, G. J., and Corsini, R. J. *Individual Psychology: Theory and Practice*. Itasca, Illinois: F.E. Peacock Publishers, Inc., 1982.

You have just read an article based on Adlerian Psychology. NASAP, the North American Society of Adlerian Psychology, was founded in 1952 by a small group of Adlerians under the leadership of Rudolf Dreikurs. Their purpose was to promote growth and understanding of Adlerian Psychology, the work of Alfred Adler, and effective approaches to living based on his philosophy. In the early 1900s, Adler began addressing such crucial issues as equality, democracy, parenting, education, the influence of birth order, life style, and the holism of individuals. Today Adlerian concepts are being used creatively in education, community programs, business and the arts, as well as in counseling, therapy, and clinical practice. NASAP membership includes educators, psychologists, psychiatrists, counselors, parents, business people, community organizations, and other interested people. If you are interested in knowing more about NASAP, Adlerian Psychology, or Adlerians practicing in your area, please call or write us. We'd love to hear from you:

NASAP
North American Society of Adlerian Psychology
65 East Wacker Place, #1710
Chicago, IL 60601-7298
(312)629-8801 FAX (312)629-8859
email: nasap@msn.com
webpage: www.alfredadler.org

Permission is granted to copy this article, as long as all the information on both sides of the page is included.

Finance/Budget Report

I am happy to report that in the year-plus that I have served as treasurer, the Board of Directors has been fiscally responsible. This year we have approved a reasonable and conservative budget of \$117,500, which focuses on membership services. Dues, our primary means of income, are projected to bring in \$79,000. Although section dues generate \$3,500 in revenue, all but \$750 is expected to be turned over to the sections. Conference receipts are estimated to be approximately \$13,000 (reflected in the budget as the difference between conference income and expenses.) Professional development programs (such as CE's, the Certificate of Study, the Diplomate program), sales of our publications, and General Fund donations round out our projected income. Since dues and conference revenue are the mainstay of NASAP, you can see how valued your membership and conference attendance are.

The expenses are primarily earmarked for membership services. The office personnel and related office expenses are integral in carrying out the services. Personnel expenses are estimated at \$35,850, office rent is approximately \$12,250, with office equipment rental (copier and postage machine-- which includes postage) costing \$8,900. Expenses such as insurance, office supplies, and telephone are listed in the budget. Minimal monies have been set aside for contracting professional services (e.g., accountant) and for tax preparation. Publications, a major service to our members, has a budget of \$29,600 and covers the journal, the newsletter, the membership directory, and all copying and bulk mailing. Since we are a professional organization, we are charged fees for providing CEs and to be a member of the International Association of Individual Psychology (IAIP). Board members serve on a voluntary basis and receive minimal reimbursement. The president is provided \$100 per month to help with expenses such as phone calls. \$6,000 has been earmarked for Board travel (economy airfare and hotel) to the fall Board meeting in Chicago. A conference call meeting in late winter (estimated at \$700) is planned in place of the usual face-to-face meeting held at that time. Journal editors receive a small stipend, which the present editors are using toward expenses. A small line item for staff travel is included to allow the office staff to attend and work at the conference. Although accepting credit cards provides a service to our members, it does cost the organization approximately \$1,200 a year.

In an effort to make this budget report reader-friendly, I chose to discuss the budget around themes as opposed to line-by-line. Anyone having interest in discussing the budget in more depth is invited to call me at 717/533-5336.

Becky LaFountain, Treasurer.

####

Conference Update

In view of our current budget situation and the expense of the professional meeting planners, the Board with the support of the COR, has invited Mary Maguire to coordinate NASAP 2000 in Saint Paul, Minnesota. After the Conference, Mary will research and develop a manual of procedures specifically for our Conferences. She will receive a fee of \$5,000 upon delivery of the manual. We are indebted to Mary for her hard work, dedication, and willingness to contribute. In an additional cost-cutting effort, our NASAP office will be responsible for developing and managing the printing and mailing of our Conference brochure and program. I will coordinate NASAP 2000 and work with the Adlerian Society of Arizona for our 2001 Conference in Tucson.

Riki Intner, Conference Chair

NASAP Budget

10/99 - 9/00

(Balanced)

INCOME

Adv. Labels	100.00
Advertising	500.00
CEs	200.00
Cert. of Study	200.00
Conference	20,600.00
Diplomate	5,000.00
Donations	
Misc.	100.00
Dues	200.00
General Fund	<u>3,500.00</u>
Total	3,800.00
Interest	250.00
Journal	2,500.00
Member Cert.	1,000.00
Member Dir.	50.00
Membership dues	
New	12,000.00
Renew	<u>67,000.00</u>
Total	79,000.00
Sales	
AARemHim	500.00
ResourceBk	<u>300.00</u>
Total	800.00
Section Dues	<u>3,500.00</u>
TOTAL	<u>117,500.00</u>

Help NASAP with your Holiday Shopping!

There are two ways that you can help NASAP out financially when you buy gifts for your family, friends, and co-workers this holiday season and all year around.

Audiotapes from all of NASAP'S annual conferences are available for purchase from Audio Archives. The ordering form from NASAP '99 is included with this newsletter and is also on our webpage: www.alfredadler.org. Forms from the other years are available from the central office.

These tapes by your favorite Adlerians make an inexpensive gift for those you feel will most appreciate or benefit from them. It is an

EXPENSES

CE fees	500.00
Conference	7,700.00
Donation (misc.)	100.00
Equipment	
Copier	1,800.00
Post Mach.	6,600.00
Repair	<u>500.00</u>
Total	8,900.00
IAIP dues	1,300.00
Insurance	3,100.00
Office expenses	500.00
Personnel Expenses	
Payroll	34,800.00
Contracted	500.00
Work. Comp.	<u>550.00</u>
Total	35,850.00
President's Exp.	1,200.00
Publications	
Copies&Print.	3,000.00
Directory	3,000.00
JIP Eds.	3,600.00
Journal	14,000.00
Newsletter	4,500.00
Mailing	<u>1,000.00</u>
Total	29,100.00
Reimbursements	
Board	6,000.00
Phone Conf.	700.00
JIP Eds.travel	1,000.00
Postage	200.00
Section	2,750.00
Staff Travel	<u>1,000.00</u>
Total	11,650.00
Rent/Utilities	12,250.00
Supplies	1,000.00
Tax Prep.	680.00
Telephone	2,400.00
Visa Debit fees	<u>1,200.00</u>
TOTAL	<u>117,500.00</u>

efficient way of spreading the Adlerian word and, at the same time, NASAP receives royalties.

Secondly, NASAP is now an associate of the publisher, Amazon.com. **Adlerian books can be ordered through the NASAP web site** and the Society will receive a fee for each book sold. Click on the red "Publications" icon on the initial NASAP webpage and a special icon from Amazon.com will be available on the publications page. Another click on this icon will bring up a list of over 80 Adlerian books. Authors who wish to be included should contact the central office.

Letter To The Editor

I was somewhat struck by concern about the Ansbacher lecture delivered by Jon Carlson, who compared IP to a dinosaur lumbering off into extinction. I think I share that view. Having been a member of NASAP since its inception and an Adlerian for more than 50 years, I have never been invited once to speak or participate in any of the activities of NASAP. For your information, I co-wrote *Logical Consequences: A New Approach to Discipline* and *A Parents Guide to Discipline*, with Rudolf Dreikurs, both of which are now out of print in the U.S., although the latter book sold more than 50,000 copies in Germany over the past six years. My latest book, *Alfred Adler, the Forgotten Prophet: A vision for the 21st Century*, was published this May. The publisher of this book, the Greenwood Publishing Group, sent a review copy to the editor of the IP Journal. I was told that he liked the book, but was no longer the editor and he did not bother to send it to the new editor. Therefore, no review was ever done. I have since sent another copy to the present editor of the IP Journal and was told it would be reviewed "in due course."

I know I have been out of the mainstream of the Adlerian movement for many years, but continued to teach IP until I retired 12 years ago from California State University Northridge. I heard once that Kurt Adler had asked a number of years ago whether I had "dropped out" of NASAP. I think a more correct interpretation of this is that I was "dropped out," possibly because once, years earlier, Dreikurs remarked that even though I was a good writer, I wasn't a very good presenter. Even though I indicated that I was available for presentations on Adlerian ideas and practices, I was never asked.

These comments may be unfair but I have felt for years, that unless someone is a member of the inner circle of NASAP, he or she is never invited to make any presentations on behalf of the movement. I know the organization does a credible job of training professionals and servicing the community, but it does not make much effort to utilize the services of many of its outside members or publicize these activities. Most of the publications that have emerged from the organization in recent years have, in my opinion, been so complicated that they are of very little interest to others other than Adlerian professionals.

My book is an attempt to reach psychologists who are not Adlerians and to give them some understanding of Adlerian theory and its enormous implications for the social development of mankind. I have had the advantage of being associated with both Rudolf Dreikurs and Lydia Sicher, so this book is an attempt to give a mix of the classical and the modern Adlerian theory, as well. So far, Don Dinkmeyer, Jr., Bernie Shulman, Eva Dreikurs Ferguson and Oscar Christensen have seen the book, but none of them have seen fit to bring this to the attention of anyone else in the movement. There also has been a credible biography of Adler done recently which has garnered very little attention.

I don't know whether there is an answer to this except that Adlerians, perhaps, need to look outside their own circle for new ideas and new directions. I believe my book is one answer to this, but unless more people read it than have, it will be lost with all the other dinosaurs. Whether this letter ever appears in the NASAP Newsletter or not is up to you, but of course, I hope it does.

Loren Grey

###

In Response to Loren Grey:

(Readers should know that I responded to Dr. Grey's letter in July, upon its receipt by the Central Office, and that he and I have had further friendly exchanges in the interim. JG)

I am sorry you have experienced these disappointments with your fellow Adlerians, and that you have been discouraged for such a long time in your association with NASAP. Thank you for standing loyally by the organization in spite of these difficulties, and thank you, too, for your courage in voicing them.

We are working to create a more permeable membrane toward others in psychology, demonstrated, for example, by encouraging members to present Adlerian programs at venues outside NASAP and to offer programs at our own conference that incorporate ideas and techniques from other systems compatible with and additive to Adlerian Psychology, and by promoting the development of NASAP

Affiliates across North America to foster Adlerian outreach in their communities.

We are also working to become a more open, inclusive, and inviting group within NASAP, so that no one will feel there's an "inner circle" — one who perceives others as insiders may perceive him- or herself an outsider, anathema to our psychology. Our efforts to break down this idea have been printed in the *Newsletter*, with its many invitations for member involvement in governance and on committees, and its frequent publication of reports from Board members. Further, over the past year the Board has exposed members to the hard truths of NASAP's financial situation, and in this issue of the *Newsletter* initiates annual publication of the budget. We've also demonstrated our commitment to member involvement and openness by assigning a prominent place at the NASAP conference to the *General Assembly*, where we now provide an open mike for members to speak directly to their fellow members about NASAP-related concerns.

You mention, too, not being asked to present. I suggest anyone interested in presenting at the various Adlerian meetings contact our Affiliate organizations and other groups that offer training and conferences to let them know of your interest and qualifications. The names of such organizations are available in the *Newsletter*, in the *Directory*, or from the Central Office.

About the NASAP conference, please be aware that immediately after each conference a "Call for Papers" goes to every member with the invitation to submit a proposal for a presentation. It may be that this method of shaping the annual conference is not attractive to you and you therefore have not taken part in the "Call," but this seems to the Board the fairest way to provide opportunity to all, and to provide quality programming through a selection process conducted by the elected leadership of each Section (who select programs for the Section's track) and the elected Board (whose members select programs for the pre-conference workshops and "potpourri" track). As to upcoming conferences, you've let me know that it is too difficult for you to travel to St. Paul in 2000, but it may be possible for you to come to Tucson in 2001. We'll see that the necessary information reaches you in good time.

Congratulations on the publication of your new book, *Alfred Adler, The Forgotten Prophet: A Vision for the 21st Century*. It will be reviewed in the next *Newsletter* and in the spring issue of the *Journal of Individual Psychology*. May it have a wide audience!

Jane Griffith, NASAP President

Education and Training Opportunities

Northwest

Vancouver, BC - Edna Nash Family Education Centre, Adlerian Psychology Association of British Columbia, and Bayview Community Elementary School present A Lecture Series for Parents. Titles include: *Working with Emotions: The Heart of Parenting* by Mavis Lloyd (Jan 19) and *Communicating from 3-23: The Family Meeting* by Eleanore Elton (Feb 16). Contact APABC ph: 604/874-4614, fax: 604/874-4634.

Vancouver, BC - Winter course offerings at The Adler School of Professional Psychology (B.C.) include: *Principles of Adlerian Psychology* with Deb Bailey (Jan. 8-9 & 15-16); *The Use of Art in Group Counseling* with Judy Sutherland (Jan. 28-30); and *Clinical Assessment & Interviewing* with Russell King (Feb 5,6,12,13). For additional info, call 604/874-4614, fax 604/874-4634, or email: info@adler.bc.ca.

Saskatoon, SK - Saskatoon Adlerian Society, in cooperation with the Saskatoon Public Board of Education, will be presenting a conference entitled *Preventing Violence: Parents and Teachers Working Together for Safer Communities* Saturday, January 29, 2000. The keynote speaker will be Byrad Yyelland, a local sociologist. There will be over 25 other sessions by adult and youth presenters from schools and agencies in the community. To register, or for more information contact the SAS office at: 306/975-0885; or Rita McLeod at ph: 306/374-8077; fax: 306/665-1334; e-mail: mcleods@home.com

Southwest

Orange County, CA - The Adlerian Society of Southern California (ASSC) is offering a Professional Certificate in Adlerian Studies. The next workshop will be *Modified Life Style Assessment*, January 8, 2000, by Rita Lee, Ed.D., associate professor, Counseling, California State University at Dominguez Hills. Three certificate hours and three CE's will be available. Steve Maybell will offer a second weekend training entitled *Applying Psychological Skills*, February 25-26, 2000. Other workshops are scheduled for March 11, April 8, and June, 2000. For more information about the ASSC certificate program or its meetings, contact ASSC at: P.O. Box 2322, Huntington Beach, CA 92648; or phone Diane Kusek at: 714/848-1213. ASSC is a BBS Provider #PCE-642 for continuing education units for MFCCs and LCSWs.

Southeast

Tampa, FL - The Florida Adlerian Society will hold its Fifth Bay Area Conference, February 17-19, 2000. Among presenters are Harold Mosak, Roy Kern, Frank Walton, and Wes Wingett. Contact: Tim Evans at 813/251-8484 or email: timenc@aol.com

Boca Raton, FL - The Adlerian Training Institute will hold its 7th annual summer school June 22-26, 2000, featuring two workshops. *Family Counseling with School Problems* and *Innovative Techniques in Counseling & Therapy* Oscar Christensen, Clair Hawes, William Nicoll, and James Bitter comprise the faculty. Contact ATI for further information: phone/fax 954/757-2845; e-mail: adleriantraining@usa.net.

Letter To The Editor

I want to respond to a letter to the editor in the last issue (Sept/Oct):

James W. Croake and Stephen Hirschorn have been and will continue to be leaders in the Adlerian psychology movement. I appreciate their kind words in their recent letter to the editor. I am worried, however, that people will read their piece and actually be swayed. Because to do this would indicate that the reader would miss the point of the Ansbacher lecture in May of 1999. I continue to be a proponent of Adler and will continue to be a NASAP member. I believe the path that NASAP/Adler is on will lead to its continued lack of influence with the rest of the world. It is important that Adlerians become more inclusive and less exclusive in their thinking. Only as this occurs will we be able to influence the larger psychotherapy movement. James and Stephen indicate that Adler has withstood the test of time by still being around for 100 years. It seems quite obvious, however, that he has — just barely. No one is suggesting that Adler be discarded; however, it is suggested that we use new methods to try to influence the larger psychological establishment. I have no problem with the notion of the "Evolution" of Adlerian psychology and I really do not see this as different from what I am talking about other than using different words. The fact of the matter is that, as the old Chinese saying goes, "If you don't change your direction, you will end up where you are headed."

Jon Carlson

####

News From Members

On October 21, Heinz Ansbacher celebrated his 95th birthday with his family and close friends, including Liliane Bensinger, who came with her grandson from Montreal, Edna Nash reports. After a dinner by the lake, family members accompanied Heinz to a reception, hosted by the Psychology Department of the University of Vermont where he taught for many years. Edna says that Heinz takes a daily walk at 7 a.m. He expresses his appreciation of just being in the present.

####

The Adlerian word is spreading in Puerto Rico. The Adlerian Association of PR organized a one-day conference in September for social workers who work with foster children which 130 attended. Two other full-day conferences, one on the *Challenge of Marriage*, and one for parent trainers, were also well attended. Betty Lou Bettner presented all three workshops. Meanwhile, back at home, Betty Lou gave the keynote for a conference sponsored by the McAbee Adlerian Psychology Society in which 100 people attended.

####

A Primer of Adlerian Psychology: The Analytic-Behavioral-Cognitive Psychology of Alfred Adler is a new text book, co-authored by Harold Mosak and Michael Maniacci and published by Brunner/Mazel. The 190-page book, written with students in mind, offers an accessible, user-friendly approach to Adler's school of thought. To help reinforce the lessons taught throughout the book, each chapter concludes with a summary of main points and review questions. It can be ordered by fax, 215/625-4940 or via the internet, bkorder@taylorandfrancis.com.

Workshops Selected For St. Paul Conference

Three full-day and three half-day pre-conference workshops will be offered on Thursday, May 11, in Saint Paul, Minnesota at NASAP 2000. The pre-conference workshops are as follows:

Full Day Workshops

Life Style: A Unique and Effective Adlerian-Based Psychotherapeutic Technique

Robert G. Bartholow.

Learn Alfred Adler's Life Style concept. Experience how to do Life Style analysis and how to use it in psychotherapy.

Marital Alchemy: Turning Anger Into Love

Barbara Fairfield.

Explore a model of couple-interaction that uses anger as a tool for intimacy. Learn the basis in Adlerian psychology for each step of the model and how to make practical use of it.

Doing Men's Work

John F. Newbauer and G.W. "Bill" Linden

Increase your awareness of the male experience across the life span and the life tasks. Explore the "masculine guiding line" through early recollections, images, expectations and stereotypes in media and develop strategies for therapeutic intervention for men.

Half-Day Workshops

Adolescents In Group Psychotherapy

James W. Croake, Stephen L. Hirschorn, and Donald Kelly.

Review five principles of Adlerian psychology which can lead to understanding resistance to therapy. Learn how to begin, keep and end group therapy sessions.

Positive Discipline Tools For Today's Relationships

Mary L. Hughes and Barbara R. Kinney.

Examine how Adlerian principles provide a strong foundation for adult choices. Learn how to identify the many positive choices adults can design with positive discipline tools.

Exploring Spiritual Pathways through Early Recollections

Erik Mansager.

Develop an understanding of the connection between spiritual experiences and early recollections using Adlerian theory. Learn an Interactive Group Technique for interpreting early recollections and how to understand Adler's conceptualization of religion and spirituality.

Scholarships Available for NASAP 2000

Scholarships for anyone who wants to attend the 2000 Conference in St. Paul, Minnesota are available from both NASAP and individual Sections. **Deadline for all scholarships will be March 15, 2000.** NASAP offers up to ten scholarships to students and non-students who have financial need and previous experience in Adlerian activities. The Sections offer up to eight additional scholarships. Complete information for all of these scholarships is available from the central office. Call, e-mail, or write for information and applications (phone and addresses in page two editorial box.).

####

Affiliates Plan Special Conference Forum

Local Adlerian organizations that are affiliated with NASAP are encouraged to attend the NASAP Annual Conference in St. Paul next May. A special 90-minute forum will be conducted, called, *Pass the Torch -- Catch the Fire*. This is an opportunity for affiliates to meet and participate in a "do and share" activity, with newsletters and activity ideas shared among the affiliates.

A portion of the presentation is devoted to sharing how NASAP itself started and grew into the representative of Adlerian Psychology on the North American continent. Five affiliates will share specifics as to their beginnings and growth. This will be of special interest to those considering launching affiliate groups. Current affiliates are invited to tell the group about their organizations at the forum. They need only contact one of the following representatives by e-mail to tell of their interest: Blaine Grapp, Alfred Adler Graduate School - Minnesota, grappb@usinternest.com; Erik Mansager, Adlerian Society of Arizona, oremus@compuserve.com; Elsie McDorman, Adlerian Community of Ottawa Region, elsie@ncf.ca; Pam McKeel, Central Illinois Society of Adlerian Psychology, pammil@famvid.com; Bob Powers, Puget Sound Adlerian Society, adlerpsy@olypen.com.

####

-- News From Members--

Individual Education International Is Alive and Well

Larry Nisan, newly elected president of Individual Education International, has been making connections with the United Nations for the purpose of providing the Adlerian IEI structure to the United Nations for use in schools around the world. IEI is a non-profit organization whose mandate is to promote the use of the **Ray Corsini 4R System** (an Adlerian design for schools). This proposed joint project with the UN is a costly venture, therefore IEI is seeking donations. There are three ways to participate: a) obtain a lifetime membership to IEI for \$100; b) donate whatever you can; c) Ray Corsini is offering a free copy of his new *Dictionary of Psychology* to anyone donating \$500 U.S. or more. (Corsini has just donated \$1000 U.S. to jumpstart the fundraising effort.) In order to introduce Adlerian psychology to the United Nations, send donations to: Maurice Bullard, 1320 NW 13th St., Corvallis, OR 97330 or Larry Nisan, 120 Carlton St., Suite 203, Toronto, ON M5A 4K2, Canada.